



Supported by Different Strokes

Sedbergh School - Results 25 February 2018

Senior Race							
Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	4	Michael	Ainsworth	Man	26:06	Helm Hill	1st Man
2	51	Tom	Addison	Man	26:15	Helm Hill	2nd Man
3	454	Reuben	Copley	MU21	27:26	Barrow	3rd Man/1st MU21
4	1152	Benjamin	Forrest	MU21	27:29	Rossendale	
5	280	Harvey	Lord	Man	27:56	Black Combe	
6	457	Jospeh	Twigg	MU21	28:15	Lancaster & Morecambe	
7	402	Jos	Addison	Man	28:28	Helm Hill	
8	185	Jacob	Aubrey	MU21	28:30	Helm Hill	
9	95	Jonathon	Lowther	Man	28:36	Helm Hill	
10	279	Richard	Wells	MV40	28:45	Howgill Harriers	1st MV40
11	99	Phil	Mather	Man	28:50	Lonsdale	
12	260	Laurie	Kearsey	Man	28:52	Helm Hill	
13	87	Scott	Umpleby	MV50	28:55	Kendal AAC	1st MV50
14	1257	Felix	Kirsten	Boy	28:59	Sedbergh School	
15	228	Peter	Rigby	Man	29:39		
16	30	Brian	Pennington	MV40	29:51	Howgill Harriers	
17	24	Craig	Burrow	MV40	30:03	Helm Hill	
18	425	Hannah	Russell	LU21	30:04	Helm Hill	1st Lady/1st LU21
19	207	Ross	Jenkin	Man	30:16	Howgill Harriers	
20	49	Jacob	Dyer	MV40	30:19	Helm Hill	
21	26	Daniel	Malcolm	MV40	30:23	Helm Hill	
22	10	Jake	Lowther	Man	30:25	Helm Hill	
23	79	Jake	Cooper	MU21	30:26	Leven Valley	
24	146	Martin	Askew	MU21	30:40	Helm Hill	
25	225	Kelli	Roberts	Lady	30:49	Helm Hill	2nd Lady
26	183	Ben	Whitham	Man	30:59		
27	284	Justin	Tancrel	MV40	31:09		
28	308	Stephen	Nicholls	Man	31:12	Wigan & District	
29	45	James	Baron	MV50	31:15	Helm Hill	
30	447	John	Hosker	Man	31:18	Howgill Harriers	
31	451	Ian	Willis	MV40	31:21	KCAC	
32	136	Declan	Bulmer	Man	31:42	Wharfedale	
33	362	Mark	Cropper	MV40	31:44	Helm Hill	
34	1190	Ben	Kirkman	MU21	31:46	Rossendale	
35	452	Jon	Richardson	Man	31:49	Rossendale	
36	23	Imogen	Burrow	LU21	31:54	Helm Hill	3rd Lady
37	53	Steven	Middleton	MV40	32:04	Howgill Harriers	
38	261	Emma	Johnston	Lady	32:11	Helm Hill	
39	127	John	Rainford	MV50	32:14	Preston Harriers	
40	177	David	Griffin	MV50	32:24	Dallam	
41	117	Simon	Fox	MV50	32:30	Darwen Dashers	
42	448	Simon	Wright	MV50	32:35	Bingley	
43	263	Tim	Pickering	Man	32:46	Helm Hill	
44	98	Rowan	Wood	Man	32:50	Lonsdale	
45	194	Dominic	Merchant	Man	32:52	Helm Hill	
46	174	Alistair	Hearn	MV40	32:53	Helm Hill	
47	309	Joseph	Sharples	Man	32:55	Preston Harriers	
48	192	Brian	Thompson	MV60	33:16	Helm Hill	1st MV60
49	237	James	Todhunter	Man	33:18	Helm Hill	
50	314	Ray	Gill	MV50	33:20	Dallam	
51	267	Carol	Evans	LV50	33:29	Settle	1st LV50
52	25	Tom	Matthew	MV40	33:48	Bowland	
53	343	Mick	Kirkman	MV50	34:03	Rossendale	

