



Supported by Different Strokes

## Whitestone - Results 29 January 2017

### Senior Race

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	25	Josh	Jardine	Man	32:53	Helm Hill	1st Man
2	73	Reuben	Copley	MU21	33:37	Dallam	2nd Man/1st MU21
3	230	Marcus	Preedy	MU21	33:37	Rossendale	3rd Man
4	395	Dan	Mills	Man	33:45	Barlick	
5	267	John	Helme	Man	34:12	Ambleside	
6	18	Jon	Rylance	MV40	34:25	Ambleside	1st MV40
7	382	Harry	Shuell	Man	34:53	Ambleside	
8	350	Mark	Irving	Man	34:54	Bowland	
9	159	Pat	Hanna	Man	35:40	Howgill Harriers	
10	389	William	Onek	Man	35:48	Barlick	
11	388	Mike	Greaves	Man	35:53	Helm Hill	
12	30	Oliver	Waters	MV40	36:06	Helm Hill	
13	341	James	Edwards	MV40	36:16	Lonsdale	
14	183	Ben	Jackson	Man	36:18	Unattached	
15	98	Rob	Dewhurst	MV50	36:21	Ambleside	1st MV50
16	104	Simon	Mounsey	MV40	36:23	Howgill Harriers	
17	55	Ian	Willis	MV40	36:36	Keighley & Craven	
18	189	Hannah	Russell	LU21	36:40	Helm Hill	1st Lady/1st LU21
19	105	Ben	Kent	MU21	36:42	Helm Hill	
20	379	Chris	Stirling	Man	36:45	Ambleside	
21	131	Sam	Green	Man	36:46	Helm Hill	
22	346	Alan	Ashcroft	Man	36:59	Howgill Harriers	
23	212	Paul	Reilly	MV40	37:08	Helm Hill	
24	380	Stuart	Dickson	Man	37:10	Ambleside	
25	77	Scott	Umpleby	MV50	37:14	Kendal	
26	251	Scott	Rose	Man	37:16	Coniston	
27	231	Andy	Preedy	MV40	37:20	Rossendale	
28	351	Sam	Mason	MU21	37:27	Helm Hill	
29	20	James	Graham	MV40	37:30	Unattached	
30	397	Jos	Addison	Man	37:33	Helm Hill	
31	259	Jacob	Aubrey	MU21	37:35	Helm Hill	
32	402	Jacob	Dyer	MV40	37:37	Helm Hill	
33	377	William	Procter	MV60	37:52	Helm Hill	1st MV60
34	399	Jack	Simpson	Man	37:52	Unattached	
35	385	Andrew	Slattery	MV40	38:11	Keswick	
36	54	Brian	Pennington	MV40	38:25	Howgill Harriers	
37	278	Paul	Atkinson	Man	38:46	Unattached	
38	386	Andy	Wilkin	Man	38:52	Unattached	
39	255	Jim	Turner	Man	39:01	Bowland	
40	394	Craig	Smith	MV50	39:02	Keswick	
41	51	Sean	Robinson	Man	39:02	Howgill Harriers	
42	284	Robert	Mortimor	Man	39:03	Helm Hill	
43	241	Ian	Palmer	MV40	39:08	Unattached	
44	9	Graham	Schofield	MV60	39:27	Horwich	
45	345	Tim	Roe	Man	39:39	Helm Hill	
46	340	David	Griffin	MV50	39:40	Dallam	
47	83	Adam	Procter	Man	39:48	Settle	
48	268	Ross	Jenkin	Man	39:49	Howgill Harriers	
49	102	Matt	Davis	Man	40:11	Howgill Harriers	
50	58	Mark	Simmonds	MV50	40:12	Unattached	
51	93	John	Rainford	MV50	40:15	Preston Harriers	
52	353	Calum	Scott	Man	40:22	Howgill Harriers	
53	24	Tom	Matthew	MV40	40:23	Bowland	

