

## Whitstone U12

Number	Time	Position	Name	Club	Boys	Girls
20	06:26	1	Ben Kent	Helm Hill Runners	1	
17	07:08	2	Robert Askew	Helm Hill Runners	2	
14	07:08	3	Robert Lambert	Wharfedale	3	
25	07:11	4	Sarah Atkinson	Helm Hill Runners		1
85	07:24	5	Sam Willink	Helm Hill Runners	4	
21	07:33	6	Joe Kent	Helm Hill Runners	5	
44	07:41	7	Reuben Copley	U/A	6	
34	07:45	8	Imogen Burrow	Helm Hill Runners		2
18	07:55	9	Ellamae Gibson	Wharfedale		3
87	07:57	10	Katie Russle	Helm Hill Runners		4
301	07:59	11	Adam Gibson	Wharfedale	7	
36	08:03	12	Lewis Bowness	U/A	8	
5	08:05	13	Robert Albon	Broughton Runners	9	
302	08:10	14	Rob Johnstone	Wharfedale	10	
97	08:17	15	Angus Kennedy	Dallam	11	
89	08:26	16	Sam Johnstone	Wharfedale	12	
92	08:28	17	Charlotte G Foster	Dallam		5
19	08:31	18	Shona Hastings	Wharfedale		6
63	08:31	19	Alice Bowston	U/A		7
53	08:32	20	Alfie Walton	Dallam	13	
6	08:43	21	Leah Albon	Broughton Runners		8
94	08:52	22	Bob Evans	Settle	14	
306	08:57	23	Alfie Thorpe	U/A	15	
305	08:59	24	William Mcleod	U/A	16	
96	08:59	25	Zoe Sharples	Dallam		9
83	09:00	26	Jim O'Reilly	Helm Hill Runners	17	
68	09:02	27	Alistair Howie	Hoad Hill	18	
50	09:05	28	Patrick O'Reilly	Helm Hill Runners	19	
304	09:05	29	Rob Mcleod	U/A	20	
95	09:11	30	James Maxwell	Settle	21	
98	09:34	31	Kitty Morrison	U/A		10
59	09:37	32	Olivia Roscoe	U/A		11
38	09:51	33	Alexander Chadwick	Helm Hill Runners	22	
62	10:14	34	Hannah Durkin	U/A		12
56	10:19	35	Lucy Maxwell	Settle		13
7	10:51	36	Ben Albon	U/A	23	
27	10:55	37	Tessa Knowles	U/A		14
45	11:35	38	Rowan Baker	Helm Hill Runners		15
26	11:51	39	Alexander Knowles	U/A	24	
86	12:42	40	Mia Roscoe	U/A		16
100	14:52	41	Joshua Reeve	U/A	25	

## Whitestone U14

Number	Time	Position	Name	Club	Boys	Girls
82	07:44	1	Phil Done	Wharfedale	1	
22	07:46	2	Chris Richards	Helm Hill Runners	2	
64	08:14	3	Luke Canning	Helm Hill Runners	3	
75	08:21	4	Callum Lambert	Wharfedale	4	
15	08:40	5	Elle Lambert	Wharfedale		1
67	08:45	6	Bella Gray	Kendal		2
40	08:51	7	Michael Hutchinson	Helm Hill Runners	5	
99	09:27	8	Oliver Willink	Helm Hill Runners	6	
16	09:44	9	Lorna Numwick	Helm Hill Runners		3
31	09:49	10	Max Kennedy	Dallam	7	
28	09:51	11	Heidi Murray	Helm Hill Runners		4
41	10:08	12	Tom Harkes	Dallam	8	
91	10:08	13	Tessa Higgs	Helm Hill Runners		5
303	10:09	14	Hannah Russell	U/A		6
308	10:22	15	Jamie Gittins	Broughton Runners	9	
66	10:30	16	Rosie Dutson	U/A		7
93	10:49	17	Hannah G Foster	Dallam		8
90	11:02	18	Erin Proctor	Howgill		9
52	11:06	19	Maddy Bell	Dallam		10

## Whitstone U17

Number	Time	Position	Name	Club	Boys	Girls
286	12:00	1	Rory Addison	Helm Hill Runners	1	
241	12:19	2	Ben Johnstone	Wharfedale	2	
270	13:06	3	Jack Sharples	Dallam	3	
279	13:07	4	Gavin Lloyd	Broughton Runners	4	
130	13:13	5	Lauren Munro Bennett	Helm Hill Runners		1
232	13:44	6	Sarah Hodgson	Landcaster and Mord		2
281	14:08	7	Mathew Horn	Wharfedale	5	
271	14:11	8	Jake Lowther	Helm Hill Runners	6	
139	14:12	9	Beth Dutson	Helm Hill Runners		3
127	14:57	10	Jon Lowther	Helm Hill Runners	7	
277	16:35	11	William Leedham	Dallam	8	

