

# Championship update

## Senior Men (open)

Name	Races completed	Current Position	Current scoring points						Overall points
Nigel Wood	6	1	20	20	20	15	15	15	105
Adam Perry	5	2	20	20	20	20	15		95
Tim Cowin	5	3	17	17	17	15	15		81
Jonny Marchant	6	4	17	14	14	13	10	9	77
Adam Oliver	5	5	17	15	12	10	8		62
Craig Burrow	5	6	12	12	11	10	8		53
David White	6	7	11	10	9	8	6	2	46
James Baron	5	8	13	9	9	6	2		39
Peter Marston	5	9	12	11	10	4	1		38
Tim Murray	6	10	12	9	5	5	2	1	34
John Robson	5	11	13	7	6	5	1		32
Brain Thompson	6	12	9	8	5	4	1	1	28

# Championship update

## Senior Women (open)

Name	Races completed	Current Position	Current scoring points						Overall points
Kath Aubrey	6	1	20	20	17	17	14	10	98
Marie Robson	6	2	17	14	14	14	13	13	85
Jo Wilcox	6	3	17	15	14	14	12	8	80
Carrie Gibson	5	4	20	20	15	15	7		77
Jenny Rice	5	5	20	17	11	14	9		71
Lindsey Harrod	6	6	15	12	12	11	9	5	64
Amanda Burrows	5	7	15	12	12	10	6		55
Sarah Senior	5	8	12	12	11	9	2		46

# Championship update

## Senior Men (V40)

Name	Races completed	Current Position	Current scoring points						Overall points
Nigel Wood	6	1	20	20	20	20	17	17	114
Jonny Marchant	6	2	20	17	17	15	14	14	97
Tim Cowin	5	3	20	20	20	17	17		94
Craig Burrow	5	4	17	15	14	13	13		72
David White	6	5	14	13	12	11	10	9	69
James Baron	5	6	17	13	13	13	12		68
Peter Marston	5	7	15	14	14	12	10		65

## Senior Women (V40)

Name	Races completed	Current Position	Current scoring points						Overall points
Marie Robson	6	1	20	17	17	15	15	15	99
Jo Wilcox	6	2	17	17	17	17	15	14	97
Carrie Gibson	5	3	20	20	20	20	13		93
Lindsey Harrod	6	4	17	14	14	12	11	11	79
Amanda Burrows	5	5	17	17	14	13	12		73
Sarah Senior	5	6	15	13	13	12	11		64

# Championship update

## Senior Men (V50)

Name	Races completed	Current Position	Current scoring points						Overall points
Tim Murray	6	1	20	17	17	17	17	15	103
John Robson	5	2	20	20	17	15	17		89

## Senior Women (V50)

Name	Races completed	Current Position	Current scoring points						Overall points
Kath Aubrey	6	1	20	20	20	20	20	10	110

## Senior Men (V60)

Name	Races completed	Current Position	Current scoring points						Overall points
Brian Thompson	6	1	20	20	20	20	20	20	120

Best 6 races from 12 (Must have used at least 1 of the longer races to count in the championship)

All runners MUST complete 6 races to count in the championship

Points awarded – 1<sup>st</sup> = 20, 2<sup>nd</sup> = 17, 3<sup>rd</sup> = 15, 4<sup>th</sup> = 14, 5<sup>th</sup> = 13, 6<sup>th</sup> = 12 etc.

A prize for all runners who complete 6 races (included 1 of the longer races)

Other prizes:

1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> – Male and female

1<sup>st</sup> - Male and female - V40

1<sup>st</sup> - Male and female - V50

1<sup>st</sup> - Male and female - V60