54	103	David	Bainbridge	Man	40:27	Howgill Harriers	
55	203	Peter	Lawson	Man	40:30	Unattached	
56	349	Nina	Walkingshaw	Lady	40:33	Howgill Harriers	2nd Lady
57	160	David	Houlsworth	MV50	40:42	Unattached	
58	369	Tony	Sharma	Man	40:43	LDR	
59	352	Jack	Palmer	MU21	40:52	Unattached	
60	184	Andrew	Hebson	Man	40:56	Helm Hill	
61	324	Matty	Barnes	MV50	41:01	Unattached	
62	188	Steph	Jones	Lady	41:21	Ambleside	3rd Lady
63	117	Leigh	Warburton	MV50	41:26	Bowland	
64	106	Mike	Calvert	MV50	41:29	Howgill Harriers	
65	35	Hannah	Durkin	LU21	41:35	Ambleside	
66	180	Richard	Duckett	Man	41:36	Unattached	
67	244	Ronald	Hummelink	Man	41:39	Lonsdale	
68	398	John	Dougl	MV40	41:43	Allithwaite	
69	356	Stuart	Allan	MV40	41:46	Helm Hill	
70	12	Tod	Coates	MV40	41:55	Ambleside	
71	392	Michael	Elliott	Man	42:16	Unattached	
72	50	Richard	Wells	MV40	42:19	Howgill Harriers	
73	320	Terry	Houston	MV50	42:23	Bowland	
74	52	Bianca	Dyer	LV40	42:38	Helm Hill	1st LV40
75	21	Carol	Evans	LV50	42:55	Settle	1st LV50
76	396	James	Todhunter	Man	43:01	Helm Hill	
77	46	Alistair	Hearn	MV40	43:28	Unattached	
78	306	Richard	Greenep	MV40	43:31	Settle	
79	130	Michael	Toman	MV50	43:33	Rossendale	
80	293	William	Taylor	MV50	43:49	Rossendale	
81	10	Eleanor	Knowles	LV40	43:55	Ambleside	
82	201	Tim	Murray	MV50	43:59	Helm Hill	
83	400	Toby	Johnson	MV40	44:00	Unattached	
84	387	Justin	Bibby	MV40	44:21	Unattached	
85	258	Roger	Aubrey	MV50	44:22	Helm Hill	
86	322	Ray	Gill	MV50	44:23	Dallam	
87	169	Jonathon	Gibson	MV50	44:42	Wharfedale	
88	304	Steven	Middleton	MV40	45:00	Howgill Harriers	
89	291	David	Hunter	MV60	45:19	Unattached	
90	393	Mat	Crawford	Man	45:28	Coniston	
91	403	James	Harris	Man	45:52	Black Combe	
92	45	Jayne	Rigby	LV40	45:54	Helm Hill	
93	162	Emily	Simpson	Lady	46:02	Unattached	
94	391	Kate	Simpson	LV40	46:42	Helm Hill	
95	165	Michael	Duncan	Man	46:48	Helm Hill	
96	68	Chris	Green	MV40	46:59	Unattached	
97	226	Patrick	Willink	MV50	47:23	Helm Hill	
98	185	Ben	Hickson	Man	47:40	Unattached	
99	92	Michael	McLoughlin	MV60	47:59	Preston Harriers	
100	167	Andrew	Dickinson	MV50	48:01	Coniston	
101	158	Mo	Kelly	Lady	48:03	Howgill Harriers	
102	137	Andy	Mingay	MV40	48:15	Eden	
103	126	Andrew	Hinde	MV50	48:21	Settle	
104	200	Mark	Charnley	Man	48:31	Unattached	
105	157	Debs	Greaves	LV40	48:32	Howgill Harriers	
106	90	Chris	Bateson	MV40	49:06	Unattached	
107	71	John	Taylor	MV60	49:15	Bowland	
108	91	Barry	Scholes	MV60	49:30	Settle	
109	243	Pete	Coe	MV60	49:30	Helm Hill	
110	23	Judith	Marshall	LV40	49:32	Settle	
111	195	Joanne	McLeod	LV50	49:42	Barrow & Furness Striders	
112	355	Tessa	Hagendoorn	LV40	49:55	Helm Hill	
113	330	Ben	Wallace	Man	50:03	Unattached	
114	60	Tim	Thom	MV50	50:22	Keighley & Craven	
115	238	Katherine	France	LV40	50:42	Helm Hill	

116	19	Niki	Rylance	LV40	50:49	Ambleside	
117	401	Becky	Stones	Lady	50:58	Unattached	
118	384	Wayne	Mcintosh	Man	51:02	Clayton-Le-Moors	
119	240	Katie	Palmer	LV40	51:08	Unattached	
120	28	Jan	Wulf	MV40	51:26	Settle	
121	273	Vicky	Atkinson	LV40	51:27	Helm Hill	
122	72	Jo	Taylor	LV50	51:58	Bowland	
123	236	Grant	Remington	Man	53:20	Unattached	
124	252	John	Hodgson	MV70	54:22	Dallam	1st MV70
125	161	Rebecca	Hodgson	Lady	54:39	Helm Hill	
126	22	Paula	Bowen	LV40	54:45	Ambleside	
127	378	Raj	Madhas	MV50	54:53	Wharfedale	
128	174	David	Cowperthwaite	MV50	55:39	Unattached	
129	218	Patty	Davies	MV40	56:26	Helm Hill	
130	135	Elizabeth	Adams	LV40	56:39	Helm Hill	
131	64	Ruth	O'Dowd	LV50	56:41	Northern Fells	
132	390	Gareth	Bradburn-Sims	MV40	56:45	Howgill Harriers	
133	219	Yvonne	Procter	LV50	57:25	Helm Hill	
134	39	Geoff	Thompson	MV50	58:10	Wharfedale	
135	173	Elaine	Cowperthwaite	LV40	58:28	Unattached	
136	275	Lindsay	Harrod	LV40	59:26	Helm Hill	
137	316	Jill	Gates	LV50	1:01:57	Settle	
138	381	Su	Thompson	LV40	1:02:10	Wharfedale	
139	33	Lynda	Hargreaves	LV50	1:02:20	Wharfedale	
140	148	Phil	Corris	MV60	1:02:47	Lancs Constabulary	
141	8	May	Crawford	Lady	1:05:00	Helm Hill	
142	78	Thomas	Beuzeval	MU21	1:05:37	Helm Hill	
143	383	Alana	Willis	LU21	1:06:00	Wharfedale	
144	338	Richard	Handford	MV50	1:06:11	Settle	
145	295	Jo	Matthew	LV40	1:07:13	Lancaster & Morecambe	
146	342	Rhian	Davies	Lady	1:07:14	Unattached	
147	31	Wendy	Smith	LV40	1:11:07	Helm Hill	
148	96	Joe	Howard	MV70	1:14:27	Preston Harriers	
149	1	Dennis	Wood	MV70	1:14:46	Borrowdale	

### Under 17 Race

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	633	Robert	Askew	Boy	11:20	Helm Hill	1st Boy
2	567	Logan	Hargreaves-Mac	Boy	11:23	Wharfedale	2nd Boy
3	547	Thomas	Marshall	Boy	12:02	Settle	3rd Boy
4	568	William	Thompson	Boy	12:45	Wharfedale	
5	576	Jack	Walton	Boy	12:51	Keighley & Craven	
6	574	Matthew	Holroyd	Boy	12:56	Settle	
7	610	Samuel	Thom	Boy	13:21	Keighley & Craven	
8	653	Amy	Slattery	Girl	14:03	Helm Hill	1st Girl
9	726	Charlie	Parkinson	Boy	14:17	Rossendale	
10	703	Minnie	Targett	Girl	14:38	Rossendale	2nd Girl
11	541	Maia	Doherty	Girl	15:20	Helm Hill	3rd Girl
12	592	Lottie	Beardwood	Girl	15:29	Helm Hill	
13	739	Harry	Shaw	Boy	15:33	Lancaster & Morecambe	
14	688	Jack	Hill	Boy	16:11	Unattached	
15	561	Rosie	Woodhams	Girl	16:15	Dallam	
16	728	Emily	Carpenter	Girl	16:46	Settle	
17	571	Courtney	Hutchinson	Girl	16:50	Ambleside	
18	654	Lydia	Shenton	Girl	16:58	Unattached	
19	598	Erin	Bagge	Girl	17:06	Helm Hill	
20	509	Jodie	Ritchie	Girl	17:54	Glaxo Hoad Hill Harriers	
21	565	Tyla	Crook	Girl	18:23	Helm Hill	
22	721	Emily	Crossley	Girl	18:48	Settle	

