

## Cautley Spout U12

Number	Time	Position	Name	Club	Boys	Girls
12	06:55	1	Joshua Newbold	Wharfedale	1	
20	07:08	2	Ben Kent	Helm Hill Runners	2	
23	07:14	3	Jacob Aubrey	Helm Hill Runners	3	
14	07:22	4	Robert Lambert	Wharfedale	4	
8	07:45	5	Logan Hargreaves	Wharfedale	5	
21	07:49	6	Joe Kent	Helm Hill Runners	6	
25	07:55	7	Sarah Atkinson	Helm Hill Runners		1
11	07:58	8	Jack Byrne	Helm Hill Runners	7	
357	07:58	9	Herbie Davies	Wharfedale	8	
44	08:01	10	Reuben Copley	Dallam	9	
85	08:03	11	Sam Willink	Helm Hill Runners	10	
58	08:07	12	Katherine Lawson	Howgill		2
34	08:09	13	Imogen Burrow	Helm Hill Runners		3
17	08:23	14	Robert Askew	Helm Hill Runners	11	
313	08:28	15	Tom Willink	Helm Hill Runners	12	
342	08:33	16	Nathan Chadwick	Helm Hill Runners	13	
306	08:36	17	Alfie Thorpe	Broughton Runners	14	
5	08:39	18	Robert Albion	Broughton Runners	15	
53	08:43	19	Alfie Walton	Dallam	16	
3	08:53	20	Eilidh Miller	Broughton Runners		4
335	09:01	21	Mia Senior	Helm Hill Runners		5
361	09:04	22	Ruben Swallow	U/A	17	
348	09:11	23	Richard Done	Wharfedale	18	
76	09:14	24	Samual Thom	Keighly and Craven	19	
37	09:21	25	Matthew Holroyd	Settle	20	
6	09:33	26	Leah Albion	Broughton Runners		6
97	09:34	27	Angus Kennedy	Dallam	21	
352	09:45	28	David Griffiths	Hoad Hill	22	
63	09:46	29	Alice Bowston	U/A		7
55	09:53	30	James Maxwell	Settle	23	
98	09:55	31	Kitty Morrison	U/A		8
59	09:59	32	Olivia Roscoe	U/A		9
50	10:01	33	Patrick O'Reilly	Helm Hill Runners	24	
71	10:10	34	Emelia Stevens	Helm Hill Runners		10
96	10:11	35	Zoe Sharples	Dallam		11
2	10:19	36	Gregor Miller	Broughton Runners	25	
317	10:35	37	Grace Attwood	Dallam		12
83	10:37	38	Jim O'Reilly	Helm Hill Runners	26	
344	10:59	39	Neve Spotswood	Dallam		13
338	11:06	40	Hannah Durkin	U/A		14
38	11:24	41	Alexander Chadwick	Helm Hill Runners	27	
321	11:26	42	Callum Noble	U/A	28	
56	11:26	43	Lucy Maxwell	Settle		15
7	11:31	44	Ben Albion	U/A	29	
346	12:14	45	Ethen Spotswood	Dallam	30	
45	12:37	46	Rowan Baker	Helm Hill Runners		16
359	12:42	47	Ellie Thomas	Helm Hill Runners		17

27	12:51	48	Tessa Knowles	U/A		18
26	13:13	49	Alexander Knowles	U/A	31	
86	13:57	50	Mia Roscoe	U/A		19

## Cautley Spout U14

Number	Time	Position	Name	Club	Boys	Girls
360	09:33	1	Phil Done	Wharfedale	1	
75	09:48	2	Callum Lambert	Wharfedale	2	
358	10:22	3	Lloyd Davies	Wharfedale	3	
99	10:38	4	Oliver Willink	Helm Hill Runners	4	
15	11:01	5	Elle Lambert	Wharfedale		1
40	11:10	6	Michael Hutchinson	Helm Hill Runners	5	
65	11:25	7	Mary Hodgson	Lancaster And Morcambe		2
73	12:22	8	Georgia Stevens	Helm Hill Runners		3
31	12:28	9	Max Kennedy	Dallam	6	
336	12:35	10	Mathew Senior	Helm Hill Runners	7	
90	12:52	11	Erin Proctor	Howgill		4
41	13:11	12	Tom Harkes	Dallam	8	
77	13:11	13	Hannah Thom	Kighthly and Craven		5
52	13:32	14	Maddy Bell	Dallam		6
66	13:40	15	Rosie Dutson	U/A		7
13	13:49	16	Hannah Newbold	Wharfedale		8
356	14:47	17	Ruban Ketchen	Helm Hill Runners		9
10	15:32	18	Hannah G Foster	Dallam		10
340	16:19	19	Zoe Baistow	Wharfedale		11

## Cautley Spout U17

Number	Time	Position	Name	Club	Boys	Girls
246	14:40	1	Declan Bulmer	Wharfedale	1	
271	14:58	2	Jake Lowther	Helm Hill Runners	2	
270	15:05	3	Jack Sharples	Dallam	3	
281	15:10	4	Mathew Horn	Wharfedale	4	
232	15:11	5	Sarah Hodgson	Landcaster and Morcambe		1
130	15:47	6	Lauren Munro Bennett	Helm Hill Runners		2
139	17:17	7	Beth Dutson	Helm Hill Runners		3
132	18:34	8	Ellie Walton	Dallam		4
314	20:49	9	Sally Handford	Keighley and Craven		5

