

Arant Haw U12

Number	Time	Position	Name	Club	Boys	Girls
309	7:03	1	Euan Brennan	Ilkley	1	
345	7:20	2	Fraser Sproul	Kendal	2	
115	7:28	3	Tom Humphries	Eden	3	
42	7:31	4	Daniel Sanderson	Ambleside	4	
91	7:34	5	Eric Beamont	Keighley & Craven	5	
96	7:57	6	James Bowen	Ambleside	6	
93	7:59	7	Harry Bowen	Ambleside	7	
327	8:06	8	Matthew Holroyd	Settle	8	
101	8:13	9	Sebastian Segger-Staveley	Settle	9	
41	8:26	10	Robert Askew	Helm Hill	10	
340	8:30	11	Jacob Smith	u/a	11	
56	8:35	12	Tom Willacy	Helm Hill	12	
171	8:37	13	Benjamin Smith	u/a	13	
548	8:37	14	Sean Bargh	Settle	14	
127	8:46	15	Bob Evans	Settle	15	
106	8:52	16	Keera Nelson	Wharfedale		1
149	8:59	17	Sam Thom	Keighley & Craven	16	
348	9:01	18	Alfie Walton	Dallam	17	
122	9:08	19	Lewis Airey	u/a	18	
173	9:09	20	Ben Shaw	u/a	19	
44	9:15	21	Harry Sanderson	Ambleside	20	
83	9:19	22	Alex Jackson	Ambleside	21	
175	9:22	23	Daniel Harris	Helm Hill	22	
136	9:30	24	Joe Clayton	Helm Hill	23	
78	9:34	25	Gordon Blackburn	Ambleside	24	
174	9:36	26	Sarah Smith	u/a		2
188	9:41	27	Barnaby Walkingshaw	CFR	25	
329	9:46	28	Honor Jeffrey	Settle		3
183	9:48	29	Will Durkin	Ambleside	26	
79	10:01	30	Charlie Blackburn	Ambleside	27	

Arant Haw U12

Number	Time	Position	Name	Club	Boys	Girls
117	10:03	31	Maud Humphries	Eden Runners		4
103	10:05	32	Douglas Segger-Staveley	Settle	28	
15	10:05	33	Lottie Beardwood	Helm Hill		5
16	10:21	34	Ella Beardwood	Helm Hill		6
176	10:24	35	Jamie Harris	Helm Hill	29	
131	10:40	36	Edie Eccleston	Settle		7
110	10:44	37	Cole Kirby	Ambleside	30	
332	11:07	38	Grace Attwood	Dallam		8
107	11:10	39	Tristain Nelson	Wharfedale	31	
54	11:13	40	Rowan Baker	Helm Hill		9
62	11:15	41	Clara Samson	Helm Hill		10
140	11:19	42	Ella Park	Helm Hill		11
161	11:25	43	Luke Leadbeater	u/a	32	
114	11:27	44	Robert Porter	Ambleside	33	
547	11:28	45	Rory Knowles	Ambleside	34	
55	11:40	46	Alexander Knowles	Ambleside	35	
189	11:44	47	Beau Walkingshaw	CFR		12
319	11:59	48	Matthew Wright	Helm Hill	36	
36	13:08	49	Mia Walsh	Helm Hill		13
37	13:09	50	Maddie Walsh	Helm Hill		14
29	13:09	51	Abbie Allan	Helm Hill		15
32	13:10	52	Katie Thurlow	Helm Hill		16
545	13:11	53	Kate Thompson	u/a		17
52	13:17	54	Emelia Stevens	Helm Hill		18
546	13:18	55	Holly Ross	u/a		19

Arant Haw U14

Number	Time	Position	Name	Club	Boys	Girls
109	9:18	1	Thomas Nelson	Wharfedale	1	
8	9:32	2	Joe Edmondson	Broughton	2	
9	9:36	3	Jack Edmondson	Broughton	3	
48	9:38	4	Jacob Aubrey	Helm Hill	4	
143	10:49	5	Katherine Lawson	Helm Hill		1
331	11:17	6	George Attwood	Dallam	5	
3	11:38	7	Imogen Burrow	Helm Hill		2
14	12:31	8	Mia Senior	Helm Hill		3
408	16:14	9	Charlotte Goodfellow	Dallam		4
184	16:15	10	Hannah Durkin	Ambleside		5