### Under 15 Race

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	553	Sam	Smith	Boy	07:35	Wharfedale	1st Boy
2	504	Ollie	Sanders	Boy	07:52	Helm Hill	2nd Boy
3	648	Toby	Winnard	Boy	07:55	Settle	3rd Boy
4	666	Joel	Taylor	Boy	07:57	Rosendale	
5	531	Henry	Hunter	Boy	08:09	Helm Hill	
6	533	Chloe	Rylance	Girl	08:38	Ambleside	1st Girl
7	603	Brodie Joh	Weymouth	Boy	08:44	Unattached	
8	737	Oliver	Saxon	Boy	09:03	Unattached	
9	507	Emily	Swarbrick	Girl	09:04	CFR	2nd Girl
10	607	Addison	Willis	Boy	09:29	Keighley & Craven	
11	672	Joel	Clayton	Boy	09:35	Helm Hill	
12	712	Mia	Heath	Girl	09:38	Helm Hill	3rd Girl
13	602	Adam	Scott	Boy	09:39	Kendal	
14	619	Ben	O'Dowd	Boy	09:40	Northern Fells	
15	725	Alexander	Matthew	Boy	09:54	Lancaster & Morecambe	
16	722	Daniel	Harris	Boy	09:58	Helm Hill	
17	591	Ella	Beardwood	Girl	09:59	Helm Hill	
18	732	Ellie	Simmonds	Girl	10:22	Unattached	
19	590	Ella	Park	Girl	11:00	Helm Hill	
20	644	Toby	Umpleby	Boy	11:29	Kendal	
21	600	Becky	Dyer	Girl	11:32	Helm Hill	
22	733	Finley	Corkill	Boy	11:33	Leven Valley	
23	729	Jonah	Maiden	Boy	12:58	Helm Hill	

### Under 13 Race

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	540	James	Bowen	Boy	05:56	Ambleside	1st Boy
2	539	Harry	Bowen	Boy	06:03	Ambleside	2nd Boy
3	709	Evan	Allan	Boy	06:19	Helm Hill	3rd Boy
4	696	Tobias	Swarbrick	Boy	06:32	Lancaster & Morecambe	
5	520	Clara	Samson	Girl	06:38	Helm Hill	1st Girl
6	730	Cameron	Coates	Boy	06:51	Ambleside	
7	532	Sophie	Rylance	Girl	06:53	Ambleside	2nd Girl
8	519	Christophe	Brown	Boy	06:54	Clayton-Le-Moors	
9	734	Joe	Ligema	Boy	06:54	Ambleside	
10	585	Ben	Greenep	Boy	07:03	Settle	
11	731	Harry	Eubank	Boy	07:13	Eden	
12	546	Dylan	Cater	Boy	07:17	Helm Hill	
13	604	Matti	Ligema	Boy	07:20	Ambleside	
14	570	William	Durkin	Boy	07:23	Ambleside	
15	609	Luke	Simmonds	Boy	07:26	Unattached	
16	538	Alex	Graham	Boy	07:26	Ambleside	
17	543	Jack	Collett	Boy	07:27	COLT/LMAC	
18	535	Rowan	Ashworth	Boy	07:28	Ambleside	
19	679	Will	Mcnally	Boy	07:30	Leven Valley	
20	675	Oliver	Sampson	Boy	07:34	Settle	
21	620	Gemma	O'Dowd	Girl	07:35	Northern Fells	3rd Girl
22	516	Frankie	Exley-Harper	Boy	07:35	Ambleside	
23	624	Jody	Middleton	Boy	07:37	Howgill Harriers	
24	616	Jamie	Waller	Boy	07:37	Dallam	
25	526	Sarah	Smith	Girl	07:39	Helm Hill	
26	586	Sam	Greenep	Boy	07:45	Settle	
27	503	Richard	Goode-Smith	Boy	07:48	Ambleside	
28	573	Bethan	Saunders	Girl	07:53	Leven Valley	
29	646	Joel	Saunders	Boy	07:54	Helm Hill	
30	720	Beau	Walkingshaw	Girl	07:55	Eden	
31	667	Evie	Taylor	Girl	07:59	Rosendale	
32	596	Isaac	Robinson	Boy	08:02	Howgill Harriers	
33	515	Theo	Coates	Boy	08:04	Ambleside	
34	513	Jessica	Edmondson	Girl	08:07	Ambleside	
35	588	Sam	Jackson	Boy	08:14	Helm Hill	
36	736	Tara	Allan	Girl	08:14	Helm Hill	
37	593	Grace	Wells	Girl	08:15	Howgill Harriers	
38	508	Olivia	Swarbrick	Girl	08:16	CFR	
39	613	Vicky	Woof	Girl	08:17	Howgill Harriers	
40	559	Charlotte	Peart	Girl	08:20	Settle	
41	719	Esme	Walkingshaw	Girl	08:33	Eden	
42	558	Oscar	Wulf	Boy	08:48	Settle	
43	735	Hal	Saner-Haigh	Boy	08:49	Helm Hill	
44	566	Aaron	Smith	Boy	08:53	Helm Hill	
45	615	Ella	Martindale	Girl	08:54	Helm Hill	
46	634	Erin	Holton	Girl	08:57	Howgill Harriers	
47	530	Emma	Duxbury	Girl	08:58	Ambleside	
48	628	Paddy	Wood	Boy	09:09	Ambleside	
49	577	Oliver	Brummitt	Boy	09:14	Settle	
50	630	Maddison	Parrington	Girl	09:29	Barlick	
51	597	Theo	Robinson	Boy	09:34	Howgill Harriers	
52	727	Ellen	Dickson	Girl	09:36	Ambleside	
53	676	Dylan	Sampson	Boy	09:43	Settle	
54	639	Minnie	Mills	Girl	09:43	Settle	
55	601	Connie	Maye-Scott	Girl	09:44	Unattached	
56	552	Bobby	Wilkin	Boy	09:45	Ambleside	
57	587	Thomas	Hearn	Boy	09:46	Unattached	
58	514	Rory	Knowles	Boy	09:47	Ambleside	
59	614	Madeleine	Martindale	Girl	10:12	Unattached	
60	548	Cate	Matthew	Girl	10:17	Lancaster & Morecambe	

