



Supported By  
Different Strokes  
and  
Pete Bland Sports



## Scout Scar - Results 6 January 2019

### Senior Race

| Position | Vest no. | First Name | Surname         | Cat  | Time  | Club                     | Comments         |
|----------|----------|------------|-----------------|------|-------|--------------------------|------------------|
| 1        | 765      | Jack       | Wright          | Man  | 27:39 | Ambleside                | 1st Man          |
| 2        | 614      | Ben        | Riddell         | Man  | 27:49 | Black Combe              | 2nd Man          |
| 3        | 666      | Matthew    | Knowles         | MU21 | 27:52 | Lancaster & Morecambe AC | 3rd Man/1st MU21 |
| 4        | 732      | Tom        | Addison         | Man  | 27:55 | Helm Hill                |                  |
| 5        | 720      | Michael    | Ainsworth       | Man  | 27:59 | Helm Hill                |                  |
| 6        | 525      | Jon        | Rylance         | MV40 | 28:05 | Ambleside AC             | 1st MV40         |
| 7        | 588      | Oliver     | Heaton          | Man  | 28:12 | Preston Harriers         |                  |
| 8        | 718      | Charlie    | Ing             | Man  | 28:16 | Unattached               |                  |
| 9        | 790      | Pete       | Harrison        | Man  | 28:23 |                          |                  |
| 10       | 669      | Benjamin   | Forrest         | MU21 | 28:54 | Bury Athletic Club       |                  |
| 11       | 754      | Mark       | Purkis          | Man  | 29:01 | HBT                      |                  |
| 12       | 781      | John       | Helme           | MV40 | 29:36 | Ambleside                |                  |
| 13       | 739      | Chris      | Waters          | Man  | 30:01 | Ambleside                |                  |
| 14       | 778      | Steve      | Jacques         | MV40 | 30:04 | Unattached               |                  |
| 15       | 725      | Alex       | Jones           | MV50 | 30:04 | Wellington Harriers      | 1st MV50         |
| 16       | 724      | Ben        | Jackson         | Man  | 30:09 |                          |                  |
| 17       | 697      | Paul       | Reilly          | MV40 | 30:19 | Helm Hill                |                  |
| 18       | 600      | Robert     | Askew           | MU21 | 30:23 | Helm Hill                |                  |
| 19       | 551      | Will       | Acland          | MV40 | 30:29 | Helm Hill                |                  |
| 20       | 733      | Tom        | Simpson         | Man  | 30:29 | Unattached               |                  |
| 21       | 642      | Michael    | Gregory         | MV40 | 30:38 | Ulverston Triathlon Club |                  |
| 22       | 535      | Brian      | Pennington      | MV40 | 30:43 | Howgill Harriers         |                  |
| 23       | 716      | Sebastian  | Segger-Staveley | MU21 | 30:44 | Settle Harriers          |                  |
| 24       | 695      | John       | Horrocks        | Man  | 30:45 | Blackburn Harriers       |                  |
| 25       | 760      | George     | Attwood         | MU21 | 30:49 | Dallam                   |                  |
| 26       | 712      | Matt       | Simms           | Man  | 30:52 |                          |                  |
| 27       | 531      | Alastair   | Dunn            | MV40 | 30:56 | Helm Hill                |                  |
| 28       | 613      | Sarah      | Tunstall        | Lady | 30:57 | Kendal AAC               | 1st Lady         |
| 29       | 650      | Laurie     | Kearsey         | Man  | 30:58 | Helm Hill                |                  |
| 30       | 789      | Paul       | Upton           | Man  | 31:04 | Helm Hill                |                  |
| 31       | 813      | Jacob      | Snowchowski     | Man  | 31:05 | Ambleside                |                  |
| 32       | 593      | Scott      | Umpleby         | MV50 | 31:09 | Kendal AAC               |                  |
| 33       | 574      | Harvey     | Lord            | Man  | 31:19 | Black Combe              |                  |
| 34       | 786      | Joseph     | Conner          | MU21 | 31:22 | Helm Hill                |                  |
| 35       | 819      | Calvin     | Routledge       | MV50 | 31:24 | Ambleside                |                  |
| 36       | 705      | Joshua     | Moon            | Man  | 31:35 |                          |                  |
| 37       | 599      | Martin     | Askew           | MU21 | 31:38 | Helm Hill                |                  |
| 38       | 722      | Jack       | Simpson         | Man  | 31:39 | Helm                     |                  |
| 39       | 687      | Josh       | Murphy          | Man  | 31:42 | Levens Valley AC         |                  |
| 40       | 638      | Simon      | Mounsey         | MV40 | 31:57 | Howgill Harriers         |                  |
| 41       | 632      | James      | Baron           | MV50 | 32:00 | Helm Hill                |                  |
| 42       | 564      | Rob        | Harper          | MV40 | 32:05 | Ambleside                |                  |
| 43       | 595      | Gary       | Thorpe          | MV50 | 32:18 | Ambleside AC             |                  |
| 44       | 513      | Justin     | Tancrel         | MV40 | 32:26 | Helm Hill                |                  |
| 45       | 701      | Sam        | Moon            | MV40 | 32:29 | Helm Hill                |                  |
| 46       | 774      | Graham     | Hayes           | MV40 | 32:33 |                          |                  |
| 47       | 502      | Daniel     | Malcolm         | MV40 | 32:48 | Helm Hill                |                  |
| 48       | 547      | Adam       | Brailsford      | MV40 | 32:49 | Northern Fells           |                  |
| 49       | 713      | John       | Evason          | Man  | 32:53 | Black Combe              |                  |
| 50       | 640      | James      | Mellor          | Man  | 32:54 | Darwen Dashers           |                  |

|     |     |           |             |      |       |                          |          |
|-----|-----|-----------|-------------|------|-------|--------------------------|----------|
| 51  | 797 | Gavin     | Lloyd       | Man  | 32:55 | Black Combe              |          |
| 52  | 761 | Rob       | Mortimore   | Man  | 32:57 | Helm Hill                |          |
| 53  | 662 | David     | Wilson      | MV50 | 33:00 | Bowland                  |          |
| 54  | 794 | Simon     | Whittaker   | Man  | 33:02 | Helm Hill                |          |
| 55  | 753 | Harry     | Watler      | Man  | 33:10 | Ambleside                |          |
| 56  | 625 | Steve     | Duncan      | Man  | 33:21 |                          |          |
| 57  | 584 | James     | Todhunter   | Man  | 33:26 | Helm Hill                |          |
| 58  | 554 | Luke      | Appleyard   | Man  | 33:29 | Wharfedale Harriers      |          |
| 59  | 767 | Tim       | Pickering   | Man  | 33:31 | Helm Hill                |          |
| 60  | 508 | Billy     | Procter     | MV60 | 33:33 | Helm Hill                | 1st MV60 |
| 61  | 601 | Ben       | Kirkman     | MU21 | 33:33 | Rossendale Harriers      |          |
| 62  | 717 | Kaisleigh | Atkinson    | Lady | 33:36 |                          | 2nd Lady |
| 63  | 603 | Peter     | German      | Man  | 33:40 | Helm Hill                |          |
| 64  | 686 | Lucas     | Wilson      | Man  | 33:45 |                          |          |
| 65  | 518 | Rob       | Crawford    | MV40 | 33:50 | Howgill Harriers         |          |
| 66  | 672 | Peter     | Lawson      | Man  | 33:53 |                          |          |
| 67  | 568 | Mark      | Cuthbertson | MV40 | 33:57 | Hartfell                 |          |
| 68  | 734 | Simon     | Denny       | Man  | 33:59 | Bentham                  |          |
| 69  | 644 | David     | Griffin     | MV50 | 34:00 | Helm Hill                |          |
| 70  | 633 | Steven    | Middleton   | MV40 | 34:01 | Howgill Harriers         |          |
| 71  | 730 | Anthony   | Emmet       | MV40 | 34:03 | Helm Hill                |          |
| 72  | 643 | Annabel   | Mason       | Lady | 34:04 | Lancaster & Morecambe AC | 3rd Lady |
| 73  | 549 | Graham    | Schofield   | MV60 | 34:07 | Horwich RMI Harriers     |          |
| 74  | 534 | Gareth    | Davies      | Man  | 34:13 | Darwen Dashers           |          |
| 75  | 559 | Sean      | Robinson    | MV40 | 34:16 | Howgill Harriers         |          |
| 76  | 648 | David     | Banks       | MV50 | 34:19 | Kendal AAC               |          |
| 77  | 723 | John      | Dixon       | Man  | 34:20 |                          |          |
| 78  | 770 | Keith     | Stronach    | Man  | 34:24 |                          |          |
| 79  | 505 | Tom       | Matthew     | MV40 | 34:26 | Bowland                  |          |
| 80  | 618 | Chris     | Downham     | Man  | 34:32 | Unattached               |          |
| 81  | 694 | Celia     | Powell      | Lady | 34:37 |                          |          |
| 82  | 591 | Joey      | Umpleby     | MU21 | 34:45 | Kendal AAC               |          |
| 83  | 545 | Dave      | Bottomley   | Man  | 34:46 | Helm Hill                |          |
| 84  | 582 | Colin     | Houston     | MV40 | 34:52 |                          |          |
| 85  | 805 | Robert    | Moffat      | Man  | 34:53 |                          |          |
| 86  | 649 | Emma      | Johnston    | Lady | 35:01 | Helm Hill                |          |
| 87  | 746 | David     | Holdsworth  | MV60 | 35:11 |                          |          |
| 88  | 596 | Alistair  | Hearn       | MV40 | 35:14 | Helm Hill                |          |
| 89  | 624 | Michael   | Toman       | MV50 | 35:21 | Accrington RR            |          |
| 90  | 509 | Chris     | Green       | MV40 | 35:25 | Ambleside AC             |          |
| 91  | 736 | Tom       | Batty       | Man  | 35:26 |                          |          |
| 92  | 604 | Dai       | Bedwell     | MV50 | 35:28 | DVO                      |          |
| 93  | 752 | Lucy      | Varney      | LV50 | 35:32 | Kendal AAC               | 1st LV50 |
| 94  | 719 | Matthew   | Crawford    | Man  | 35:34 | Coniston                 |          |
| 95  | 707 | Tony      | Little      | MV40 | 35:35 | Bowland                  |          |
| 96  | 735 | Joanna    | Rycroft     | Lady | 35:40 | Helm Hill                |          |
| 97  | 516 | Graham    | Bird        | MV50 | 35:45 | Wharfedale Harriers      |          |
| 98  | 566 | Bianca    | Dyer        | LV40 | 35:48 | Helm Hill                | 1st LV40 |
| 99  | 668 | Michael   | Green       | MV40 | 35:49 |                          |          |
| 100 | 636 | Brian     | Thompson    | MV60 | 35:51 | Helm Hill                |          |
| 101 | 820 | Stuart    | Allan       | MV40 | 35:57 | Helm Hill                |          |
| 102 | 590 | Nina      | Walkingshaw | LV40 | 35:58 | Howgill Harriers         |          |
| 103 | 609 | Simon     | Waller      | MV50 | 36:06 | Helm Hill                |          |
| 104 | 709 | Ronald    | Hummelink   | MV40 | 36:17 | Lonsdale Fell Runners    |          |
| 105 | 628 | James     | Coulthard   | MV40 | 36:19 | Howgill Harriers         |          |
| 106 | 522 | Tom       | Ward        | MU21 | 36:20 | Helm Hill                |          |
| 107 | 660 | John      | Robson      | MV50 | 36:24 | Helm Hill                |          |
| 108 | 671 | Mick      | Brankin     | MV40 | 36:36 | Unattached               |          |
| 109 | 580 | John      | Jones       | MV50 | 36:38 | Helm Hill                |          |
| 110 | 623 | Richard   | Briscoe     | MV40 | 36:40 | Clayton le Moors         |          |
| 111 | 639 | Keith     | Tonkin      | MV60 | 36:41 | Border Liners OC         |          |
| 112 | 605 | Jack      | Holt        | MV70 | 36:42 | Clayton le Moors         | 1st MV70 |

|     |     |              |             |      |       |                      |          |
|-----|-----|--------------|-------------|------|-------|----------------------|----------|
| 113 | 769 | James        | Metcalf     | MV40 | 36:43 |                      |          |
| 114 | 795 | Alison       | Richards    | LV40 | 36:44 | Helm Hill            |          |
| 115 | 521 | John         | Bagge       | MV50 | 36:47 | Helm Hill            |          |
| 116 | 529 | Jean         | Brown       | LV50 | 36:54 | Clayton le Moors     |          |
| 117 | 817 | Michael      | Smith       | MV50 | 36:57 | Dallam               |          |
| 118 | 700 | Jenny        | Lyon        | Lady | 36:59 | Dallam Running Club  |          |
| 119 | 745 | John         | Fitzpatrick | MV50 | 37:02 | Helm Hill            |          |
| 120 | 692 | Bill         | Beckett     | MV50 | 37:03 | Chorley A&T          |          |
| 121 | 696 | Stephen      | Roberts     | MV40 | 37:04 | Kendal AAC           |          |
| 122 | 738 | Gary         | Lane        | MV40 | 37:07 | Howgill Harriers     |          |
| 123 | 560 | Sheldan      | Pickles     | MV40 | 37:18 | Unattached           |          |
| 124 | 702 | Max          | Nicholson   | Man  | 37:28 |                      |          |
| 125 | 538 | Ronnie       | Haddow      | MV40 | 37:30 | Furness Fell Runners |          |
| 126 | 520 | Alistair     | Shawcross   | MV40 | 37:30 |                      |          |
| 127 | 664 | Larry        | Day         | MV40 | 37:32 | Ambleside AC         |          |
| 128 | 710 | Andrew       | Douglas     | MV40 | 37:42 | Kendal Tri           |          |
| 129 | 670 | James        | Crawford    | MV60 | 37:51 | Border Liners OC     |          |
| 130 | 816 | Mark         | Taylor      | Man  | 37:54 | Clayton le Moors     |          |
| 131 | 804 | Eddie        | Leedham     | MU21 | 37:58 | Dallam               |          |
| 132 | 583 | Roger        | Aubrey      | MV50 | 37:58 | Helm Hill            |          |
| 133 | 758 | Graham       | Beaumont    | MV50 | 38:04 | Dallam               |          |
| 134 | 657 | Konstantinos | Georgalos   | Man  | 38:07 |                      |          |
| 135 | 572 | Robin        | Parsons     | MV40 | 38:12 | Elvet Striders       |          |
| 136 | 573 | Andy         | Evans       | MV50 | 38:15 | Settle Harriers      |          |
| 137 | 565 | Andy         | Bennett     | MV40 | 38:17 | Helm Hill            |          |
| 138 | 579 | David        | Barnes      | MV60 | 38:18 | Horwich RMI Harriers |          |
| 139 | 507 | Andy         | Holden      | MV50 | 38:24 | Wharfedale Harriers  |          |
| 140 | 821 | Neil         | Robinson    | MV40 | 38:26 | COLT                 |          |
| 141 | 727 | Paul         | Corkill     | Man  | 38:29 | Levens Valley AC     |          |
| 142 | 749 | Will         | Douthwaite  | Man  | 38:33 | Helm Hill            |          |
| 143 | 673 | Damian       | Brankin     | Man  | 38:36 | Unattached           |          |
| 144 | 680 | Andrew       | Stokes      | MV60 | 38:40 | Dallam               |          |
| 145 | 512 | Jonny        | Grisedale   | MV40 | 38:44 | Helm Hill            |          |
| 146 | 631 | Debbie       | Copley      | LV50 | 38:49 | Dallam               |          |
| 147 | 570 | Andy         | Mingay      | Man  | 38:51 | Dallam               |          |
| 148 | 743 | Chloe        | Brown       | Lady | 38:53 | Howgill Harriers     |          |
| 149 | 543 | Mark         | Villiers    | MV40 | 38:53 | Unattached           |          |
| 150 | 818 | Beth         | Dutson      | Lady | 38:59 | Westerlands          |          |
| 151 | 561 | Toby         | Smith       | Man  | 39:00 |                      |          |
| 152 | 699 | Alexander    | Fairer      | Lady | 39:08 | Black Combe          |          |
| 153 | 620 | Julia        | Sier        | LV40 | 39:11 | Dallam               |          |
| 154 | 741 | David        | Roper       | MV60 | 39:17 | Howgill Harriers     |          |
| 155 | 740 | Jim          | Fisher      | MV50 | 39:22 | Howgill Harriers     |          |
| 156 | 728 | Craig        | Brown       | Man  | 39:24 | Helm Hill            |          |
| 157 | 750 | Richard      | Halliday    | Man  | 39:32 | Howgill Harriers     |          |
| 158 | 798 | Alistair     | Kirkbride   | MV50 | 39:35 |                      |          |
| 159 | 536 | Martin       | Brady       | MV50 | 39:40 | Clayton le Moors     |          |
| 160 | 532 | Maia         | Doherty     | LU21 | 39:46 | Helm Hill            | 1st LU21 |
| 161 | 748 | Andrew       | Leach       | Man  | 39:49 | Howgill Harriers     |          |
| 162 | 792 | Graham       | Capper      | MV60 | 39:51 | LOC                  |          |
| 163 | 555 | Colin        | Briffett    | MV40 | 39:52 | Lancaster Runners    |          |
| 164 | 811 | John         | Leech       | MV50 | 39:53 | Dallam               |          |
| 165 | 621 | Mike         | Walsh       | MV60 | 39:57 | Kendal AAC           |          |
| 166 | 563 | Daniel       | King        | MV40 | 39:59 | Millom Striders      |          |
| 167 | 791 | Dave         | Hollingham  | MV50 | 40:00 | Kendal Tri           |          |
| 168 | 784 | Andrew       | Conner      | MV50 | 40:02 | Helm Hill            |          |
| 169 | 807 | Fay          | Tuffen      | LV40 | 40:05 |                      |          |
| 170 | 799 | Adam         | Roberts     | Man  | 40:06 |                      |          |
| 171 | 619 | Chris        | Lawrence    | MV50 | 40:07 | Clayton le Moors     |          |
| 172 | 803 | Will         | Leedham     | Man  | 40:09 | Dallam               |          |
| 173 | 602 | Mick         | Kirkman     | MV50 | 40:10 | Rosendale Harriers   |          |
| 174 | 533 | Claire       | Davies      | Lady | 40:11 | Darwen Dashers       |          |