54	48	Bianca	Dyer	LV40	34:22	Helm Hill	1st LV40
55	62	David	Appleyard	MV50	34:26	Helm Hill	
56	455	Roger	Taylor	MV50	34:32	Preston Harriers	
57	1209	Thomas	Ward	MU21	34:45	Helm Hill	
58	12	Tim	Murray	MV50	34:45	Helm Hill	
59	205	Ronald	Hummelink	Man	34:46	Lonsdale	
60	17	Ali	Richards	LV40	34:59	Helm Hill	
61	235	Tyrone	Lewis	MV50	35:02	Dallam	
62	40	Jonny	Grisedale	MV40	35:05	Helm Hill	
63	203	Toby	Johnson	MV40	35:09	Helm Hill	
64	85	Ian	Hutchinson	MV50	35:18	Bowland Fell Runners	
65	86	Joey	Umpleby	MU21	35:28	Kendal AAC	
66	130	Amy	Slattery	LU21	35:30	Helm Hill	
67	105	Paul	Corkill	Man	35:31	Levens Valley AC	
68	322	Kate	Simpson	LV40	35:40	Helm Hill	
69	266	Andy	Evans	MV50	35:51	Settle	
70	42	Andy	Holden	MV50	36:01	Wharfedale	
71	449	Gavin	Clar??	Man	36:02		
72	106	Peter	Singleton	MV60	36:05	Blackpool	
73	8	Jayne	Rigby	LV40	36:13	Helm Hill	
74	436	David	Hunter	MV50	36:19	Helm Hill	
75	63	Erica	Evans	Lady	36:24	Ambleside	
76	460	Mike	Cooper	MV40	36:58	Leven Valley	
77	75	Andy	Mingay	Man	37:03	Eden Runners	
78	178	Caroline	Lambert	LV40	37:12		
79	274	Rowan	Ranner	LV40	37:40	Helm Hill	
80	443	Jessica	Bagnall	LV40	38:07	Settle	
81	305	Steve	Taylor	MV60	38:11	Preston Harriers	
82	6	David	Barnes	MV60	38:13	Horwich	
83	186	Liz	McNally	LV40	38:26	Leven Valley	
84	201	Katie	Palmer	LV40	38:27	Helm Hill	
85	286	Pete	Coe	MV60	38:27	Helm Hill	
86	33	Leah	Albion	LU21	38:31	Broughton	
87	264	Anne Marie	Swallow	LV40	38:41		
88	149	Rachel	Slattery	LV40	38:45	Helm Hill	
89	380	Jo	Appleby	LV40	38:47	Helm Hill	
90	102	Jo	Taylor	LV50	38:49	Bowland	
91	34	Joanne	Pennington	LV40	38:59	Kendal AAC	
92	96	Helen	Barker	LV40	39:23	Kendal AAC	
93	41	Lynn	Whittaker	LV50	39:28	Wharfedale	
94	173	Michael	McLoughlin	MV60	40:16	Preston Harriers	
95	453	Maria	Hearn	LV40	40:29	Helm Hill	
96	37	Jo	Cater	Lady	40:31	Helm Hill	
97	437	Jane	Umpleby	LV50	41:06		
98	458	Richard	Milne	MV50	41:17	Trawden	
99	64	Kate	Brayshaw	LV40	41:22	Helm Hill	
100	103	John	Taylor	MV60	41:41	Bowland	
101	246	John	Hodgson	MV70	41:54	Dallam	1st MV70
102	55	Barry	Scholes	MV60	42:16	Settle	
103	313	Vicky	Kirkwood	LV40	42:40	Dallam	
104	151	Gordon	Thompson	MV50	43:03	Preston Harriers	
105	58	Anastasia	Winder	Lady	43:06	Leven Valley	
106	459	Helena	Lewis	LV50	43:08	Dallam	
107	285	Vicky	Atkinson	LV40	43:30	Helm Hill	
108	202	Greg	Oulton	MV50	44:23	Lytham	
109	230	Ian	Peters	MV60	44:34	Glaxo	
110	68	Pam	Bagot	LV40	44:39	Settle	
111	334	Elizabeth	Adams	LV40	44:50	Helm Hill	
112	450	Ariane	Gardiner	LV40	45:05		
113	83	Rebecca	Atkinson	Lady	45:44		
114	345	Stephen	Fish	MV60	46:31	Clayton Le Moors	
115	2	Wendy	Smith	LV40	48:51	Helm Hill	

116	93	Jill	Gates	LV50	49:24	Settle	
117	374	Lynda	Hargreaves	LV50	50:00	Wharfedale	
118	371	Jo	Matthew	LV40	51:59		
119	120	Philip	Kirkby	MV60	55:37	Coniston	
120	456	Paul	Willams	MV50	56:43		
121	15	Denis	Wood	MV70	57:08	Borrowdale	

Under 17 Race							
Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	1081	Matthew	Knowles	Boy	16:15	Lancaster & Morecambe	1st Boy
2	1189	Eric	Beaumont	Boy	17:18	KCAC	2nd Boy
3	1241	Kurtis	Mitton	Boy	17:23	Rosendale	3rd Boy
4	1038	Jacob	Smith	Boy	17:51	Kendal AAC	
5	1133	Toby	Umpleby	Boy	18:22	Kendal AAC	
6	1207	Bernadette	Raven	Girl	19:41	Ilkley	1st Girl
7	1255	Jack	Rigal	Boy	20:00	Sedbergh School	
8	1244	Adam	Williamson	Boy	20:31	Levens Valley AC	
9	1130	Harvey	Cooper	Boy	20:55	Leven Valley	
10	1007	Vaughan	Samson	Boy	21:02	Helm Hill	
11	1120	Adam	Scott	Boy	21:20	Kendal	
12	1074	Maia	Doherty	Girl	21:26	Helm Hill	2nd Girl
13	1097	Lottie	Beardwood	Girl	21:59	Helm Hill	3rd Girl
14	1073	Becky	Dyer	Girl	24:15	Helm Hill	
15	1134	Emily	Crossley	Girl	28:05	Settle	

