

Scout Scar Race, Kendal Winter League

16th March 2003

Results courtesy of Alan Westworth - all races over new courses today

Men - 4.5 miles, 300ft

Pos	Name	V40	V50	V60	Club	Time
1	Damien Scholes				Keighley & Craven AC	27.45
2	Quentin Harding	1			Bowland Fell Runners	27.55
3	Peter McWade		1		Clayton-le-Moors Harriers	29.47
4	Andy Holden				Wharfedale	30.10
5	Vic Richards				Ambleside	30.35
6	Harvey Gott		2		Northern Vets AC	30.42
7	Brian Kennedy	2			Settle Harriers	30.55
8	Ivan Holdsworth				Helsby	31.14
9	Ian Palmer				Unattached	31.21
10	Richard Sewell	3			Helm Hill	32.09
11	Barry Scholes		3		Unattached	32.35
12	Kevin Rogan	4			Wharfedale	32.52
13	Lyndon Dixon	5			Helm Hill	33.09
14	Dave Till	6			Helm Hill	33.50
15	Mark Bennett				Wharfedale	33.51
16	Trevor Metcalfe		4		Settle Harriers	34.13
17	Geoff Barrett	7			Helm Hill	34.26
18	Dave Woodbridge	8			Kendal AC	35.00
19	Paul Rogan		5		Wharfedale	35.18
20	Barry Slater	9			Settle Harriers	36.40
21	Ian Shedden		6		Howgill Harriers	36.52
22	Neil Dyson		7		Mandale	37.17
23	Steven Blacow				Unattached	37.51
24	Andrew Biddle	10			West Pennine Runners	39.05
25	Rod Martindale	11			Dallam AC	39.26
26	Ian Conway		8		Helm Hill	39.29
27	Tom Targett		9		Clayton-le-Moors Harriers	40.40
28	Ron Bray			1	Blackpool	41.23
29	Les Prenton		10		Unattached	41.44

Women - 4.5 miles, 300ft

Pos	Name	Club	Time
1	Karen Slater	Settle Harriers	31.39
2	Sue Harding	Bowland Fell Runners	35.56
3	Lynn Whitaker	Wharfedale	38.38
4	Katie Rogan	Wharfedale	38.55
5	Kerry Blacow	Unattached	40.57
6	Alison Naylor	Unattached	43.22
7	Katherine Archibald	Unattached	46.29
8	Nicole Slater	Settle Harriers	49.21

Boys under 17 - 2.5 miles, 250 ft

Pos	Name	Club	Time
1	Carl Robinson	Kendal AC	18.22
2	Mark Addison	Helm Hill	19.19
3	Robert Blenkharn	Helm Hill	19.27
4	Tom Rodgers	Settle Harriers	20.08
5	Mark Barnes-Davis	Unattached	20.32
6	Adam Crowe	Unattached	21.01

Boys under 14 - 1.5 miles 50 ft

Pos	Name	Club	Time
1	Ryan Thornborrow	Helm Hill	9.39
2	Tom Addison	Helm Hill	10.02
3	Sam Radcliffe	Unattached	10.32
4	Ben Morphet	Cumberland Fell Runners	10.50
5	Kyle Biddle	Pendle AC	12.18

Boys under 12 - 1.0 miles 20 ft

Pos	Name	Club	Time
1	Jonathan Wright	Helm Hill	6.59
2	Cameron Roberts	Kendal AC	7.04
3	Jos Addison	Helm Hill	7.05
4	Matthew Fretwell	Unattached	7.16
5	Alex Till	Dallam AC	7.22
6	Niall Till	Helm Hill	7.27
7	Tom Doyle	Kendal AC	7.39
8	Joshua Parkinson	Helm Hill	7.51
9	Rory Addison	Helm Hill	7.53
10	Jonathan Knox	Helm Hill	8.23
11	Ryan Waddington	Unattached	8.25
12	James Knox	Helm Hill	8.30
13	Nathan Robb	Helm Hill	8.51
14	Matthew Jackson	Helm Hill	9.32
15	George Sewell	Helm Hill	9.46
16	Matthew Cannon	Helm Hill	10.33

Girls under 17 - 2.5 miles 250 ft

Pos	Name	Club	Time
1	Sarah Tunstall	Border Harriers	20.05
2	Chloe Naylor	Unattached	22.36
3	Sheryl Slater	Settle Harriers	23.43
4	Lucie Naylor	Unattached	24.54
5	Ashleigh Tallon	Helm Hill	25.44
6	Samantha Morphet	Unattached	29.23

Girls under 14 - 1.5 miles 50ft

Pos	Name	Club	Time
1	Grace Biddle	Pendle AC	11.32
2	Katie Robinson	Helm Hill	12.34
3	Niamh Naylor	Unattached	12.50

Girls under 12 - 1.0 mile 20 ft

Pos	Name	Club	Time
1	Jenny Addison	Helm Hill	7.00

2	Melanie Morphet	Cumberland Fell Runners	8.32
3	Charlotte Schofield	Helm Hill	8.44
4	Zoe Barrett	Helm Hill	8.57
5	Zoe Harding	Bowland Fell Runners	8.59
6	Rosie Addison	Helm Hill	9.03
7	Katrin Harding	Bowland Fell Runners	9.23
8	Amy Fretwell	Unattached	9.44
9	Faith Biddle	Pendle AC	9.55
10	Jennifer Barrett	Helm Hill	10.23

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