

## Birkrigg U12

Number	Time	Position	Name	Club	Boys	Girls
309	4:52	1	Euan Brennan	Ilkley	1	
115	5:01	2	Tom Humphries	Eden	2	
7	5:06	3	Ben Edmondson	Broughton	3	
47	5:07	4	Alfie Thorpe	Broughton	4	
41	5:18	5	Robert Askew	Helm Hill	5	
146	5:21	6	Gabe Connolly	u/a	6	
96	5:22	7	James Bowen	Ambleside	7	
93	5:24	8	Harry Bowen	Ambleside	8	
36	5:26	9	Mia Walsh	Helm Hill		1
31	5:30	10	Tom Allan	Helm Hill	9	
26	5:32	11	Logan Hargreaves-Madhas	Wharfedale	10	
56	5:34	12	Tom Willacy	Helm Hill	11	
91	5:36	13	Eric Beamont	Keighley & Craven	12	
101	5:39	14	Sebastian Segger-Staveley	Settle	13	
71	5:43	15	Caitlin Whitehead	Helm Hill		2
327	5:44	16	Matthew Holroyd	Settle	14	
84	5:44	17	James Thornley	Ambleside	15	
340	5:45	18	Jacob Smith	u/a	16	
421	5:45	19	Jack Turner	Hoad Hill	17	
77	5:46	20	Jenny Lomax	Howgill		3
29	5:47	21	Abbie Allan	Helm Hill		4
400	5:48	22	Matthew Thornley	Ambleside	18	
127	5:49	23	Bob Evans	Settle	19	
418	5:49	24	Connor O'Hara	Hoad Hill	20	
372	5:50	25	Peter Clough	Ambleside	21	
73	5:51	26	Chloe Rylance	Ambleside		5
22	5:52	27	Elliot Wren	Helm Hill	22	
119	5:53	28	Thomas Russell	Helm Hill	23	
171	5:53	29	Benjamin Smith	u/a	24	
380	5:54	30	Kitty Morrison	Settle		6

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Number	Time	Position	Name	Club	Boys	Girls
42	5:59	31	Daniel Sanderson	Ambleside	25	
70	6:02	32	Ryan Whitehead	Helm Hill	26	
348	6:03	33	Alfie Walton	Dallam	27	
32	6:04	34	Katie Thurlow	Helm Hill		7
404	6:06	35	Alice Boston	Ambleside		8
90	6:07	36	Jack Beamont	Keighley & Craven	28	
27	6:09	37	Mollie Bratt	Helm Hill		9
52	6:11	38	Emelia Stevens	Helm Hill		10
329	6:13	39	Honor Jeffrey	Settle		11
190	6:17	40	William Helme	u/a	29	
122	6:18	41	Lewis Airey	u/a	30	
23	6:20	42	Erin Bagge	Helm Hill		12
15	6:26	43	Lottie Beardwood	Helm Hill		13
136	6:28	44	Joe Clayton	Helm Hill	31	
417	6:31	45	Alastair Howie	Hoad Hill	32	
106	6:32	46	Keera Nelson	Wharfedale		14
384	6:32	47	Alexandra Agliolo	u/a		15
413	6:33	48	Cassius Fawcett	u/a	33	
16	6:34	49	Ella Beardwood	Helm Hill		16
117	6:37	50	Maud Humphries	Eden Runners		17
402	6:43	51	Evan Mills	Keighley & Craven	34	
151	6:45	52	Edward Leedham	Dallam	35	
103	6:46	53	Douglas Segger-Staveley	Settle	36	
78	6:48	54	Gordon Blackburn	Ambleside	37	
110	6:50	55	Cole Kirby	Ambleside	38	
76	6:50	56	Sophie Rylance	Ambleside		18
415	6:51	57	Patrick Thomas	Hoad Hill	39	
407	6:55	58	Erin Cummings	Settle		19
404	6:58	59	Alice Boston	Ambleside		20
319	7:05	60	Matthew Wright	Helm Hill	40	

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420	7:08	61	Helen Turner	Hoad Hill		21
131	7:09	62	Edie Eccleston	Settle		22
79	7:10	63	Charlie Blackburn	Ambleside	41	
123	7:14	64	George Keevil	u/a	42	
54	7:14	65	Rowan Baker	Helm Hill		23
114	7:21	66	Robert Porter	Ambleside	43	
140	7:24	67	Ella Park	Helm Hill		24
317	7:37	68	Ben Albion	Broughton	44	
107	7:41	69	Tristain Nelson	Wharfedale	45	
410	8:08	70	James Taylor	u/a	46	
411	8:08	71	Joshua Taylor	u/a	47	
126	8:34	72	Lauren Evans	Settle		25
187	8:50	73	Roxana Gittins	Broughton		26
412	8:51	74	William Harrison	u/a	48	