Under 15 Race							
Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	1179	Jack	Villiers	Boy	10:02	Barlick Fell Runners	1st Boy
2	1050	William	Hall	Boy	10:07	Calder Valley	2nd Boy
3	1054	Alex	Tallon	Boy	10:15	Helm Hill	3rd Boy
4	1037	Ben	Smith	Boy	10:22	Kendal AAC	
5	1256	Tommy	Calvert	Boy	10:34	Sedbergh School	
6	1003	Henry	Hunter	Boy	10:35	Helm Hill	
7	1149	Finley	Corkill	Boy	10:37	Levens Valley AC	
8	1180	Sonny	Ashton-Fitch	Boy	10:49	Settle	
9	1045	Dylan	Cater	Boy	10:52	Helm Hill	
10	1170	Olesia	Winder	Girl	10:58	Leven Valley	1st Girl
11	1205	Edward	Sargent	Boy	11:03	Hoad Hill Harriers	
12	1088	Ben	Greenep	Boy	11:09	Settle	
13	1100	Joe	Clayton	Boy	11:32	Helm Hill	
14	1028	Holly	Dobson	Girl	11:35	Ambleside	2nd Girl
15	1017	Elodie	Malcolm	Girl	11:42	Helm Hill	3rd Girl
16	1253	Addison	Willis	Boy	11:48	Wharfedale	
17	1167	Alex	Matthew	Boy	12:13		
18	1098	Ella	Beardwood	Girl	12:23	Helm Hill	
19	1234	Ciara	Duffy	Girl	13:25	Barlick Fell Runners	
20	1126	Freya	Richards	Girl	13:41	Helm Hill	
21	1051	Finley	Grisedale	Boy	14:00	Helm Hill	
22	1113	Nathan	Ritchie	Boy	14:04	Hoad Hill Harriers	
23	1121	Benjamin	Grundy	Boy	17:53	Wharfedale	
24	1006	Ollie	Sanders	Boy	dnf	Helm Hill	

Under 13 Race

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	1211	Oliver	Smith	Boy	07:11	Helm Hill	1st Boy
2	1025	Rowan	Ashworth	Boy	07:21	Ambleside	2nd Boy
3	1001	Joseph	Rigby	Boy	07:24	Helm Hill	3rd Boy
4	1035	Sarah	Smith	Girl	07:24	Helm Hill	1st Girl
5	1164	Harry	Ewbank	Boy	07:27	Eden	
6	1166	Will	McNally	Boy	07:29	Leven Valley	
7	1247	Jack	Barker	Boy	07:31	Kendal AAC	
8	1198	Evie	Taylor	Girl	07:38	Rossendale	2nd Girl
9	1141	Alex	Graham	Boy	07:46	Ambleside	
10	1145	Alfie	Addison	Boy	07:49	Helm Hill	
11	1056	Elise	Tallon	Girl	07:52	Helm Hill	3rd Girl
12	1148	Jack	Sanderson	Boy	07:55	Settle	
13	1063	Patrick	Casey	Boy	07:57	Calder Valley	
14	1127	Arran	Revill	Boy	08:00	Helm Hill	
15	1052	Harvey	Shaw	Boy	08:01	Ambleside	
16	1174	Sam	Greenep	Boy	08:04	Settle	
17	1031	Caius	Pennington	Boy	08:04	Howgill Harriers	
18	1008	Clara	Samson	Girl	08:06	Helm Hill	
19	1082	Jody	Middleton	Boy	08:07	Howgill Harriers	
20	1243	Jim	Canty	Boy	08:12		
21	1173	Leo	Ranner	Boy	08:18	Helm Hill	
22	1184	Joseff	Tancrel	Boy	08:21		
23	1099	Charlie	Clayton	Boy	08:24	Helm Hill	
24	1251	Adam	Hall	Boy	08:25	Howgill Harriers	
25	1128	Matthew	Gornall	Boy	08:29	Ambleside	
26	1091	Ella	Martindale	Girl	08:31	Helm Hill	
27	1228	Andrew	Mitchell	Boy	08:32	Howgill Harriers	
28	1254	Grace	Wells	Girl	08:34	Howgill Harriers	
29	1022	Jamie	Graham	Boy	08:35	Ambleside	
30	1032	Aaron	Smith	Boy	08:37	Howgill Harriers	
31	1246	Faith	Bowness	Girl	08:39	Cumberland	
32	1093	Charlotte	Peart	Girl	08:42	Settle	
33	1005	Richard	Goode-Smith	Boy	08:47	Ambleside	
34	1115	Samuel	Jackson	Boy	08:48	Helm Hill	
35	1004	Luke	Campbell	Boy	08:49	Ambleside	
36	1114	Will	Brayshaw	Boy	08:50	Helm Hill	
37	1116	Euan	Wells	Boy	08:56	Howgill Harriers	
38	1233	Garth	Duffy	Boy	08:57	Barlick Fell Runners	
39	1232	Lucille	Pickles	Girl	08:59	Barlick Fell Runners	
40	1033	Ellen	Dickson	Girl	09:04	Ambleside	
41	1078	Toby	Harper	Boy	09:07	Ambleside	
42	1248	Isabella	Wright	Girl	09:08	Wharfedale	
43	1111	Jude	Evans	Boy	09:12	Ambleside	
44	1061	Oliver	Brummitt	Boy	09:20	Settle	
45	1172	Arran	Goodall	Boy	09:22		
46	1019	Emma	Duxbury	Girl	09:25	Ambleside	
47	1118	Connie-May	Scott	Girl	09:27	Kendal	
48	1117	Lucy	Bagot	Girl	09:29	Settle	
49	1077	Vicky	Woof	Girl	09:41	Howgill Harriers	
50	1249	Carla	Gardiner	Girl	09:43	Helm Hill	
51	1215	John	Williamson	Boy	09:45	Leven Valley	
52	1238	Roan	Saunders	Boy	09:54	Ambleside	
53	1092	Madeleine	Martindale	Girl	09:57		
54	1103	Joel	Saunders	Boy	10:02	Helm Hill	
55	1200	Harry	Ball	Boy	10:06	Lancaster & Morecambe	
56	1196	William	Hargreaves	Boy	10:07	Ambleside	
57	1075	Katie	Lowis	Girl	10:10	Howgill Harriers	
58	1250	George	Gardiner	Boy	10:10	Helm Hill	
59	1016	Cate	Matthew	Girl	10:11		
60	1168	Broadie	Revill	Boy	10:13	Helm Hill	

