

Whitestone Fell Race Kendal Winter League, Cumbria

1st February 2004

Results courtesy of Alan Westworth

Ladies - 4 MILES 500 F of C

NEW RECORD TIME BY Nicola Davies 38.19 1/02/04

| Pos | Name | Club | Time |
|-----|-------------------|------------|---------|
| 1 | NICOLA DAVIES | Borrowdale | 38.19 |
| 2 | KAREN SLATER | Settle | 40.11 |
| 3 | KIRSTY HALL | U/A | 42.21 |
| 4 | WENDY DODDS | Clayton | 43.02 |
| 5 | SHERYL SLATER | Settle | 43.15 |
| 6 | BRITTA SENDLHOFER | T/R/Runner | 43.21 |
| 7 | SUE HARDING | Bowland | 44.09 |
| 8 | RUTH NELSON | Helm Hill | 45.22 |
| 9 | PENNY BIBBY | U/A | 47.29 |
| 10 | YVONNE PROCTER | Helm Hill | 47.37 |
| 11 | LYNN WHITTAKER | Wharfdale | 49.28 |
| 12 | NICOLE SLATER | Settle | 55.59 |
| 13 | ANNIE CARRINGTON | Settle | Retired |

1.5 Miles 300 Fof C

GIRLS UNDER 17 - Shorter course

RECORD TIME BY Rosie Parkinson 15.51 1/02/04

| Pos | Name | Club | Time |
|-----|-----------------|-----------|-------|
| 1 | ROSIE PARKINSON | Helm Hill | 15.51 |
| 2 | ASHLEIGH TALLON | Helm Hill | 16.03 |
| 3 | EMILY KNOX | Keswick | 16.40 |
| 4 | GRACE BIDDLE | Pendle | 17.17 |
| 5 | SAM MORPHET | C.F.R | 17.35 |
| 6 | KATIE ROBINSON | Helm Hill | 18.26 |

GIRLS UNDER 14 - 1.2 Miles 250 F of C

RECORD TIME BY GEMMA CROWTHER 10.02 9/03/03

| Pos | Name | Club | Time |
|-----|------------------|-----------|-------|
| 1 | BRIDGET PENELLOM | Broughton | 10.06 |
| 2 | JESSICA BIBBY | Keswick | 10.19 |
| 3 | REBECCA KNIPE | Barrow | 11.28 |

GIRLS UNDER 12 - 0.8 Mile 200 Fof C

NEW RECORD TIME BY Jenny Addison 5.43 1/02/04

| Pos | Name | Club | Time |
|-----|----------------------|-----------|------|
| 1 | JENNY ADDISON | Helm Hill | 5.43 |
| 2 | BROOKE VAN HINSBERGH | U/A | 6.26 |
| 3 | LAUREN MOOREHEAD | Pendle | 6.37 |

| | | | |
|----|-------------------|------------|------|
| 4 | ZOE HARDING | Bowland | 7.00 |
| 5 | ROSIE ADDISON | Helm Hill | 7.01 |
| 6 | CHLOE KNOWLES | U/A | 7.05 |
| 7 | MELANIE MORPHET | C.F.R | 7.12 |
| 8 | ZOE BARRETT | Helm Hill | 7.16 |
| 9 | SHANNON MOOREHEAD | Settle | 7.25 |
| 10 | KATRIN HARDING | Bowland | 7.32 |
| 11 | FAITH BIDDLE | Pendle | 8.10 |
| 12 | OLIVIA COFFEY | Wharfedale | 8.43 |

BOYS UNDER 17 Shorter course 1.5 Miles 300 F of C

RECORD TIME BY David Shepherd 12.32 1/02/04

| Pos | Name | Club | Time |
|------------|------------------|-------------|-------------|
| 1 | DAVID SHEPHERD | Settle | 12.32 |
| 2 | ADAM CROWE | Broughton | 12.47 |
| 3 | RYAN THORNBORROW | Helm Hill | 12.57 |
| 4 | SAM WATSON | Wharfedale | 13.23 |
| 5 | TOM ADDISON | Helm Hill | 13.27 |
| 6 | LINDSAY McCRAE | Broughton | 15.40 |