|     |     |           |             |      |       |                           |          |
|-----|-----|-----------|-------------|------|-------|---------------------------|----------|
| 175 | 782 | Chris     | Schofield   | MV50 | 40:11 | Helm Hill                 |          |
| 176 | 626 | Joanne    | Taylor      | LV40 | 40:16 | Kendal AAC                |          |
| 177 | 517 | Tim       | Murray      | MV50 | 40:19 | Helm Hill                 |          |
| 178 | 711 | Chloe     | Lumsdon     | Lady | 40:28 | Helm Hill                 |          |
| 179 | 759 | Phil      | Harrington  | MV40 | 40:30 | Helm Hill                 |          |
| 180 | 823 | Steve     | Wathall     | MV60 | 40:31 | Black Combe               |          |
| 181 | 587 | Liz       | McNally     | LV40 | 40:34 | Levens Valley AC          |          |
| 182 | 706 | Mark      | Glaister    | MV50 | 40:35 | SBH                       |          |
| 183 | 688 | Caroline  | Holden      | LV50 | 40:38 | Helm Hill                 |          |
| 184 | 515 | Jeremy    | Wilkinson   | MV50 | 40:41 | Keighley and Craven AC    |          |
| 185 | 556 | Martin    | Smith       | MV50 | 40:42 | Dark Peak Fell Runners    |          |
| 186 | 612 | Eleanor   | Parker      | Lady | 40:44 | Preston Harriers          |          |
| 187 | 598 | Lorna     | Askew       | LV40 | 40:48 | Helm Hill                 |          |
| 188 | 597 | Maria     | Hearn       | LV40 | 41:01 | Helm Hill                 |          |
| 189 | 661 | Peter     | Singleton   | MV60 | 41:03 | Blackpool                 |          |
| 190 | 801 | Andrew    | Hewitson    | MV40 | 41:09 | Lonsdale                  |          |
| 191 | 690 | Anna      | Bailey      | Lady | 41:09 |                           |          |
| 192 | 647 | Sarah     | Storey      | Lady | 41:16 |                           |          |
| 193 | 768 | Claire    | Farrington  | Lady | 41:19 |                           |          |
| 194 | 780 | Laurence  | Ormerod     | MV60 | 41:20 | Settle Harriers           |          |
| 195 | 546 | Jo        | Appleby     | LV40 | 41:28 | Helm Hill                 |          |
| 196 | 653 | Neil      | Hindle      | MV60 | 41:30 | FRA                       |          |
| 197 | 737 | Stuart    | Bell        | MV60 | 41:39 | Kendal AAC                |          |
| 198 | 755 | Joanne    | Mcloud      | LV50 | 41:46 | Barrow & Furness striders |          |
| 199 | 785 | Brian     | Morris      | MV50 | 41:53 | Darwen Dashers            |          |
| 200 | 646 | Mark      | Charnley    | MV40 | 41:54 | Settle Harriers           |          |
| 201 | 682 | Mike      | Binks       | Man  | 41:55 | Unattached                |          |
| 202 | 617 | David     | Johnson     | MV50 | 41:56 | Ambleside                 |          |
| 203 | 714 | Pete      | Coe         | MV60 | 41:57 | Helm Hill                 |          |
| 204 | 773 | Abigail   | Kerr        | Lady | 42:01 |                           |          |
| 205 | 808 | Bertie    | Goffe       | MV40 | 42:06 | Helm Hill                 |          |
| 206 | 685 | John      | Wood        | MV40 | 42:11 |                           |          |
| 207 | 747 | Wendy     | Dodds       | LV60 | 42:15 | Clayton le Moors          | 1st LV60 |
| 208 | 772 | Stephanie | Heys        | Lady | 42:25 |                           |          |
| 209 | 540 | Richard   | Cater       | MV40 | 42:27 | Helm Hill                 |          |
| 210 | 721 | Grace     | Leedham     | LV50 | 42:33 | Dallam                    |          |
| 211 | 674 | Andy      | Monk        | MV60 | 42:36 | FRA                       |          |
| 212 | 698 | Rowan     | Ranner      | LV40 | 42:41 | Helm Hill                 |          |
| 213 | 703 | Sarah     | Moon        | LV40 | 42:54 |                           |          |
| 214 | 585 | Leah      | Albion      | LU21 | 43:01 | Broughton Runners         |          |
| 215 | 523 | Peter     | Bardsley    | MV40 | 43:06 | Bowland                   |          |
| 216 | 751 | Jerry     | Purkis      | MV60 | 43:10 | LOC                       |          |
| 217 | 630 | Jo        | Taylor      | LV50 | 43:13 | Bowland FR                |          |
| 218 | 610 | Michael   | McLoughlin  | MV60 | 43:18 | Preston Harriers          |          |
| 219 | 524 | Niki      | Rylance     | LV40 | 43:22 | Ambleside AC              |          |
| 220 | 744 | Megan     | Fitzpatrick | Lady | 43:27 | Helm Hill                 |          |
| 221 | 629 | John      | Taylor      | MV60 | 43:30 | Bowland FR                |          |
| 222 | 757 | Greg      | Tagney      | MV60 | 43:36 | Dallam                    |          |
| 223 | 678 | Chris     | Beesley     | MV60 | 43:44 | Settle Harriers           |          |
| 224 | 742 | Francis   | Leach       | Lady | 43:51 | Howgill Harriers          |          |
| 225 | 553 | Kate      | Brayshaw    | LV40 | 43:53 | Helm Hill                 |          |
| 226 | 519 | Helen     | Samson      | LV40 | 43:58 | Helm Hill                 |          |
| 227 | 586 | Eilidh    | Miller      | LU21 | 44:01 | Broughton Runners         |          |
| 228 | 562 | Rob       | Sanders     | MV60 | 44:01 | Black Combe               |          |
| 229 | 764 | Vicky     | Atkinson    | LV40 | 44:07 | Helm Hill                 |          |
| 230 | 704 | Andy      | Dalton      | MV50 | 44:15 | SBH                       |          |
| 231 | 802 | Jackie    | Chapman     | LV60 | 44:26 | LOC                       |          |
| 232 | 815 | Daniel    | Rayson      | MV50 | 44:37 |                           |          |
| 233 | 514 | Helen     | Wilkinson   | LV40 | 44:44 | Keighley and Craven AC    |          |
| 234 | 814 | Helen     | Barker      | LV40 | 44:46 | Kendal AAC                |          |
| 235 | 812 | Amanda    | Burrow      | LV40 | 44:50 | Helm Hill                 |          |
| 236 | 592 | Jane      | Umpleby     | LV50 | 44:52 | Unattached                |          |

|     |     |           |               |      |       |                          |  |
|-----|-----|-----------|---------------|------|-------|--------------------------|--|
| 237 | 637 | Keith     | Butterworth   | MV60 | 44:53 | Clayton le Moors         |  |
| 238 | 677 | Stephen   | Moor          | MV50 | 44:56 | Settle Harriers          |  |
| 239 | 506 | Lynn      | Whittaker     | LV50 | 44:58 | Wharfedale Harriers      |  |
| 240 | 622 | Andrew    | Sier          | MV50 | 45:02 |                          |  |
| 241 | 558 | Zoe       | Robinson      | Lady | 45:09 | Howgill Harriers         |  |
| 242 | 503 | Pam       | Bagot         | LV40 | 45:11 | Settle Harriers          |  |
| 243 | 656 | Leslie    | Pateloup      | Lady | 45:38 |                          |  |
| 244 | 511 | Jo        | Grisedale     | LV40 | 45:41 | Helm Hill                |  |
| 245 | 548 | Paula     | Bowen         | LV40 | 45:42 | Ambleside                |  |
| 246 | 550 | Libby     | Dixon         | LV40 | 45:44 | Ambleside                |  |
| 247 | 756 | John      | Hodgson       | MV70 | 45:50 | Dallam                   |  |
| 248 | 539 | Jo        | Cater         | LV40 | 45:58 | Helm Hill                |  |
| 249 | 634 | Elizabeth | Adams         | LV40 | 46:02 | Helm Hill                |  |
| 250 | 763 | Oliver    | Haines        | Man  | 46:04 | Trawden AC               |  |
| 251 | 762 | Annie     | Carrington    | LV50 | 46:19 | Settle Harriers          |  |
| 252 | 788 | Louise    | Dunn          | LV50 | 46:25 |                          |  |
| 253 | 575 | Pamela    | Hardman       | LV60 | 46:33 | Lytham St Annes RR       |  |
| 254 | 822 | Will      | Thwaites      | Man  | 46:55 | Howgill Harriers         |  |
| 255 | 544 | Hanna     | Latty         | LV40 | 47:05 |                          |  |
| 256 | 606 | Stephen   | Fish          | MV60 | 47:13 | Clayton le Moors         |  |
| 257 | 684 | Sarah     | Senior        | LV50 | 47:19 | Helm Hill                |  |
| 258 | 777 | Caroline  | Wade          | Lady | 47:25 | Helm Hill                |  |
| 259 | 731 | Rachel    | Addison       | Lady | 47:28 | Helm Hill                |  |
| 260 | 665 | Katy      | Thompson      | LV60 | 47:30 | Clayton le Moors         |  |
| 261 | 608 | Veronica  | Waller        | LV40 | 47:35 | Dallam                   |  |
| 262 | 627 | Graham    | Breeze        | MV70 | 47:39 | Wharfedale Harriers      |  |
| 263 | 607 | Olga      | Wiggins       | Lady | 48:02 | Preston Harriers         |  |
| 264 | 766 | Patty     | Davies        | LV50 | 48:09 | Helm Hill                |  |
| 265 | 641 | Graham    | Schofield     | MV60 | 48:12 | Chorley                  |  |
| 266 | 775 | Lindsay   | Harrod        | LV50 | 48:19 | Helm Hill                |  |
| 267 | 689 | Emma      | Blundell      | Lady | 48:35 | Lonsdale                 |  |
| 268 | 537 | Kath      | Brady         | LV50 | 48:46 | Clayton le Moors         |  |
| 269 | 589 | Andrew    | Dewhurst      | MV50 | 49:08 | MS Running Club          |  |
| 270 | 557 | May       | Crawford      | LV40 | 49:09 | Helm Hill                |  |
| 271 | 793 | Karen     | Shackleton    | LV50 | 49:09 | Darwen Dashers           |  |
| 272 | 552 | Ian       | Oakey         | MV40 | 49:10 | Settle Harriers          |  |
| 273 | 800 | Steven    | Roberts       | MV60 | 49:13 |                          |  |
| 274 | 611 | Kevin     | Cooke         | MV40 | 49:17 |                          |  |
| 275 | 526 | Wendy     | Smith         | LV40 | 49:19 | Helm Hill                |  |
| 276 | 708 | Chris     | Cash          | MV60 | 49:21 | Darwen Dashers           |  |
| 277 | 635 | Tyla      | Crook         | LU21 | 49:32 | Helm Hill                |  |
| 278 | 576 | Greg      | Oulton        | MV50 | 49:38 | Lytham St Annes RR       |  |
| 279 | 594 | Caroline  | Beardwood     | LV40 | 49:42 | Helm Hill                |  |
| 280 | 809 | Phil      | Corris        | MV60 | 49:50 | Lancs Constabulary       |  |
| 281 | 667 | George    | Thompson      | MV60 | 49:55 | Darwen Dashers           |  |
| 282 | 787 | Ian       | Peters        | MV60 | 50:03 | Hoad Hill Harriers       |  |
| 283 | 779 | Elaine    | Cowperthwaite | LV50 | 50:04 |                          |  |
| 284 | 776 | Sarah     | Hards         | Lady | 50:05 | Swaledale Harriers       |  |
| 285 | 645 | Simone    | Rigby         | LU21 | 50:38 | Settle Harriers          |  |
| 286 | 541 | Miriam    | Rosen         | LV60 | 50:53 | Lancaster & Morecambe AC |  |
| 287 | 659 | Alan      | Smart         | MV60 | 50:58 | Blackpool                |  |
| 288 | 569 | Jennifer  | Weir          | LV40 | 51:02 | Hartfell                 |  |
| 289 | 542 | Ariane    | Domingo       | LV40 | 51:09 | Helm Hill                |  |
| 290 | 616 | Roger     | Hall          | MV70 | 51:34 | Wharfedale Harriers      |  |
| 291 | 504 | Jo        | Matthew       | LV40 | 51:41 | Dallam                   |  |
| 292 | 654 | Emily     | Crossley      | LU21 | 51:52 | Settle Harriers          |  |
| 293 | 651 | Jill      | Gates         | LV50 | 51:57 | Settle Harriers          |  |
| 294 | 806 | Jill      | Leader        | LV60 | 52:06 | Kendal Tri               |  |
| 295 | 796 | Barry     | Shackleton    | MV60 | 52:20 | Darwen Dashers           |  |
| 296 | 655 | Carol     | Downing       | LV50 | 52:26 | Howgill Harriers         |  |
| 297 | 658 | Gary      | Hollis        | MV50 | 52:27 |                          |  |
| 298 | 679 | Ben       | Higginson     | MV60 | 52:28 | Preston Harriers         |  |



|     |     |          |            |      |         |                      |  |
|-----|-----|----------|------------|------|---------|----------------------|--|
| 299 | 715 | Janet    | Greenhalgh | LV40 | 52:29   | Darwen Dashers       |  |
| 300 | 527 | Becky    | Gibbs      | LV40 | 52:30   | Helm Hill            |  |
| 301 | 810 | Sonja    | Vietoris   | LV50 | 55:17   |                      |  |
| 302 | 578 | Leonie   | Black      | LV40 | 55:25   | Helm Hill            |  |
| 303 | 726 | Lara     | Williams   | Lady | 56:03   |                      |  |
| 304 | 581 | Rebecca  | Walker     | LV40 | 56:12   | Dallam               |  |
| 305 | 663 | George   | James      | MV70 | 56:22   | Blackpool            |  |
| 306 | 729 | Janet    | Nash       | LV60 | 56:34   | LOC                  |  |
| 307 | 681 | Phil     | Kirkby     | MV60 | 57:21   | Coniston             |  |
| 308 | 571 | Zoe      | Parsons    | LV40 | 57:29   | Elvet Striders       |  |
| 309 | 652 | Linda    | Edmondson  | LV50 | 57:43   |                      |  |
| 310 | 675 | Richard  | Handford   | MV60 | 59:02   | Settle Harriers      |  |
| 311 | 510 | Kristian | Clayton    | MV40 | 59:13   | Barlick Fell Runners |  |
| 312 | 693 | Leanne   | Richie     | Lady | 59:40   |                      |  |
| 313 | 691 | Scott    | Thwaites   | Man  | 1:00:56 |                      |  |
| 314 | 577 | Phil     | Martin     | MV70 | 1:01:15 | Bowland              |  |
| 315 | 683 | Rebecca  | Simms      | LV50 | 1:02:51 | Darwen Dashers       |  |
| 316 | 783 | Alison   | Abbott     | LV40 | 1:02:52 | Darwen Dashers       |  |
| 317 | 771 | Jim      | Taylor     | MV70 | 1:05:23 | Darwen Dashers       |  |
| 318 | 615 | Joe      | Howard     | MV70 | 1:05:39 | Preston Harriers     |  |
| 319 | 501 | Denis    | Wood       | MV70 | 1:05:44 | Borrowdale           |  |
| 320 | 530 | Bob      | Gibbs      | MV70 | 1:12:04 | LOC                  |  |
| 321 | 528 | Sam      | Gibbs      | MV40 | 1:12:04 | Helm Hill            |  |
| DNF | 676 | Wilfred  | Bell       | MV60 | DNF     | Howgill Harriers     |  |
| DNF | 567 | Jacob    | Dyer       | MV40 | DNF     | Helm Hill            |  |

