

Whitstone Seniors

Number	Time	Position	Name	Club	Men	Ladies	v40	v50	v60
409	31:14	1	Sam Watson	Wharfedale	1				
224	31:37	2	Tom Gibbs	Ambleside	2				
278	31:49	3	Bruce Duncan	u/a	3				
388	32:00	4	John Hooson	Ambleside	4		1		
385	32:25	5	Jamie Luxmoore	Ambleside	5				
413	32:27	6	Quentin Harding	Bowland	6		2		
212	32:52	7	Seb Sillito	Helm Hill	7				
155	33:12	8	James Craig	Wharfedale	8				
423	33:16	9	John Deegan	Ambleside	9		3		
231	33:22	10	Mark Taylor	u/a	10		4		
238	33:25	11	Matthew Fretwell	Settle	11		5		
357	33:40	12	Rory Addison	Helm Hill	12				
340	34:02	13	Paul Aitken	Helm Hill	13				
356	34:08	14	Alex Brown	Helm Hill	14				
429	34:11	15	Richard Stevens	Ambleside	15				
181	34:24	16	Patrick Hanna	Howgill H	16				
28	34:48	17	Mel Hyder	Helm Hill		1			
169	36:06	18	Ben Procter	Helm Hill	17				
287	36:13	19	Billy Procter	Helm Hill	18			1	
26	36:15	20	Jack Holt	Clayton Le Moors	19				1
40	36:27	21	Anthony Bowness	u/a	20		6		
131	36:35	22	Gavin Thomas	u/a	21		7		
277	36:36	23	Richard Wells	Allithwaite	22		8		
431	36:37	24	Antony Emmet	Helm Hill	23				
430	36:37	25	Adam Crowe	Ambleside	24				
146	36:39	26	Mike Berners-Lee	Helm Hill	25		9		
416	36:48	27	Brendan Bowland	Horwich	26		10		
189	36:49	28	Graham Lobb	Coniston	27		11		
425	36:57	29	Tom Chesters	Hull RC	28				
421	36:59	30	Antony Cooper	Helm Hill	29				
417	37:02	31	Sean Bolland	Bowland	30				
349	37:07	32	Rob Dewhurst	Ambleside	31				
363	37:09	33	Shaun Addison	Helm Hill	32				
315	37:11	34	Roger Aubrey	Helm Hill	33		12		
186	37:12	35	Terry Robinson	Helm Hill	34			2	
191	37:13	36	Nigel Wood	Coniston	35				
400	37:14	37	Simon Waller	Helm Hill	36		13		
258	37:18	38	Leigh Baron	Kendal	37		14		
197	37:26	39	Steve Carr	u/a	38			3	
171	37:27	40	Mark Bell	Dallam	39		15		
380	37:32	41	Stuart Allan	Allithwaite	40		16		
132	37:34	42	Luke Appleyard	Wharfedale	41				
163	37:35	43	Sam Noble	u/a		2			
410	37:38	44	Mike Walsh	Kendal A C	42				2
377	37:51	45	Rob Crawford	Helm Hill	43				
412	37:52	46	Zoe Harding	Lancaster & Morecambe		3			
236	39:11	47	Ray Gill	Dallam	44			4	
193	39:15	48	Paul Reilly	Coniston	45				
427	39:22	49	Martin Summerfield	u/a	46		17		
420	39:26	50	Astrid Gibbs	Ambleside		4			
225	39:31	51	Rae Dalziel	Dallam	47		18		
379	39:43	52	Chris Schofield	Helm Hill	48		19		
252	39:54	53	Patrick Willink	Helm Hill	49		20		

Whitestone U12

Number	Time	Position	Name	Club	Boys	Girls
74	5:23	1	Jacob Aubrey	Helm Hill	1	
313	5:59	2	Luke Bowen	Ambleside	2	
289	6:03	3	Robert Lambert	Wharfedale	3	
16	6:11	4	Sarah Atknison	Helm Hill		1
45	6:13	5	Robert Askew	Helm Hill	4	
305	6:28	6	Joe Edmondson	Broughton Runners	5	
298	6:29	7	Logan Hargreaves	Wharfedale	6	
25	6:34	8	Joe Kent	Helm Hill	7	
308	6:37	9	Alfie Thorpe	Broughton Runners	8	
32	6:39	10	Lewis Bowness	u/a	9	
306	6:42	11	Ben Edmondson	Broughton Runners	10	
94	6:44	12	Katie Thurlow	Helm Hill		2
343	6:54	13	Gabe Connolly	u/a	11	
303	6:54	14	Eilidh Miller	Broughton Runners		3
77	6:57	15	Shona Hastings	Wharfedale		4
2	7:03	16	Robert Albion	Broughton Runners	12	
309	7:05	17	Thomas Burrow	Dallam	13	
304	7:07	18	Gregor Miller	Broughton Runners	14	
49	7:09	19	Alice Boston	Ambleside		5
13	7:16	20	Morgan Weymouth	u/a	15	
52	7:17	21	Alfie Walton	Dallam	16	
394	7:18	22	Charlotte Goodfellow-F	Dallam		6
162	7:18	23	James Bowen	Ambleside	17	
24	7:22	24	Emelia Stevens	Helm Hill		7
1	7:26	25	Leah Albion	Broughton Runners		8
314	7:34	26	Angus Kennedy	Dallam	18	
48	7:35	27	Kitty Morrison	Settle		9
68	7:41	28	Pierce Harris	Helm Hill	19	
31	7:42	29	Tom Willacy	Helm Hill	20	
79	7:46	30	Adam Gibson	Wharfedale	21	
342	7:48	31	James Abbatt	Howgill H	22	
164	7:55	32	Harry Bowen	Ambleside	23	
44	7:58	33	Elliot Wren	u/a	24	
316	8:00	34	Megan Turner	u/a		10
160	8:01	35	Daniel Sanderson	Ambleside	25	
401	8:02	36	Andrew Brotherton	Ambleside	26	
57	8:08	37	Chloe Rylance	Ambleside		11
296	8:13	38	Ellie Giles	Broughton Runners		12
108	8:15	39	Eddie Leedham	Dallam	27	
333	8:21	40	Anna Clough	Ambleside		13
392	8:23	41	John Oakes	Broughton Runners	28	
140	8:27	42	Edward Latham	Ghyllside	29	
51	8:29	43	Ryan Whitehead	Helm Hill	30	
344	8:32	44	Alistair Howie	Hoad Hill	31	
325	8:33	45	Brodie Weymouth	u/a	32	
50	8:34	46	Hannah Durkin	Ambleside		14
398	8:34	47	Ethan Leahy	Helm Hill	33	