61	1216	Ellie	Todhunter	Girl	10:16		
62	1199	Oliver	Ball	Boy	10:23	Lancaster & Morecambe	
63	1024	Rory	Knowles	Boy	10:27	Ambleside	
64	1023	Patrick	Wood	Boy	10:38	Ambleside	
65	1096	Alicia	Crawford	Girl	10:39	Helm Hill	
66	1124	Tess	Evans	Girl	10:40	Ambleside	
67	1146	Ella	Stamp	Girl	10:45	Dallam	
68	1132	Bridget	Atkinson	Girl	10:54		
69	1071	Hannah	Dyer	Girl	10:58	Helm Hill	
70	1109	Poppy	Scott	Girl	10:59		
71	1070	Seren	Green	Girl	11:11	Ambleside	
72	1094	Sophie	Hearn	Girl	11:19		
73	1065	Eleanor	King	Girl	11:37	Helm Hill	
74	1144	Lauren	Evans	Girl	11:50	Settle	
75	1102	Ava	Saunders	Girl	12:03		
76	1055	Megan	Harris	Girl	12:12	Helm Hill	
77	1252	Betsy	Willis	Girl	12:22	Wharfedale	
78	1240	Jonah	Hughes	Boy	13:49	Helm Hill	

Sedbergh School 2018 Category Results

ALL SENIOR MEN

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	4	Michael	Ainsworth	Man	26:06	Helm Hill	1st Man
2	51	Tom	Addison	Man	26:15	Helm Hill	2nd Man
3	454	Reuben	Copley	MU21	27:26	Barrow	3rd Man/1st MU21
4	1152	Benjamin	Forrest	MU21	27:29	Rossendale	
5	280	Harvey	Lord	Man	27:56	Black Combe	
6	457	Jospeh	Twigg	MU21	28:15	Lancaster & Morecambe	
7	402	Jos	Addison	Man	28:28	Helm Hill	
8	185	Jacob	Aubrey	MU21	28:30	Helm Hill	
9	95	Jonathon	Lowther	Man	28:36	Helm Hill	
10	279	Richard	Wells	MV40	28:45	Howgill Harriers	1st MV40
11	99	Phil	Mather	Man	28:50	Lonsdale	
12	260	Laurie	Kearsey	Man	28:52	Helm Hill	
13	87	Scott	Umpleby	MV50	28:55	Kendal AAC	1st MV50
14	228	Peter	Rigby	Man	29:39		
15	30	Brian	Pennington	MV40	29:51	Howgill Harriers	
16	24	Craig	Burrow	MV40	30:03	Helm Hill	
17	207	Ross	Jenkin	Man	30:16	Howgill Harriers	
18	49	Jacob	Dyer	MV40	30:19	Helm Hill	
19	26	Daniel	Malcolm	MV40	30:23	Helm Hill	
20	10	Jake	Lowther	Man	30:25	Helm Hill	
21	79	Jake	Cooper	MU21	30:26	Leven Valley	
22	146	Martin	Askew	MU21	30:40	Helm Hill	
23	183	Ben	Whitham	Man	30:59		
24	284	Justin	Tancrel	MV40	31:09		
25	308	Stephen	Nicholls	Man	31:12	Wigan & District	
26	45	James	Baron	MV50	31:15	Helm Hill	
27	447	John	Hosker	Man	31:18	Howgill Harriers	
28	451	Ian	Willis	MV40	31:21	KCAC	
29	136	Declan	Bulmer	Man	31:42	Wharfedale	
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35	177	David	Griffin	MV50	32:24	Dallam	
36	117	Simon	Fox	MV50	32:30	Darwen Dashers	
37	448	Simon	Wright	MV50	32:35	Bingley	
38	263	Tim	Pickering	Man	32:46	Helm Hill	
39	98	Rowan	Wood	Man	32:50	Lonsdale	
40	194	Dominic	Merchant	Man	32:52	Helm Hill	
41	174	Alistair	Hearn	MV40	32:53	Helm Hill	
42	309	Joseph	Sharples	Man	32:55	Preston Harriers	
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44	237	James	Todhunter	Man	33:18	Helm Hill	
45	314	Ray	Gill	MV50	33:20	Dallam	
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55	203	Toby	Johnson	MV40	35:09	Helm Hill	
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67	6	David	Barnes	MV60	38:13	Horwich	
68	286	Pete	Coe	MV60	38:27	Helm Hill	
69	173	Michael	McLoughlin	MV60	40:16	Preston Harriers	
70	458	Richard	Milne	MV50	41:17	Trawden	
71	103	John	Taylor	MV60	41:41	Bowland	
72	246	John	Hodgson	MV70	41:54	Dallam	1st MV70
73	55	Barry	Scholes	MV60	42:16	Settle	
74	151	Gordon	Thompson	MV50	43:03	Preston Harriers	
75	202	Greg	Oulton	MV50	44:23	Lytham	
76	230	Ian	Peters	MV60	44:34	Glaxo	
77	345	Stephen	Fish	MV60	46:31	Clayton Le Moors	
78	120	Philip	Kirkby	MV60	55:37	Coniston	
79	456	Paul	Willams	MV50	56:43		
80	15	Denis	Wood	MV70	57:08	Borrowdale	