**Under 17 Race**

| Position | Vest no. | First Name | Surname      | Cat  | Time  | Club                    | Comments |
|----------|----------|------------|--------------|------|-------|-------------------------|----------|
| 1        | 72       | Eric       | Beaumont     | Boy  | 16:49 | Keighley & Craven AC    | 1st Boy  |
| 2        | 118      | Toby       | Umpleby      | Boy  | 17:01 | Kendal AAC              | 2nd Boy  |
| 3        | 67       | Jack       | Villiers     | Boy  | 17:17 | Barlick Fell Runners    | 3rd Boy  |
| 4        | 25       | Ollie      | Sanders      | Boy  | 17:22 | Helm Hill               |          |
| 5        | 49       | Alex       | Tallon       | Boy  | 17:28 | Helm Hill               |          |
| 6        | 36       | Chloe      | Rylance      | Girl | 19:13 | Ambleside AC            | 1st Girl |
| 7        | 146      | Alfie      | Thorpe       | Boy  | 19:33 | Broughton Runners       |          |
| 8        | 87       | Adam       | Scott        | Boy  | 19:38 | Helm Hill               |          |
| 9        | 147      | Sonny      | Ashton-Fitch | Boy  | 20:25 | Settle Harriers         |          |
| 10       | 73       | Emily      | Swarbrick    | Girl | 21:32 | Cumberland Fell Runners | 2nd Girl |
| 11       | 108      | Oliver     | Corbett      | Boy  | 21:49 |                         |          |
| 12       | 9        | Alex       | Matthew      | Boy  | 22:16 | Dallam                  |          |
| 13       | 112      | Joseph     | Morgan       | Boy  | 22:22 | Kendal AAC              |          |
| 14       | 145      | Ella       | Beardwood    | Girl | 23:19 | Helm Hill               | 3rd Girl |
| 15       | 94       | Freya      | Richards     | Girl | 23:27 | Helm Hill               |          |
| 16       | 105      | Becky      | Dyer         | Girl | 25:25 | Helm Hill               |          |

### Under 15 Race

| Position | Vest no. | First Name  | Surname         | Cat  | Time  | Club                 | Comments |
|----------|----------|-------------|-----------------|------|-------|----------------------|----------|
| 1        | 65       | Thomas      | Brailsford      | Boy  | 08:28 | Ambleside            | 1st Boy  |
| 2        | 78       | Dylan       | Cater           | Boy  | 08:40 | Helm Hill            | 2nd Boy  |
| 3        | 32       | John        | Bardsley        | Boy  | 08:48 |                      | 3rd Boy  |
| 4        | 121      | Ben         | Greenep         | Boy  | 08:51 | Kendal AAC           |          |
| 5        | 91       | Amelie      | Lane            | Girl | 08:54 | Wharfedale Harriers  | 1st Girl |
| 6        | 35       | Sophie      | Rylande         | Girl | 09:01 | Ambleside AC         | 2nd Girl |
| 7        | 59       | Sarah       | Smith           | Girl | 09:04 | Helm Hill            | 3rd Girl |
| 8        | 57       | Jack        | Dixon           | Boy  | 09:13 | Ambleside            |          |
| 9        | 37       | Joseph      | Rigby           | Boy  | 09:16 | Helm Hill            |          |
| 10       | 39       | Christopher | Brown           | Boy  | 09:26 | Clayton le Moors     |          |
| 11       | 81       | Thomas      | Adams           | Boy  | 09:31 | CFR                  |          |
| 12       | 27       | Clara       | Samson          | Girl | 09:34 | Helm Hill            |          |
| 13       | 99       | Isaac       | Robinson        | Boy  | 09:35 | Howgill Harriers     |          |
| 14       | 139      | Jamie       | Waller          | Boy  | 09:40 | Dallam               |          |
| 15       | 52       | Caius       | Pennington      | Boy  | 09:43 | Howgill Harriers     |          |
| 16       | 19       | Charlotte   | Wilkinson       | Girl | 09:44 | Horwich RMI Harriers |          |
| 17       | 7        | Elodie      | Malcolm         | Girl | 09:44 | Helm Hill            |          |
| 18       | 46       | Elise       | Tallon          | Girl | 09:48 | Helm Hill            |          |
| 19       | 131      | Vladimir    | Wiggins         | Boy  | 10:03 | Preston Harriers     |          |
| 20       | 30       | Melissa     | McIntosh        | Girl | 10:05 | Border Harriers      |          |
| 21       | 76       | Fayth       | Bowness         | Girl | 10:14 | CFR                  |          |
| 22       | 28       | Ruby        | Woodward        | Girl | 10:19 |                      |          |
| 23       | 98       | Ciara       | Duffy           | Girl | 10:30 | Barlick Fell Runners |          |
| 24       | 69       | Oliver      | Willoughby      | Boy  | 10:32 | Helm Hill            |          |
| 25       | 129      | Travis      | Coucom          | Boy  | 10:44 | Helm Hill            |          |
| 26       | 88       | Reece       | Kinley          | Boy  | 10:48 | Helm Hill            |          |
| 27       | 148      | Joel        | Saunders        | Boy  | 10:49 | Helm Hill            |          |
| 28       | 96       | Toby        | Harper          | Boy  | 11:02 | Ambleside            |          |
| 29       | 62       | Vicky       | Woof            | Girl | 11:04 | Howgill Harriers     |          |
| 30       | 90       | Nathon      | Ritchie         | Boy  | 11:15 | Levens Valley AC     |          |
| 31       | 16       | Finley      | Grisedale       | Boy  | 11:23 | Helm Hill            |          |
| 32       | 101      | George      | Campbell        | Boy  | 11:25 | Howgill Harriers     |          |
| 33       | 8        | Cate        | Matthew         | Girl | 11:26 | Dallam               |          |
| 34       | 143      | Beau        | Walkingshaw     | Girl | 11:40 | Howgill Harriers     |          |
| 35       | 89       | Megan       | de Lacy-Perkins | Girl | 12:49 | Salt Ayre            |          |
| 36       | 10       | Benjamin    | Grundy          | Boy  | 13:16 | Wharfedale Harriers  |          |



### Under 13 Race

| Position | Vest no. | First Name  | Surname         | Cat  | Time  | Club                    | Comments |
|----------|----------|-------------|-----------------|------|-------|-------------------------|----------|
| 1        | 63       | Archie      | Peaker          | Boy  | 07:21 | Keighley and Craven AC  | 1st Boy  |
| 2        | 136      | Will        | McNally         | Boy  | 07:32 | Levens Valley AC        | 2nd Boy  |
| 3        | 5        | Rowan       | Ashworth        | Boy  | 07:38 | Ambleside               | 3rd Boy  |
| 4        | 54       | Simon       | Rigby           | Boy  | 07:46 | Helm Hill               |          |
| 5        | 2        | Alfie       | Addison         | Boy  | 07:57 | Helm Hill               |          |
| 6        | 24       | Ewen        | Wilkinson       | Boy  | 08:05 | Keighley and Craven AC  |          |
| 7        | 120      | Leo         | Ranner          | Boy  | 08:05 | Helm Hill               |          |
| 8        | 117      | Lucille     | Pickles         | Girl | 08:14 | Barlick Fell Runners    | 1st Girl |
| 9        | 13       | Ben         | Allmond         | Boy  | 08:17 | Ambleside               |          |
| 10       | 100      | Toby        | Acland          | Boy  | 08:18 | Helm Hill               |          |
| 11       | 141      | Aaran       | Revill          | Boy  | 08:30 | Helm Hill               |          |
| 12       | 124      | Finn        | Houston         | Boy  | 08:32 |                         |          |
| 13       | 106      | Olivia      | Swarbrick       | Girl | 08:37 | Cumberland Fell Runners | 2nd Girl |
| 14       | 97       | Ewan        | Black           | Boy  | 08:40 | Helm Hill               |          |
| 15       | 75       | Stanley     | Metcalfe        | Boy  | 08:41 |                         |          |
| 16       | 102      | Ella        | Martindale      | Girl | 08:41 | Helm Hill               | 3rd Girl |
| 17       | 44       | Charlotte   | Pear            | Girl | 08:45 | Settle Harriers         |          |
| 18       | 138      | Sam         | Greenep         | Boy  | 08:52 | Kendal AAC              |          |
| 19       | 50       | Cameron     | Dunn            | Boy  | 08:55 | Helm Hill               |          |
| 20       | 29       | Amber       | McIntosh        | Girl | 08:58 | Border Harriers         |          |
| 21       | 41       | Marvin      | Gibbs           | Boy  | 08:59 | Helm Hill               |          |
| 22       | 11       | Lara        | Smith           | Girl | 09:00 | Helm Hill               |          |
| 23       | 74       | Hester      | Metcalfe        | Girl | 09:01 | Ambleside AC            |          |
| 24       | 42       | Jude        | Evans           | Boy  | 09:01 | Ambleside               |          |
| 25       | 85       | Andrew      | Mitchell        | Boy  | 09:08 | Howgill Harriers        |          |
| 26       | 82       | Ned         | Whitaker        | Boy  | 09:14 | Settle Harriers         |          |
| 27       | 38       | Aaron       | Smith           | Boy  | 09:15 | Howgill Harriers        |          |
| 28       | 14       | Cameron     | Storey          | Boy  | 09:28 |                         |          |
| 29       | 93       | Peter       | de Lacy-Perkins | Boy  | 09:30 | Salt Ayre               |          |
| 30       | 3        | Lucy        | Bagot           | Girl | 09:33 | Settle Harriers         |          |
| 31       | 84       | Connie-Maye | Scott           | Girl | 09:40 | Kendal AAC              |          |
| 32       | 137      | Thomas      | Hearn           | Boy  | 09:42 | Helm Hill               |          |
| 33       | 33       | Emma        | Duxbury         | Girl | 09:58 | Ambleside               |          |
| 34       | 113      | Theo        | Robinson        | Boy  | 10:06 | Howgill Harriers        |          |
| 35       | 79       | Ellen       | Dickson         | Girl | 10:08 | Ambleside               |          |
| 36       | 60       | Katie       | Lewis           | Girl | 10:14 | Howgill Harriers        |          |
| 37       | 130      | Daisy       | Lees            | Girl | 10:23 | Ambleside               |          |
| 38       | 53       | Finlay      | Aitken          | Boy  | 10:35 | Helm Hill               |          |
| 39       | 12       | Seren       | Green           | Girl | 10:41 | Ambleside AC            |          |
| 40       | 128      | Hannah      | Dyer            | Girl | 10:47 | Helm Hill               |          |
| 41       | 58       | Jessica     | Oakey           | Girl | 10:49 | Settle Harriers         |          |
| 42       | 17       | Lily -Grace | Clayton         | Girl | 10:51 | Barlick Fell Runners    |          |
| 43       | 126      | Sophie      | Goodall         | Girl | 11:02 |                         |          |
| 44       | 22       | Isobelle    | Wilkinson       | Girl | 11:51 | Horwich                 |          |
| 45       | 122      | Alicia      | Crawford        | Girl | 12:02 | Helm Hill               |          |
| 46       | 23       | Emily       | Kerr            | Girl | 13:54 |                         |          |
| 47       | 77       | Isabella    | Latty           | Girl | 13:58 | Settle Harriers         |          |
| DNF      | 103      | Madeleine   | Martindale      | Girl | DNF   | Helm Hill               |          |

### Under 11 Race

| Position | Vest no. | First Name | Surname         | Cat  | Time  | Club                     | Comments |
|----------|----------|------------|-----------------|------|-------|--------------------------|----------|
| 1        | 21       | Joseff     | Tancrel         | Boy  | 08:15 | Helm Hill                | 1st Boy  |
| 2        | 6        | Tom        | Ashworth        | Boy  | 08:20 | Ambleside                | 2nd Boy  |
| 3        | 15       | Harvey     | Shaw            | Boy  | 08:27 | Ambleside                | 3rd Boy  |
| 4        | 115      | Alfie      | Tipping         | Boy  | 08:45 | Kendal AAC               |          |
| 5        | 66       | Blake      | Fleming         | Boy  | 08:49 | Hoad Hill Harriers       |          |
| 6        | 104      | Will       | Brayshaw        | Boy  | 08:57 | Helm Hill                |          |
| 7        | 107      | Ella       | Brayshaw        | Girl | 09:04 | Lancaster & Morecambe AC | 1st Girl |
| 8        | 45       | Millie     | Jebb            | Girl | 09:17 | Helm Hill                | 2nd Girl |
| 9        | 51       | Fraser     | Dunn            | Boy  | 09:19 | Helm Hill                |          |
| 10       | 71       | Carla      | Gardiner        | Girl | 09:20 | Helm Hill                | 3rd Girl |
| 11       | 111      | Alex       | Speight         | Boy  | 09:20 |                          |          |
| 12       | 56       | Ivan       | Winder          | Boy  | 09:27 | Levens Valley AC         |          |
| 13       | 47       | Jackson    | Bottomley       | Boy  | 09:29 | Helm Hill                |          |
| 14       | 110      | Eve        | Briffett        | Girl | 09:30 |                          |          |
| 15       | 80       | Isabella   | Wright          | Girl | 09:31 | Wharfedale Harriers      |          |
| 16       | 119      | Emmy       | Ranner          | Girl | 09:32 | Helm Hill                |          |
| 17       | 61       | Thomas     | Lowis           | Boy  | 09:39 | Howgill Harriers         |          |
| 18       | 95       | Elissa     | Kinley          | Girl | 09:39 | Helm Hill                |          |
| 19       | 133      | Jack       | Moon            | Boy  | 09:44 | Helm Hill                |          |
| 20       | 127      | Jack       | Gilpin          | Boy  | 09:46 |                          |          |
| 21       | 34       | Ruby       | Duxbury         | Girl | 09:49 | Ambleside                |          |
| 22       | 109      | William    | Hargreaves      | Boy  | 09:50 | Ambleside                |          |
| 23       | 134      | Ben        | Todhunter       | Boy  | 09:51 | Unattached               |          |
| 24       | 125      | Aaron      | Goodall         | Boy  | 09:57 |                          |          |
| 25       | 70       | George     | Gardiner        | Boy  | 10:03 | Helm Hill                |          |
| 26       | 114      | Gus        | Campbell        | Boy  | 10:13 | Howgill Harriers         |          |
| 27       | 92       | Robyn      | de Lacy-Perkins | Girl | 10:16 | Salt Ayre                |          |
| 28       | 140      | Brodie     | Revill          | Boy  | 10:26 | Helm Hill                |          |
| 29       | 43       | Tess       | Evans           | Girl | 10:28 | Ambleside                |          |
| 30       | 64       | Florrie    | Haddow          | Girl | 10:40 | Furness Fell Runners     |          |
| 31       | 48       | Jasmine    | Bottomley       | Girl | 10:40 | Helm Hill                |          |
| 32       | 86       | Luke       | Mitchell        | Boy  | 10:42 | Howgill Harriers         |          |
| 33       | 40       | Tess       | Gibbs           | Girl | 10:44 | Helm Hill                |          |
| 34       | 26       | Edward     | Shawcross       | Boy  | 10:54 |                          |          |
| 35       | 142      | Harry      | Singleton       | Boy  | 10:59 |                          |          |
| 36       | 18       | Oscar      | Clayton         | Boy  | 11:10 | Barlick Fell Runners     |          |
| 37       | 116      | Rowan      | McCann          | Girl | 11:13 |                          |          |
| 38       | 55       | Zach       | Thomas          | Boy  | 11:14 | COLT                     |          |
| 39       | 132      | Thomas     | Iveson          | Boy  | 11:14 | Ambleside AC             |          |
| 40       | 135      | Ellie      | Todhunter       | Girl | 11:16 | Unattached               |          |
| 41       | 83       | Mabel      | Whitaker        | Girl | 11:37 | Settle Harriers          |          |
| 42       | 68       | Poppy      | Cater           | Girl | 11:40 | Helm Hill                |          |
| 43       | 4        | Francesca  | Bagot           | Girl | 11:43 | Settle Harriers          |          |
| 44       | 123      | Freddie    | Crawford        | Boy  | 12:15 | Helm Hill                |          |
| 45       | 1        | Megan      | Harris          | Girl | 12:27 | Helm Hill                |          |
| 46       | 31       | Tommy      | Brodrick        | Boy  | 12:32 | Ambleside                |          |
| 47       | 144      | Sadie      | Walkingshaw     | Girl | 12:33 | Eden Runners             |          |

