

Birkrigg Common Race, Kendal Winter League, Cumbria

16th February 2003

Results courtesy of Alan Westworth

Pos	F	Name	V40	V50	V60	Club	Time
1		Tom Tipping (REC)				Inverclyde	17.46
2		Quentin Harding	1			Bowland Fell Runners	19.05
3		Shaun Addison	2			Helm Hill	19.12
4		Damien Scholes				Keighley + Craven	19.37
5		Mike Addison	3			Helm Hill	19.44
6		Peter McWade		1		Clayton-le-Moors Harriers	20.14
7		Chris Fellows				Unattached	20.52
8		Harvey Gott		2		Northern Vets AC	21.01
9		Denis Metcalfe		3		Hoad Hill Harriers	21.03
10		Ryan Kennedy	4			Settle Harriers	21.29
11		Garry Beardwood				Westmorland Triathletes	21.44
12		Paul Tuson	5			Kendal AC	22.02
13		Russell Cannon	6			Helm Hill	22.06
	1	Karen Slater (REC)				Settle Harriers	22.13
14		Richard Sewell	7			Helm Hill	22.24
15		Mike Cronshaw		4		Unattached	22.27
16		Pete Davison				Kendal AC	22.41
17		Lyndon Dixon	8			Helm Hill	22.45
18		Kevin Rogan	9			W/dale	23.01
19		Trevor Metcalfe		5		Settle Harriers	23.31
20		Barry Scholes		6		Unattached	23.47
21		Dave Till	10			Helm Hill	24.17
22		Barry Slater	11			Settle Harriers	24.30
23		Geoff Barrett	12			Helm Hill	24.34
	2	Sue Harding				Bowland Fell Runners	25.09
24		Neil Dyson		7		Mandale Harriers	25.25
25		Paul Rogan		8		W/dale	25.53
	3	Kate Rogan				W/dale	26.05
26		Andrew Biddle	13			West Pennine	27.15
	4	Lynn Whitaker				W/dale	27.34
27		Ian Conway		9		Helm Hill	27.46
	5	Yvonne Procter				Helm Hill	28.11
28		Ron Bray			1	Blackpool	28.27
	6	Nicole Slater				Settle Harriers	30.04

Boys under 17

1	Kieran Alderson (REC)	Helm Hill	16.00
2	Adam Crowe	Unattached	16.23
3	Anthony Hayes	Darwen Dashers	17.03

4	Mark Barnes-Davis	Helm Hill	DNS
---	-------------------	-----------	-----

Boys under 14

1	Ryan Thornborrow (REC)	Helm Hill	9.11
2	Tom Addison	Helm Hill	9.50
3	Ben Morphet	Cumberland Fell Runners	10.13
4	Kyle Biddle	Pendle AC	11.48

Boys under 12

1	Alex Till	Dallam AC	5.26
2	Jos Addison	Helm Hill	5.30
3	Lewis Robinson	Helm Hill	5.38
4	Niall Till	Helm Hill	5.40
5	Callum Styott	Dallam AC	5.41
6	Matthew Fretwell	Unattached	5.48
7	Cameron Roberts	Kendal AC	5.50
8	Tom Doyle	Kendal AC	5.52
9	Martin Barnes	Helm Hill	5.55
10	Rory Addison	Helm Hill	6.06
11	Joshua Parkinson	Helm Hill	6.22
12	Ryan Waddington	Unattached	6.32
13	George Sewell	Helm Hill	6.47
14	Nathan Robb	Helm Hill	6.58
15	Christopher Tuson	Unattached	7.07

Girls under 17

1	Samantha Morphet (REC)	Unattached	26.57
---	------------------------	------------	-------

Girls under 14

1	Gemma Crowther (REC)	Helm Hill	10.05
2	Rosie Parkinson	Helm Hill	10.22
3	Grace Biddle	Pendle AC	11.12
4	Katie Robinson	Helm Hill	12.32
5	Holly Fellow	Unattached	14.23

Girls under 12

1	Jenny Addison (REC)	Helm Hill	5.28
2	Rosie Addison	Helm Hill	6.45
3	Melanie Morphet	Cumberland Fell Runners	6.59
4	Zoe Harding	Bowland Fell Runners	7.07
5	Katrin Harding	Bowland Fell Runners	7.09
6	Charlotte Todd	Helm Hill	7.20
7	Hannah Sewell	Helm Hill	7.22
8	Faith Biddle	Unattached	7.23

[Back to year index](#) - [Top of page](#)