MEN

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22	452	Jon	Richardson	Man	31:49	Rossendale	
23	263	Tim	Pickering	Man	32:46	Helm Hill	
24	98	Rowan	Wood	Man	32:50	Lonsdale	
25	194	Dominic	Merchant	Man	32:52	Helm Hill	
26	309	Joseph	Sharples	Man	32:55	Preston Harriers	
27	237	James	Todhunter	Man	33:18	Helm Hill	
28	1209	Thomas	Ward	MU21	34:45	Helm Hill	
29	205	Ronald	Hummelink	Man	34:46	Lonsdale	
30	86	Joey	Umpleby	MU21	35:28	Kendal AAC	
31	105	Paul	Corkill	Man	35:31	Levens Valley AC	
32	449	Gavin	Clar??	Man	36:02		
33	75	Andy	Mingay	Man	37:03	Eden Runners	

MEN UNDER 21

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	454	Reuben	Copley	MU21	27:26	Barrow	3rd Man/1st MU21
2	1152	Benjamin	Forrest	MU21	27:29	Rosendale	
3	457	Jospeh	Twigg	MU21	28:15	Lancaster & Morecambe	
4	185	Jacob	Aubrey	MU21	28:30	Helm Hill	
5	79	Jake	Cooper	MU21	30:26	Leven Valley	
6	146	Martin	Askew	MU21	30:40	Helm Hill	
7	1190	Ben	Kirkman	MU21	31:46	Rosendale	
8	1209	Thomas	Ward	MU21	34:45	Helm Hill	
9	86	Joey	Umpleby	MU21	35:28	Kendal AAC	

MEN - VET 40

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	279	Richard	Wells	MV40	28:45	Howgill Harriers	1st MV40
2	30	Brian	Pennington	MV40	29:51	Howgill Harriers	
3	24	Craig	Burrow	MV40	30:03	Helm Hill	
4	49	Jacob	Dyer	MV40	30:19	Helm Hill	
5	26	Daniel	Malcolm	MV40	30:23	Helm Hill	
6	284	Justin	Tancrel	MV40	31:09		
7	451	Ian	Willis	MV40	31:21	KCAC	
8	362	Mark	Cropper	MV40	31:44	Helm Hill	
9	53	Steven	Middleton	MV40	32:04	Howgill Harriers	
10	174	Alistair	Hearn	MV40	32:53	Helm Hill	
11	25	Tom	Matthew	MV40	33:48	Bowland	
12	40	Jonny	Grisedale	MV40	35:05	Helm Hill	
13	203	Toby	Johnson	MV40	35:09	Helm Hill	
14	460	Mike	Cooper	MV40	36:58	Leven Valley	

MEN - VET 50

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	87	Scott	Umpleby	MV50	28:55	Kendal AAC	1st MV50
2	45	James	Baron	MV50	31:15	Helm Hill	
3	127	John	Rainford	MV50	32:14	Preston Harriers	
4	177	David	Griffin	MV50	32:24	Dallam	
5	117	Simon	Fox	MV50	32:30	Darwen Dashers	
6	448	Simon	Wright	MV50	32:35	Bingley	
7	314	Ray	Gill	MV50	33:20	Dallam	
8	343	Mick	Kirkman	MV50	34:03	Rosendale	
9	62	David	Appleyard	MV50	34:26	Helm Hill	
10	455	Roger	Taylor	MV50	34:32	Preston Harriers	
11	12	Tim	Murray	MV50	34:45	Helm Hill	
12	235	Tyrone	Lewis	MV50	35:02	Dallam	
13	85	Ian	Hutchinson	MV50	35:18	Bowland Fell Runners	
14	266	Andy	Evans	MV50	35:51	Settle	
15	42	Andy	Holden	MV50	36:01	Wharfedale	
16	436	David	Hunter	MV50	36:19	Helm Hill	
17	458	Richard	Milne	MV50	41:17	Trawden	
18	151	Gordon	Thompson	MV50	43:03	Preston Harriers	
19	202	Greg	Oulton	MV50	44:23	Lytham	
20	456	Paul	Willams	MV50	56:43		

MEN - VET 60

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	192	Brian	Thompson	MV60	33:16	Helm Hill	1st MV60
2	106	Peter	Singleton	MV60	36:05	Blackpool	
3	305	Steve	Taylor	MV60	38:11	Preston Harriers	
4	6	David	Barnes	MV60	38:13	Horwich	
5	286	Pete	Coe	MV60	38:27	Helm Hill	
6	173	Michael	McLoughlin	MV60	40:16	Preston Harriers	
7	103	John	Taylor	MV60	41:41	Bowland	
8	55	Barry	Scholes	MV60	42:16	Settle	
9	230	Ian	Peters	MV60	44:34	Glaxo	
10	345	Stephen	Fish	MV60	46:31	Clayton Le Moors	
11	120	Philip	Kirkby	MV60	55:37	Coniston	