53	8:35	48	Caitlin Whitehead	Helm Hill		15
116	8:38	49	Grace Attwood	Dallam		16
33	8:39	50	Gordon Blackburn	Ambleside	34	
159	8:45	51	Harry Sanderson	Ambleside	35	
334	8:49	52	Lottie Beardwood	Helm Hill		17
3	8:51	53	Ben Albion	Broughton Runners	36	
84	8:54	54	Daniel Harris	u/a	37	
46	8:58	55	Kaya Carradice	Helm Hill		18
122	9:00	56	Alice Slattery	u/a		19
300	9:01	57	Jack Burrow	Dallam	38	
297	9:02	58	Dougie Rice	Broughton Runners	39	
27	9:02	59	Josh Roelants	Helm Hill	40	
34	9:04	60	Katie Bowness	u/a		20
123	9:04	61	Joe Clayton	Helm Hill	41	
405	9:05	62	Oscar Ross	u/a	42	
133	9:10	63	Ella Beardwood	Helm Hill		21
319	9:13	64	Erin Bagge	Helm Hill		22
129	9:14	65	Ellie Thomas	Helm Hill		23
56	9:14	66	Alexander Knowles	Ambleside	43	
71	9:23	67	James Brooks	Helm Hill	44	
295	9:32	68	Lucy Giles	Broughton Runners		24
86	9:38	69	Jamie Harris	u/a	45	
55	9:39	70	Tessa Knowles	Ambleside		25
299	9:41	71	Abbie Thomson	Helm Hill		26
399	9:42	72	Abbie Waller	Helm Hill		27
393	9:57	73	Billy Strong	Broughton Runners	46	
336	9:59	74	Rebecca Dyer	Helm Hill		28
321	10:03	75	Rosie Swallow	Helm Hill		29
335	10:03	76	Ella Park	Helm Hill		30
403	10:04	77	Tom Williams	u/a	47	
402	10:06	78	Rebecca Williams	u/a		31
404	10:09	79	Ewan Benson	u/a	48	
294	10:26	80	Lucie Cloke	Helm Hill		32
83	11:28	81	Rowen Baker	Helm Hill		33

Whitestone U14

Number	Time	Position	Name	Club	Boys	Girls
20	8:42	1	Matthew Senior	Helm Hill	1	
291	8:48	2	George Tostevin	Lancs & Morecambe	2	
21	8:50	3	Ellie Lambert	Wharfedale		1
307	8:54	4	Jack Edmonson	Broughton Runners	3	
67	8:58	5	Mary O'Reilly	Helm Hill		2
194	9:04	6	Lawrence Atkinson	Lonsdale	4	
30	9:35	7	Tom Harkes	Dallam	5	
22	9:52	8	Georgia Stevens	Helm Hill		3
407	10:30	9	Jamie Gittins	Broughton Runners	6	
165	10:32	10	Rosie Dutson	u/a		4
19	10:33	11	Mia Senior	Helm Hill		5
408	10:43	12	Magnus Ross	u/a	7	
95	11:00	13	Max Kennedy	Dallam	8	
81	11:05	14	Ella May Gibson	Wharfedale		6
411	11:14	15	Callum Noble	u/a	9	
395	11:17	16	Hannah Goodfellow-Fo	Dallam		7
170	11:23	17	Maddy Bell	Dallam		8
406	11:39	18	Kate Horn	Wharfedale		9
391	12:02	19	Brandon Brooks	Helm Hill	10	
106	13:00	20	Vic Leedham	Dallam		10

Whitestone U17

Number	Time	Position	Name	Club	Boys	Girls
288	12:16	1	Jack Sharples	Dallam	1	
365	13:10	2	Declan Bulmer	wharfedale	2	
228	13:11	3	Matthew Horn	Wharfedale	3	
218	13:24	4	Jon Lowther	Helm Hill	4	
290	13:43	5	Callum Lambert	Wharfedale	5	
63	15:35	6	Ellie Walton	Dallam		1
396	16:12	7	Lorna Unwick	Helm Hill		2
103	16:20	8	Will Leedham	Dallam	6	