Arant Haw U17

Number	Time	Position	Name	Club	Boys	Girls
92	11:48	1	Oscar Meanwell	Borrowdale	1	
35	11:56	2	Mark Mahoney	Settle Harriers	2	
368	12:54	3	Jake Lowther	Helm Hill	3	
10	13:01	4	Matthew Senior	Helm Hill	4	
164	13:04	5	Jacob Steele	Dallam	5	
179	13:05	6	Tom Harkes	Dallam	6	
544	13:56	7	Harry Packham	U/A	7	
326	14:46	8	Grace Jeffrey	Settle Harriers		1
321	15:11	9	Jack Sharples	Dallam	8	
153	16:34	10	Will Leedham	Dallam	9	
6	18:06	11	Georgia Stevens	Helm Hill		2
38	18:07	12	Ellie Lambert	Wharfdale		3
150	18:08	13	Hannah Thom	Keighley & Craven		4
58	18:39	14	Sarah Thompson	Dallam		5
353	18:41	15	Erin Proctor	Howgill		6
416	20:20	16	Maddy Bell	Dallam		7
165	20:22	17	Alice Steele	Dallam		8
349	20:23	18	Rosie Dutson	u/a		9
152	20:23	19	Vicky Leedham	Dallam		10
373	20:24	20	Hannah Foster	Dallam		11

Arant Haw Senior

Number	Time	Position	Name	Club	Men	Ladies	v40	fv40	v50	fv50	v60	fv60	v70
553	38:26	1	Tom Addison	Helm Hill	1								
554	39:07	2	Mark Addison	Helm Hill	2								
474	41:42	3	Joe Forrest	U/A	3								
251	42:07	4	Andy Beanland	Settle Harriers	4								
258	42:21	5	Patrick Hanna	Howgill	5								
476	42:41	6	Terry Conway	Ambleside	6								
428	44:10	7	Sarah McCormack	Moorfoot		1							
221	44:37	8	Mark Taylor	U/A	7		1						
392	45:03	9	Rick Stuart	Helm Hill	8		2						
551	45:05	10	John Hosker	Howgill	9								
213	46:05	11	Billy Procter	Helm Hill	10				1				
4	46:56	12	Craig Burrow	Helm Hill	11								
464	48:49	13	David Cope	Howgill	12								
488	49:16	14	Mark Harris	Helm Hill	13		3						
555	49:35	15	Graham Moffat	Howgill	14				2				
461	49:54	16	Steven Whitaker	Clayton	15				3				
475	49:59	17	Annie Conway	Ambleside		2							
141	50:10	18	Peter Lawson	U/A	16								
229	51:12	19	Sean Addison	Helm Hill	17				4				
30	51:16	20	Phil Thurlow	Helm Hill	18		4						
425	52:00	21	Mike Walsh	Kendal	19						1		
50	53:02	22	Roger Aubrey	Helm Hill	20				5				
128	54:40	23	Andy Evans	Settle Harriers	21				6				
347	54:45	24	Ali Richards	Helm Hill		3							
224	55:08	25	Patrick Willink	Helm Hill	22		5						
552	55:25	26	Caroline Holden	Helm Hill		4		1					
393	56:52	27	Wendy Dodds	Clayton		5						1	
5	57:13	28	Amanda Burrow	Helm Hill		6							
284	57:17	29	Jayne Rigby	Helm Hill		7							
239	57:21	30	Peter Singleton	Blackpool	23				7				

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Number	Time	Position	Name	Club	Men	Ladies	v40	fv40	v50	fv50	v60	fv60	v70
124	57:23	31	Barry Scholes	Wharfdale	24						2		
231	58:51	32	Stephen Fish	Clayton	25				8				
194	59:13	33	Mark Charnley	U/A	26		6						
201	59:38	34	David Appleyard	Helm Hill	27		7						
307	1:01:45	35	Becky James	Helm Hill		8							
550	1:02:34	36	Ian Stephenson	U/A	28		8						
300	1:02:37	37	Matt Atkinson	Kendal Tri	29								
549	1:02:53	38	Jo Wilcox	Helm Hill		9		2					
241	1:02:57	39	Peter Heneghan	Horwich	30								1
57	1:03:07	40	Eleanor Knowles	Ambleside		10		3					
205	1:03:59	41	Lynn Whittaker	Wharfdale		11				1			
328	1:04:56	42	Trevor Metcalfe	Wharfdale	31						3		
195	1:06:26	43	Paul Sessford	Keighley & Craven	32		9						
350	1:06:27	44	John Hodgson	Dallam	33						4		
355	1:06:28	45	Greg Tagney	Dallam	34						5		
242	1:12:14	46	George James	Blackpool	35						6		
364	1:18:15	47	Becca Atkinson	Helm Hill		12							
254	1:18:23	48	Denis Wood	Borrowdale	36						7		