MEN - VET 70

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	246	John	Hodgson	MV70	41:54	Dallam	1st MV70
2	15	Denis	Wood	MV70	57:08	Borrowdale	

ALL SENIOR LADIES

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	425	Hannah	Russell	LU21	30:04	Helm Hill	1st Lady/1st LU21
2	225	Kelli	Roberts	Lady	30:49	Helm Hill	2nd Lady
3	23	Imogen	Burrow	LU21	31:54	Helm Hill	3rd Lady
4	261	Emma	Johnston	Lady	32:11	Helm Hill	
5	267	Carol	Evans	LV50	33:29	Settle	1st LV50
6	48	Bianca	Dyer	LV40	34:22	Helm Hill	1st LV40
7	17	Ali	Richards	LV40	34:59	Helm Hill	
8	130	Amy	Slattery	LU21	35:30	Helm Hill	
9	322	Kate	Simpson	LV40	35:40	Helm Hill	
10	8	Jayne	Rigby	LV40	36:13	Helm Hill	
11	63	Erica	Evans	Lady	36:24	Ambleside	
12	178	Caroline	Lambert	LV40	37:12		
13	274	Rowan	Ranner	LV40	37:40	Helm Hill	
14	443	Jessica	Bagnall	LV40	38:07	Settle	
15	186	Liz	McNally	LV40	38:26	Leven Valley	
16	201	Katie	Palmer	LV40	38:27	Helm Hill	
17	33	Leah	Albion	LU21	38:31	Broughton	
18	264	Anne Marie	Swallow	LV40	38:41		
19	149	Rachel	Slattery	LV40	38:45	Helm Hill	
20	380	Jo	Appleby	LV40	38:47	Helm Hill	
21	102	Jo	Taylor	LV50	38:49	Bowland	
22	34	Joanne	Pennington	LV40	38:59	Kendal AAC	
23	96	Helen	Barker	LV40	39:23	Kendal AAC	
24	41	Lynn	Whittaker	LV50	39:28	Wharfedale	
25	453	Maria	Hearn	LV40	40:29	Helm Hill	
26	37	Jo	Cater	Lady	40:31	Helm Hill	
27	437	Jane	Umpleby	LV50	41:06		
28	64	Kate	Brayshaw	LV40	41:22	Helm Hill	
29	313	Vicky	Kirkwood	LV40	42:40	Dallam	
30	58	Anastasia	Winder	Lady	43:06	Leven Valley	
31	459	Helena	Lewis	LV50	43:08	Dallam	
32	285	Vicky	Atkinson	LV40	43:30	Helm Hill	
33	68	Pam	Bagot	LV40	44:39	Settle	
34	334	Elizabeth	Adams	LV40	44:50	Helm Hill	
35	450	Ariane	Gardiner	LV40	45:05		
36	83	Rebecca	Atkinson	Lady	45:44		
37	2	Wendy	Smith	LV40	48:51	Helm Hill	
38	93	Jill	Gates	LV50	49:24	Settle	
39	374	Lynda	Hargreaves	LV50	50:00	Wharfedale	
40	371	Jo	Matthew	LV40	51:59		

LADIES

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	425	Hannah	Russell	LU21	30:04	Helm Hill	1st Lady/1st LU21
2	225	Kelli	Roberts	Lady	30:49	Helm Hill	2nd Lady
3	23	Imogen	Burrow	LU21	31:54	Helm Hill	3rd Lady
4	261	Emma	Johnston	Lady	32:11	Helm Hill	
5	130	Amy	Slattery	LU21	35:30	Helm Hill	
6	63	Erica	Evans	Lady	36:24	Ambleside	
7	33	Leah	Albion	LU21	38:31	Broughton	
8	37	Jo	Cater	Lady	40:31	Helm Hill	
9	58	Anastasia	Winder	Lady	43:06	Leven Valley	
10	83	Rebecca	Atkinson	Lady	45:44		

LADIES UNDER 21

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	425	Hannah	Russell	LU21	30:04	Helm Hill	1st Lady/1st LU21
2	23	Imogen	Burrow	LU21	31:54	Helm Hill	3rd Lady
3	130	Amy	Slattery	LU21	35:30	Helm Hill	
4	33	Leah	Albion	LU21	38:31	Broughton	

