



## Helm Hill Runners Parental Consent Form For Junior Runners in the Kendal Winter League Series 2017



Please complete prior to first race

### Child's Details:

|   |   |
|---|---|
| Name of child                               | Date of Birth                           |
| Club  | Age (on 31 <sup>st</sup> December 2017) |
| Name of parent(s) with whom the child lives |   |
|   |   |
| Address                                     |   |
|   |   |
| Telephone                                   | Mobile                                  |

### Age categories

**Must be age on 31<sup>st</sup> December 2017, i.e. Under 13** You must be under 13 on 31<sup>st</sup> December 2017 to compete in the under 13 race. **The minimum age of any runner is 8yrs old on or before race day.**

**MU13**

**FU13**

**MU15**

**FU15**

**MU17**

**FU17**

Does your child have any medical conditions, special needs or disabilities? Yes/No (delete) Details:

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Is your child taking any regular medication (including asthma inhalers)? Yes/No (delete) Details:

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### Parental Consent

- I consent to my child, whose details are above taking part in the Kendal Winter League Series.
- I understand that the fell races are held in accordance with the FRA rules and regulations.
- I accept the hazards involved in fell running and acknowledge that my child takes part in these activities at my risk. Although the organisers take primary responsibility for the safety of children in these activities, I confirm that I understand that they accept no liability to me for any loss or damage to my child or our property arising out of his/her participation, other than the organiser's liability for causing death or personal injury by negligence.
- In the event of any illness/accident during these activities, I consent to any necessary medical treatment being administered to my child, including anaesthetics.

### Duration of Consent 8th January 2017 – 30th April 2017

**KIT REQUIREMENTS – ALL runners need to bring and carry kit at all races. Juniors – waterproof jacket, hat & gloves. Runners who do not carry kit will not be allowed to race. All races are flagged – please only use gates and stiles.**

Signed parent/guardian \_\_\_\_\_ Date \_\_\_\_\_