61	738	Cristina	Jenlain-Gallego	Girl	10:27	Howgill Harriers	
62	629	Seren	Green	Girl	10:28	Ambleside	
63	671	Oliver	Willoughby	Boy	10:58	Helm Hill	
64	506	Alicia	Crawford	Girl	11:18	Helm Hill	
65	608	Betsy	Willis	Girl	11:20	Wharfedale	
66	599	Hannah	Dyer	Girl	11:25	Helm Hill	

## Whitestone 2017 Category Results

## ALL SENIOR MEN

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1	25	Josh	Jardine	Man	32:53	Helm Hill	1st Man
2	73	Reuben	Copley	MU21	33:37	Dallam	2nd Man/1st MU21
3	230	Marcus	Preedy	MU21	33:37	Rosendale	3rd Man
4	395	Dan	Mills	Man	33:45	Barlick	
5	267	John	Helme	Man	34:12	Ambleside	
6	18	Jon	Rylance	MV40	34:25	Ambleside	1st MV40
7	382	Harry	Shuell	Man	34:53	Ambleside	
8	350	Mark	Irving	Man	34:54	Bowland	
9	159	Pat	Hanna	Man	35:40	Howgill Harriers	
10	389	William	Onek	Man	35:48	Barlick	
11	388	Mike	Greaves	Man	35:53	Helm Hill	
12	30	Oliver	Waters	MV40	36:06	Helm Hill	
13	341	James	Edwards	MV40	36:16	Lonsdale	
14	183	Ben	Jackson	Man	36:18	Unattached	
15	98	Rob	Dewhurst	MV50	36:21	Ambleside	1st MV50
16	104	Simon	Mounsey	MV40	36:23	Howgill Harriers	
17	55	Ian	Willis	MV40	36:36	Keighley & Craven	
18	105	Ben	Kent	MU21	36:42	Helm Hill	
19	379	Chris	Stirling	Man	36:45	Ambleside	
20	131	Sam	Green	Man	36:46	Helm Hill	
21	346	Alan	Ashcroft	Man	36:59	Howgill Harriers	
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24	77	Scott	Umpleby	MV50	37:14	Kendal	
25	251	Scott	Rose	Man	37:16	Coniston	
26	231	Andy	Preedy	MV40	37:20	Rosendale	
27	351	Sam	Mason	MU21	37:27	Helm Hill	
28	20	James	Graham	MV40	37:30	Unattached	
29	397	Jos	Addison	Man	37:33	Helm Hill	
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33	399	Jack	Simpson	Man	37:52	Unattached	
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47	268	Ross	Jenkin	Man	39:49	Howgill Harriers	
48	102	Matt	Davis	Man	40:11	Howgill Harriers	
49	58	Mark	Simmonds	MV50	40:12	Unattached	
50	93	John	Rainford	MV50	40:15	Preston Harriers	
51	353	Calum	Scott	Man	40:22	Howgill Harriers	
52	24	Tom	Matthew	MV40	40:23	Bowland	
53	103	David	Bainbridge	Man	40:27	Howgill Harriers	
54	203	Peter	Lawson	Man	40:30	Unattached	
55	160	David	Houlsworth	MV50	40:42	Unattached	
56	369	Tony	Sharma	Man	40:43	LDR	
57	352	Jack	Palmer	MU21	40:52	Unattached	
58	184	Andrew	Hebson	Man	40:56	Helm Hill	



59	324	Matty	Barnes	MV50	41:01	Unattached	
60	117	Leigh	Warburton	MV50	41:26	Bowland	
61	106	Mike	Calvert	MV50	41:29	Howgill Harriers	
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63	244	Ronald	Hummelink	Man	41:39	Lonsdale	
64	398	John	Dougl	MV40	41:43	Allithwaite	
65	356	Stuart	Allan	MV40	41:46	Helm Hill	
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67	392	Michael	Elliott	Man	42:16	Unattached	
68	50	Richard	Wells	MV40	42:19	Howgill Harriers	
69	320	Terry	Houston	MV50	42:23	Bowland	
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78	258	Roger	Aubrey	MV50	44:22	Helm Hill	
79	322	Ray	Gill	MV50	44:23	Dallam	
80	169	Jonathon	Gibson	MV50	44:42	Wharfedale	
81	304	Steven	Middleton	MV40	45:00	Howgill Harriers	
82	291	David	Hunter	MV60	45:19	Unattached	
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85	165	Michael	Duncan	Man	46:48	Helm Hill	
86	68	Chris	Green	MV40	46:59	Unattached	
87	226	Patrick	Willink	MV50	47:23	Helm Hill	
88	185	Ben	Hickson	Man	47:40	Unattached	
89	92	Michael	McLoughlin	MV60	47:59	Preston Harriers	
90	167	Andrew	Dickinson	MV50	48:01	Coniston	
91	137	Andy	Mingay	MV40	48:15	Eden	
92	126	Andrew	Hinde	MV50	48:21	Settle	
93	200	Mark	Charnley	Man	48:31	Unattached	
94	90	Chris	Bateson	MV40	49:06	Unattached	
95	71	John	Taylor	MV60	49:15	Bowland	
96	91	Barry	Scholes	MV60	49:30	Settle	
97	243	Pete	Coe	MV60	49:30	Helm Hill	
98	330	Ben	Wallace	Man	50:03	Unattached	
99	60	Tim	Thom	MV50	50:22	Keighley & Craven	
100	384	Wayne	Mcintosh	Man	51:02	Clayton-Le-Moors	
101	28	Jan	Wulf	MV40	51:26	Settle	
102	236	Grant	Remington	Man	53:20	Unattached	
103	252	John	Hodgson	MV70	54:22	Dallam	1st MV70
104	378	Raj	Madhas	MV50	54:53	Wharfedale	
105	174	David	Cowperthwaite	MV50	55:39	Unattached	
106	218	Patty	Davies	MV40	56:26	Helm Hill	
107	390	Gareth	Bradburn-Sims	MV40	56:45	Howgill Harriers	
108	39	Geoff	Thompson	MV50	58:10	Wharfedale	
109	148	Phil	Corris	MV60	1:02:47	Lancs Constabulary	
110	78	Thomas	Beuzeval	MU21	1:05:37	Helm Hill	
111	338	Richard	Handford	MV50	1:06:11	Settle	
112	96	Joe	Howard	MV70	1:14:27	Preston Harriers	
113	1	Dennis	Wood	MV70	1:14:46	Borrowdale	