LADIES - VET 40

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	48	Bianca	Dyer	LV40	34:22	Helm Hill	1st LV40
2	17	Ali	Richards	LV40	34:59	Helm Hill	
3	322	Kate	Simpson	LV40	35:40	Helm Hill	
4	8	Jayne	Rigby	LV40	36:13	Helm Hill	
5	178	Caroline	Lambert	LV40	37:12		
6	274	Rowan	Ranner	LV40	37:40	Helm Hill	
7	443	Jessica	Bagnall	LV40	38:07	Settle	
8	186	Liz	McNally	LV40	38:26	Leven Valley	
9	201	Katie	Palmer	LV40	38:27	Helm Hill	
10	264	Anne Marie	Swallow	LV40	38:41		
11	149	Rachel	Slattery	LV40	38:45	Helm Hill	
12	380	Jo	Appleby	LV40	38:47	Helm Hill	
13	34	Joanne	Pennington	LV40	38:59	Kendal AAC	
14	96	Helen	Barker	LV40	39:23	Kendal AAC	
15	453	Maria	Hearn	LV40	40:29	Helm Hill	
16	64	Kate	Brayshaw	LV40	41:22	Helm Hill	
17	313	Vicky	Kirkwood	LV40	42:40	Dallam	
18	285	Vicky	Atkinson	LV40	43:30	Helm Hill	
19	68	Pam	Bagot	LV40	44:39	Settle	
20	334	Elizabeth	Adams	LV40	44:50	Helm Hill	
21	450	Ariane	Gardiner	LV40	45:05		
22	2	Wendy	Smith	LV40	48:51	Helm Hill	
23	371	Jo	Matthew	LV40	51:59		

LADIES - VET 50

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	267	Carol	Evans	LV50	33:29	Settle	1st LV50
2	102	Jo	Taylor	LV50	38:49	Bowland	
3	41	Lynn	Whittaker	LV50	39:28	Wharfedale	
4	437	Jane	Umpleby	LV50	41:06		
5	459	Helena	Lewis	LV50	43:08	Dallam	
6	93	Jill	Gates	LV50	49:24	Settle	
7	374	Lynda	Hargreaves	LV50	50:00	Wharfedale	

LADIES - VET 60							
Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments

UNDER 17 BOYS

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	1081	Matthew	Knowles	Boy	16:15	Lancaster & Morecambe	1st Boy
2	1189	Eric	Beaumont	Boy	17:18	KCAC	2nd Boy
3	1241	Kurtis	Mitton	Boy	17:23	Rosendale	3rd Boy
4	1038	Jacob	Smith	Boy	17:51	Kendal AAC	
5	1133	Toby	Umpleby	Boy	18:22	Kendal AAC	
6	1255	Jack	Rigal	Boy	20:00	Sedbergh School	
7	1244	Adam	Williamson	Boy	20:31	Levens Valley AC	
8	1130	Harvey	Cooper	Boy	20:55	Leven Valley	
9	1007	Vaughan	Samson	Boy	21:02	Helm Hill	
10	1120	Adam	Scott	Boy	21:20	Kendal	

UNDER 17 GIRLS

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	1207	Bernadette	Raven	Girl	19:41	Ilkley	1st Girl
2	1074	Maia	Doherty	Girl	21:26	Helm Hill	2nd Girl
3	1097	Lottie	Beardwood	Girl	21:59	Helm Hill	3rd Girl
4	1073	Becky	Dyer	Girl	24:15	Helm Hill	
5	1134	Emily	Crossley	Girl	28:05	Settle	

UNDER 15 BOYS

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	1179	Jack	Villiers	Boy	10:02	Barlick Fell Runners	1st Boy
2	1050	William	Hall	Boy	10:07	Calder Valley	2nd Boy
3	1054	Alex	Tallon	Boy	10:15	Helm Hill	3rd Boy
4	1037	Ben	Smith	Boy	10:22	Kendal AAC	
5	1256	Tommy	Calvert	Boy	10:34	Sedbergh School	
6	1003	Henry	Hunter	Boy	10:35	Helm Hill	
7	1149	Finley	Corkill	Boy	10:37	Levens Valley AC	
8	1180	Sonny	Ashton-Fitch	Boy	10:49	Settle	
9	1045	Dylan	Cater	Boy	10:52	Helm Hill	
10	1205	Edward	Sargent	Boy	11:03	Hoad Hill Harriers	
11	1088	Ben	Greenep	Boy	11:09	Settle	
12	1100	Joe	Clayton	Boy	11:32	Helm Hill	
13	1253	Addison	Willis	Boy	11:48	Wharfedale	
14	1167	Alex	Matthew	Boy	12:13		
15	1051	Finley	Grisedale	Boy	14:00	Helm Hill	
16	1113	Nathan	Ritchie	Boy	14:04	Hoad Hill Harriers	
17	1121	Benjamin	Grundy	Boy	17:53	Wharfedale	
dnf	1006	Ollie	Sanders	Boy	dnf	Helm Hill	

UNDER 15 GIRLS

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	1170	Olesia	Winder	Girl	10:58	Leven Valley	1st Girl
2	1028	Holly	Dobson	Girl	11:35	Ambleside	2nd Girl
3	1017	Elodie	Malcolm	Girl	11:42	Helm Hill	3rd Girl
4	1098	Ella	Beardwood	Girl	12:23	Helm Hill	
5	1234	Ciara	Duffy	Girl	13:25	Barlick Fell Runners	
6	1126	Freya	Richards	Girl	13:41	Helm Hill	