## Scout Scar 2019 Category Results

### ALL SENIOR MEN

| Position | Vest no. | First Name | Surname         | Cat  | Time  | Club                     | Comments         |
|----------|----------|------------|-----------------|------|-------|--------------------------|------------------|
| 1        | 765      | Jack       | Wright          | Man  | 27:39 | Ambleside                | 1st Man          |
| 2        | 614      | Ben        | Riddell         | Man  | 27:49 | Black Combe              | 2nd Man          |
| 3        | 666      | Matthew    | Knowles         | MU21 | 27:52 | Lancaster & Morecambe AC | 3rd Man/1st MU21 |
| 4        | 732      | Tom        | Addison         | Man  | 27:55 | Helm Hill                |                  |
| 5        | 720      | Michael    | Ainsworth       | Man  | 27:59 | Helm Hill                |                  |
| 6        | 525      | Jon        | Rylance         | MV40 | 28:05 | Ambleside AC             | 1st MV40         |
| 7        | 588      | Oliver     | Heaton          | Man  | 28:12 | Preston Harriers         |                  |
| 8        | 718      | Charlie    | Ing             | Man  | 28:16 | Unattached               |                  |
| 9        | 790      | Pete       | Harrison        | Man  | 28:23 |                          |                  |
| 10       | 669      | Benjamin   | Forrest         | MU21 | 28:54 | Bury Athletic Club       |                  |
| 11       | 754      | Mark       | Purkis          | Man  | 29:01 | HBT                      |                  |
| 12       | 781      | John       | Helme           | MV40 | 29:36 | Ambleside                |                  |
| 13       | 739      | Chris      | Waters          | Man  | 30:01 | Ambleside                |                  |
| 14       | 778      | Steve      | Jacques         | MV40 | 30:04 | Unattached               |                  |
| 15       | 725      | Alex       | Jones           | MV50 | 30:04 | Wellington Harriers      | 1st MV50         |
| 16       | 724      | Ben        | Jackson         | Man  | 30:09 |                          |                  |
| 17       | 697      | Paul       | Reilly          | MV40 | 30:19 | Helm Hill                |                  |
| 18       | 600      | Robert     | Askew           | MU21 | 30:23 | Helm Hill                |                  |
| 19       | 551      | Will       | Acland          | MV40 | 30:29 | Helm Hill                |                  |
| 20       | 733      | Tom        | Simpson         | Man  | 30:29 | Unattached               |                  |
| 21       | 642      | Michael    | Gregory         | MV40 | 30:38 | Ulverston Triathlon Club |                  |
| 22       | 535      | Brian      | Pennington      | MV40 | 30:43 | Howgill Harriers         |                  |
| 23       | 716      | Sebastian  | Segger-Staveley | MU21 | 30:44 | Settle Harriers          |                  |
| 24       | 695      | John       | Horrocks        | Man  | 30:45 | Blackburn Harriers       |                  |
| 25       | 760      | George     | Attwood         | MU21 | 30:49 | Dallam                   |                  |
| 26       | 712      | Matt       | Simms           | Man  | 30:52 |                          |                  |
| 27       | 531      | Alastair   | Dunn            | MV40 | 30:56 | Helm Hill                |                  |
| 28       | 650      | Laurie     | Kearsey         | Man  | 30:58 | Helm Hill                |                  |
| 29       | 789      | Paul       | Upton           | Man  | 31:04 | Helm Hill                |                  |
| 30       | 813      | Jacob      | Snowchowski     | Man  | 31:05 | Ambleside                |                  |
| 31       | 593      | Scott      | Umpleby         | MV50 | 31:09 | Kendal AAC               |                  |
| 32       | 574      | Harvey     | Lord            | Man  | 31:19 | Black Combe              |                  |
| 33       | 786      | Joseph     | Conner          | MU21 | 31:22 | Helm Hill                |                  |
| 34       | 819      | Calvin     | Routledge       | MV50 | 31:24 | Ambleside                |                  |
| 35       | 705      | Joshua     | Moon            | Man  | 31:35 |                          |                  |
| 36       | 599      | Martin     | Askew           | MU21 | 31:38 | Helm Hill                |                  |
| 37       | 722      | Jack       | Simpson         | Man  | 31:39 | Helm                     |                  |
| 38       | 687      | Josh       | Murphy          | Man  | 31:42 | Levens Valley AC         |                  |
| 39       | 638      | Simon      | Mounsey         | MV40 | 31:57 | Howgill Harriers         |                  |
| 40       | 632      | James      | Baron           | MV50 | 32:00 | Helm Hill                |                  |
| 41       | 564      | Rob        | Harper          | MV40 | 32:05 | Ambleside                |                  |
| 42       | 595      | Gary       | Thorpe          | MV50 | 32:18 | Ambleside AC             |                  |
| 43       | 513      | Justin     | Tancrel         | MV40 | 32:26 | Helm Hill                |                  |
| 44       | 701      | Sam        | Moon            | MV40 | 32:29 | Helm Hill                |                  |
| 45       | 774      | Graham     | Hayes           | MV40 | 32:33 |                          |                  |
| 46       | 502      | Daniel     | Malcolm         | MV40 | 32:48 | Helm Hill                |                  |
| 47       | 547      | Adam       | Brailsford      | MV40 | 32:49 | Northern Fells           |                  |
| 48       | 713      | John       | Evason          | Man  | 32:53 | Black Combe              |                  |
| 49       | 640      | James      | Mellor          | Man  | 32:54 | Darwen Dashers           |                  |
| 50       | 797      | Gavin      | Lloyd           | Man  | 32:55 | Black Combe              |                  |
| 51       | 761      | Rob        | Mortimore       | Man  | 32:57 | Helm Hill                |                  |
| 52       | 662      | David      | Wilson          | MV50 | 33:00 | Bowland                  |                  |
| 53       | 794      | Simon      | Whittaker       | Man  | 33:02 | Helm Hill                |                  |
| 54       | 753      | Harry      | Watler          | Man  | 33:10 | Ambleside                |                  |
| 55       | 625      | Steve      | Duncan          | Man  | 33:21 |                          |                  |
| 56       | 584      | James      | Todhunter       | Man  | 33:26 | Helm Hill                |                  |
| 57       | 554      | Luke       | Appleyard       | Man  | 33:29 | Wharfedale Harriers      |                  |
| 58       | 767      | Tim        | Pickering       | Man  | 33:31 | Helm Hill                |                  |

|     |     |          |             |      |       |                       |          |
|-----|-----|----------|-------------|------|-------|-----------------------|----------|
| 59  | 508 | Billy    | Procter     | MV60 | 33:33 | Helm Hill             | 1st MV60 |
| 60  | 601 | Ben      | Kirkman     | MU21 | 33:33 | Rossendale Harriers   |          |
| 61  | 603 | Peter    | German      | Man  | 33:40 | Helm Hill             |          |
| 62  | 686 | Lucas    | Wilson      | Man  | 33:45 |                       |          |
| 63  | 518 | Rob      | Crawford    | MV40 | 33:50 | Howgill Harriers      |          |
| 64  | 672 | Peter    | Lawson      | Man  | 33:53 |                       |          |
| 65  | 568 | Mark     | Cuthbertson | MV40 | 33:57 | Hartfell              |          |
| 66  | 734 | Simon    | Denny       | Man  | 33:59 | Bentham               |          |
| 67  | 644 | David    | Griffin     | MV50 | 34:00 | Helm Hill             |          |
| 68  | 633 | Steven   | Middleton   | MV40 | 34:01 | Howgill Harriers      |          |
| 69  | 730 | Anthony  | Emmet       | MV40 | 34:03 | Helm Hill             |          |
| 70  | 549 | Graham   | Schofield   | MV60 | 34:07 | Horwich RMI Harriers  |          |
| 71  | 534 | Gareth   | Davies      | Man  | 34:13 | Darwen Dashers        |          |
| 72  | 559 | Sean     | Robinson    | MV40 | 34:16 | Howgill Harriers      |          |
| 73  | 648 | David    | Banks       | MV50 | 34:19 | Kendal AAC            |          |
| 74  | 723 | John     | Dixon       | Man  | 34:20 |                       |          |
| 75  | 770 | Keith    | Stronach    | Man  | 34:24 |                       |          |
| 76  | 505 | Tom      | Matthew     | MV40 | 34:26 | Bowland               |          |
| 77  | 618 | Chris    | Downham     | Man  | 34:32 | Unattached            |          |
| 78  | 591 | Joey     | Umpleby     | MU21 | 34:45 | Kendal AAC            |          |
| 79  | 545 | Dave     | Bottomley   | Man  | 34:46 | Helm Hill             |          |
| 80  | 582 | Colin    | Houston     | MV40 | 34:52 |                       |          |
| 81  | 805 | Robert   | Moffat      | Man  | 34:53 |                       |          |
| 82  | 746 | David    | Holdsworth  | MV60 | 35:11 |                       |          |
| 83  | 596 | Alistair | Hearn       | MV40 | 35:14 | Helm Hill             |          |
| 84  | 624 | Michael  | Toman       | MV50 | 35:21 | Accrington RR         |          |
| 85  | 509 | Chris    | Green       | MV40 | 35:25 | Ambleside AC          |          |
| 86  | 736 | Tom      | Batty       | Man  | 35:26 |                       |          |
| 87  | 604 | Dai      | Bedwell     | MV50 | 35:28 | DVO                   |          |
| 88  | 719 | Matthew  | Crawford    | Man  | 35:34 | Coniston              |          |
| 89  | 707 | Tony     | Little      | MV40 | 35:35 | Bowland               |          |
| 90  | 516 | Graham   | Bird        | MV50 | 35:45 | Wharfedale Harriers   |          |
| 91  | 668 | Michael  | Green       | MV40 | 35:49 |                       |          |
| 92  | 636 | Brian    | Thompson    | MV60 | 35:51 | Helm Hill             |          |
| 93  | 820 | Stuart   | Allan       | MV40 | 35:57 | Helm Hill             |          |
| 94  | 609 | Simon    | Waller      | MV50 | 36:06 | Helm Hill             |          |
| 95  | 709 | Ronald   | Hummelink   | MV40 | 36:17 | Lonsdale Fell Runners |          |
| 96  | 628 | James    | Coulthard   | MV40 | 36:19 | Howgill Harriers      |          |
| 97  | 522 | Tom      | Ward        | MU21 | 36:20 | Helm Hill             |          |
| 98  | 660 | John     | Robson      | MV50 | 36:24 | Helm Hill             |          |
| 99  | 671 | Mick     | Brankin     | MV40 | 36:36 | Unattached            |          |
| 100 | 580 | John     | Jones       | MV50 | 36:38 | Helm Hill             |          |
| 101 | 623 | Richard  | Briscoe     | MV40 | 36:40 | Clayton le Moors      |          |
| 102 | 639 | Keith    | Tonkin      | MV60 | 36:41 | Border Liners OC      |          |
| 103 | 605 | Jack     | Holt        | MV70 | 36:42 | Clayton le Moors      | 1st MV70 |
| 104 | 769 | James    | Metcalf     | MV40 | 36:43 |                       |          |
| 105 | 521 | John     | Bagge       | MV50 | 36:47 | Helm Hill             |          |
| 106 | 817 | Michael  | Smith       | MV50 | 36:57 | Dallam                |          |
| 107 | 745 | John     | Fitzpatrick | MV50 | 37:02 | Helm Hill             |          |
| 108 | 692 | Bill     | Beckett     | MV50 | 37:03 | Chorley A&T           |          |
| 109 | 696 | Stephen  | Roberts     | MV40 | 37:04 | Kendal AAC            |          |
| 110 | 738 | Gary     | Lane        | MV40 | 37:07 | Howgill Harriers      |          |
| 111 | 560 | Sheldan  | Pickles     | MV40 | 37:18 | Unattached            |          |
| 112 | 702 | Max      | Nicholson   | Man  | 37:28 |                       |          |
| 113 | 538 | Ronnie   | Haddow      | MV40 | 37:30 | Furness Fell Runners  |          |
| 114 | 520 | Alistair | Shawcross   | MV40 | 37:30 |                       |          |
| 115 | 664 | Larry    | Day         | MV40 | 37:32 | Ambleside AC          |          |
| 116 | 710 | Andrew   | Douglas     | MV40 | 37:42 | Kendal Tri            |          |
| 117 | 670 | James    | Crawford    | MV60 | 37:51 | Border Liners OC      |          |
| 118 | 816 | Mark     | Taylor      | Man  | 37:54 | Clayton le Moors      |          |
| 119 | 804 | Eddie    | Leedham     | MU21 | 37:58 | Dallam                |          |
| 120 | 583 | Roger    | Aubrey      | MV50 | 37:58 | Helm Hill             |          |

|     |     |              |            |      |       |                        |  |
|-----|-----|--------------|------------|------|-------|------------------------|--|
| 121 | 758 | Graham       | Beaumont   | MV50 | 38:04 | Dallam                 |  |
| 122 | 657 | Konstantinos | Georgalos  | Man  | 38:07 |                        |  |
| 123 | 572 | Robin        | Parsons    | MV40 | 38:12 | Elvet Striders         |  |
| 124 | 573 | Andy         | Evans      | MV50 | 38:15 | Settle Harriers        |  |
| 125 | 565 | Andy         | Bennett    | MV40 | 38:17 | Helm Hill              |  |
| 126 | 579 | David        | Barnes     | MV60 | 38:18 | Horwich RMI Harriers   |  |
| 127 | 507 | Andy         | Holden     | MV50 | 38:24 | Wharfedale Harriers    |  |
| 128 | 821 | Neil         | Robinson   | MV40 | 38:26 | COLT                   |  |
| 129 | 727 | Paul         | Corkill    | Man  | 38:29 | Levens Valley AC       |  |
| 130 | 749 | Will         | Douthwaite | Man  | 38:33 | Helm Hill              |  |
| 131 | 673 | Damian       | Brankin    | Man  | 38:36 | Unattached             |  |
| 132 | 680 | Andrew       | Stokes     | MV60 | 38:40 | Dallam                 |  |
| 133 | 512 | Jonny        | Grisedale  | MV40 | 38:44 | Helm Hill              |  |
| 134 | 570 | Andy         | Mingay     | Man  | 38:51 | Dallam                 |  |
| 135 | 543 | Mark         | Villiers   | MV40 | 38:53 | Unattached             |  |
| 136 | 561 | Toby         | Smith      | Man  | 39:00 |                        |  |
| 137 | 741 | David        | Roper      | MV60 | 39:17 | Howgill Harriers       |  |
| 138 | 740 | Jim          | Fisher     | MV50 | 39:22 | Howgill Harriers       |  |
| 139 | 728 | Craig        | Brown      | Man  | 39:24 | Helm Hill              |  |
| 140 | 750 | Richard      | Halliday   | Man  | 39:32 | Howgill Harriers       |  |
| 141 | 798 | Alistair     | Kirkbride  | MV50 | 39:35 |                        |  |
| 142 | 536 | Martin       | Brady      | MV50 | 39:40 | Clayton le Moors       |  |
| 143 | 748 | Andrew       | Leach      | Man  | 39:49 | Howgill Harriers       |  |
| 144 | 792 | Graham       | Capper     | MV60 | 39:51 | LOC                    |  |
| 145 | 555 | Colin        | Briffett   | MV40 | 39:52 | Lancaster Runners      |  |
| 146 | 811 | John         | Leech      | MV50 | 39:53 | Dallam                 |  |
| 147 | 621 | Mike         | Walsh      | MV60 | 39:57 | Kendal AAC             |  |
| 148 | 563 | Daniel       | King       | MV40 | 39:59 | Millom Striders        |  |
| 149 | 791 | Dave         | Hollingham | MV50 | 40:00 | Kendal Tri             |  |
| 150 | 784 | Andrew       | Conner     | MV50 | 40:02 | Helm Hill              |  |
| 151 | 799 | Adam         | Roberts    | Man  | 40:06 |                        |  |
| 152 | 619 | Chris        | Lawrence   | MV50 | 40:07 | Clayton le Moors       |  |
| 153 | 803 | Will         | Leedham    | Man  | 40:09 | Dallam                 |  |
| 154 | 602 | Mick         | Kirkman    | MV50 | 40:10 | Rosendale Harriers     |  |
| 155 | 782 | Chris        | Schofield  | MV50 | 40:11 | Helm Hill              |  |
| 156 | 517 | Tim          | Murray     | MV50 | 40:19 | Helm Hill              |  |
| 157 | 759 | Phil         | Harrington | MV40 | 40:30 | Helm Hill              |  |
| 158 | 823 | Steve        | Wathall    | MV60 | 40:31 | Black Combe            |  |
| 159 | 706 | Mark         | Glaister   | MV50 | 40:35 | SBH                    |  |
| 160 | 515 | Jeremy       | Wilkinson  | MV50 | 40:41 | Keighley and Craven AC |  |
| 161 | 556 | Martin       | Smith      | MV50 | 40:42 | Dark Peak Fell Runners |  |
| 162 | 661 | Peter        | Singleton  | MV60 | 41:03 | Blackpool              |  |
| 163 | 801 | Andrew       | Hewitson   | MV40 | 41:09 | Lonsdale               |  |
| 164 | 780 | Laurence     | Ormerod    | MV60 | 41:20 | Settle Harriers        |  |
| 165 | 653 | Neil         | Hindle     | MV60 | 41:30 | FRA                    |  |
| 166 | 737 | Stuart       | Bell       | MV60 | 41:39 | Kendal AAC             |  |
| 167 | 785 | Brian        | Morris     | MV50 | 41:53 | Darwen Dashers         |  |
| 168 | 646 | Mark         | Charnley   | MV40 | 41:54 | Settle Harriers        |  |
| 169 | 682 | Mike         | Binks      | Man  | 41:55 | Unattached             |  |
| 170 | 617 | David        | Johnson    | MV50 | 41:56 | Ambleside              |  |
| 171 | 714 | Pete         | Coe        | MV60 | 41:57 | Helm Hill              |  |
| 172 | 808 | Bertie       | Goffe      | MV40 | 42:06 | Helm Hill              |  |
| 173 | 685 | John         | Wood       | MV40 | 42:11 |                        |  |
| 174 | 540 | Richard      | Cater      | MV40 | 42:27 | Helm Hill              |  |
| 175 | 674 | Andy         | Monk       | MV60 | 42:36 | FRA                    |  |
| 176 | 523 | Peter        | Bardsley   | MV40 | 43:06 | Bowland                |  |
| 177 | 751 | Jerry        | Purkis     | MV60 | 43:10 | LOC                    |  |
| 178 | 610 | Michael      | McLoughlin | MV60 | 43:18 | Preston Harriers       |  |
| 179 | 629 | John         | Taylor     | MV60 | 43:30 | Bowland FR             |  |
| 180 | 757 | Greg         | Tagney     | MV60 | 43:36 | Dallam                 |  |
| 181 | 678 | Chris        | Beesley    | MV60 | 43:44 | Settle Harriers        |  |
| 182 | 562 | Rob          | Sanders    | MV60 | 44:01 | Black Combe            |  |

