

Troutbeck Fell Race, Kendal Winter League

6th March 2005

Results courtesy of Alan Westworth

SENIORS - 3.5 MILES 1200 F OF C

RECORD TIME BY BILLY PROCTER 27.24 29/02/04

No	NAME	V.40	V.50	V.60	CLUB	TIME
1	ALASTAIR DUNN				Helm Hill	28.16
2	BILLY PROCTER	1.v			Helm Hill	28.19
3	QUENTIN HARDING	2.v			Bowland	30.21
4	SAM WADSWORTH				Wharfedale	32.11
5	MIKE ADDISON	3.v			Helm Hill	32.33
6	FRAZER LIVESEY	4.v			Howgill	32.39
7	SHAUN ADDISON	5.v			Helm Hill	32.42
8	JACK HOLT		1.v		Clayton	32.43
9	PETER HAIGH	6.v			Keswick	32.53
10	LEE PROCTER				Helm Hill	33.09
11	OLLY FIELDEN					33.11
12	BRIAN HOUGHTON				F.R.A	33.32
13	GARY ALLSOPP	7.v			Settle	34.24
14	ANTONY SHEPHERD	8.v			Settle	34.37
15	MATTHEW OTWAY				Helm Hill	35.02
16	TIM WHITELEY					35.20
17	HODGE GRAYSON					35.23
18	IAN ROBINSON	9.v	2.v		Clayton	35.29
19	ANDY WALMSLEY	10.v			Bowland	36.15
20	TIM MURRAY	11.v			Helm Hill	37.35
21	BARRY SCHOLES		3.v		Settle	37.40
22	DAVID APPLEYARD	12.v			Helm Hill	38.04
23	RICHARD DRINKALL					
24	MARK BENNETT	13.v			Wharfedale	
25	GEOFF BARRETT	14.v			Helm Hill	41.34
26	TREVOR METCALFE		4.v		Settle	41.54
27	JOHN HODGSON		5.v		Dallam	42.00
28	PETER METCALFE		6.v		Settle	42.47

29	ANDREW BIDDLE		7.v		W/Penn	42.55
30	ROBERT NASH			1.v	Preston	44.53
31	SELWYN WRIGHT	15.v			Ambleside	45.16
32	TOM TARGETT		8.v		Helm Hill	46.00
33	NEIL DYSON			2.v	Clayton	46.08
34	MICK COFFEY				Bingley	51.24
35	LEE MARSHALL				Burton	53.20
36	DAMIEN SCHOLES				K.& C	D.N.F

Richard Drinkall & Mark Bennett stopped to help injured runner [Kirsty]. We have given them the positions they were in when they stopped but no time.

LADIES - 3.5 MILES 1200 F OF C

RECORD TIME BY KAREN SLATER 34.28 29/02/04

CLUB	Pos	NAME	TIME
Helm Hill	1	NICKY LAVERY	37.03
Preston	2	KAREN NASH	39.05
Bowland	3	SUE HARDING	43.00
C.F.R	4	SAMANTHA MORPHET	43.42
Helm Hill	5	YVONNE PROCTER	44.39
Wharfedale	6	LYNN WHITTAKER	48.18
Wharfedale	7	KIRSTY HALL	D.N.F

GIRLS UNDER 17 - 2 MILES 900 F OF C

RECORD TIME BY ROSIE PARKINSON 22.27 29/02/04

CLUB	Pos	NAME	TIME
Keswick	1	EMILY KNOX	26.22
Helm Hill	2	LAUREN CAMPBELL	27.53
Pendle	3	GRACE BIDDLE	29.18

GIRLS UNDER 14 - 1.5 MILES 450 F OF C

RECORD TIME BY GEMMA CROWTHER 7.25 23/02/03

Helm Hill	1	JENNY ADDISON	8.06
Helm Hill	2	BROOKE VAN HINSBERGH	8.31

Old Record By Jenny Addison 5.57

GIRLS UNDER 12 - 1 MILE 400 F OF C

NEW RECORD TIME BY MELANIE HYDER 5.54 06/03/05

CLUB	Pos	NAME	TIME
Dallam	1	MELANIE HYDER	5.54
Settle	2	AMY FRETWELL	6.56
C.F.R	3	MELANIE MORPHET	7.10
Bowland	4	KATRIN HARDING	7.12
Bowland	5	ZOE HARDING	7.18
Helm Hill	6	HARRIET APPELYARD	7.25
Pendle	7	FAITH BIDDLE	7.32
Helm Hill	8	LOREN APPELYARD	7.37
Helm Hill	9	ALEX LAVERY HOFFE	7.44
Broughton	10	KATIE WRIGHT	7.49

Helm Hill	11	ZOE BARRETT	8.17
Wharfedale	12	OLIVIA COFFEY	8.39
	13	AMBER HOLT MANVILLE	8.42

BOYS UNDER 17 - 2 MILES 900 F OF C

RECORD TIME BY DAVID SHEPHERD 17.00 29/02/04

CLUB	Pos	NAME	TIME
Helm Hill	1	TOM ADDISON	19.58
Rossendale	2	PHIL BOLTON	21.13
C.F.R	3	BEN MORPHET	21.32
Broughton	4	LINDSAY McCRAE	22.03
Howgill	5	JOSS LIVESEY	22.47
Burnley	6	GRANT CUNCLIFFE	22.57
Pendle	7	KYLE BIDDLE	26.19

BOYS UNDER 14 - 1.5 MILES 450 F OF C

RECORD TIME BY SAM TOSH 6.34 29/02/04

CLUB	Pos	NAME	TIME
Rossendale	1	SAM TOSH	6.42
Dallam	2	ALEX TILL	6.44
Settle	3	MATTHEW FRETWELL	6.50
Helm Hill	4	NIALL TILL	7.15
Helm Hill	5	JOS ADDISON	7.38
Settle	6	MATTHEW CARDUS	7.43
	7	FERGUS NELSON	7.44
Preston	8	ANDREW HARRISON	7.45
Helm Hill	9	CHRISTOPHER TUSON	8.04
	10	TASHI SHERPA	8.30
	11	HAMISH NELSON	8.31
Helm Hill	12	MARTIN BARNES	8.42
	13	ADAM JEFFS	8.46
Bingley	14	MICHAEL COFFEY	9.16

Old Record By Jamie Stuart 5.46

BOYS UNDER 12 - 1 MILE 400 F OF C

NEW RECORD TIME BY TOM DOYLE 5.36 06/03/05

CLUB	Pos	NAME	TIME
Helm Hill	1	TOM DOYLE	5.36
Helm Hill	2	RORY ADDISON	5.40
Helm Hill	3	JONATHON KNOX	5.48
Preston	4	MATTHEW NASH	5.50
Broughton	5	THEO MESSENGER JONES	5.52
Helm Hill	6	MATTHEW McVEY	5.57
Helm Hill	7	JAMES KNOX	6.07
Dallam	8	BEN TILL	6.17
Helm Hill	9	WILLIAM PARKINSON	6.18
Dallam	10	SAM TILL	6.19
Preston	11	CHRISTOPHER NASH	6.27
Keswick	12	MATTHEW ATKINSON	6.31
Broughton	13	JACK WRIGHT	6.50
Bingley	14	MATTHEW COFFEY	6.55

Settle	15	OLIVER ALLSOPP	7.15
Broughton	16	CHARLIE RAINE	7.24
Broughton	17	NATHAN METCALFE	7.47
Settle	18	SAM ALLSOPP	7.55
Helm Hill	19	NATHAN ROBB	7.57
Helm Hill	20	KYLE GUDGEON	8.06

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