UNDER 13 BOYS

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	1211	Oliver	Smith	Boy	07:11	Helm Hill	1st Boy
2	1025	Rowan	Ashworth	Boy	07:21	Ambleside	2nd Boy
3	1001	Joseph	Rigby	Boy	07:24	Helm Hill	3rd Boy
4	1164	Harry	Ewbank	Boy	07:27	Eden	
5	1166	Will	McNally	Boy	07:29	Leven Valley	
6	1247	Jack	Barker	Boy	07:31	Kendal AAC	
7	1141	Alex	Graham	Boy	07:46	Ambleside	
8	1145	Alfie	Addison	Boy	07:49	Helm Hill	
9	1148	Jack	Sanderson	Boy	07:55	Settle	
10	1063	Patrick	Casey	Boy	07:57	Calder Valley	
11	1127	Arran	Revill	Boy	08:00	Helm Hill	
12	1052	Harvey	Shaw	Boy	08:01	Ambleside	
13	1174	Sam	Greenep	Boy	08:04	Settle	
14	1031	Caius	Pennington	Boy	08:04	Howgill Harriers	
15	1082	Jody	Middleton	Boy	08:07	Howgill Harriers	
16	1243	Jim	Canty	Boy	08:12		
17	1173	Leo	Ranner	Boy	08:18	Helm Hill	
18	1184	Joseff	Tancrel	Boy	08:21		
19	1099	Charlie	Clayton	Boy	08:24	Helm Hill	
20	1251	Adam	Hall	Boy	08:25	Howgill Harriers	
21	1128	Matthew	Gornall	Boy	08:29	Ambleside	
22	1228	Andrew	Mitchell	Boy	08:32	Howgill Harriers	
23	1022	Jamie	Graham	Boy	08:35	Ambleside	
24	1032	Aaron	Smith	Boy	08:37	Howgill Harriers	
25	1005	Richard	Goode-Smith	Boy	08:47	Ambleside	
26	1115	Samuel	Jackson	Boy	08:48	Helm Hill	
27	1004	Luke	Campbell	Boy	08:49	Ambleside	
28	1114	Will	Brayshaw	Boy	08:50	Helm Hill	
29	1116	Euan	Wells	Boy	08:56	Howgill Harriers	
30	1233	Garth	Duffy	Boy	08:57	Barlick Fell Runners	
31	1078	Toby	Harper	Boy	09:07	Ambleside	
32	1111	Jude	Evans	Boy	09:12	Ambleside	
33	1061	Oliver	Brummitt	Boy	09:20	Settle	
34	1172	Arran	Goodall	Boy	09:22		
35	1215	John	Williamson	Boy	09:45	Leven Valley	
36	1238	Roan	Saunders	Boy	09:54	Ambleside	
37	1103	Joel	Saunders	Boy	10:02	Helm Hill	
38	1200	Harry	Ball	Boy	10:06	Lancaster & Morecambe	
39	1196	William	Hargreaves	Boy	10:07	Ambleside	
40	1250	George	Gardiner	Boy	10:10	Helm Hill	
41	1168	Broadie	Revill	Boy	10:13	Helm Hill	
42	1199	Oliver	Ball	Boy	10:23	Lancaster & Morecambe	
43	1024	Rory	Knowles	Boy	10:27	Ambleside	
44	1023	Patrick	Wood	Boy	10:38	Ambleside	
45	1240	Jonah	Hughes	Boy	13:49	Helm Hill	

UNDER 13 GIRLS

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	1035	Sarah	Smith	Girl	07:24	Helm Hill	1st Girl
2	1198	Evie	Taylor	Girl	07:38	Rossendale	2nd Girl
3	1056	Elise	Tallon	Girl	07:52	Helm Hill	3rd Girl
4	1008	Clara	Samson	Girl	08:06	Helm Hill	
5	1091	Ella	Martindale	Girl	08:31	Helm Hill	
6	1254	Grace	Wells	Girl	08:34	Howgill Harriers	
7	1246	Faith	Bowness	Girl	08:39	Cumberland	
8	1093	Charlotte	Peart	Girl	08:42	Settle	
9	1232	Lucille	Pickles	Girl	08:59	Barlick Fell Runners	
10	1033	Ellen	Dickson	Girl	09:04	Ambleside	
11	1248	Isabella	Wright	Girl	09:08	Wharfedale	
12	1019	Emma	Duxbury	Girl	09:25	Ambleside	
13	1118	Connie-May	Scott	Girl	09:27	Kendal	
14	1117	Lucy	Bagot	Girl	09:29	Settle	
15	1077	Vicky	Woof	Girl	09:41	Howgill Harriers	
16	1249	Carla	Gardiner	Girl	09:43	Helm Hill	
17	1092	Madeleine	Martindale	Girl	09:57		
18	1075	Katie	Lowis	Girl	10:10	Howgill Harriers	
19	1016	Cate	Matthew	Girl	10:11		
20	1216	Ellie	Todhunter	Girl	10:16		
21	1096	Alicia	Crawford	Girl	10:39	Helm Hill	
22	1124	Tess	Evans	Girl	10:40	Ambleside	
23	1146	Ella	Stamp	Girl	10:45	Dallam	
24	1132	Bridget	Atkinson	Girl	10:54		
25	1071	Hannah	Dyer	Girl	10:58	Helm Hill	
26	1109	Poppy	Scott	Girl	10:59		
27	1070	Seren	Green	Girl	11:11	Ambleside	
28	1094	Sophie	Hearn	Girl	11:19		
29	1065	Eleanor	King	Girl	11:37	Helm Hill	
30	1144	Lauren	Evans	Girl	11:50	Settle	
31	1102	Ava	Saunders	Girl	12:03		
32	1055	Megan	Harris	Girl	12:12	Helm Hill	
33	1252	Betsy	Willis	Girl	12:22	Wharfedale	