

Firbank Fell Race, Kendal Winter League, Cumbria

16th January 2005

Results courtesy of Alan Westworth - 01539 728134

Senior Men and Vets

Position	Number	Name	Vet	Club	Time
1	69	Shaun Bolland	-	Bowland	22.08
2	17	Billy Procter	40	Helm	22.53
3	50	Quentin Harding	40	Bowland	22.59
4	91	Alex Pilkington	-	Settle	23.14
5	40	Chris Rhodes	-	Westmorland Tri	23.17
6	95	Paul Targett	-	Clayton	23.35
7	25	Shaun Addison	40	Helm	24.06
8	14	Mike Addison	40	Helm	24.25
9	77	Brian Kennedy	40	Settle	24.28
10	94	Mick Walsh	50	Kendal	24.29
11	47	John Murfin	-	Settle	24.33
12	12	Chris Taylor	50	Mercia	24.35
13	56	Richard Witt	50	Kendal	24.40
14	92	Lee Procter	-	Helm	25.01
15	36	Mick Hoffe	50	Helm	25.03
16	23	Paul Boardman	40	Horwich	25.05
17	81	John Quinn	40	Kendal	25.08
18	90	Alan Miller	40	Kendal	25.09
19	70	Chris Robinson	-	u/a	25.21
20	54	Brian Haughton	40	FRA	25.25
21	82	Faazer Livsey	40	Howgill	25.27
22	38	Jack Holt	50	Clayton	25.27
23	41	Anthony Shepherd	40	Settle	25.28
24	34	Mike Wynne	40	Settle	25.32
25	6	Gary Alsopp	40	Settle	25.44
26	62	Nick Wharton	40	Kendal	25.47
27	53	Olly Fielden	-	u/a	26.02
28	44	Tim Whitley	-	u/a	26.11

29	22	Russ Cannon	40	Helm	26.13
30	79	Garry Beardwood	-	u/a	26.21
31	55	Simon Milligan	40	Helm	26.26
32	93	John Osbourn	40	Settle	27.01
33	48	Harvey Gott	60	Northern Vets	27.05
34	26	Matthew Otway	-	Helm	27.07
35	33	Paul Nield	-	Bowland	27.07
36	45	Simon Brealey	50	u/a	27.16
37	52	Tim Murray	40	Helm	27.21
38	86	John Naylor	50	Helm	27.36
39	74	Jim Fisher	40	Howgill	27.36
40	42	Steve Jeffs	40	u/a	27.39
41	16	Dave Woodbridge	50	Ambleside	27.40
42	11	Paul Tucson	40	Helm	27.46
43	72	Andy Warmsley	40	Bowland	27.55
44	76	Andrew Hind	40	Settle	28.02
45	27	Richard Sewell	50	Helm	28.08
46	67	Mike Pete	40	Lancaster	28.10
47	39	Mark Burnett	-	Wharfdale	28.16
48	8	Dave Till	40	Helm	28.28
49	71	David Appleyard	40	Helm	28.32
50	68	Rob Burrow	-	u/a	28.33
51	58	Barry Scholes	50	Settle	28.35
52	89	Patrick Willink	40	Helm	28.40
53	32	Lyndon Dixon	40	Helm	28.47
54	73	Mark Walker	40	Kendal	29.22
55	24	Paul Crewe	40	Dallam	29.25
56	20	Ian Riley	40	Burton	29.31
57	60	Tommy Sedgwick	60	u/a	29.47
58	13	Trevor Metcalfe	50	u/a	30.01
59	75	Richard Drinkall	-	u/a	30.30
60	57	John Hodgson	50	Dallam	30.33
61	21	Geoff Barrett	40	Helm	30.45
62	65	Carroll	60	Helm	30.52

		Graham			
63	49	Simon Cane	50	Settle	31.01
64	43	John Leech	40	u/a	31.36
65	3	Robert Nash	60	Preston	32.14
66	37	Andrew Biddle	50	West Pennine	32.16
67	29	Selwyn Wright	40	Ambleside	32.29
68	66	Ian Conway	50	Helm	33.30
69	46	Neil Dyson	60	North York Moors	33.44
70	96	Tom Targett	50	Clayton	34.02
71	1	Mick Coffey	-	Bingley	39.48
retired	61	Johan Meyfroidt	-	Helm	-
retired	18	Phil Jumeau	40	u/a	-