|     |     |          |             |      |         |                      |  |
|-----|-----|----------|-------------|------|---------|----------------------|--|
| 183 | 704 | Andy     | Dalton      | MV50 | 44:15   | SBH                  |  |
| 184 | 815 | Daniel   | Rayson      | MV50 | 44:37   |                      |  |
| 185 | 637 | Keith    | Butterworth | MV60 | 44:53   | Clayton le Moors     |  |
| 186 | 677 | Stephen  | Moor        | MV50 | 44:56   | Settle Harriers      |  |
| 187 | 622 | Andrew   | Sier        | MV50 | 45:02   |                      |  |
| 188 | 756 | John     | Hodgson     | MV70 | 45:50   | Dallam               |  |
| 189 | 763 | Oliver   | Haines      | Man  | 46:04   | Trawden AC           |  |
| 190 | 822 | Will     | Thwaites    | Man  | 46:55   | Howgill Harriers     |  |
| 191 | 606 | Stephen  | Fish        | MV60 | 47:13   | Clayton le Moors     |  |
| 192 | 627 | Graham   | Breeze      | MV70 | 47:39   | Wharfedale Harriers  |  |
| 193 | 641 | Graham   | Schofield   | MV60 | 48:12   | Chorley              |  |
| 194 | 589 | Andrew   | Dewhurst    | MV50 | 49:08   | MS Running Club      |  |
| 195 | 552 | Ian      | Oakey       | MV40 | 49:10   | Settle Harriers      |  |
| 196 | 800 | Steven   | Roberts     | MV60 | 49:13   |                      |  |
| 197 | 611 | Kevin    | Cooke       | MV40 | 49:17   |                      |  |
| 198 | 708 | Chris    | Cash        | MV60 | 49:21   | Darwen Dashers       |  |
| 199 | 576 | Greg     | Oulton      | MV50 | 49:38   | Lytham St Annes RR   |  |
| 200 | 809 | Phil     | Corris      | MV60 | 49:50   | Lancs Constabulary   |  |
| 201 | 667 | George   | Thompson    | MV60 | 49:55   | Darwen Dashers       |  |
| 202 | 787 | Ian      | Peters      | MV60 | 50:03   | Hoad Hill Harriers   |  |
| 203 | 659 | Alan     | Smart       | MV60 | 50:58   | Blackpool            |  |
| 204 | 616 | Roger    | Hall        | MV70 | 51:34   | Wharfedale Harriers  |  |
| 205 | 796 | Barry    | Shackleton  | MV60 | 52:20   | Darwen Dashers       |  |
| 206 | 658 | Gary     | Hollis      | MV50 | 52:27   |                      |  |
| 207 | 679 | Ben      | Higginson   | MV60 | 52:28   | Preston Harriers     |  |
| 208 | 663 | George   | James       | MV70 | 56:22   | Blackpool            |  |
| 209 | 681 | Phil     | Kirkby      | MV60 | 57:21   | Coniston             |  |
| 210 | 675 | Richard  | Handford    | MV60 | 59:02   | Settle Harriers      |  |
| 211 | 510 | Kristian | Clayton     | MV40 | 59:13   | Barlick Fell Runners |  |
| 212 | 691 | Scott    | Thwaites    | Man  | 1:00:56 |                      |  |
| 213 | 577 | Phil     | Martin      | MV70 | 1:01:15 | Bowland              |  |
| 214 | 771 | Jim      | Taylor      | MV70 | 1:05:23 | Darwen Dashers       |  |
| 215 | 615 | Joe      | Howard      | MV70 | 1:05:39 | Preston Harriers     |  |
| 216 | 501 | Denis    | Wood        | MV70 | 1:05:44 | Borrowdale           |  |
| 217 | 530 | Bob      | Gibbs       | MV70 | 1:12:04 | LOC                  |  |
| 218 | 528 | Sam      | Gibbs       | MV40 | 1:12:04 | Helm Hill            |  |
| DNF | 676 | Wilfred  | Bell        | MV60 | DNF     | Howgill Harriers     |  |
| DNF | 567 | Jacob    | Dyer        | MV40 | DNF     | Helm Hill            |  |



**MEN**

| Position | Vest no. | First Name   | Surname         | Cat  | Time  | Club                     | Comments         |
|----------|----------|--------------|-----------------|------|-------|--------------------------|------------------|
| 1        | 765      | Jack         | Wright          | Man  | 27:39 | Ambleside                | 1st Man          |
| 2        | 614      | Ben          | Riddell         | Man  | 27:49 | Black Combe              | 2nd Man          |
| 3        | 666      | Matthew      | Knowles         | MU21 | 27:52 | Lancaster & Morecambe AC | 3rd Man/1st MU21 |
| 4        | 732      | Tom          | Addison         | Man  | 27:55 | Helm Hill                |                  |
| 5        | 720      | Michael      | Ainsworth       | Man  | 27:59 | Helm Hill                |                  |
| 6        | 588      | Oliver       | Heaton          | Man  | 28:12 | Preston Harriers         |                  |
| 7        | 718      | Charlie      | Ing             | Man  | 28:16 | Unattached               |                  |
| 8        | 790      | Pete         | Harrison        | Man  | 28:23 |                          |                  |
| 9        | 669      | Benjamin     | Forrest         | MU21 | 28:54 | Bury Athletic Club       |                  |
| 10       | 754      | Mark         | Purkis          | Man  | 29:01 | HBT                      |                  |
| 11       | 739      | Chris        | Waters          | Man  | 30:01 | Ambleside                |                  |
| 12       | 724      | Ben          | Jackson         | Man  | 30:09 |                          |                  |
| 13       | 600      | Robert       | Askew           | MU21 | 30:23 | Helm Hill                |                  |
| 14       | 733      | Tom          | Simpson         | Man  | 30:29 | Unattached               |                  |
| 15       | 716      | Sebastian    | Segger-Staveley | MU21 | 30:44 | Settle Harriers          |                  |
| 16       | 695      | John         | Horrocks        | Man  | 30:45 | Blackburn Harriers       |                  |
| 17       | 760      | George       | Attwood         | MU21 | 30:49 | Dallam                   |                  |
| 18       | 712      | Matt         | Simms           | Man  | 30:52 |                          |                  |
| 19       | 650      | Laurie       | Kearsey         | Man  | 30:58 | Helm Hill                |                  |
| 20       | 789      | Paul         | Upton           | Man  | 31:04 | Helm Hill                |                  |
| 21       | 813      | Jacob        | Snowchowski     | Man  | 31:05 | Ambleside                |                  |
| 22       | 574      | Harvey       | Lord            | Man  | 31:19 | Black Combe              |                  |
| 23       | 786      | Joseph       | Conner          | MU21 | 31:22 | Helm Hill                |                  |
| 24       | 705      | Joshua       | Moon            | Man  | 31:35 |                          |                  |
| 25       | 599      | Martin       | Askew           | MU21 | 31:38 | Helm Hill                |                  |
| 26       | 722      | Jack         | Simpson         | Man  | 31:39 | Helm                     |                  |
| 27       | 687      | Josh         | Murphy          | Man  | 31:42 | Levens Valley AC         |                  |
| 28       | 713      | John         | Evason          | Man  | 32:53 | Black Combe              |                  |
| 29       | 640      | James        | Mellor          | Man  | 32:54 | Darwen Dashers           |                  |
| 30       | 797      | Gavin        | Lloyd           | Man  | 32:55 | Black Combe              |                  |
| 31       | 761      | Rob          | Mortimore       | Man  | 32:57 | Helm Hill                |                  |
| 32       | 794      | Simon        | Whittaker       | Man  | 33:02 | Helm Hill                |                  |
| 33       | 753      | Harry        | Watler          | Man  | 33:10 | Ambleside                |                  |
| 34       | 625      | Steve        | Duncan          | Man  | 33:21 |                          |                  |
| 35       | 584      | James        | Todhunter       | Man  | 33:26 | Helm Hill                |                  |
| 36       | 554      | Luke         | Appleyard       | Man  | 33:29 | Wharfedale Harriers      |                  |
| 37       | 767      | Tim          | Pickering       | Man  | 33:31 | Helm Hill                |                  |
| 38       | 601      | Ben          | Kirkman         | MU21 | 33:33 | Rosendale Harriers       |                  |
| 39       | 603      | Peter        | German          | Man  | 33:40 | Helm Hill                |                  |
| 40       | 686      | Lucas        | Wilson          | Man  | 33:45 |                          |                  |
| 41       | 672      | Peter        | Lawson          | Man  | 33:53 |                          |                  |
| 42       | 734      | Simon        | Denny           | Man  | 33:59 | Bentham                  |                  |
| 43       | 534      | Gareth       | Davies          | Man  | 34:13 | Darwen Dashers           |                  |
| 44       | 723      | John         | Dixon           | Man  | 34:20 |                          |                  |
| 45       | 770      | Keith        | Stronach        | Man  | 34:24 |                          |                  |
| 46       | 618      | Chris        | Downham         | Man  | 34:32 | Unattached               |                  |
| 47       | 591      | Joey         | Umpleby         | MU21 | 34:45 | Kendal AAC               |                  |
| 48       | 545      | Dave         | Bottomley       | Man  | 34:46 | Helm Hill                |                  |
| 49       | 805      | Robert       | Moffat          | Man  | 34:53 |                          |                  |
| 50       | 736      | Tom          | Batty           | Man  | 35:26 |                          |                  |
| 51       | 719      | Matthew      | Crawford        | Man  | 35:34 | Coniston                 |                  |
| 52       | 522      | Tom          | Ward            | MU21 | 36:20 | Helm Hill                |                  |
| 53       | 702      | Max          | Nicholson       | Man  | 37:28 |                          |                  |
| 54       | 816      | Mark         | Taylor          | Man  | 37:54 | Clayton le Moors         |                  |
| 55       | 804      | Eddie        | Leedham         | MU21 | 37:58 | Dallam                   |                  |
| 56       | 657      | Konstantinos | Georgalos       | Man  | 38:07 |                          |                  |
| 57       | 727      | Paul         | Corkill         | Man  | 38:29 | Levens Valley AC         |                  |
| 58       | 749      | Will         | Douthwaite      | Man  | 38:33 | Helm Hill                |                  |
| 59       | 673      | Damian       | Brankin         | Man  | 38:36 | Unattached               |                  |
| 60       | 570      | Andy         | Mingay          | Man  | 38:51 | Dallam                   |                  |

|    |     |         |          |     |         |                  |  |
|----|-----|---------|----------|-----|---------|------------------|--|
| 61 | 561 | Toby    | Smith    | Man | 39:00   |                  |  |
| 62 | 728 | Craig   | Brown    | Man | 39:24   | Helm Hill        |  |
| 63 | 750 | Richard | Halliday | Man | 39:32   | Howgill Harriers |  |
| 64 | 748 | Andrew  | Leach    | Man | 39:49   | Howgill Harriers |  |
| 65 | 799 | Adam    | Roberts  | Man | 40:06   |                  |  |
| 66 | 803 | Will    | Leedham  | Man | 40:09   | Dallam           |  |
| 67 | 682 | Mike    | Binks    | Man | 41:55   | Unattached       |  |
| 68 | 763 | Oliver  | Haines   | Man | 46:04   | Trawden AC       |  |
| 69 | 822 | Will    | Thwaites | Man | 46:55   | Howgill Harriers |  |
| 70 | 691 | Scott   | Thwaites | Man | 1:00:56 |                  |  |

**MEN UNDER 21**

| Position | Vest no. | First Name | Surname         | Cat  | Time  | Club                     | Comments         |
|----------|----------|------------|-----------------|------|-------|--------------------------|------------------|
| 1        | 666      | Matthew    | Knowles         | MU21 | 27:52 | Lancaster & Morecambe AC | 3rd Man/1st MU21 |
| 2        | 669      | Benjamin   | Forrest         | MU21 | 28:54 | Bury Athletic Club       |                  |
| 3        | 600      | Robert     | Askew           | MU21 | 30:23 | Helm Hill                |                  |
| 4        | 716      | Sebastian  | Segger-Staveley | MU21 | 30:44 | Settle Harriers          |                  |
| 5        | 760      | George     | Attwood         | MU21 | 30:49 | Dallam                   |                  |
| 6        | 786      | Joseph     | Conner          | MU21 | 31:22 | Helm Hill                |                  |
| 7        | 599      | Martin     | Askew           | MU21 | 31:38 | Helm Hill                |                  |
| 8        | 601      | Ben        | Kirkman         | MU21 | 33:33 | Rosendale Harriers       |                  |
| 9        | 591      | Joey       | Umpleby         | MU21 | 34:45 | Kendal AAC               |                  |
| 10       | 522      | Tom        | Ward            | MU21 | 36:20 | Helm Hill                |                  |
| 11       | 804      | Eddie      | Leedham         | MU21 | 37:58 | Dallam                   |                  |

**MEN - VET 40**

| Position | Vest no. | First Name | Surname     | Cat  | Time    | Club                     | Comments |
|----------|----------|------------|-------------|------|---------|--------------------------|----------|
| 1        | 525      | Jon        | Rylance     | MV40 | 28:05   | Ambleside AC             | 1st MV40 |
| 2        | 781      | John       | Helme       | MV40 | 29:36   | Ambleside                |          |
| 3        | 778      | Steve      | Jacques     | MV40 | 30:04   | Unattached               |          |
| 4        | 697      | Paul       | Reilly      | MV40 | 30:19   | Helm Hill                |          |
| 5        | 551      | Will       | Acland      | MV40 | 30:29   | Helm Hill                |          |
| 6        | 642      | Michael    | Gregory     | MV40 | 30:38   | Ulverston Triathlon Club |          |
| 7        | 535      | Brian      | Pennington  | MV40 | 30:43   | Howgill Harriers         |          |
| 8        | 531      | Alastair   | Dunn        | MV40 | 30:56   | Helm Hill                |          |
| 9        | 638      | Simon      | Mounsey     | MV40 | 31:57   | Howgill Harriers         |          |
| 10       | 564      | Rob        | Harper      | MV40 | 32:05   | Ambleside                |          |
| 11       | 513      | Justin     | Tancrel     | MV40 | 32:26   | Helm Hill                |          |
| 12       | 701      | Sam        | Moon        | MV40 | 32:29   | Helm Hill                |          |
| 13       | 774      | Graham     | Hayes       | MV40 | 32:33   |                          |          |
| 14       | 502      | Daniel     | Malcolm     | MV40 | 32:48   | Helm Hill                |          |
| 15       | 547      | Adam       | Brailsford  | MV40 | 32:49   | Northern Fells           |          |
| 16       | 518      | Rob        | Crawford    | MV40 | 33:50   | Howgill Harriers         |          |
| 17       | 568      | Mark       | Cuthbertson | MV40 | 33:57   | Hartfell                 |          |
| 18       | 633      | Steven     | Middleton   | MV40 | 34:01   | Howgill Harriers         |          |
| 19       | 730      | Anthony    | Emmet       | MV40 | 34:03   | Helm Hill                |          |
| 20       | 559      | Sean       | Robinson    | MV40 | 34:16   | Howgill Harriers         |          |
| 21       | 505      | Tom        | Matthew     | MV40 | 34:26   | Bowland                  |          |
| 22       | 582      | Colin      | Houston     | MV40 | 34:52   |                          |          |
| 23       | 596      | Alistair   | Hearn       | MV40 | 35:14   | Helm Hill                |          |
| 24       | 509      | Chris      | Green       | MV40 | 35:25   | Ambleside AC             |          |
| 25       | 707      | Tony       | Little      | MV40 | 35:35   | Bowland                  |          |
| 26       | 668      | Michael    | Green       | MV40 | 35:49   |                          |          |
| 27       | 820      | Stuart     | Allan       | MV40 | 35:57   | Helm Hill                |          |
| 28       | 709      | Ronald     | Hummelink   | MV40 | 36:17   | Lonsdale Fell Runners    |          |
| 29       | 628      | James      | Coulthard   | MV40 | 36:19   | Howgill Harriers         |          |
| 30       | 671      | Mick       | Brankin     | MV40 | 36:36   | Unattached               |          |
| 31       | 623      | Richard    | Briscoe     | MV40 | 36:40   | Clayton le Moors         |          |
| 32       | 769      | James      | Metcalfe    | MV40 | 36:43   |                          |          |
| 33       | 696      | Stephen    | Roberts     | MV40 | 37:04   | Kendal AAC               |          |
| 34       | 738      | Gary       | Lane        | MV40 | 37:07   | Howgill Harriers         |          |
| 35       | 560      | Sheldan    | Pickles     | MV40 | 37:18   | Unattached               |          |
| 36       | 538      | Ronnie     | Haddow      | MV40 | 37:30   | Furness Fell Runners     |          |
| 37       | 520      | Alistair   | Shawcross   | MV40 | 37:30   |                          |          |
| 38       | 664      | Larry      | Day         | MV40 | 37:32   | Ambleside AC             |          |
| 39       | 710      | Andrew     | Douglas     | MV40 | 37:42   | Kendal Tri               |          |
| 40       | 572      | Robin      | Parsons     | MV40 | 38:12   | Elvet Striders           |          |
| 41       | 565      | Andy       | Bennett     | MV40 | 38:17   | Helm Hill                |          |
| 42       | 821      | Neil       | Robinson    | MV40 | 38:26   | COLT                     |          |
| 43       | 512      | Jonny      | Grisedale   | MV40 | 38:44   | Helm Hill                |          |
| 44       | 543      | Mark       | Villiers    | MV40 | 38:53   | Unattached               |          |
| 45       | 555      | Colin      | Briffett    | MV40 | 39:52   | Lancaster Runners        |          |
| 46       | 563      | Daniel     | King        | MV40 | 39:59   | Millom Striders          |          |
| 47       | 759      | Phil       | Harrington  | MV40 | 40:30   | Helm Hill                |          |
| 48       | 801      | Andrew     | Hewitson    | MV40 | 41:09   | Lonsdale                 |          |
| 49       | 646      | Mark       | Charnley    | MV40 | 41:54   | Settle Harriers          |          |
| 50       | 808      | Bertie     | Goffe       | MV40 | 42:06   | Helm Hill                |          |
| 51       | 685      | John       | Wood        | MV40 | 42:11   |                          |          |
| 52       | 540      | Richard    | Cater       | MV40 | 42:27   | Helm Hill                |          |
| 53       | 523      | Peter      | Bardsley    | MV40 | 43:06   | Bowland                  |          |
| 54       | 552      | Ian        | Oakey       | MV40 | 49:10   | Settle Harriers          |          |
| 55       | 611      | Kevin      | Cooke       | MV40 | 49:17   |                          |          |
| 56       | 510      | Kristian   | Clayton     | MV40 | 59:13   | Barlick Fell Runners     |          |
| 57       | 528      | Sam        | Gibbs       | MV40 | 1:12:04 | Helm Hill                |          |
| DNF      | 567      | Jacob      | Dyer        | MV40 | DNF     | Helm Hill                |          |

