

SHIPMAN KNOTTS FELL RACE**RESULTS 2012**

POS	NAME	CLUB	CAT	TIME
1	Steve Swarbrick	Bowland	M40	34.54
2	Robin Stones	Helm Hill	M	35.03
3	Rick Stuart	Helm Hill	M40	36.10
4	Martin Cliffe	Eryri	M40	36.17
5	David White	Helm Hill	M40	38.00
6	Nigel Wood	Coniston	M	38.01
7	Jonathan Cooper	u/a	M40	38.25
8	Matt Beresford	Kendal	M40	38.52
9	Lee Procter	Helm Hill	M	39.08
10	Craig Burrow	Helm Hill	M	40.22
11	Paul Riley	Coniston	M	40.24
12	Jamie Johnson	Bournville	M	40.30
13	Garry Beardwood	Helm Hill	M40	40.45
14	Jimmy Heal	u/a	M40	41.10
15	Jane Reedy	Ambleside	F	41.40
16	Mark Harris	Helm Hill	M40	41.42
17	Dickie Wilkinson	Dark Peak	M50	42.19
18	Ashley Kay	Dark Peak	M50	42.25
19	Jake Lowther	Helm Hill	M	42.30
20	Billy Procter	Helm Hill	M50	43.16
21	Matt Pearman	Kendal	M	43.21
22	Shaun Addison	Helm Hill	M50	43.31
23	Phil Clarke	Kendal	M50	44.18
24	Matthew Owen	u/a	M	44.26
25	Christine Johnson	Helm Hill	F	44.34
26	Ali Richards	Helm Hill	F	44.48
27	Gavin Kerr	u/a	M40	44.51
28	Claire Wilson	u/a	F	44.55
29	Brian Kennedy	Settle	M50	44.57
30	Ben Procter	Helm Hill	M	45.09
31	Ben Stuart	Helm Hill	M	45.11
32	Andrew Dugdale	Clayton	M50	45.40
33	Tim Murray	Helm Hill	M50	46.14
34	Paul Wright	u/a	M40	47.10
35	Andrew Firth	Clayton	M50	48.28

SHIPMAN KNOTTS FELL RACE**RESULTS 2012**

POS	NAME	CLUB	CAT	TIME
36	Becky James	Helm Hill	F	49.11
37	Caroline Holden	Helm Hill	F40	49.31
38	Joanne Moore	Eryri	F40	49.41
39	Dave Appleyard	Helm Hill	M40	50.17
40	Colin Capstick	Coniston	M	51.17
41	Nick Hambrey	Kendal	M60	53.59
42	Amanda Burrow	Helm Hill	F	59.00
43	Nicola Horsfall	Clayton	F60	59.34
44	Mark Glaisher	Saxons	M60	DNF
45				
46				
47				
48				
49				
50				
51				
52				
53				
54				
55				
56				
57				
58				
59				
60				
61				
62				
63				
64				
65				
66				
67				
68				
69				

