

Helm Hill Race, Kendal Winter League

26th February 2006

Results courtesy of Alan Westworth

BOYS UNDER 17 - 2 MILES 600 F OF C

RECORD TIME BY CARL ROBINSON 14.05 13/04/03

Pos	NAME	CLUB	TIME
1	LEWIS ROBINSON	Helm Hill	16.46
2	BEN MORPHET	C.F.R	17.33
3	SAM TOSH	Rosendale	17.37
4	MATTHEW FRETWELL	Settle	18.16
5	MARTIN BARNES	Helm Hill	18.33
6	MATTHEW OWEN	U/A	19.35
7	CHRISTOPHER TUSON	Helm Hill	19.42
8	LUKE EVERETT	Helm Hill	19.48
9	JAMIE STUART	U/A	19.49
10	DUNCAN LUND	Settle	20.48
11	KYLE BIDDLE	Hyndburn	21.59
12	JOSS LIVESEY	Howgill	D.N.F

BOYS UNDER 14 - 1.5 MILES 130 F OF C

RECORD TIME BY LEWIS ROBINSON 11.53 17/04/05

Pos	NAME	CLUB	TIME
1	JONATHAN KNOX	Helm Hill	12.04
2	TOM DOYLE	Helm Hill	12.17
3	NAIL TILL	Helm Hill	12.18
4	LIAM STAINTON	Helm Hill	12.27
5	FERGUS NELSON	U/A	12.54
6	MATTHEW CARDUS	Settle	13.05
7	ASHLEY KAY	Rosendale	13.22
8	ANDREW HARRISON	Preston	13.37
9	LUKE GREGORY	Rosendale	14.14
10	HAMISH NELSON	U/A	14.23
11	TASHI SHERPA	U/A	14.58
12	KRISTOPHER LUND	Settle	15.38
13	ADAM JEFFS	U/A	16.26

BOYS UNDER 12 - 0.5 MILE 100 F OF C

Pos	NAME	CLUB	TIME
1	JAMES KNOX	Helm Hill	3.03
2	DOUGLAS JARDINE	Broughton	3.05
3	NATHAN ELLIS	Helm Hill	3.08
4	THEO MESSENGER JONES	Broughton	3.12
5	JACK HOUGHTON	U/A	3.21
6	PHOENIX SEARLE	Helm Hill	3.31
7	OLIVER ALLSOP	Settle	3.41
8	NATHAN ROBB	Helm Hill	3.42
9	MATTHEW CANNON	Helm Hill	3.47

10	JAKE LOWTHER	Helm Hill	3.49
11	JON LOWTHER	Helm Hill	3.55
12	HARRY PACKHAM	Helm Hill	3.56
13	SCOTT MUNRO BENNETT	Helm Hill	5.40

New Record 18.46 Old Record 19.38

GIRLS UNDER 17 - 2 MILES 600 F OF C

RECORD TIME BY Rosie Stuart 18.46 26/02/06

Pos	NAME	CLUB	TIME
1	ROSIE STUART	Keswick	18.46
2	EMILY KNOX	Keswick	23.25
3	LAURA JOHNSTON	Rosendale	25.41
4	DEBORA ZAJAC	Rosendale	27.19

New Record 12.15 Old Record 12.42

GIRLS UNDER 14 - 1.5 MILES 130 F OF C

RECORD TIME BY Melanie Hyder 12.15 26/02/06

Pos	NAME	CLUB	TIME
1	MELANIE HYDER	Dallam	12.15
2	BROOKE VAN HINSIBER	Helm Hill	13.28
3	FRANCESCA GREGORY	Rosendale	13.42
4	HEATHER PARHER	Rosendale	13.56
5	CHESSIE MESSENGER JONES	Broughton	15.03
6	AMY FRETWELL	Settle	15.10
7	MELANIE MORPHET	C.F.R	16.47

GIRLS UNDER 12 - 0.5 MILE 100 F OF C

Pos	NAME	CLUB	TIME
1	ZOE BARRATT	Helm Hill	3.37
2	FAITH BIDDLE	Hyndburn	3.43
3	ELANOR PEACH	Dallam	3.45
4	MEG STUART	Helm Hill	3.46
5	FLORA WHARTON	Helm Hill	3.48
6	LAUREN APPLEYARD	Helm Hill	3.49
7	LOREN MUNRO BENNETT	Helm Hill	3.50
8	LORNA NUNWICK	U/A	3.55
9	AMBER HOLT MANVILLE	U/A	4.14
10	ZANA MESSENGER JONES	Broughton	4.16

LADIES - 4 MILES 1200 F OF C

RECORD TIME BY JENNIFER DUNN 37.32 18/04/04

Pos	NAME	CLUB	TIME
1	JENNIFER DUNN	Keswick	39.40
2	EMMA STEWART	Helm Hill	42.12
3	LYNN WHITTAKER	Wharfedale	47.14
4	LAUREN CAMPBELL	Helm Hill	49.07
5	SAMANTHA MORPHET	C.F.R	56.14

SENIORS - 4 MILES 1200 F OF C

RECORD TIME BY TOM TIPPING 29.57 13/04/03

Pos	NAME	V.40	V.50	V.60	CLUB	TIME
1	ALASTAIR DUNN				Helm Hill	32.35

2	DAVID PEACH	1.v			Horwich	34.59
3	BRYAN HOUGHTON	2.v			U/A	36.25
4	JACK HOLT		1.v		Clayton	36.50
5	RICH WAKELEY				Helm Hill	38.01
6	RUSSELL CANNON	3.v			Helm Hill	38.31
7	TERRY ROBINSON	4.v			Helm Hill	38.54
8	PAUL HARLOW		2.v		U/A	39.07
9	DAVID HOLMES	5.v			Preston	40.31
10	FRASER LIVESEY	6.v			Howgill	40.37
11	LYNDON DIXON	7.v			Helm Hill	40.41
12	GARY ALLSOPP	8.v			Settle	41.16
13	DAVE TILL	9.v			Helm Hill	41.37
14	TIM MURRAY	10.v			Helm Hill	42.00
15	MIKE PEAT	11.v			Lanc/More	42.23
16	BARRY SCHOLES		3.v		Settle	42.37
G	ANDREW CONNER	12.v			U/A	43.07
18	GEOFF BARRATT	13.v			Helm Hill	43.35
19	CHRIS KNOX		4.v		Keswick	45.17
20	PHIL CORRIS		5.v		Bowland	45.34
21	JOHN LEECH	14.v			Dallam	46.34
22	RON BRAY			1.v	Blackpool	47.08
23	PETER METCALFE		6.v		U/A	48.35
24	ANDREW BIDDLE		7.v		W/Pennine	49.23
25	IAN CONWAY		8.v		Helm Hill	49.47
26	NEIL DYSON			2.v	N/York/Moors	50.20
27	IAN PETTMAN			3.v	U/A	52.33
28	BRIAN WOOD	15.v			U/A	53.02
29	TONY DE WOLF			4.v	U/A	59.00
30	ANDY MUNRO BENNETT				Helm Hill	D.N.F

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