

Whitestone Fell Race, Kendal Winter League

9th March 2003

Results courtesy of Alan Westworth

Men - New record - 5 miles, 500ft

| Pos | Name | V40 | V50 | V60 | Club | Time |
|-----|------------------|-----|-----|-----|---------------------------|-------|
| 1 | Ian Atkinson | | | | Helm Hill | 34.23 |
| 2 | Quentin Harding | | | | Bowland Fell Runners | 34.27 |
| 3 | Damien Scholes | | | | Keighley + Craven | 35.45 |
| 4 | Mike Addison | 1 | | | Helm Hill | 35.52 |
| 5 | Harvey Gott | | 1 | | Northern Vets | 37.49 |
| 6 | Russell Cannon | 2 | | | Helm Hill | 38.17 |
| 7 | Marcus Byron | | | | Tynedale | 38.21 |
| 8 | Dave Richardson | 3 | | | Helm Hill | 39.05 |
| 9 | Lee Procter | | | | Helm Hill | 39.15 |
| 10 | Ian Robinson | | 2 | | Clayton-le-Moors Harriers | 39.41 |
| 11 | Barry Scholes | | 3 | | Unattached | 40.06 |
| 12 | Richard Drinkall | | | | Unattached | 41.03 |
| 13 | Lyndon Dixon | 4 | | | Helm Hill | 41.06 |
| 14 | Chris Fellowes | | | | Unattached | 41.42 |
| 15 | Mark Southern | | | | Unattached | 41.44 |
| 16 | Bryan Houghton | | | | Unattached | 41.52 |
| 17 | David Woodbridge | 5 | | | Kendal AC | 42.55 |
| 18 | Pete Davison | | | | Kendal AC | 44.52 |
| 19 | Richard Sewell | 6 | | | Helm Hill | 44.58 |
| 20 | Bob Hanlon | 7 | | | Unattached | 45.11 |
| 21 | Dave Till | 8 | | | Helm Hill | 45.23 |
| 22 | Geoff Barrett | 9 | | | Helm Hill | 46.28 |
| 23 | Neil Dyson | | 4 | | Mandale Harriers | 47.54 |
| 24 | Andrew Biddle | 19 | | | West Pennine | 50.07 |
| 25 | Tom Targett | | 5 | | Clayton-le-Moors Harriers | 50.57 |
| 26 | Ron Bray | | | 1 | Blackpool | 54.12 |

Ladies - New record - 5 miles, 500ft

| Pos | Name | V40 | V50 | V60 | Club | Time |
|-----|---------------|-----|-----|-----|----------------------|-------|
| 1 | Karen Slater | | | | Settle Harriers | 40.22 |
| 2 | Sue Harding | | | | Bowland Fell Runners | 45.41 |
| 3 | Jayne Bowe | | | | Helm Hill | 45.49 |
| 4 | Lynn Whitaker | | | | Wharfedale | 50.58 |

Boys under 17 - new record - 2 miles, 300 ft

| Pos | Name | Club | Time |
|-----|-----------------|-------------|-------|
| 1 | Chris Doyle | Trafford AC | 16.37 |
| 2 | Kieran Alderson | Helm Hill | 18.23 |
| 3 | Adam Crowe | Unattached | 18.33 |
| 4 | Mark Addison | Helm Hill | 19.16 |
| | | | |

| | | | |
|---|-------------|-----------------|-------|
| 5 | Tom Rodgers | Settle Harriers | 20.31 |
|---|-------------|-----------------|-------|

**Boys under 14 - record Mark Addison 8.21
(14/4/02) - 1.2 miles 250 ft**

| Pos | Name | Club | Time |
|-----|------------------|-------------------------|-------|
| 1 | Ryan Thornborrow | Helm Hill | 8.47 |
| 2 | Tom Addison | Helm Hill | 9.01 |
| 3 | Ben Morphet | Cumberland Fell Runners | 9.16 |
| 4 | Sam Radcliffe | Unattached | 10.01 |
| 5 | Kyle Biddle | Pendle AC | 11.36 |

**Boys under 12 - record Jamie Stuart 5.32
(14/4/02) - .8 miles, 200 ft**

| Pos | Name | Club | Time |
|-----|------------------|-----------------|------|
| 1 | Alex Till | Dallam AC | 5.43 |
| 2 | Jonathan Wright | Helm Hill | 5.44 |
| 3 | Matthew Fretwell | Unattached | 6.01 |
| 4 | Jos Addison | Helm Hill | 6.03 |
| 5 | Cameron Roberts | Kendal AC | 6.07 |
| 6 | Martin Barnes | Helm Hill | 6.08 |
| 7 | Tom Doyle | Kendal AC | 6.11 |
| 8 | Niall Till | Helm Hill | 6.12 |
| 9 | Calum Stott | Dallam AC | 6.21 |
| 10 | Duncan Lund | Settle Harriers | 6.23 |
| 11 | Rory Alderson | Helm Hill | 6.44 |
| 12 | Joshua Parkinson | Helm Hill | 6.51 |
| 13 | Rory Addison | Helm Hill | 6.58 |
| 14 | Ryan Waddington | Unattached | 7.02 |
| 15 | Jonathan Knox | Helm Hill | 7.10 |
| 16 | Kristopher Lund | Settle Harriers | 7.15 |
| 17 | James Knox | Helm Hill | 7.27 |
| 18 | George Sewell | Helm Hill | 7.46 |
| 19 | Nathan Robb | Helm Hill | 7.51 |
| 20 | Matthew Cannon | Helm Hill | 8.32 |

Girls under 17 - new record - 2 miles 300 ft

| Pos | Name | Club | Time |
|-----|------------------|-----------------|-------|
| 1 | Sheryl Slater | Settle Harriers | 21.53 |
| 2 | Janie Oates | Helm Hill | 23.53 |
| 3 | Ashleigh Tallon | Helm Hill | 27.54 |
| 4 | Samantha Morphet | Unattached | 29.19 |

Girls under 14 - new course - 1.2 miles 250ft

| Pos | Name | Club | Time |
|-----|-----------------|-----------|-------|
| 1 | Gemma Crowther | Helm Hill | 10.02 |
| 2 | Grace Biddle | Pendle AC | 10.45 |
| 3 | Rosie Parkinson | Helm Hill | 11.39 |

Girls under 12 - new record - .8 miles 200 ft

| Pos | Name | Club | Time |
|-----|------|------|------|
| | | | |

| | | | |
|---|------------------|-------------------------|------|
| 1 | Jenny Addison | Helm Hill | 5.49 |
| 2 | Rosie Addison | Helm Hill | 7.16 |
| 3 | Jennifer Barrett | Helm Hill | 7.52 |
| 4 | Katrin Harding | Bowland Fell Runners | 7.53 |
| 5 | Melanie Morphet | Cumberland Fell Runners | 7.54 |
| 6 | Zoe Harding | Bowland Fell Runners | 8.08 |
| 7 | Zoe Barrett | Helm Hill | 8.21 |
| 8 | Faith Biddle | Pendle AC | 8.49 |

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