Senior Women and Vets

Position	Number	Name	Vet	Club	Time
1	30	Sarah Tunstall	-	Nestle & Rowntree	25.13
2	59	Helen Sedgwick	-	Ilkley	26.26
3	35	Annie Carrington	-	Settle	29.06
4	63	Cath Musetti	-	Ambleside	29.38
5	31	Rowena Brown	-	u/a	29.56
6	51	Sue Harding	-	Bowland	30.11
7	2	Karen Nash	40	Preston	30.24
8	19	Judith Marshall	-	Burton	30.49
9	78	Rachael Towe	-	u/a	31.36
10	80	Jane Quinn	-	Kendal	31.50
11	64	Lyn Whittaker	-	Wharfedale	32.44
12	97	Yvonne Procter	40	Helm	33.27
13	5	Samantha Morphett	-	CFR	34.19
14	87	Angela Naylor	-	Helm	37.22
15	7	Karen Allsopp	-	Settle	42.15

Under 17 Boys

Position	Number	Name	Club	Time
1	88	David Shepherd	Settle	11.48
2	15	Tom Addison	Helm	11.48
3	83	Jos Livsey	Howgill	12.33

4	4	Ben Morphett	CFR	13.10
5	85	Ryan Thornburrow	Helm	13.37
6	84	Lindsay Mullare	Broughton	14.16

Under 14 Boys

Position	Number	Name	Club	Time
1	21	Matthew Fretwell	Settle	9.17
2	19	Joss Addison	Helm	9.20
3	8	Niall Till	Helm	10.07
4	13	Duncan Lund	Settle	10.17
5	14	Matthew Cardus	Settle	10.19
6	22	Andrew Harrison	Preston	10.27
7	45	Fergus Nelson	u/a	10.32
8	15	Chris Tucson	Helm	10.37
9	7	Phillip Metcalfe	Broughton	11.10
10	48	Martin Barnes	Helm	11.12
11	47	Tashi Sherpa	u/a	11.16
12	46	Hamish Nelson	u/a	11.18
13	44	Adam Jeffs	u/a	11.30
14	35	George Sewell	Helm	12.02
15	3	Michael Coffey	Bingley	12.23

Under 12 Boys

Position	Number	Name	Club	Time
1	18	Rory Addison	Helm	7.09
2	17	Tom Doyle	Helm	7.16
3	60	Jonathan Knox	Helm	7.30
4	16	Douglas Jardine	Broughton	7.34
5	4	Matthew Nash	u/a	7.37
6	61	James Knox	Helm	7.38
7	24	Theo Messenger-Jones	Broughton	7.45
8	28	William Parkinson	Helm	7.52
9	62	Matthew McVey	Helm	7.55
10	5	Christopher Nash	u/a	8.08
11	29	David Scowcroft	u/a	8.21
12	30	Adam Scowcroft	u/a	8.22
13	32	Jack Wright	Broughton	8.28
14	6	Nathan Metcalf	Broughton	8.32
15	1	Matthew Coffey	Bigley	8.47
16	12	Kristopher Lund	Settle	8.48
17	54	George Milligan	Helm	9.10
18	11	Oliver Alsopp	Settle	9.27
19	27	Sam Boardman	u/a	9.30
20	10	Sam Alsopp	Settle	9.57
21	57	Liam Hayward	u/a	10.04
22	52	Jake Lowther	Helm	10.30
23	26	Matthew Cannon	Helm	11.06
24	38	Joel Wynne	Settle	11.06

Under 17 Girls

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Position	Number	Name	Club	Time
1	28	Bethany Crewe	Dallam	15.45
2	10	Lauren Campbell	Helm	16.00
3	9	Katy Robinson	Helm	17.25

Under 14 Girls

Position	Number	Name	Club	Time
1	31	Jenny Addison	Helm	10.10
2	49	Andrea Baker	Bury	10.38
3	36	Brooke Van Hinsburg	Helm	11.06
4	25	Chessie Messenger Jones	Broughton	11.20

Under 12 Girls

Position	Number	Name	Club	Time
1	40	Melanie Hyder	Dallam	7.52
2	58	Jessica Shaw	Dallam	8.24
3	20	Amy Fretwell	Settle	8.39
4	9	Melanie Morphett	CFR	8.45
5	23	Zoe Barratt	Helm	9.12
6	51	Zoe Harding	Bowland	9.14
7	41	Alex Lavery Hoffe	Helm	9.24
8		Katrin Harding	Bowland	9.25
9	34	Hannah Sewell	Helm	9.25
10	33	Katie Wright	Broughton	9.42
11	59	Flora Wharton	Helm	9.53
12	64	Loren Appleyard	Helm	10.00
13	43	Faith Biddle	Pendle	10.20
14	63	Harriet Appleyard	Helm	10.28
15	42	Jo Lavery Hoffe	Helm	10.33
16	39	Kira Browne	SROC	10.34
17	2	Olivia Coffey	Wharfdale	10.37
18	53	Katherine Milligan	Helm	10.57
19	55	Charlotte Milligan	Helm	11.00
20	37	Zara Wynne	Settle	11.02
21	56	Ashley Burrow	u/a	11.18

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