BOYS UNDER 14 - 1.2 Miles 250 F of C

RECORD TIME BY Mark Addison 8.21 14/04/02

| Pos | Name | Club | Time |
|------------|-------------------|-------------|-------------|
| 1 | SAM TOSH | Rosendale | 8.23 |
| 2 | JAMIE STUART | C.F.R | 8.25 |
| 3 | TED YATES | Keswick | 8.49 |
| 4 | MATTHEW FRETWELL | U/A | 8.51 |
| 5 | JOHN JARDINE | Broughton | 8.56 |
| 6 | LEWIS ROBINSON | Helm Hill | 9.17 |
| 7 | BEN MORPHET | C.F.R | 9.22 |
| 8 | CHRISTOPHER TUSON | Helm Hill | 9.26 |
| 9 | KYLE BIDDLE | Pendle | 9.33 |
| 10 | MARTIN BARNES | Helm Hill | 9.59 |
| 11 | CAMERON ROBERTS | Kendal | 10.01 |
| 12 | MICHAEL COFFEY | Bingley | 11.27 |
| 13 | PHILIP BARNES | U/A | 12.17 |

BOYS UNDER 12 - 0.8 Mile 200 F of C

NEW RECORD TIME BY Jonathan Wright 5.22 1/02/04

| Pos | Name | Club | Time |
|------------|-----------------|-------------|-------------|
| 1 | JONATHAN WRIGHT | Helm Hill | 5.22 |
| 2 | TOM DOYLE | Helm Hill | 5.30 |
| 3 | NIALL TILL | Helm Hill | 5.31 |
| 4 | RORY ADDISON | Helm Hill | 5.48 |
| 5 | RORY ALDERSON | Helm Hill | 6.08 |
| 6 | DOUGLAS JARDINE | Broughton | 6.10 |
| 7 | DUNCAN LUND | Settle | 6.11 |
| 8 | KRISTOPHER LUND | Settle | 6.24 |
| 9 | JOSHUA PARINSON | Helm Hill | 6.32 |
| 10 | PHILIP METCALFE | Broughton | 6.34 |
| 11 | PAUL THOMAS | Helm Hill | 6.38 |

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|----|-----------------|-----------|------|
| 12 | JACK WRIGHT | Broughton | 6.41 |
| 13 | MATTHEW COFFEY | Bingley | 6.43 |
| 14 | RYAN WADDINGTON | Helm Hill | 6.47 |
| 15 | KIERAN ROBERTS | U/A | 6.59 |
| 16 | NATHAN METCALFE | Broughton | 7.00 |
| 17 | SAM ALLSOPP | Settle | 7.09 |
| 18 | OLIVER ALLSOPP | Settle | 7.15 |
| 19 | NATHAN ROBB | Helm Hill | 7.27 |
| 20 | ZEPHAN BUCK | Broughton | 7.35 |
| 21 | MATTHEW CANNON | Helm Hill | 7.47 |
| 22 | SAM BOARDMAN | U/A | 7.53 |
| 23 | BRYN WADDINGTON | Helm Hill | 8.19 |