**MEN - VET 50**

| Position | Vest no. | First Name | Surname     | Cat  | Time  | Club                   | Comments |
|----------|----------|------------|-------------|------|-------|------------------------|----------|
| 1        | 725      | Alex       | Jones       | MV50 | 30:04 | Wellington Harriers    | 1st MV50 |
| 2        | 593      | Scott      | Umpleby     | MV50 | 31:09 | Kendal AAC             |          |
| 3        | 819      | Calvin     | Routledge   | MV50 | 31:24 | Ambleside              |          |
| 4        | 632      | James      | Baron       | MV50 | 32:00 | Helm Hill              |          |
| 5        | 595      | Gary       | Thorpe      | MV50 | 32:18 | Ambleside AC           |          |
| 6        | 662      | David      | Wilson      | MV50 | 33:00 | Bowland                |          |
| 7        | 644      | David      | Griffin     | MV50 | 34:00 | Helm Hill              |          |
| 8        | 648      | David      | Banks       | MV50 | 34:19 | Kendal AAC             |          |
| 9        | 624      | Michael    | Toman       | MV50 | 35:21 | Accrington RR          |          |
| 10       | 604      | Dai        | Bedwell     | MV50 | 35:28 | DVO                    |          |
| 11       | 516      | Graham     | Bird        | MV50 | 35:45 | Wharfedale Harriers    |          |
| 12       | 609      | Simon      | Waller      | MV50 | 36:06 | Helm Hill              |          |
| 13       | 660      | John       | Robson      | MV50 | 36:24 | Helm Hill              |          |
| 14       | 580      | John       | Jones       | MV50 | 36:38 | Helm Hill              |          |
| 15       | 521      | John       | Bagge       | MV50 | 36:47 | Helm Hill              |          |
| 16       | 817      | Michael    | Smith       | MV50 | 36:57 | Dallam                 |          |
| 17       | 745      | John       | Fitzpatrick | MV50 | 37:02 | Helm Hill              |          |
| 18       | 692      | Bill       | Beckett     | MV50 | 37:03 | Chorley A&T            |          |
| 19       | 583      | Roger      | Aubrey      | MV50 | 37:58 | Helm Hill              |          |
| 20       | 758      | Graham     | Beaumont    | MV50 | 38:04 | Dallam                 |          |
| 21       | 573      | Andy       | Evans       | MV50 | 38:15 | Settle Harriers        |          |
| 22       | 507      | Andy       | Holden      | MV50 | 38:24 | Wharfedale Harriers    |          |
| 23       | 740      | Jim        | Fisher      | MV50 | 39:22 | Howgill Harriers       |          |
| 24       | 798      | Alistair   | Kirkbride   | MV50 | 39:35 |                        |          |
| 25       | 536      | Martin     | Brady       | MV50 | 39:40 | Clayton le Moors       |          |
| 26       | 811      | John       | Leech       | MV50 | 39:53 | Dallam                 |          |
| 27       | 791      | Dave       | Hollingham  | MV50 | 40:00 | Kendal Tri             |          |
| 28       | 784      | Andrew     | Conner      | MV50 | 40:02 | Helm Hill              |          |
| 29       | 619      | Chris      | Lawrence    | MV50 | 40:07 | Clayton le Moors       |          |
| 30       | 602      | Mick       | Kirkman     | MV50 | 40:10 | Rosendale Harriers     |          |
| 31       | 782      | Chris      | Schofield   | MV50 | 40:11 | Helm Hill              |          |
| 32       | 517      | Tim        | Murray      | MV50 | 40:19 | Helm Hill              |          |
| 33       | 706      | Mark       | Glaister    | MV50 | 40:35 | SBH                    |          |
| 34       | 515      | Jeremy     | Wilkinson   | MV50 | 40:41 | Keighley and Craven AC |          |
| 35       | 556      | Martin     | Smith       | MV50 | 40:42 | Dark Peak Fell Runners |          |
| 36       | 785      | Brian      | Morris      | MV50 | 41:53 | Darwen Dashers         |          |
| 37       | 617      | David      | Johnson     | MV50 | 41:56 | Ambleside              |          |
| 38       | 704      | Andy       | Dalton      | MV50 | 44:15 | SBH                    |          |
| 39       | 815      | Daniel     | Rayson      | MV50 | 44:37 |                        |          |
| 40       | 677      | Stephen    | Moor        | MV50 | 44:56 | Settle Harriers        |          |
| 41       | 622      | Andrew     | Sier        | MV50 | 45:02 |                        |          |
| 42       | 589      | Andrew     | Dewhurst    | MV50 | 49:08 | MS Running Club        |          |
| 43       | 576      | Greg       | Oulton      | MV50 | 49:38 | Lytham St Annes RR     |          |
| 44       | 658      | Gary       | Hollis      | MV50 | 52:27 |                        |          |

**MEN - VET 60**

| Position | Vest no. | First Name | Surname     | Cat  | Time  | Club                 | Comments |
|----------|----------|------------|-------------|------|-------|----------------------|----------|
| 1        | 508      | Billy      | Procter     | MV60 | 33:33 | Helm Hill            | 1st MV60 |
| 2        | 549      | Graham     | Schofield   | MV60 | 34:07 | Horwich RMI Harriers |          |
| 3        | 746      | David      | Holdsworth  | MV60 | 35:11 |                      |          |
| 4        | 636      | Brian      | Thompson    | MV60 | 35:51 | Helm Hill            |          |
| 5        | 639      | Keith      | Tonkin      | MV60 | 36:41 | Border Liners OC     |          |
| 6        | 670      | James      | Crawford    | MV60 | 37:51 | Border Liners OC     |          |
| 7        | 579      | David      | Barnes      | MV60 | 38:18 | Horwich RMI Harriers |          |
| 8        | 680      | Andrew     | Stokes      | MV60 | 38:40 | Dallam               |          |
| 9        | 741      | David      | Roper       | MV60 | 39:17 | Howgill Harriers     |          |
| 10       | 792      | Graham     | Capper      | MV60 | 39:51 | LOC                  |          |
| 11       | 621      | Mike       | Walsh       | MV60 | 39:57 | Kendal AAC           |          |
| 12       | 823      | Steve      | Wathall     | MV60 | 40:31 | Black Combe          |          |
| 13       | 661      | Peter      | Singleton   | MV60 | 41:03 | Blackpool            |          |
| 14       | 780      | Laurence   | Ormerod     | MV60 | 41:20 | Settle Harriers      |          |
| 15       | 653      | Neil       | Hindle      | MV60 | 41:30 | FRA                  |          |
| 16       | 737      | Stuart     | Bell        | MV60 | 41:39 | Kendal AAC           |          |
| 17       | 714      | Pete       | Coe         | MV60 | 41:57 | Helm Hill            |          |
| 18       | 674      | Andy       | Monk        | MV60 | 42:36 | FRA                  |          |
| 19       | 751      | Jerry      | Purkis      | MV60 | 43:10 | LOC                  |          |
| 20       | 610      | Michael    | McLoughlin  | MV60 | 43:18 | Preston Harriers     |          |
| 21       | 629      | John       | Taylor      | MV60 | 43:30 | Bowland FR           |          |
| 22       | 757      | Greg       | Tagney      | MV60 | 43:36 | Dallam               |          |
| 23       | 678      | Chris      | Beesley     | MV60 | 43:44 | Settle Harriers      |          |
| 24       | 562      | Rob        | Sanders     | MV60 | 44:01 | Black Combe          |          |
| 25       | 637      | Keith      | Butterworth | MV60 | 44:53 | Clayton le Moors     |          |
| 26       | 606      | Stephen    | Fish        | MV60 | 47:13 | Clayton le Moors     |          |
| 27       | 641      | Graham     | Schofield   | MV60 | 48:12 | Chorley              |          |
| 28       | 800      | Steven     | Roberts     | MV60 | 49:13 |                      |          |
| 29       | 708      | Chris      | Cash        | MV60 | 49:21 | Darwen Dashers       |          |
| 30       | 809      | Phil       | Corris      | MV60 | 49:50 | Lancs Constabulary   |          |
| 31       | 667      | George     | Thompson    | MV60 | 49:55 | Darwen Dashers       |          |
| 32       | 787      | Ian        | Peters      | MV60 | 50:03 | Hoad Hill Harriers   |          |
| 33       | 659      | Alan       | Smart       | MV60 | 50:58 | Blackpool            |          |
| 34       | 796      | Barry      | Shackleton  | MV60 | 52:20 | Darwen Dashers       |          |
| 35       | 679      | Ben        | Higginson   | MV60 | 52:28 | Preston Harriers     |          |
| 36       | 681      | Phil       | Kirkby      | MV60 | 57:21 | Coniston             |          |
| 37       | 675      | Richard    | Handford    | MV60 | 59:02 | Settle Harriers      |          |
| DNF      | 676      | Wilfred    | Bell        | MV60 | DNF   | Howgill Harriers     |          |



**MEN - VET 70**

| Position | Vest no. | First Name | Surname | Cat  | Time    | Club                | Comments |
|----------|----------|------------|---------|------|---------|---------------------|----------|
| 1        | 605      | Jack       | Holt    | MV70 | 36:42   | Clayton le Moors    | 1st MV70 |
| 2        | 756      | John       | Hodgson | MV70 | 45:50   | Dallam              |          |
| 3        | 627      | Graham     | Breeze  | MV70 | 47:39   | Wharfedale Harriers |          |
| 4        | 616      | Roger      | Hall    | MV70 | 51:34   | Wharfedale Harriers |          |
| 5        | 663      | George     | James   | MV70 | 56:22   | Blackpool           |          |
| 6        | 577      | Phil       | Martin  | MV70 | 1:01:15 | Bowland             |          |
| 7        | 771      | Jim        | Taylor  | MV70 | 1:05:23 | Darwen Dashers      |          |
| 8        | 615      | Joe        | Howard  | MV70 | 1:05:39 | Preston Harriers    |          |
| 9        | 501      | Denis      | Wood    | MV70 | 1:05:44 | Borrowdale          |          |
| 10       | 530      | Bob        | Gibbs   | MV70 | 1:12:04 | LOC                 |          |

**ALL SENIOR LADIES**

| Position | Vest no. | First Name | Surname     | Cat  | Time  | Club                      | Comments |
|----------|----------|------------|-------------|------|-------|---------------------------|----------|
| 1        | 613      | Sarah      | Tunstall    | Lady | 30:57 | Kendal AAC                | 1st Lady |
| 2        | 717      | Kaisleigh  | Atkinson    | Lady | 33:36 |                           | 2nd Lady |
| 3        | 643      | Annabel    | Mason       | Lady | 34:04 | Lancaster & Morecambe AC  | 3rd Lady |
| 4        | 694      | Celia      | Powell      | Lady | 34:37 |                           |          |
| 5        | 649      | Emma       | Johnston    | Lady | 35:01 | Helm Hill                 |          |
| 6        | 752      | Lucy       | Varney      | LV50 | 35:32 | Kendal AAC                | 1st LV50 |
| 7        | 735      | Joanna     | Rycroft     | Lady | 35:40 | Helm Hill                 |          |
| 8        | 566      | Bianca     | Dyer        | LV40 | 35:48 | Helm Hill                 | 1st LV40 |
| 9        | 590      | Nina       | Walkingshaw | LV40 | 35:58 | Howgill Harriers          |          |
| 10       | 795      | Alison     | Richards    | LV40 | 36:44 | Helm Hill                 |          |
| 11       | 529      | Jean       | Brown       | LV50 | 36:54 | Clayton le Moors          |          |
| 12       | 700      | Jenny      | Lyon        | Lady | 36:59 | Dallam Running Club       |          |
| 13       | 631      | Debbie     | Copley      | LV50 | 38:49 | Dallam                    |          |
| 14       | 743      | Chloe      | Brown       | Lady | 38:53 | Howgill Harriers          |          |
| 15       | 818      | Beth       | Dutson      | Lady | 38:59 | Westerlands               |          |
| 16       | 699      | Alexander  | Fairer      | Lady | 39:08 | Black Combe               |          |
| 17       | 620      | Julia      | Sier        | LV40 | 39:11 | Dallam                    |          |
| 18       | 532      | Maïa       | Doherty     | LU21 | 39:46 | Helm Hill                 | 1st LU21 |
| 19       | 807      | Fay        | Tuffen      | LV40 | 40:05 |                           |          |
| 20       | 533      | Claire     | Davies      | Lady | 40:11 | Darwen Dashers            |          |
| 21       | 626      | Joanne     | Taylor      | LV40 | 40:16 | Kendal AAC                |          |
| 22       | 711      | Chloe      | Lumsdon     | Lady | 40:28 | Helm Hill                 |          |
| 23       | 587      | Liz        | McNally     | LV40 | 40:34 | Levens Valley AC          |          |
| 24       | 688      | Caroline   | Holden      | LV50 | 40:38 | Helm Hill                 |          |
| 25       | 612      | Eleanor    | Parker      | Lady | 40:44 | Preston Harriers          |          |
| 26       | 598      | Lorna      | Askew       | LV40 | 40:48 | Helm Hill                 |          |
| 27       | 597      | Maria      | Hearn       | LV40 | 41:01 | Helm Hill                 |          |
| 28       | 690      | Anna       | Bailey      | Lady | 41:09 |                           |          |
| 29       | 647      | Sarah      | Storey      | Lady | 41:16 |                           |          |
| 30       | 768      | Claire     | Farrington  | Lady | 41:19 |                           |          |
| 31       | 546      | Jo         | Appleby     | LV40 | 41:28 | Helm Hill                 |          |
| 32       | 755      | Joanne     | Mcloud      | LV50 | 41:46 | Barrow & Furness striders |          |
| 33       | 773      | Abigail    | Kerr        | Lady | 42:01 |                           |          |
| 34       | 747      | Wendy      | Dodds       | LV60 | 42:15 | Clayton le Moors          | 1st LV60 |
| 35       | 772      | Stephanie  | Heys        | Lady | 42:25 |                           |          |
| 36       | 721      | Grace      | Leedham     | LV50 | 42:33 | Dallam                    |          |
| 37       | 698      | Rowan      | Ranner      | LV40 | 42:41 | Helm Hill                 |          |
| 38       | 703      | Sarah      | Moon        | LV40 | 42:54 |                           |          |
| 39       | 585      | Leah       | Albion      | LU21 | 43:01 | Broughton Runners         |          |
| 40       | 630      | Jo         | Taylor      | LV50 | 43:13 | Bowland FR                |          |
| 41       | 524      | Niki       | Rylance     | LV40 | 43:22 | Ambleside AC              |          |
| 42       | 744      | Megan      | Fitzpatrick | Lady | 43:27 | Helm Hill                 |          |
| 43       | 742      | Francis    | Leach       | Lady | 43:51 | Howgill Harriers          |          |
| 44       | 553      | Kate       | Brayshaw    | LV40 | 43:53 | Helm Hill                 |          |
| 45       | 519      | Helen      | Samson      | LV40 | 43:58 | Helm Hill                 |          |
| 46       | 586      | Eilidh     | Miller      | LU21 | 44:01 | Broughton Runners         |          |
| 47       | 764      | Vicky      | Atkinson    | LV40 | 44:07 | Helm Hill                 |          |
| 48       | 802      | Jackie     | Chapman     | LV60 | 44:26 | LOC                       |          |
| 49       | 514      | Helen      | Wilkinson   | LV40 | 44:44 | Keighley and Craven AC    |          |
| 50       | 814      | Helen      | Barker      | LV40 | 44:46 | Kendal AAC                |          |
| 51       | 812      | Amanda     | Burrow      | LV40 | 44:50 | Helm Hill                 |          |
| 52       | 592      | Jane       | Umpleby     | LV50 | 44:52 | Unattached                |          |
| 53       | 506      | Lynn       | Whittaker   | LV50 | 44:58 | Wharfedale Harriers       |          |
| 54       | 558      | Zoe        | Robinson    | Lady | 45:09 | Howgill Harriers          |          |
| 55       | 503      | Pam        | Bagot       | LV40 | 45:11 | Settle Harriers           |          |
| 56       | 656      | Leslie     | Pateloup    | Lady | 45:38 |                           |          |
| 57       | 511      | Jo         | Grisedale   | LV40 | 45:41 | Helm Hill                 |          |
| 58       | 548      | Paula      | Bowen       | LV40 | 45:42 | Ambleside                 |          |
| 59       | 550      | Libby      | Dixon       | LV40 | 45:44 | Ambleside                 |          |
| 60       | 539      | Jo         | Cater       | LV40 | 45:58 | Helm Hill                 |          |