**MEN**

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	25	Josh	Jardine	Man	32:53	Helm Hill	1st Man
2	73	Reuben	Copley	MU21	33:37	Dallam	2nd Man/1st MU21
3	230	Marcus	Preedy	MU21	33:37	Rosendale	3rd Man
4	395	Dan	Mills	Man	33:45	Barlick	
5	267	John	Helme	Man	34:12	Ambleside	
6	382	Harry	Shuell	Man	34:53	Ambleside	
7	350	Mark	Irving	Man	34:54	Bowland	
8	159	Pat	Hanna	Man	35:40	Howgill Harriers	
9	389	William	Onek	Man	35:48	Barlick	
10	388	Mike	Greaves	Man	35:53	Helm Hill	
11	183	Ben	Jackson	Man	36:18	Unattached	
12	105	Ben	Kent	MU21	36:42	Helm Hill	
13	379	Chris	Stirling	Man	36:45	Ambleside	
14	131	Sam	Green	Man	36:46	Helm Hill	
15	346	Alan	Ashcroft	Man	36:59	Howgill Harriers	
16	380	Stuart	Dickson	Man	37:10	Ambleside	
17	251	Scott	Rose	Man	37:16	Coniston	
18	351	Sam	Mason	MU21	37:27	Helm Hill	
19	397	Jos	Addison	Man	37:33	Helm Hill	
20	259	Jacob	Aubrey	MU21	37:35	Helm Hill	
21	399	Jack	Simpson	Man	37:52	Unattached	
22	278	Paul	Atkinson	Man	38:46	Unattached	
23	386	Andy	Wilkin	Man	38:52	Unattached	
24	255	Jim	Turner	Man	39:01	Bowland	
25	51	Sean	Robinson	Man	39:02	Howgill Harriers	
26	284	Robert	Mortimor	Man	39:03	Helm Hill	
27	345	Tim	Roe	Man	39:39	Helm Hill	
28	83	Adam	Procter	Man	39:48	Settle	
29	268	Ross	Jenkin	Man	39:49	Howgill Harriers	
30	102	Matt	Davis	Man	40:11	Howgill Harriers	
31	353	Calum	Scott	Man	40:22	Howgill Harriers	
32	103	David	Bainbridge	Man	40:27	Howgill Harriers	
33	203	Peter	Lawson	Man	40:30	Unattached	
34	369	Tony	Sharma	Man	40:43	LDR	
35	352	Jack	Palmer	MU21	40:52	Unattached	
36	184	Andrew	Hebson	Man	40:56	Helm Hill	
37	180	Richard	Duckett	Man	41:36	Unattached	
38	244	Ronald	Hummelink	Man	41:39	Lonsdale	
39	392	Michael	Elliott	Man	42:16	Unattached	
40	396	James	Todhunter	Man	43:01	Helm Hill	
41	393	Mat	Crawford	Man	45:28	Coniston	
42	403	James	Harris	Man	45:52	Black Combe	
43	165	Michael	Duncan	Man	46:48	Helm Hill	
44	185	Ben	Hickson	Man	47:40	Unattached	
45	200	Mark	Charnley	Man	48:31	Unattached	
46	330	Ben	Wallace	Man	50:03	Unattached	
47	384	Wayne	Mcintosh	Man	51:02	Clayton-Le-Moors	
48	236	Grant	Remington	Man	53:20	Unattached	
49	78	Thomas	Beuzeval	MU21	1:05:37	Helm Hill	

**MEN UNDER 21**

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	73	Reuben	Copley	MU21	33:37	Dallam	2nd Man/1st MU21
2	230	Marcus	Preedy	MU21	33:37	Rosendale	3rd Man
3	105	Ben	Kent	MU21	36:42	Helm Hill	
4	351	Sam	Mason	MU21	37:27	Helm Hill	
5	259	Jacob	Aubrey	MU21	37:35	Helm Hill	
6	352	Jack	Palmer	MU21	40:52	Unattached	
7	78	Thomas	Beuzeval	MU21	1:05:37	Helm Hill	

**MEN - VET 40**

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	18	Jon	Rylance	MV40	34:25	Ambleside	1st MV40
2	30	Oliver	Waters	MV40	36:06	Helm Hill	
3	341	James	Edwards	MV40	36:16	Lonsdale	
4	104	Simon	Mounsey	MV40	36:23	Howgill Harriers	
5	55	Ian	Willis	MV40	36:36	Keighley & Craven	
6	212	Paul	Reilly	MV40	37:08	Helm Hill	
7	231	Andy	Preedy	MV40	37:20	Rossendale	
8	20	James	Graham	MV40	37:30	Unattached	
9	402	Jacob	Dyer	MV40	37:37	Helm Hill	
10	385	Andrew	Slattery	MV40	38:11	Keswick	
11	54	Brian	Pennington	MV40	38:25	Howgill Harriers	
12	241	Ian	Palmer	MV40	39:08	Unattached	
13	24	Tom	Matthew	MV40	40:23	Bowland	
14	398	John	Dougl	MV40	41:43	Allithwaite	
15	356	Stuart	Allan	MV40	41:46	Helm Hill	
16	12	Tod	Coates	MV40	41:55	Ambleside	
17	50	Richard	Wells	MV40	42:19	Howgill Harriers	
18	46	Alistair	Hearn	MV40	43:28	Unattached	
19	306	Richard	Greenep	MV40	43:31	Settle	
20	400	Toby	Johnson	MV40	44:00	Unattached	
21	387	Justin	Bibby	MV40	44:21	Unattached	
22	304	Steven	Middleton	MV40	45:00	Howgill Harriers	
23	68	Chris	Green	MV40	46:59	Unattached	
24	137	Andy	Mingay	MV40	48:15	Eden	
25	90	Chris	Bateson	MV40	49:06	Unattached	
26	28	Jan	Wulf	MV40	51:26	Settle	
27	218	Patty	Davies	MV40	56:26	Helm Hill	
28	390	Gareth	Bradburn-Sims	MV40	56:45	Howgill Harriers	