SENIORS - 4.Miles 500 Fof C

NEW RECORD TIME BY Tom Tipping 32.08 1/02/04

| Pos | NAME | V.40 | V.50 | V.60 | CLUB | TIME |
|-----|------------------|------|------|------|----------------|-------|
| 1 | TOM TIPPING | | | | Helm Hill | 32.08 |
| 2 | BILLY PROCTER | 1.v | | | Helm Hill | 32.13 |
| 3 | PETER POLLITT | | | | C.F.R | 32.24 |
| 4 | LEE ATHERSMITH | | | | Settle | 32.36 |
| 5 | QUENTIN HARDING | 2.v | | | Bowland | 32.58 |
| 6 | GARY THORPE | 3.v | | | Broughton | 33.48 |
| 7 | IAN ATKINSON | | | | Helm Hill | 33.49 |
| 8 | SHAUN ADDISON | 4.v | | | Helm Hill | 33.56 |
| 9 | PHILIP CARTER | 5.v | | | Staf/moorlands | 34.10 |
| 10 | BEN LONSDALE | | | | Settle | 34.11 |
| 11 | ALEX PILKINGTON | | | | Settle | 34.40 |
| 12 | CHRIS SPEIGHT | 6.v | | | Ambleside | 34.43 |
| 13 | MIKE ADDISON | 7.v | | | Helm Hill | 34.45 |
| 14 | ANDY HOLDEN | | | | Wharfedale | 35.40 |
| 15 | MIKE WYNNE | 8.v | | | Settle | 36.29 |
| 16 | BRIAN KENNEDY | 9.v | | | Settle | 36.43 |
| 17 | ALAN MILLER | 10.v | | | Kendal | 36.51 |
| 18 | RUSSELL CANNON | 11.v | | | Helm Hill | 36.53 |
| 19 | DAMIEN SCHOLES | | | | K & C | 37.24 |
| 20 | GARY ALLSOP | 12.v | | | Settle | 37.28 |
| 21 | PAUL TUSON | 13.v | | | Kendal | 37.31 |
| 22 | HARVEY GOTT | | | 1.v | N/Vets | 37.37 |
| 23 | MARK MCGOLDRICK | | | | Settle | 37.57 |
| 24 | GRAHAM PYLE | 14.v | | | U/A | 38.49 |
| 25 | BARRY SCHOLES | | 1.v | | Settle | 38.52 |
| 26 | TERRY ROBINSON | 15.v | | | Helm Hill | 39.00 |
| 27 | BRYAN HOUGHTON | | | | F.R.A | 39.35 |
| 28 | RICHARD DRINKALL | | | | U/A | 39.48 |
| 29 | PAUL BOARDMAN | 16.v | | | Horwich | 39.51 |
| 30 | NEIL SALE | 17.v | | | Helm Hill | 40.22 |
| 31 | COLIN VALENTINE | 18.v | | | Keswick | 40.47 |
| 32 | ANDY WALMSLEY | 19.v | | | Bowland | 40.49 |
| 33 | LYNDON DIXON | 20.v | | | Helm Hill | 41.30 |
| 34 | DAVE TILL | 21.v | | | Helm Hill | 41.31 |
| 35 | KEVIN ROGAN | 22.v | | | Wharfedale | 41.44 |
| 36 | DAVE WOODBRIDGE | 23.v | | | Kendal | 42.12 |
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|----|----------------------|------|-----|-----|-----------|-------|
| 37 | GLYN DENVER | 24.v | | | Bowland | 42.57 |
| 38 | GEOFF BARRETT | 25.v | | | Helm Hill | 43.12 |
| 39 | DAVID LYONS | 26.v | | | Lanc/More | 43.22 |
| 40 | BARRY SLATER | 27.v | | | Settle | 43.32 |
| 41 | STEFFAN JOHNSON | | | | C.F.R | 43.52 |
| 42 | CARROLL GRAHAM | | | 2.v | Helm Hill | 43.53 |
| 43 | RON BRAY | | | 3.v | Blackpool | 44.29 |
| 44 | BRYAN JONES | | 2.v | | U/A | 44.42 |
| 45 | SELWYN WRIGHT | 28.v | | | Ambleside | 45.14 |
| 46 | PETER METCALFE | 29.v | | | U/A | 45.58 |
| 47 | JOHN KING | | 3.v | | Helm Hill | 46.03 |
| 48 | JOHN BARKER | | | 4.v | Clayton | 46.47 |
| 49 | JOHN WRIGHT | 30.v | | | Helm Hill | 47.27 |
| 50 | ANDREW BIDDLE | | 4.v | | W/Pennine | 47.52 |
| 51 | RAYMOND JOHNSON | | 5.v | | C.F.R | 48.52 |
| 52 | MICHAEL COFFEY | | | | Bingley | 51.36 |
| 53 | MICHAEL MOOREHEAD | 31.v | | | Settle | 55.36 |
| 54 | RICHARD FEASEY | | | | U/A | 56.49 |
| 55 | ROB MARRIOTT | 32.v | | | U/A | 58.50 |

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