|     |     |           |               |      |         |                          |  |
|-----|-----|-----------|---------------|------|---------|--------------------------|--|
| 61  | 634 | Elizabeth | Adams         | LV40 | 46:02   | Helm Hill                |  |
| 62  | 762 | Annie     | Carrington    | LV50 | 46:19   | Settle Harriers          |  |
| 63  | 788 | Louise    | Dunn          | LV50 | 46:25   |                          |  |
| 64  | 575 | Pamela    | Hardman       | LV60 | 46:33   | Lytham St Annes RR       |  |
| 65  | 544 | Hanna     | Latty         | LV40 | 47:05   |                          |  |
| 66  | 684 | Sarah     | Senior        | LV50 | 47:19   | Helm Hill                |  |
| 67  | 777 | Caroline  | Wade          | Lady | 47:25   | Helm Hill                |  |
| 68  | 731 | Rachel    | Addison       | Lady | 47:28   | Helm Hill                |  |
| 69  | 665 | Katy      | Thompson      | LV60 | 47:30   | Clayton le Moors         |  |
| 70  | 608 | Veronica  | Waller        | LV40 | 47:35   | Dallam                   |  |
| 71  | 607 | Olga      | Wiggins       | Lady | 48:02   | Preston Harriers         |  |
| 72  | 766 | Patty     | Davies        | LV50 | 48:09   | Helm Hill                |  |
| 73  | 775 | Lindsay   | Harrod        | LV50 | 48:19   | Helm Hill                |  |
| 74  | 689 | Emma      | Blundell      | Lady | 48:35   | Lonsdale                 |  |
| 75  | 537 | Kath      | Brady         | LV50 | 48:46   | Clayton le Moors         |  |
| 76  | 557 | May       | Crawford      | LV40 | 49:09   | Helm Hill                |  |
| 77  | 793 | Karen     | Shackleton    | LV50 | 49:09   | Darwen Dashers           |  |
| 78  | 526 | Wendy     | Smith         | LV40 | 49:19   | Helm Hill                |  |
| 79  | 635 | Tyla      | Crook         | LU21 | 49:32   | Helm Hill                |  |
| 80  | 594 | Caroline  | Beardwood     | LV40 | 49:42   | Helm Hill                |  |
| 81  | 779 | Elaine    | Cowperthwaite | LV50 | 50:04   |                          |  |
| 82  | 776 | Sarah     | Hards         | Lady | 50:05   | Swaledale Harriers       |  |
| 83  | 645 | Simone    | Rigby         | LU21 | 50:38   | Settle Harriers          |  |
| 84  | 541 | Miriam    | Rosen         | LV60 | 50:53   | Lancaster & Morecambe AC |  |
| 85  | 569 | Jennifer  | Weir          | LV40 | 51:02   | Hartfell                 |  |
| 86  | 542 | Ariane    | Domingo       | LV40 | 51:09   | Helm Hill                |  |
| 87  | 504 | Jo        | Matthew       | LV40 | 51:41   | Dallam                   |  |
| 88  | 654 | Emily     | Crossley      | LU21 | 51:52   | Settle Harriers          |  |
| 89  | 651 | Jill      | Gates         | LV50 | 51:57   | Settle Harriers          |  |
| 90  | 806 | Jill      | Leader        | LV60 | 52:06   | Kendal Tri               |  |
| 91  | 655 | Carol     | Downing       | LV50 | 52:26   | Howgill Harriers         |  |
| 92  | 715 | Janet     | Greenhalgh    | LV40 | 52:29   | Darwen Dashers           |  |
| 93  | 527 | Becky     | Gibbs         | LV40 | 52:30   | Helm Hill                |  |
| 94  | 810 | Sonja     | Vietoris      | LV50 | 55:17   |                          |  |
| 95  | 578 | Leonie    | Black         | LV40 | 55:25   | Helm Hill                |  |
| 96  | 726 | Lara      | Williams      | Lady | 56:03   |                          |  |
| 97  | 581 | Rebecca   | Walker        | LV40 | 56:12   | Dallam                   |  |
| 98  | 729 | Janet     | Nash          | LV60 | 56:34   | LOC                      |  |
| 99  | 571 | Zoe       | Parsons       | LV40 | 57:29   | Elvet Striders           |  |
| 100 | 652 | Linda     | Edmondson     | LV50 | 57:43   |                          |  |
| 101 | 693 | Leanne    | Richie        | Lady | 59:40   |                          |  |
| 102 | 683 | Rebecca   | Simms         | LV50 | 1:02:51 | Darwen Dashers           |  |
| 103 | 783 | Alison    | Abbott        | LV40 | 1:02:52 | Darwen Dashers           |  |

**LADIES**

| Position | Vest no. | First Name | Surname     | Cat  | Time  | Club                     | Comments |
|----------|----------|------------|-------------|------|-------|--------------------------|----------|
| 1        | 613      | Sarah      | Tunstall    | Lady | 30:57 | Kendal AAC               | 1st Lady |
| 2        | 717      | Kaisleigh  | Atkinson    | Lady | 33:36 |                          | 2nd Lady |
| 3        | 643      | Annabel    | Mason       | Lady | 34:04 | Lancaster & Morecambe AC | 3rd Lady |
| 4        | 694      | Celia      | Powell      | Lady | 34:37 |                          |          |
| 5        | 649      | Emma       | Johnston    | Lady | 35:01 | Helm Hill                |          |
| 6        | 735      | Joanna     | Rycroft     | Lady | 35:40 | Helm Hill                |          |
| 7        | 700      | Jenny      | Lyon        | Lady | 36:59 | Dallam Running Club      |          |
| 8        | 743      | Chloe      | Brown       | Lady | 38:53 | Howgill Harriers         |          |
| 9        | 818      | Beth       | Dutson      | Lady | 38:59 | Westerlands              |          |
| 10       | 699      | Alexander  | Fairer      | Lady | 39:08 | Black Combe              |          |
| 11       | 532      | Maia       | Doherty     | LU21 | 39:46 | Helm Hill                | 1st LU21 |
| 12       | 533      | Claire     | Davies      | Lady | 40:11 | Darwen Dashers           |          |
| 13       | 711      | Chloe      | Lumsdon     | Lady | 40:28 | Helm Hill                |          |
| 14       | 612      | Eleanor    | Parker      | Lady | 40:44 | Preston Harriers         |          |
| 15       | 690      | Anna       | Bailey      | Lady | 41:09 |                          |          |
| 16       | 647      | Sarah      | Storey      | Lady | 41:16 |                          |          |
| 17       | 768      | Claire     | Farrington  | Lady | 41:19 |                          |          |
| 18       | 773      | Abigail    | Kerr        | Lady | 42:01 |                          |          |
| 19       | 772      | Stephanie  | Heys        | Lady | 42:25 |                          |          |
| 20       | 585      | Leah       | Albion      | LU21 | 43:01 | Broughton Runners        |          |
| 21       | 744      | Megan      | Fitzpatrick | Lady | 43:27 | Helm Hill                |          |
| 22       | 742      | Francis    | Leach       | Lady | 43:51 | Howgill Harriers         |          |
| 23       | 586      | Eilidh     | Miller      | LU21 | 44:01 | Broughton Runners        |          |
| 24       | 558      | Zoe        | Robinson    | Lady | 45:09 | Howgill Harriers         |          |
| 25       | 656      | Leslie     | Pateloup    | Lady | 45:38 |                          |          |
| 26       | 777      | Caroline   | Wade        | Lady | 47:25 | Helm Hill                |          |
| 27       | 731      | Rachel     | Addison     | Lady | 47:28 | Helm Hill                |          |
| 28       | 607      | Olga       | Wiggins     | Lady | 48:02 | Preston Harriers         |          |
| 29       | 689      | Emma       | Blundell    | Lady | 48:35 | Lonsdale                 |          |
| 30       | 635      | Tyla       | Crook       | LU21 | 49:32 | Helm Hill                |          |
| 31       | 776      | Sarah      | Hards       | Lady | 50:05 | Swaledale Harriers       |          |
| 32       | 645      | Simone     | Rigby       | LU21 | 50:38 | Settle Harriers          |          |
| 33       | 654      | Emily      | Crossley    | LU21 | 51:52 | Settle Harriers          |          |
| 34       | 726      | Lara       | Williams    | Lady | 56:03 |                          |          |
| 35       | 693      | Leanne     | Richie      | Lady | 59:40 |                          |          |

**LADIES UNDER 21**

| Position | Vest no. | First Name | Surname  | Cat  | Time  | Club              | Comments |
|----------|----------|------------|----------|------|-------|-------------------|----------|
| 1        | 532      | Maia       | Doherty  | LU21 | 39:46 | Helm Hill         | 1st LU21 |
| 2        | 585      | Leah       | Albion   | LU21 | 43:01 | Broughton Runners |          |
| 3        | 586      | Eilidh     | Miller   | LU21 | 44:01 | Broughton Runners |          |
| 4        | 635      | Tyla       | Crook    | LU21 | 49:32 | Helm Hill         |          |
| 5        | 645      | Simone     | Rigby    | LU21 | 50:38 | Settle Harriers   |          |
| 6        | 654      | Emily      | Crossley | LU21 | 51:52 | Settle Harriers   |          |

**LADIES - VET 40**

| Position | Vest no. | First Name | Surname     | Cat  | Time    | Club                   | Comments |
|----------|----------|------------|-------------|------|---------|------------------------|----------|
| 1        | 566      | Bianca     | Dyer        | LV40 | 35:48   | Helm Hill              | 1st LV40 |
| 2        | 590      | Nina       | Walkingshaw | LV40 | 35:58   | Howgill Harriers       |          |
| 3        | 795      | Alison     | Richards    | LV40 | 36:44   | Helm Hill              |          |
| 4        | 620      | Julia      | Sier        | LV40 | 39:11   | Dallam                 |          |
| 5        | 807      | Fay        | Tuffen      | LV40 | 40:05   |                        |          |
| 6        | 626      | Joanne     | Taylor      | LV40 | 40:16   | Kendal AAC             |          |
| 7        | 587      | Liz        | McNally     | LV40 | 40:34   | Levens Valley AC       |          |
| 8        | 598      | Lorna      | Askew       | LV40 | 40:48   | Helm Hill              |          |
| 9        | 597      | Maria      | Hearn       | LV40 | 41:01   | Helm Hill              |          |
| 10       | 546      | Jo         | Appleby     | LV40 | 41:28   | Helm Hill              |          |
| 11       | 698      | Rowan      | Ranner      | LV40 | 42:41   | Helm Hill              |          |
| 12       | 703      | Sarah      | Moon        | LV40 | 42:54   |                        |          |
| 13       | 524      | Niki       | Rylance     | LV40 | 43:22   | Ambleside AC           |          |
| 14       | 553      | Kate       | Brayshaw    | LV40 | 43:53   | Helm Hill              |          |
| 15       | 519      | Helen      | Samson      | LV40 | 43:58   | Helm Hill              |          |
| 16       | 764      | Vicky      | Atkinson    | LV40 | 44:07   | Helm Hill              |          |
| 17       | 514      | Helen      | Wilkinson   | LV40 | 44:44   | Keighley and Craven AC |          |
| 18       | 814      | Helen      | Barker      | LV40 | 44:46   | Kendal AAC             |          |
| 19       | 812      | Amanda     | Burrow      | LV40 | 44:50   | Helm Hill              |          |
| 20       | 503      | Pam        | Bagot       | LV40 | 45:11   | Settle Harriers        |          |
| 21       | 511      | Jo         | Grisedale   | LV40 | 45:41   | Helm Hill              |          |
| 22       | 548      | Paula      | Bowen       | LV40 | 45:42   | Ambleside              |          |
| 23       | 550      | Libby      | Dixon       | LV40 | 45:44   | Ambleside              |          |
| 24       | 539      | Jo         | Cater       | LV40 | 45:58   | Helm Hill              |          |
| 25       | 634      | Elizabeth  | Adams       | LV40 | 46:02   | Helm Hill              |          |
| 26       | 544      | Hanna      | Latty       | LV40 | 47:05   |                        |          |
| 27       | 608      | Veronica   | Waller      | LV40 | 47:35   | Dallam                 |          |
| 28       | 557      | May        | Crawford    | LV40 | 49:09   | Helm Hill              |          |
| 29       | 526      | Wendy      | Smith       | LV40 | 49:19   | Helm Hill              |          |
| 30       | 594      | Caroline   | Beardwood   | LV40 | 49:42   | Helm Hill              |          |
| 31       | 569      | Jennifer   | Weir        | LV40 | 51:02   | Hartfell               |          |
| 32       | 542      | Ariane     | Domingo     | LV40 | 51:09   | Helm Hill              |          |
| 33       | 504      | Jo         | Matthew     | LV40 | 51:41   | Dallam                 |          |
| 34       | 715      | Janet      | Greenhalgh  | LV40 | 52:29   | Darwen Dashers         |          |
| 35       | 527      | Becky      | Gibbs       | LV40 | 52:30   | Helm Hill              |          |
| 36       | 578      | Leonie     | Black       | LV40 | 55:25   | Helm Hill              |          |
| 37       | 581      | Rebecca    | Walker      | LV40 | 56:12   | Dallam                 |          |
| 38       | 571      | Zoe        | Parsons     | LV40 | 57:29   | Elvet Striders         |          |
| 39       | 783      | Alison     | Abbott      | LV40 | 1:02:52 | Darwen Dashers         |          |



**LADIES - VET 50**

| Position | Vest no. | First Name | Surname       | Cat  | Time    | Club                      | Comments |
|----------|----------|------------|---------------|------|---------|---------------------------|----------|
| 1        | 752      | Lucy       | Varney        | LV50 | 35:32   | Kendal AAC                | 1st LV50 |
| 2        | 529      | Jean       | Brown         | LV50 | 36:54   | Clayton le Moors          |          |
| 3        | 631      | Debbie     | Copley        | LV50 | 38:49   | Dallam                    |          |
| 4        | 688      | Caroline   | Holden        | LV50 | 40:38   | Helm Hill                 |          |
| 5        | 755      | Joanne     | Mcloud        | LV50 | 41:46   | Barrow & Furness striders |          |
| 6        | 721      | Grace      | Leedham       | LV50 | 42:33   | Dallam                    |          |
| 7        | 630      | Jo         | Taylor        | LV50 | 43:13   | Bowland FR                |          |
| 8        | 592      | Jane       | Umpleby       | LV50 | 44:52   | Unattached                |          |
| 9        | 506      | Lynn       | Whittaker     | LV50 | 44:58   | Wharfedale Harriers       |          |
| 10       | 762      | Annie      | Carrington    | LV50 | 46:19   | Settle Harriers           |          |
| 11       | 788      | Louise     | Dunn          | LV50 | 46:25   |                           |          |
| 12       | 684      | Sarah      | Senior        | LV50 | 47:19   | Helm Hill                 |          |
| 13       | 766      | Patty      | Davies        | LV50 | 48:09   | Helm Hill                 |          |
| 14       | 775      | Lindsay    | Harrod        | LV50 | 48:19   | Helm Hill                 |          |
| 15       | 537      | Kath       | Brady         | LV50 | 48:46   | Clayton le Moors          |          |
| 16       | 793      | Karen      | Shackleton    | LV50 | 49:09   | Darwen Dashers            |          |
| 17       | 779      | Elaine     | Cowperthwaite | LV50 | 50:04   |                           |          |
| 18       | 651      | Jill       | Gates         | LV50 | 51:57   | Settle Harriers           |          |
| 19       | 655      | Carol      | Downing       | LV50 | 52:26   | Howgill Harriers          |          |
| 20       | 810      | Sonja      | Vietoris      | LV50 | 55:17   |                           |          |
| 21       | 652      | Linda      | Edmondson     | LV50 | 57:43   |                           |          |
| 22       | 683      | Rebecca    | Simms         | LV50 | 1:02:51 | Darwen Dashers            |          |

**LADIES - VET 60**

| Position | Vest no. | First Name | Surname  | Cat  | Time  | Club                     | Comments |
|----------|----------|------------|----------|------|-------|--------------------------|----------|
| 1        | 747      | Wendy      | Dodds    | LV60 | 42:15 | Clayton le Moors         | 1st LV60 |
| 2        | 802      | Jackie     | Chapman  | LV60 | 44:26 | LOC                      |          |
| 3        | 575      | Pamela     | Hardman  | LV60 | 46:33 | Lytham St Annes RR       |          |
| 4        | 665      | Katy       | Thompson | LV60 | 47:30 | Clayton le Moors         |          |
| 5        | 541      | Miriam     | Rosen    | LV60 | 50:53 | Lancaster & Morecambe AC |          |
| 6        | 806      | Jill       | Leader   | LV60 | 52:06 | Kendal Tri               |          |
| 7        | 729      | Janet      | Nash     | LV60 | 56:34 | LOC                      |          |

