

Kendal Winter League – Elterwater – 16<sup>th</sup> March 2008

Seniors							
Position	Name	Club	Time	Lady	Vet 40	Vet 50	Vet 60
1	Nick Swinburn	NFR	23.29				
2	Alec Duffield	Loftus	24.10				
3	Tom Addison	Helm Hill	25.01				
4	Mark Addison	Helm Hill	25.12				
5	John Deegan	Ambleside	25.54		1		
6	Ted Mason	Wharfedale	26.08				
7	Bruce Elsworth	Wharfedale	26.46				
8	Rick Stuart	Kendal	26.49		2		
9	Dan Duxbury	Ambleside	27.17				
10	Paul Knowles	Ambleside	27.45				
11	Billy Procter	Helm Hill	28.01			1	
12	Mark McGoldrick	Wharfedale	28.09				
13	Sam Watson	Wharfedale	28.19				
14	Andy Mounsey	Bowland	28.21		3		
15	Jack Holt	Clayton	28.27			2	
16	John Dryden	Settle	29.01		4		
17	Lee Procter	Helm Hill	29.15				
18	Mike Walsh	Kendal	29.45			3	
19	Dennis Nelson	Dallam	30.34		5		
20	John Fitzpatrick	Helm Hill	31.12		6		
21	Ben Procter	Helm Hill	31.20				
22	Hazel Robinson	Ambleside	31.22	1			
23	Mike Addison	Helm Hill	31.42		7		
24	Tim Murray	Helm Hill	31.51		8		
25	Damien Scholes	Keighley	32.04				
26	Ian Robinson	Clayton	32.12			4	
27	David Fell	CFR	32.22				1
28	Paul Boardman	Horwich	32.30		9		
29	Lyndon Dixon	Helm Hill	32.36		10		
30	Andrew Hinde	Settle	32.49				
31	Carl Bradshaw	Wharfedale	32.57		11		
32	Chris Schofield	Helm Hill	33.05		12		
33	Patrick Willink	Helm Hill	33.16		13		
34	Kevin Rogan	Wharfedale	33.27			5	
35	Jim Fisher	Howgill	33.28		14		
36	Wendy Dodds	Clayton	33.33	2			
37	David Appleyard	Helm Hill	33.35		15		
38	Barry Scholes	Wharfedale	33.54			6	
39	Neil Taylor	Wharfedale	33.58		16		
40	Mike Peat	Lonsdale?	34.00		17		
41	Craig Burrow	u/a	34.03				
42	Tim Done	Keighley	34.15		18		
43	Dave Till	Helm Hill	34.49		19		
44	Martin Lucas	Helm Hill	35.34				
45	Trevor Walton	Howgill	35.36		20		
46	Jonathan Walkinshaw	u/a	36.04				
47	Peter Metcalfe	Wharfedale	36.19			7	
48	John Hodgson	Dallam	36.21				2
49	Kate Rogan	Wharfedale	36.32	3			

50	Trevor Metcalfe	Wharfedale	36.40			8	
51	Kevin May	u/a	37.39		21		
52	Martin Bates	Wesham	37.40			9	
53	David Rosen	Lancaster	40.13			10	
54	Bernard Hall	Bowland	40.17			11	
55	Rhiannon George	Eden	40.19	4			
56	George James	Blackpool	41.06				3
57	Roger Hall	Bingley	43.11				4
58	Lynn Whittaker	Wharfedale	43.20	5			
59	Ruth Webster	Dallam	44.06	6			
60	Emma Williams	Dallam	44.49	7			
61	Denis Wood	Borrowdale	46.59				5
62	Miriam Rosen	Lancaster	47.27	8			
63	Peter Williams	Kendal	47.43				6
64	Dawn Gill	Dallam	48.26	9			
65	Duncan Campbell	Helm Hill	48.49		22		
66	Nicole Slater	Wharfedale	49.12	10			

<b>Under 17 Boys</b>			
Position	Name	Club	Time
1	Jonathan Bradshaw	Wharfedale	11.47
2	Tom Sessford	Keighley	12.11
3	Tom Doyle	Helm Hill	12.35
4	Matthew Fretwell	Settle	12.50
5	Jos Addison	Helm Hill	13.05
6	Scott Thwaites	Helm Hill	13.34
7	Adam Jeffs	Dallam	14.24
8	Luke Gregory	Rosendale	14.38
9	Scott Baistow	Pendle	14.57
10	Jack Stringfellow	Rosendale	16.03
11	Sam Walsh	Rosendale	17.50

<b>Under 17 Girls</b>			
Position	Name	Club	Time
1	Melanie Hyder	Helm Hill	14.14
2	Nicola Jackson	Preston	15.21
3	Amy Fretwell	Settle	16.49
4	Kate Donovan	u/a	17.04
5	Katie May	Howgill	17.17

<b>Under 14 Boys</b>			
Position	Name	Club	Time
1	James Knox	Helm Hill	9.10
2	Rory Addison	Helm Hill	9.26
3	Daniel Walsh	Rossendale	9.39
4	Eliot Wylie	Rossendale	9.43
5	Sam Storey	Barrow	9.59
6	Nathan Robb	Helm Hill	10.16
7	Declan Bulmer	Pendle	10.25
8	Jack Walton	Howgill	12.53
9	Aaron Chadwick	Helm Hill	14.34

<b>Under 14 Girls</b>			
Position	Name	Club	Time
1	Robin Goodfellow	Dallam	10.51
2	Lauren Munro Bennett	Helm Hill	11.14
3	Beth Dutson	u/a	11.57
4	Reanne Harvey	Dallam	13.48
5	Alyssia Hine	u/a	15.26

<b>Under 12 Boys</b>			
Position	Name	Club	Time
1	James Hall	Bingley	6.42
2	Philip Done	Keighley	7.00
3	David Goad	Helm Hill	7.05
4	Oliver Willink	Helm Hill	7.23
5	Harry Brooks	Helm Hill	7.32
6	Harry Packham	Helm Hill	7.45
7	Jake Lowther	Helm Hill	7.49
8	Chris Mitchell	Helm Hill	8.09
9	Jon Lowther	Helm Hill	8.26
10	James Gittings	Broughton	8.29
11	Oran Swindley	Helm Hill	8.44
12	Dan Miller	Broughton	8.51
13	Lewis Goad	Helm Hill	9.03
14	Lee Dryden	Settle	9.39
15	Jay Ferguson	Helm Hill	9.47
16	Joshua Robb	Helm Hill	10.05
17	Nathan Chadwick	Helm Hill	10.13
18	Nathaniel Walton	Howgill	11.47
19	Alexander Chadwick	Helm Hill	13.02

<b>Under 12 Girls</b>			
Position	Name	Club	Time
1	Megan Stuart	Helm Hill	7.37
2	Lorna Nunwick	Helm Hill	7.43
3	Lauren Appleyard	Helm Hill	8.15
4	Amber Holt	Helm Hill	8.31
5	Hannah Smith	Helm Hill	9.14
6	Erin Procter	Howgill	10.12
7	Elizabeth Goodfellow	Dallam	10.32
8	Fiona Bennett	u/a	11.05