**MEN - VET 50**

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	98	Rob	Dewhurst	MV50	36:21	Ambleside	1st MV50
2	77	Scott	Umpleby	MV50	37:14	Kendal	
3	394	Craig	Smith	MV50	39:02	Keswick	
4	340	David	Griffin	MV50	39:40	Dallam	
5	58	Mark	Simmonds	MV50	40:12	Unattached	
6	93	John	Rainford	MV50	40:15	Preston Harriers	
7	160	David	Houlsworth	MV50	40:42	Unattached	
8	324	Matty	Barnes	MV50	41:01	Unattached	
9	117	Leigh	Warburton	MV50	41:26	Bowland	
10	106	Mike	Calvert	MV50	41:29	Howgill Harriers	
11	320	Terry	Houston	MV50	42:23	Bowland	
12	130	Michael	Toman	MV50	43:33	Rosendale	
13	293	William	Taylor	MV50	43:49	Rosendale	
14	201	Tim	Murray	MV50	43:59	Helm Hill	
15	258	Roger	Aubrey	MV50	44:22	Helm Hill	
16	322	Ray	Gill	MV50	44:23	Dallam	
17	169	Jonathon	Gibson	MV50	44:42	Wharfedale	
18	226	Patrick	Willink	MV50	47:23	Helm Hill	
19	167	Andrew	Dickinson	MV50	48:01	Coniston	
20	126	Andrew	Hinde	MV50	48:21	Settle	
21	60	Tim	Thom	MV50	50:22	Keighley & Craven	
22	378	Raj	Madhas	MV50	54:53	Wharfedale	
23	174	David	Cowperthwaite	MV50	55:39	Unattached	
24	39	Geoff	Thompson	MV50	58:10	Wharfedale	
25	338	Richard	Handford	MV50	1:06:11	Settle	

**MEN - VET 60**

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	377	William	Procter	MV60	37:52	Helm Hill	1st MV60
2	9	Graham	Schofield	MV60	39:27	Horwich	
3	291	David	Hunter	MV60	45:19	Unattached	
4	92	Michael	McLoughlin	MV60	47:59	Preston Harriers	
5	71	John	Taylor	MV60	49:15	Bowland	
6	91	Barry	Scholes	MV60	49:30	Settle	
7	243	Pete	Coe	MV60	49:30	Helm Hill	
8	148	Phil	Corris	MV60	1:02:47	Lancs Constabulary	

**MEN - VET 70**

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	252	John	Hodgson	MV70	54:22	Dallam	1st MV70
2	96	Joe	Howard	MV70	1:14:27	Preston Harriers	
3	1	Dennis	Wood	MV70	1:14:46	Borrowdale	

**ALL SENIOR LADIES**

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	189	Hannah	Russell	LU21	36:40	Helm Hill	1st Lady/1st LU21
2	349	Nina	Walkingshaw	Lady	40:33	Howgill Harriers	2nd Lady
3	188	Steph	Jones	Lady	41:21	Ambleside	3rd Lady
4	35	Hannah	Durkin	LU21	41:35	Ambleside	
5	52	Bianca	Dyer	LV40	42:38	Helm Hill	1st LV40
6	21	Carol	Evans	LV50	42:55	Settle	1st LV50
7	10	Eleanor	Knowles	LV40	43:55	Ambleside	
8	45	Jayne	Rigby	LV40	45:54	Helm Hill	
9	162	Emily	Simpson	Lady	46:02	Unattached	
10	391	Kate	Simpson	LV40	46:42	Helm Hill	
11	158	Mo	Kelly	Lady	48:03	Howgill Harriers	
12	157	Debs	Greaves	LV40	48:32	Howgill Harriers	
13	23	Judith	Marshall	LV40	49:32	Settle	
14	195	Joanne	McLeod	LV50	49:42	Barrow & Furness Striders	
15	355	Tessa	Hagendoorn	LV40	49:55	Helm Hill	
16	238	Katherine	France	LV40	50:42	Helm Hill	
17	19	Niki	Rylance	LV40	50:49	Ambleside	
18	401	Becky	Stones	Lady	50:58	Unattached	
19	240	Katie	Palmer	LV40	51:08	Unattached	
20	273	Vicky	Atkinson	LV40	51:27	Helm Hill	
21	72	Jo	Taylor	LV50	51:58	Bowland	
22	161	Rebecca	Hodgson	Lady	54:39	Helm Hill	
23	22	Paula	Bowen	LV40	54:45	Ambleside	
24	135	Elizabeth	Adams	LV40	56:39	Helm Hill	
25	64	Ruth	O'Dowd	LV50	56:41	Northern Fells	
26	219	Yvonne	Procter	LV50	57:25	Helm Hill	
27	173	Elaine	Cowperthwaite	LV40	58:28	Unattached	
28	275	Lindsay	Harrod	LV40	59:26	Helm Hill	
29	316	Jill	Gates	LV50	1:01:57	Settle	
30	381	Su	Thompson	LV40	1:02:10	Wharfedale	
31	33	Lynda	Hargreaves	LV50	1:02:20	Wharfedale	
32	8	May	Crawford	Lady	1:05:00	Helm Hill	
33	383	Alana	Willis	LU21	1:06:00	Wharfedale	
34	295	Jo	Matthew	LV40	1:07:13	Lancaster & Morecambe	
35	342	Rhian	Davies	Lady	1:07:14	Unattached	
36	31	Wendy	Smith	LV40	1:11:07	Helm Hill	