**UNDER 17 BOYS**

| Position | Vest no. | First Name | Surname      | Cat | Time  | Club                 | Comments |
|----------|----------|------------|--------------|-----|-------|----------------------|----------|
| 1        | 72       | Eric       | Beaumont     | Boy | 16:49 | Keighley & Craven AC | 1st Boy  |
| 2        | 118      | Toby       | Umpleby      | Boy | 17:01 | Kendal AAC           | 2nd Boy  |
| 3        | 67       | Jack       | Villiers     | Boy | 17:17 | Barlick Fell Runners | 3rd Boy  |
| 4        | 25       | Ollie      | Sanders      | Boy | 17:22 | Helm Hill            |          |
| 5        | 49       | Alex       | Tallon       | Boy | 17:28 | Helm Hill            |          |
| 6        | 146      | Alfie      | Thorpe       | Boy | 19:33 | Broughton Runners    |          |
| 7        | 87       | Adam       | Scott        | Boy | 19:38 | Helm Hill            |          |
| 8        | 147      | Sonny      | Ashton-Fitch | Boy | 20:25 | Settle Harriers      |          |
| 9        | 108      | Oliver     | Corbett      | Boy | 21:49 |                      |          |
| 10       | 9        | Alex       | Matthew      | Boy | 22:16 | Dallam               |          |
| 11       | 112      | Joseph     | Morgan       | Boy | 22:22 | Kendal AAC           |          |

**UNDER 17 GIRLS**

| Position | Vest no. | First Name | Surname   | Cat  | Time  | Club                    | Comments |
|----------|----------|------------|-----------|------|-------|-------------------------|----------|
| 1        | 36       | Chloe      | Rylance   | Girl | 19:13 | Ambleside AC            | 1st Girl |
| 2        | 73       | Emily      | Swarbrick | Girl | 21:32 | Cumberland Fell Runners | 2nd Girl |
| 3        | 145      | Ella       | Beardwood | Girl | 23:19 | Helm Hill               | 3rd Girl |
| 4        | 94       | Freya      | Richards  | Girl | 23:27 | Helm Hill               |          |
| 5        | 105      | Becky      | Dyer      | Girl | 25:25 | Helm Hill               |          |

**UNDER 15 BOYS**

| Position | Vest no. | First Name  | Surname    | Cat | Time  | Club                | Comments |
|----------|----------|-------------|------------|-----|-------|---------------------|----------|
| 1        | 65       | Thomas      | Brailsford | Boy | 08:28 | Ambleside           | 1st Boy  |
| 2        | 78       | Dylan       | Cater      | Boy | 08:40 | Helm Hill           | 2nd Boy  |
| 3        | 32       | John        | Bardsley   | Boy | 08:48 |                     | 3rd Boy  |
| 4        | 121      | Ben         | Greenep    | Boy | 08:51 | Kendal AAC          |          |
| 5        | 57       | Jack        | Dixon      | Boy | 09:13 | Ambleside           |          |
| 6        | 37       | Joseph      | Rigby      | Boy | 09:16 | Helm Hill           |          |
| 7        | 39       | Christopher | Brown      | Boy | 09:26 | Clayton le Moors    |          |
| 8        | 81       | Thomas      | Adams      | Boy | 09:31 | CFR                 |          |
| 9        | 99       | Isaac       | Robinson   | Boy | 09:35 | Howgill Harriers    |          |
| 10       | 139      | Jamie       | Waller     | Boy | 09:40 | Dallam              |          |
| 11       | 52       | Caius       | Pennington | Boy | 09:43 | Howgill Harriers    |          |
| 12       | 131      | Vladimir    | Wiggins    | Boy | 10:03 | Preston Harriers    |          |
| 13       | 69       | Oliver      | Willoughby | Boy | 10:32 | Helm Hill           |          |
| 14       | 129      | Travis      | Coucom     | Boy | 10:44 | Helm Hill           |          |
| 15       | 88       | Reece       | Kinley     | Boy | 10:48 | Helm Hill           |          |
| 16       | 148      | Joel        | Saunders   | Boy | 10:49 | Helm Hill           |          |
| 17       | 96       | Toby        | Harper     | Boy | 11:02 | Ambleside           |          |
| 18       | 90       | Nathon      | Ritchie    | Boy | 11:15 | Levens Valley AC    |          |
| 19       | 16       | Finley      | Grisedale  | Boy | 11:23 | Helm Hill           |          |
| 20       | 101      | George      | Campbell   | Boy | 11:25 | Howgill Harriers    |          |
| 21       | 10       | Benjamin    | Grundy     | Boy | 13:16 | Wharfedale Harriers |          |

**UNDER 15 GIRLS**

| Position | Vest no. | First Name | Surname         | Cat  | Time  | Club                 | Comments |
|----------|----------|------------|-----------------|------|-------|----------------------|----------|
| 1        | 91       | Amelie     | Lane            | Girl | 08:54 | Wharfedale Harriers  | 1st Girl |
| 2        | 35       | Sophie     | Rylance         | Girl | 09:01 | Ambleside AC         | 2nd Girl |
| 3        | 59       | Sarah      | Smith           | Girl | 09:04 | Helm Hill            | 3rd Girl |
| 4        | 27       | Clara      | Samson          | Girl | 09:34 | Helm Hill            |          |
| 5        | 19       | Charlotte  | Wilkinson       | Girl | 09:44 | Horwich RMI Harriers |          |
| 6        | 7        | Elodie     | Malcolm         | Girl | 09:44 | Helm Hill            |          |
| 7        | 46       | Elise      | Tallon          | Girl | 09:48 | Helm Hill            |          |
| 8        | 30       | Melissa    | McIntosh        | Girl | 10:05 | Border Harriers      |          |
| 9        | 76       | Fayth      | Bowness         | Girl | 10:14 | CFR                  |          |
| 10       | 28       | Ruby       | Woodward        | Girl | 10:19 |                      |          |
| 11       | 98       | Ciara      | Duffy           | Girl | 10:30 | Barlick Fell Runners |          |
| 12       | 62       | Vicky      | Woof            | Girl | 11:04 | Howgill Harriers     |          |
| 13       | 8        | Cate       | Matthew         | Girl | 11:26 | Dallam               |          |
| 14       | 143      | Beau       | Walkingshaw     | Girl | 11:40 | Howgill Harriers     |          |
| 15       | 89       | Megan      | de Lacy-Perkins | Girl | 12:49 | Salt Ayre            |          |



**UNDER 13 BOYS**

| Position | Vest no. | First Name | Surname         | Cat | Time  | Club                   | Comments |
|----------|----------|------------|-----------------|-----|-------|------------------------|----------|
| 1        | 63       | Archie     | Peaker          | Boy | 07:21 | Keighley and Craven AC | 1st Boy  |
| 2        | 136      | Will       | McNally         | Boy | 07:32 | Levens Valley AC       | 2nd Boy  |
| 3        | 5        | Rowan      | Ashworth        | Boy | 07:38 | Ambleside              | 3rd Boy  |
| 4        | 54       | Simon      | Rigby           | Boy | 07:46 | Helm Hill              |          |
| 5        | 2        | Alfie      | Addison         | Boy | 07:57 | Helm Hill              |          |
| 6        | 24       | Ewen       | Wilkinson       | Boy | 08:05 | Keighley and Craven AC |          |
| 7        | 120      | Leo        | Ranner          | Boy | 08:05 | Helm Hill              |          |
| 8        | 13       | Ben        | Allmond         | Boy | 08:17 | Ambleside              |          |
| 9        | 100      | Toby       | Acland          | Boy | 08:18 | Helm Hill              |          |
| 10       | 141      | Aaran      | Revill          | Boy | 08:30 | Helm Hill              |          |
| 11       | 124      | Finn       | Houston         | Boy | 08:32 |                        |          |
| 12       | 97       | Ewan       | Black           | Boy | 08:40 | Helm Hill              |          |
| 13       | 75       | Stanley    | Metcalfe        | Boy | 08:41 |                        |          |
| 14       | 138      | Sam        | Greenep         | Boy | 08:52 | Kendal AAC             |          |
| 15       | 50       | Cameron    | Dunn            | Boy | 08:55 | Helm Hill              |          |
| 16       | 41       | Marvin     | Gibbs           | Boy | 08:59 | Helm Hill              |          |
| 17       | 42       | Jude       | Evans           | Boy | 09:01 | Ambleside              |          |
| 18       | 85       | Andrew     | Mitchell        | Boy | 09:08 | Howgill Harriers       |          |
| 19       | 82       | Ned        | Whitaker        | Boy | 09:14 | Settle Harriers        |          |
| 20       | 38       | Aaron      | Smith           | Boy | 09:15 | Howgill Harriers       |          |
| 21       | 14       | Cameron    | Storey          | Boy | 09:28 |                        |          |
| 22       | 93       | Peter      | de Lacy-Perkins | Boy | 09:30 | Salt Ayre              |          |
| 23       | 137      | Thomas     | Hearn           | Boy | 09:42 | Helm Hill              |          |
| 24       | 113      | Theo       | Robinson        | Boy | 10:06 | Howgill Harriers       |          |
| 25       | 53       | Finlay     | Aitken          | Boy | 10:35 | Helm Hill              |          |

**UNDER 13 GIRLS**

| Position | Vest no. | First Name  | Surname    | Cat  | Time  | Club                    | Comments |
|----------|----------|-------------|------------|------|-------|-------------------------|----------|
| 1        | 117      | Lucille     | Pickles    | Girl | 08:14 | Barlick Fell Runners    | 1st Girl |
| 2        | 106      | Olivia      | Swarbrick  | Girl | 08:37 | Cumberland Fell Runners | 2nd Girl |
| 3        | 102      | Ella        | Martindale | Girl | 08:41 | Helm Hill               | 3rd Girl |
| 4        | 44       | Charlotte   | Peart      | Girl | 08:45 | Settle Harriers         |          |
| 5        | 29       | Amber       | McIntosh   | Girl | 08:58 | Border Harriers         |          |
| 6        | 11       | Lara        | Smith      | Girl | 09:00 | Helm Hill               |          |
| 7        | 74       | Hester      | Metcalfe   | Girl | 09:01 | Ambleside AC            |          |
| 8        | 3        | Lucy        | Bagot      | Girl | 09:33 | Settle Harriers         |          |
| 9        | 84       | Connie-Maye | Scott      | Girl | 09:40 | Kendal AAC              |          |
| 10       | 33       | Emma        | Duxbury    | Girl | 09:58 | Ambleside               |          |
| 11       | 79       | Ellen       | Dickson    | Girl | 10:08 | Ambleside               |          |
| 12       | 60       | Katie       | Lewis      | Girl | 10:14 | Howgill Harriers        |          |
| 13       | 130      | Daisy       | Lees       | Girl | 10:23 | Ambleside               |          |
| 14       | 12       | Seren       | Green      | Girl | 10:41 | Ambleside AC            |          |
| 15       | 128      | Hannah      | Dyer       | Girl | 10:47 | Helm Hill               |          |
| 16       | 58       | Jessica     | Oakey      | Girl | 10:49 | Settle Harriers         |          |
| 17       | 17       | Lily -Grace | Clayton    | Girl | 10:51 | Barlick Fell Runners    |          |
| 18       | 126      | Sophie      | Goodall    | Girl | 11:02 |                         |          |
| 19       | 22       | Isobelle    | Wilkinson  | Girl | 11:51 | Horwich                 |          |
| 20       | 122      | Alicia      | Crawford   | Girl | 12:02 | Helm Hill               |          |
| 21       | 23       | Emily       | Kerr       | Girl | 13:54 |                         |          |
| 22       | 77       | Isabella    | Latty      | Girl | 13:58 | Settle Harriers         |          |
| DNF      | 103      | Madeleine   | Martindale | Girl | DNF   | Helm Hill               |          |

**UNDER 11 BOYS**

| Position | Vest no. | First Name | Surname    | Cat | Time  | Club                 | Comments |
|----------|----------|------------|------------|-----|-------|----------------------|----------|
| 1        | 21       | Joseff     | Tancrel    | Boy | 08:15 | Helm Hill            | 1st Boy  |
| 2        | 6        | Tom        | Ashworth   | Boy | 08:20 | Ambleside            | 2nd Boy  |
| 3        | 15       | Harvey     | Shaw       | Boy | 08:27 | Ambleside            | 3rd Boy  |
| 4        | 115      | Alfie      | Tipping    | Boy | 08:45 | Kendal AAC           |          |
| 5        | 66       | Blake      | Fleming    | Boy | 08:49 | Hoad Hill Harriers   |          |
| 6        | 104      | Will       | Brayshaw   | Boy | 08:57 | Helm Hill            |          |
| 7        | 51       | Fraser     | Dunn       | Boy | 09:19 | Helm Hill            |          |
| 8        | 111      | Alex       | Speight    | Boy | 09:20 |                      |          |
| 9        | 56       | Ivan       | Winder     | Boy | 09:27 | Levens Valley AC     |          |
| 10       | 47       | Jackson    | Bottomley  | Boy | 09:29 | Helm Hill            |          |
| 11       | 61       | Thomas     | Lewis      | Boy | 09:39 | Howgill Harriers     |          |
| 12       | 133      | Jack       | Moon       | Boy | 09:44 | Helm Hill            |          |
| 13       | 127      | Jack       | Gilpin     | Boy | 09:46 |                      |          |
| 14       | 109      | William    | Hargreaves | Boy | 09:50 | Ambleside            |          |
| 15       | 134      | Ben        | Todhunter  | Boy | 09:51 | Unattached           |          |
| 16       | 125      | Aaron      | Goodall    | Boy | 09:57 |                      |          |
| 17       | 70       | George     | Gardiner   | Boy | 10:03 | Helm Hill            |          |
| 18       | 114      | Gus        | Campbell   | Boy | 10:13 | Howgill Harriers     |          |
| 19       | 140      | Brodie     | Revill     | Boy | 10:26 | Helm Hill            |          |
| 20       | 86       | Luke       | Mitchell   | Boy | 10:42 | Howgill Harriers     |          |
| 21       | 26       | Edward     | Shawcross  | Boy | 10:54 |                      |          |
| 22       | 142      | Harry      | Singleton  | Boy | 10:59 |                      |          |
| 23       | 18       | Oscar      | Clayton    | Boy | 11:10 | Barlick Fell Runners |          |
| 24       | 55       | Zach       | Thomas     | Boy | 11:14 | COLT                 |          |
| 25       | 132      | Thomas     | Iveson     | Boy | 11:14 | Ambleside AC         |          |
| 26       | 123      | Freddie    | Crawford   | Boy | 12:15 | Helm Hill            |          |
| 27       | 31       | Tommy      | Brodrick   | Boy | 12:32 | Ambleside            |          |

### UNDER 11 GIRLS

| Position | Vest no. | First Name | Surname         | Cat  | Time  | Club                     | Comments |
|----------|----------|------------|-----------------|------|-------|--------------------------|----------|
| 1        | 107      | Ella       | Brayshaw        | Girl | 09:04 | Lancaster & Morecambe AC | 1st Girl |
| 2        | 45       | Millie     | Jebb            | Girl | 09:17 | Helm Hill                | 2nd Girl |
| 3        | 71       | Carla      | Gardiner        | Girl | 09:20 | Helm Hill                | 3rd Girl |
| 4        | 110      | Eve        | Briffett        | Girl | 09:30 |                          |          |
| 5        | 80       | Isabella   | Wright          | Girl | 09:31 | Wharfedale Harriers      |          |
| 6        | 119      | Emmy       | Ranner          | Girl | 09:32 | Helm Hill                |          |
| 7        | 95       | Elissa     | Kinley          | Girl | 09:39 | Helm Hill                |          |
| 8        | 34       | Ruby       | Duxbury         | Girl | 09:49 | Ambleside                |          |
| 9        | 92       | Robyn      | de Lacy-Perkins | Girl | 10:16 | Salt Ayre                |          |
| 10       | 43       | Tess       | Evans           | Girl | 10:28 | Ambleside                |          |
| 11       | 64       | Florrie    | Haddow          | Girl | 10:40 | Furness Fell Runners     |          |
| 12       | 48       | Jasmine    | Bottomley       | Girl | 10:40 | Helm Hill                |          |
| 13       | 40       | Tess       | Gibbs           | Girl | 10:44 | Helm Hill                |          |
| 14       | 116      | Rowan      | McCann          | Girl | 11:13 |                          |          |
| 15       | 135      | Ellie      | Todhunter       | Girl | 11:16 | Unattached               |          |
| 16       | 83       | Mabel      | Whitaker        | Girl | 11:37 | Settle Harriers          |          |
| 17       | 68       | Poppy      | Cater           | Girl | 11:40 | Helm Hill                |          |
| 18       | 4        | Francesca  | Bagot           | Girl | 11:43 | Settle Harriers          |          |
| 19       | 1        | Megan      | Harris          | Girl | 12:27 | Helm Hill                |          |
| 20       | 144      | Sadie      | Walkingshaw     | Girl | 12:33 | Eden Runners             |          |

