

## Kendal Winter League - Troutbeck - 4th March 2007

Senior Men				
position	Name	Club	Time	category
1	Simon Barnby	Sedbergh		senior
2	Ben Abdelnoor	Ambleside		senior
3	Tom Addison	Helm Hill		senior
4	Alastair Dunn	Helm Hill		senior
5	Paul Dugdale	Kendal		v40
6	Haydn Davis	Sedbergh		v40
7	Sam Watson	Wharfedale		senior
8	Jack Holt	Clayton		v50
9	Olly Fielden	Helm Hill		senior
10	Lee Procter	Helm Hill		senior
11	Chris Newman	Wharfedale		senior
12	Sean Addison	Helm Hill		v40
13	Graham Moffat	Howgill		v40
14	David Wilson	Bowland		v40
15	Alan Miler	Kendal		v40
16	Russell Cannon	Helm Hill		v40
17	Dennis Nelson	Dallam		v40
18	Tim Murray	Helm Hill		v40
19	John Richardson	Sedbergh		senior
20	Steve Carr	u/a		v50
21	Stephen Wilson	CFR		v40
22	David Fell	CFR		v50
23	Ian Weetman	u/a		v40
24	Ian Robinson	Clayton		v50
25	Mike Peat	Lancaster		v40
26	Mick Horn	Settle		v40
27	Barry Scholes	Settle		v50
28	Kevin Rogan	Wharfedale		v40
29	Neil Taylor	Wharfedale		v40
30	John Shadwick	u/a		senior
31	Ian Mitchell	Helm Hill		v40
32	Richard Sewell	Helm Hill		v50
33	Chris Schofield	u/a		v40
34	Mike Gibbison	Bowland		v40
35	Bernard Hall	Bowland		v50
36	Keith Robinson	u/a		v50
37	Raymond Gill	Dallam		v40
38	Wayne Percival	Ambleside		v40
39	George James	Blackpool		v60
40	Mike Moss	Howgill		v50
41	Dave Till	Helm Hill		v40
42	Chris Knox	Keswick		v50
43	Jim Evans	Ambleside		senior
44	Peter Metcalfe	u/a		v50
45	Tony Walker	Ambleside		v60
46	Andrew Biddle	W. Pennine		v50
47	Selwyn Wright	Ambleside		v50
48	Brian Lund	u/a		v40
49	Dennis Wood	Borrowdale		v60

Ladies			
position	Name	Club	Time
1	Britta Sendlehofer	Ambleside	
2	Wendy Dodds	Clayton	
3	Nina Walkinshaw	u/a	
4	Julia Laverack	Ambleside	
5	Angela Shuttleworth	Howgill	
6	Dawn Gill	Dallam	

Under 17 girls			
position	Name	Club	Time
1	Brooke Van Hinsburg	Sedbergh	23.43
2	Catherine Gill	Dallam	24.36
3	Laura Johnstone	Rossendale	24.48
4	Francesca Gregory	Rossendale	25.14
5	Heather Parker	Rossendale	25.47
6	Jenny Addison	Helm Hill	25.55
7	Sophie Dutton	Sedbergh	25.58
8	Joanna Vickery	Sedbergh	28.47

Under 14 girls			
position	Name	Club	Time
1	Melanie Hyder	Dallam	7.14
2	Robin Goodfellow	Dallam	8.17
3	Jane Gill	Dallam	8.45
4	Amy Fretwell	Settle	8.49
5	Carrie Beadle	u/a	8.52
6	Rianne Harvey	Dallam	10.10

Under 12 girls			
position	Name	Club	Time
1	Megan Stuart	Helm Hill	6.19
2	Lorna Nunwick	Helm Hill	6.22
3	Loren Munro Bennett	Helm Hill	6.25
4	Loren Appleyard	Helm Hill	7.01
5	Faith Biddle	Pendle	7.22
6	Amber Holt Manville	Helm Hill	7.26
7	Katie Wright	Broughton	7.31
8	Lucy Ferguson	u/a	9.45

Under 17 boys			
position	Name	Club	Time
1	Alex Till	Dallam	19.02
2	Stephen Wilson	Barrow	19.21
3	Phil Bolton	Rossendale	19.33
4	Jos Addison	Helm Hill	19.37
5	Grant Cunliffe	Rossendale	19.52
6	Matthew Fretwell	Settle	20.15
7	Ashley Kay	Helm Hill	20.48
8	Liam Taylor	Helm Hill	21.55
9	Liam Stainton	Helm Hill	23.13
10	Duncan Lund	Settle	24.34

Under 14 boys			
position	Name	Club	Time
1	Tom Doyle	Helm Hill	6.39
2	Joe Johnston	Rossendale	6.44
3	Sam Till	Dallam	6.58
4	Dean Sutton	Dallam	6.59
5	Jonathan Knox	Helm Hill	7.04
6	Anthony Hauserman	Rossendale	7.07
7	Wesley Clutterbuck	Rossendale	7.10
8	Luke Gregory	Rossendale	7.39
9	Scott Bastow	Pendle	8.06
10	Douglas Newbury	Howgill	8.14
11	Nathan Robb	Helm Hill	8.48
12	Kristopher Lund	Settle	9.07
13	Matthew Cannon	Helm Hill	10.03
14	Aeron Chadwick	Helm Hill	10.22

Under 12 boys			
position	Name	Club	Time
1	James Knox	Helm Hill	5.28
2	Dale Sutton	Dallam	5.45
3	Lewis Clutterbuck	Rossendale	5.49
4	Ben Till	Dallam	5.50
5	Jack Houghton	u/a	6.02
6	Evan Bland	Lancaster	6.07
7	Jake Lowther	Helm Hill	6.51
8	Harry Packham	Helm Hill	6.58
9	Jon Lowther	Helm Hill	7.32
10	Matthew Horn	Settle	7.43
11	Wilf Goodfellow	Dallam	8.41
12	Joshua Robb	Helm Hill	8.59
13	Nathan Chadwick	Helm Hill	9.25
14	Aeron Chadwick	Helm Hill	9.59