**LADIES**

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	189	Hannah	Russell	LU21	36:40	Helm Hill	1st Lady/1st LU21
2	349	Nina	Walkingshaw	Lady	40:33	Howgill Harriers	2nd Lady
3	188	Steph	Jones	Lady	41:21	Ambleside	3rd Lady
4	35	Hannah	Durkin	LU21	41:35	Ambleside	
5	162	Emily	Simpson	Lady	46:02	Unattached	
6	158	Mo	Kelly	Lady	48:03	Howgill Harriers	
7	401	Becky	Stones	Lady	50:58	Unattached	
8	161	Rebecca	Hodgson	Lady	54:39	Helm Hill	
9	8	May	Crawford	Lady	1:05:00	Helm Hill	
10	383	Alana	Willis	LU21	1:06:00	Wharfedale	
11	342	Rhian	Davies	Lady	1:07:14	Unattached	

**LADIES UNDER 21**

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	189	Hannah	Russell	LU21	36:40	Helm Hill	1st Lady/1st LU21
2	35	Hannah	Durkin	LU21	41:35	Ambleside	
3	383	Alana	Willis	LU21	1:06:00	Wharfedale	

**LADIES - VET 40**

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	52	Bianca	Dyer	LV40	42:38	Helm Hill	1st LV40
2	10	Eleanor	Knowles	LV40	43:55	Ambleside	
3	45	Jayne	Rigby	LV40	45:54	Helm Hill	
4	391	Kate	Simpson	LV40	46:42	Helm Hill	
5	157	Debs	Greaves	LV40	48:32	Howgill Harriers	
6	23	Judith	Marshall	LV40	49:32	Settle	
7	355	Tessa	Hagendoorn	LV40	49:55	Helm Hill	
8	238	Katherine	France	LV40	50:42	Helm Hill	
9	19	Niki	Rylance	LV40	50:49	Ambleside	
10	240	Katie	Palmer	LV40	51:08	Unattached	
11	273	Vicky	Atkinson	LV40	51:27	Helm Hill	
12	22	Paula	Bowen	LV40	54:45	Ambleside	
13	135	Elizabeth	Adams	LV40	56:39	Helm Hill	
14	173	Elaine	Cowperthwaite	LV40	58:28	Unattached	
15	275	Lindsay	Harrod	LV40	59:26	Helm Hill	
16	381	Su	Thompson	LV40	1:02:10	Wharfedale	
17	295	Jo	Matthew	LV40	1:07:13	Lancaster & Morecambe	
18	31	Wendy	Smith	LV40	1:11:07	Helm Hill	

**LADIES - VET 50**

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	21	Carol	Evans	LV50	42:55	Settle	1st LV50
2	195	Joanne	McLeod	LV50	49:42	Barrow & Furness Striders	
3	72	Jo	Taylor	LV50	51:58	Bowland	
4	64	Ruth	O'Dowd	LV50	56:41	Northern Fells	
5	219	Yvonne	Procter	LV50	57:25	Helm Hill	
6	316	Jill	Gates	LV50	1:01:57	Settle	
7	33	Lynda	Hargreaves	LV50	1:02:20	Wharfedale	

LADIES - VET 60							
Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments

**UNDER 17 BOYS**

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	633	Robert	Askew	Boy	11:20	Helm Hill	1st Boy
2	567	Logan	Hargreaves-Mac	Boy	11:23	Wharfedale	2nd Boy
3	547	Thomas	Marshall	Boy	12:02	Settle	3rd Boy
4	568	William	Thompson	Boy	12:45	Wharfedale	
5	576	Jack	Walton	Boy	12:51	Keighley & Craven	
6	574	Matthew	Holroyd	Boy	12:56	Settle	
7	610	Samuel	Thom	Boy	13:21	Keighley & Craven	
8	726	Charlie	Parkinson	Boy	14:17	Rosendale	
9	739	Harry	Shaw	Boy	15:33	Lancaster & Morecambe	
10	688	Jack	Hill	Boy	16:11	Unattached	

**UNDER 17 GIRLS**

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	653	Amy	Slattery	Girl	14:03	Helm Hill	1st Girl
2	703	Minnie	Targett	Girl	14:38	Rossendale	2nd Girl
3	541	Maia	Doherty	Girl	15:20	Helm Hill	3rd Girl
4	592	Lottie	Beardwood	Girl	15:29	Helm Hill	
5	561	Rosie	Woodhams	Girl	16:15	Dallam	
6	728	Emily	Carpenter	Girl	16:46	Settle	
7	571	Courtney	Hutchinson	Girl	16:50	Ambleside	
8	654	Lydia	Shenton	Girl	16:58	Unattached	
9	598	Erin	Bagge	Girl	17:06	Helm Hill	
10	509	Jodie	Ritchie	Girl	17:54	Glaxo Hoad Hill Harriers	
11	565	Tyla	Crook	Girl	18:23	Helm Hill	
12	721	Emily	Crossley	Girl	18:48	Settle	

**UNDER 15 BOYS**

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	553	Sam	Smith	Boy	07:35	Wharfedale	1st Boy
2	504	Ollie	Sanders	Boy	07:52	Helm Hill	2nd Boy
3	648	Toby	Winnard	Boy	07:55	Settle	3rd Boy
4	666	Joel	Taylor	Boy	07:57	Rosendale	
5	531	Henry	Hunter	Boy	08:09	Helm Hill	
6	603	Brodie Joh	Weymouth	Boy	08:44	Unattached	
7	737	Oliver	Saxon	Boy	09:03	Unattached	
8	607	Addison	Willis	Boy	09:29	Keighley & Craven	
9	672	Joel	Clayton	Boy	09:35	Helm Hill	
10	602	Adam	Scott	Boy	09:39	Kendal	
11	619	Ben	O'Dowd	Boy	09:40	Northern Fells	
12	725	Alexander	Matthew	Boy	09:54	Lancaster & Morecambe	
13	722	Daniel	Harris	Boy	09:58	Helm Hill	
14	644	Toby	Umpleby	Boy	11:29	Kendal	
15	733	Finley	Corkill	Boy	11:33	Leven Valley	
16	729	Jonah	Maiden	Boy	12:58	Helm Hill	