## Cautley Spout Seniors

Number	Time	Position	Name	Club	Men	Ladies	v40	v50	v60
425	29:41	1	Alastair Dunn	Helm Hill Runners	1				
160	31:33	2	Jos Addison	Helm Hill Runners	2				
213	32:24	3	John Hooson	Ambleside	3		1		
481	32:33	4	Chris Newman	Wharfedale	4				
485	32:44	5	Sam Watson	Wharfedale	5				
482	33:08	6	Robin Stones	Helm Hill Runners	6				
197	33:49	7	Paul Neild	Bowland	7				
112	34:07	8	Alex Brown	Helm Hill Runners	8				
195	34:20	9	Gavin Thomas	Kendal	9		2		
105	34:34	10	Billy Proctor	Helm Hill Runners	10			1	
167	34:43	11	Garry Greenhow	U/A	11				
102	34:55	12	Niall Till	Helm Hill Runners	12				
255	35:02	13	Andy Mouncey	Settle	13		3		
121	35:16	14	Jeffrey Chadwick	Helm Hill Runners	14		4		
140	35:26	15	Colin Valentine	Keswick	15			2	
126	35:30	16	Jack Holt	Clayton	16				1
206	36:09	17	Paul Noble	U/A	17		5		
226	36:12	18	Alistor Hanna	Howgill Harriers	18				
103	37:16	19	Shaun Addison	Helm Hill Runners	19			3	
142	37:30	20	Terry Robinson	U/A	20			4	
478	37:52	21	Ian Robinson	Clayton	21			5	
476	38:24	22	Paul Tuson	Helm Hill Runners	22			6	
244	38:31	23	Fraser Livesey	Howgill Harriers	23		6		
484	38:48	24	Colin Jones	Horrich	24		7		
269	39:10	25	Mark Bell	Dallam	25		8		
163	39:13	26	Phil Thurlow	Helm Hill Runners	26		9		
166	39:17	27	Andy Bennett	Helm Hill Runners	27		10		
122	39:24	28	Patrick Hanna	Howgill Harriers	28				
268	39:41	29	Craig Burrow	Helm Hill Runners	29				
480	39:49	30	Chris Schofield	Helm Hill Runners	30		11		
207	39:51	31	Sam Noble	U/A		1			
111	40:00	32	Simon Kent	Helm Hill Runners	31			7	
116	40:07	33	Roger Aubrey	Helm Hill Runners	32		12		
129	40:24	34	Gareth Roscoe	Helm Hill Runners	33				
204	40:48	35	Olly Fielden	CFR	34				
475	40:57	36	Duncan Copley	U/A	35		13		
456	41:09	37	Nicky Lavery	U/A		2			
149	41:23	38	Patrick Willink	Helm Hill Runners	36		14		
431	41:45	39	Tom Doyle	Helm Hill Runners	37				
439	41:57	40	Jim Fisher	Howgill Harriers	38			8	
233	42:14	41	Tim Murray	Helm Hill Runners	39		15		
240	42:25	42	Dick Ballantine	Kighthly and Craven	40		16		
120	42:30	43	Debbie Copley	Dallam		3			
185	42:37	44	Caroline Holden	Helm Hill Runners		4			
222	42:41	45	Barry Scholes	Wharfedale	41			9	
486	43:24	46	Mike Salkeld	U/A	42				
267	43:32	47	Jesica Goodfellow	Dallam		5			
196	43:43	48	Dave Appleyard	Helm Hill Runners	43		17		
169	43:47	49	Brian Kennedy	Settle	44		18		
101	44:03	50	Dave Till	Helm Hill Runners	45			10	
479	44:18	51	Karen Ballantine	Kighthly and Craven		6			
209	44:27	52	Kevin May	Howgill Harriers	46		19		

193	44:31	53	Karl Mason	U/A	47				
487	44:32	54	Mary Ballantine	Eden Runners		7			
198	45:13	55	Jenny Edmondson	Dallam		8			
148	45:16	56	John Hodgson	Dallam	48				2
228	45:32	57	Tim Done	Wharfedale	49		20		
168	45:48	58	Andrew Hinde	Settle	50			11	
436	45:52	59	Mark Chamley	U/A	51				
150	45:58	60	Kate Donovan	Howgill Harriers		9			
128	46:15	61	Lynn Whittaker	Wharfedale		10			
220	46:29	62	Tim Thom	Kighthly and Craven	52		21		
158	47:01	63	Mike Cronshaw	U/A	53				3
229	47:22	64	Val Done	Wharfedale		11			
257	47:55	65	Sue Narey	Wharfedale		12			
143	47:58	66	Stewart J Johnson	Helm Hill Runners	54				4
114	48:33	67	Eleanor Knowles	Ambleside		13			
248	49:06	68	Paul Jennings	U/A	55		22		
300	50:30	69	Paul Wilson	Wharfedale	56			12	
223	50:46	70	Neil Dyson	Ochil	57				5
477	51:41	71	Mark Bennett	Wharfedale	58				
107	51:54	72	David Woodbridge	Ambleside	59			13	
230	53:16	73	Kath Davis	Settle		14			
483	53:36	74	Thomas Wilson	Wharfedale	60				
285	53:46	75	Vicky Kirkwood	Dallam		15			
141	54:09	76	Katie Robinson	U/A		16			
474	54:27	77	Raj Madhas	Wharfedale	61		23		
296	56:50	78	Mary Clayton	Wharfedale		17			
227	58:28	79	Annie Kent	Helm Hill Runners		18			
294	59:03	80	Richard Handford	Settle	62			14	
106	1:03:01	81	Lynda Hargrieves	Wharfedale		19			
234	1:08:49	82	Anna Baker	Helm Hill Runners		20			