## Whitstone Seniors

Number	Time	Position	Name	Club	Men	Ladies	v40	v50	v60
165	20:34	1	Mark Addison	Helm Hill Runners	1				
256	21:45	2	James Knox	Helm Hill Runners	2				
280	22:04	3	Carl Bell	Howgill Harriers	3				
213	22:18	4	John Hooson	Ambleside	4		1		
151	22:20	5	Rick Stuart	Helm Hill Runners	5		2		
288	22:21	6	Sam Fisher	Howgill Harriers	6				
160	22:32	7	Jos Addison	Helm Hill Runners	7				
102	22:57	8	Niall Till	Helm Hill Runners	8				
289	23:03	9	Seb Sillito	Helm Hill Runners	9				
242	23:18	10	Ben Proctor	Helm Hill Runners	10				
273	23:23	11	Christopher Howie	Hoad Hill	11		3		
121	23:33	12	Jeffrey Chadwick	Helm Hill Runners	12		4		
112	23:34	13	Alex Brown	Helm Hill Runners	13				
217	23:37	14	Mike Berners-Lee	Helm Hill Runners	14		5		
167	23:39	15	Garry Greenhow	U/A	15				
105	23:47	16	Billy Proctor	Helm Hill Runners	16			1	
135	23:51	17	Rob Dewhurst	Ambleside	17		6		
201	24:19	18	Paul Upton	U/A	18				
199	24:27	19	Chris Speight	Helm Hill Runners	19			2	
140	24:31	20	Colin Valentine	Keswick	20			3	
126	24:34	21	Jack Holt	Clayton	21				1
216	24:48	22	Richard Wells	Allithwaitte	22		7		
119	24:57	23	Anthony Bowness	U/A	23		8		
103	25:17	24	Shaun Addison	Helm Hill Runners	24			4	
195	25:19	25	Gavin Thomas	Kendal	25		9		
268	25:25	26	Craig Burrow	Helm Hill Runners	26				
109	25:41	27	Melanie Hyder	Helm Hill Runners		1			
142	25:44	28	Terry Robinson	U/A	27			5	
172	25:45	29	Jim Andrews	Helm Hill Runners	28		10		
125	25:47	30	James Riley	Todmorden Harriers	29				
293	25:52	31	Allan Miller	Kendal	30			6	
163	25:55	32	Phil Thurlow	Helm Hill Runners	31		11		
215	26:10	33	Stuart Allan	Allithwaitte	32		12		
287	26:13	34	Ray Gill	Dallam	33		13		
282	26:34	35	Tom Doyle	Helm Hill Runners	34				
272	26:44	36	Johnathan Gibson	Wharfedale	35		14		
111	26:45	37	Simon Kent	Helm Hill Runners	36			7	
284	26:47	38	Steve Carr	U/A	37			8	
129	26:52	39	Gareth Roscoe	Helm Hill Runners	38				
204	26:56	40	Ollie Feiding	CFR	39				
149	27:07	41	Patrick Willink	Helm Hill Runners	40		15		
269	27:10	42	Mark Bell	Dallam	41		16		
169	27:19	43	Brian Kennedy	Settle	42		17		
292	27:23	44	Mike Addison	Helm Hill Runners	43		18		
153	27:25	45	Kate Ayres	Ambleside		2			
206	27:31	46	Paul Noble	U/A	44		19		
233	27:35	47	Tim Murray	Helm Hill Runners	45		20		
113	27:41	48	Duncan Richards	Helm Hill Runners	46			9	
185	27:43	49	Caroline Holden	Helm Hill Runners		3			
235	27:44	50	Stephen Baker	Helm Hill Runners	47		21		
254	27:45	51	Jim Fisher	Howgill Harriers	48			10	
207	27:58	52	Sam Noble	U/A		4			

104	28:12	53	Tim Miller	Ambleside	49		22		
237	28:47	54	Andrew Russell	Helm Hill Runners	50		23		
209	28:47	55	Kevin May	Howgill Harriers	51		24		
291	28:55	56	Peter Wheeler	U/A	52				
212	29:06	57	Paul Simpson	Kendal	53		25		
193	29:08	58	Karl Mason	U/A	54				
228	29:19	59	Tim Done	Wharfedale	55		26		
267	29:42	60	Jesica Goodfellow	Dallam		5			
143	29:43	61	Stewart Johnson	Helm Hill Runners	56				2
210	29:52	62	Katie May	Howgill Harriers		6			
150	29:55	63	Kate Donovan	Howgill Harriers		7			
198	30:14	64	Jenny Edmadson	Dallam		8			
274	30:20	65	Shaun Atkinson	U/A	57				
200	30:34	66	Victoria Lepper	Helm Hill Runners		9			
203	30:39	67	Wendy Dodds	Clayton		10			
148	30:47	68	John Hodgson	Dallam	58				3
248	31:04	69	Paul Jennings	U/A	59		27		
290	31:17	70	Dave Richardson	Helm Hill Runners	60			11	
128	31:26	71	Lynn Whittaker	Wharfedale		11			
191	31:32	72	Rachel Slattery	Keswick		12			
285	32:03	73	Vicky Kirkwood	Dallam		13			
257	32:10	74	Sue Narey	Wharfedale		14			
260	32:15	75	Paul Jackson	Howgill Harriers	61				
187	32:17	76	Davod Sandford	U/A	62		28		
114	32:25	77	Eleanor Knowles	Ambleside		15			
158	32:40	78	Mike Cronshaw	U/A	63				4
243	32:43	79	George James	Blackpool	64				5
283	32:56	80	Ruth Nelson	Helm Hill Runners		16			
125	33:42	81	James Riley	Todmorden Harriers	65				
229	33:45	82	Val Done	Wharfedale		17			
136	33:46	83	Bethan Burke	Helm Hill Runners		18			
275	34:08	84	Stewart Johnson	Wharfedale	66		29		
147	34:16	85	Trevor Metcalf	Wharfedale	67				6
276	34:19	86	Viki Mcloud	U/A		19			
141	34:25	87	Katie Robinson	U/A		20			
223	34:35	88	Neil Dyson	Ochil	68				7
192	34:42	89	Joanne Richardson	Helm Hill Runners		21			
171	34:46	90	Yvonne Proctor	Helm Hill Runners		22			
247	34:53	91	Christine Jennings	U/A		23			
227	37:31	92	Annie Kent	Helm Hill Runners		24			
278	39:36	93	Richard Clives	U/A	69				8
234	42:59	94	Anna Baker	Helm Hill Runners		25			