**UNDER 15 GIRLS**

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	533	Chloe	Rylance	Girl	08:38	Ambleside	1st Girl
2	507	Emily	Swarbrick	Girl	09:04	CFR	2nd Girl
3	712	Mia	Heath	Girl	09:38	Helm Hill	3rd Girl
4	591	Ella	Beardwood	Girl	09:59	Helm Hill	
5	732	Ellie	Simmonds	Girl	10:22	Unattached	
6	590	Ella	Park	Girl	11:00	Helm Hill	
7	600	Becky	Dyer	Girl	11:32	Helm Hill	

**UNDER 13 BOYS**

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	540	James	Bowen	Boy	05:56	Ambleside	1st Boy
2	539	Harry	Bowen	Boy	06:03	Ambleside	2nd Boy
3	709	Evan	Allan	Boy	06:19	Helm Hill	3rd Boy
4	696	Tobias	Swarbrick	Boy	06:32	Lancaster & Morecambe	
5	730	Cameron	Coates	Boy	06:51	Ambleside	
6	519	Christophe	Brown	Boy	06:54	Clayton-Le-Moors	
7	734	Joe	Ligema	Boy	06:54	Ambleside	
8	585	Ben	Greenep	Boy	07:03	Settle	
9	731	Harry	Eubank	Boy	07:13	Eden	
10	546	Dylan	Cater	Boy	07:17	Helm Hill	
11	604	Matti	Ligema	Boy	07:20	Ambleside	
12	570	William	Durkin	Boy	07:23	Ambleside	
13	609	Luke	Simmonds	Boy	07:26	Unattached	
14	538	Alex	Graham	Boy	07:26	Ambleside	
15	543	Jack	Collett	Boy	07:27	COLT/LMAC	
16	535	Rowan	Ashworth	Boy	07:28	Ambleside	
17	679	Will	Mcnally	Boy	07:30	Leven Valley	
18	675	Oliver	Sampson	Boy	07:34	Settle	
19	516	Frankie	Exley-Harper	Boy	07:35	Ambleside	
20	624	Jody	Middleton	Boy	07:37	Howgill Harriers	
21	616	Jamie	Waller	Boy	07:37	Dallam	
22	586	Sam	Greenep	Boy	07:45	Settle	
23	503	Richard	Goode-Smith	Boy	07:48	Ambleside	
24	646	Joel	Saunders	Boy	07:54	Helm Hill	
25	596	Isaac	Robinson	Boy	08:02	Howgill Harriers	
26	515	Theo	Coates	Boy	08:04	Ambleside	
27	588	Sam	Jackson	Boy	08:14	Helm Hill	
28	558	Oscar	Wulf	Boy	08:48	Settle	
29	735	Hal	Saner-Haigh	Boy	08:49	Helm Hill	
30	566	Aaron	Smith	Boy	08:53	Helm Hill	
31	628	Paddy	Wood	Boy	09:09	Ambleside	
32	577	Oliver	Brummitt	Boy	09:14	Settle	
33	597	Theo	Robinson	Boy	09:34	Howgill Harriers	
34	676	Dylan	Sampson	Boy	09:43	Settle	
35	552	Bobby	Wilkin	Boy	09:45	Ambleside	
36	587	Thomas	Hearn	Boy	09:46	Unattached	
37	514	Rory	Knowles	Boy	09:47	Ambleside	
38	671	Oliver	Willoughby	Boy	10:58	Helm Hill	

**UNDER 13 GIRLS**

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	520	Clara	Samson	Girl	06:38	Helm Hill	1st Girl
2	532	Sophie	Rylance	Girl	06:53	Ambleside	2nd Girl
3	620	Gemma	O'Dowd	Girl	07:35	Northern Fells	3rd Girl
4	526	Sarah	Smith	Girl	07:39	Helm Hill	
5	573	Bethan	Saunders	Girl	07:53	Leven Valley	
6	720	Beau	Walkingshaw	Girl	07:55	Eden	
7	667	Evie	Taylor	Girl	07:59	Rossendale	
8	513	Jessica	Edmondson	Girl	08:07	Ambleside	
9	736	Tara	Allan	Girl	08:14	Helm Hill	
10	593	Grace	Wells	Girl	08:15	Howgill Harriers	
11	508	Olivia	Swarbrick	Girl	08:16	CFR	
12	613	Vicky	Woof	Girl	08:17	Howgill Harriers	
13	559	Charlotte	Peart	Girl	08:20	Settle	
14	719	Esme	Walkingshaw	Girl	08:33	Eden	
15	615	Ella	Martindale	Girl	08:54	Helm Hill	
16	634	Erin	Holton	Girl	08:57	Howgill Harriers	
17	530	Emma	Duxbury	Girl	08:58	Ambleside	
18	630	Maddison	Parrington	Girl	09:29	Barlick	
19	727	Ellen	Dickson	Girl	09:36	Ambleside	
20	639	Minnie	Mills	Girl	09:43	Settle	
21	601	Connie	Maye-Scott	Girl	09:44	Unattached	
22	614	Madeleine	Martindale	Girl	10:12	Unattached	
23	548	Cate	Matthew	Girl	10:17	Lancaster & Morecambe	
24	738	Cristina	Jenlain-Gallego	Girl	10:27	Howgill Harriers	
25	629	Seren	Green	Girl	10:28	Ambleside	
26	506	Alicia	Crawford	Girl	11:18	Helm Hill	
27	608	Betsy	Willis	Girl	11:20	Wharfedale	
28	599	Hannah	Dyer	Girl	11:25	Helm Hill	