



Stairway to Mushroom!



A virtual uphill race for Helm Hill juniors.



START



FINISH

How does it work?

- Start at the pedestrian traffic light directly outside the Oxfam bookshop opposite the Town Hall;
- Run uphill (180m ascent) until you finish 2.1 miles later at the Mushroom shelter at Scout Scar;
- Time your run anyway you like – **for safety, you can stop your timer when crossing roads;**
- Race anytime during Half-Term week Saturday 12 February – Sunday 21 February;
- The route map over the page shows the road-crossings to take care on;
- If you need someone to run with your child to act as a 'hare' please let your coach know and we will do our best to provide a coach to accompany your child (or children) at a safe COVID distance – you simply just need to provide a consent text/email.

Any rules?

1. Please remind your children to 'Stop, look and listen when crossing roads';
2. Please keep to all COVID guidance including social distancing and travel rules – we fully recognise not everyone will be able to compete (Sorry)!
3. Send an email with your name, time and age to virtualracing@helmhill.co.uk by midnight Sunday 21 February to count!

Results

- Anyone who completes this virtual race can add it to their Club Colours sheet;
- Individual times will be posted to the website and/or Facebook page;
- Categories are: U9, U11, U13, U15 and U17, based on your child's age on the day of their run;
- A box of chocolate (and bottle of sanitiser!) will be hidden near the finish (photo to follow nearer the race window) – collect your Bounty!!!

Do your best and ENJOY!



Route Map