## Birkrigg U14

Number	Time	Position	Name	Club	Boys	Girls
164	9:29	1	Jacob Steele	Dallam	1	
109	9:32	2	Thomas Nelson	Wharfedale	2	
48	9:42	3	Jacob Aubrey	Helm Hill	3	
9	9:48	4	Jack Edmondson	Broughton	4	
94	9:48	5	Luke Bowen	Ambleside	5	
8	10:05	6	Joe Edmondson	Broughton	6	
89	10:21	7	Joshua Newbold	Wharfedale	7	
325	10:29	8	George Tostevin	Lancs and Morecambe	8	
3	10:35	9	Imogen Burrow	Helm Hill		1
40	10:41	10	Robert Lambert	Wharfedale	9	
14	10:59	11	Mia Senior	Helm Hill		2
422	11:02	12	Luke Turner	Hoad	10	
313	11:43	13	Jake Shuttleworth	Ambleside	11	
311	12:19	14	Eilidh Miller	Broughton		3
341	14:14	15	Amy Hambly	Broughton		4
403	14:20	16	Anna Clough	Ambleside		5
184	14:32	17	Hannah Durkin	Ambleside		6
408	15:01	18	Charlotte Goodfellow	Dallam		7
152	15:02	19	Vicky Leedham	Dallam		8

**Birkrigg U17**

Number	Time	Position	Name	Club	Boys	Girls
10	16:06	1	Matthew Senior	Helm Hill	1	
339	16:31	2	Gavin Lloyd	Broughton Runners	2	
368	16:48	3	Jake Lowther	Helm Hill	3	
58	16:50	4	Sarah Thompson	Dallam		1
179	16:51	5	Tom Harkes	Dallam	4	
321	18:02	6	Jack Sharples	Dallam	5	
38	18:17	7	Ellie Lambert	Wharfdale		2
399	18:45	8	Michael Tompsett	Broughton Runners	6	
326	19:13	9	Grace Jeffrey	Settle Harriers		3
153	20:10	10	Will Leedham	Dallam	7	
419	21:19	11	Curtis Jackson	Hoad Hill	8	
349	22:28	12	Rosie Dutson	u/a		4
416	24:01	13	Maddy Bell	Dallam		5
196	24:12	14	Jamie Gittins	Broughton Runners	9	

## Birkrigg Seniors

Number	Time	Position	Name	Club	Men	Ladies	v40	fv40	v50	fv50	v60	fv60	v70
432	19:24	1	Paul Webb	U/A	1								
428	19:39	2	Sarah McCormack	Moorfoot		1							
429	19:47	3	Paul Tierney	Ambleside	2								
159	20:31	4	Ray Edgar	U/A	3								
221	20:59	5	Mark Taylor	U/A	4		1						
82	21:04	6	Paul Knowles	Ambleside	5		2						
277	21:22	7	Paul Riley	Coniston	6								
69	21:45	8	Shane Beaumont	Keighley & Craven	7								
427	21:53	9	Nigel Wood	Coniston	8								
287	22:04	10	Paul Upton	U/A	9								
366	22:08	11	Jacob Dyer	U/A	10		3						
160	22:11	12	Lee Parrington	U/A	11								
213	22:22	13	Billy Procter	Helm Hill	12				1				
229	22:49	14	Sean Addison	Helm Hill	13				2				
210	23:07	15	Sam Dalby	Settle Harriers	14								
21	23:11	16	Gavin Thomas	Helm Hill	15		4						
130	23:15	17	Carol Evans	Settle Harriers		2				1			
425	23:19	18	Mike Walsh	Kendal	16						1		
39	23:30	19	Paul Lambet	Wharfdale	17		5						
50	23:31	20	Roger Aubrey	Helm Hill	18				3				
297	23:37	21	Stuart Allan	Allithwaite	19		6						
30	23:53	22	Phil Thurlow	Helm Hill	20		7						
253	24:11	23	Brian Kennedy	Settle Harriers	21				4				
381	24:15	24	Mark Bell	Dallam	22		8						
49	24:28	25	Kathleen Aubrey	Helm Hill		3		1					
296	24:29	26	John Coulston	U/A	23								
295	24:37	27	Tim Murray	Helm Hill	24				5				
360	24:54	28	Rae Dalziel	Dallam	25		9						
322	25:02	29	Debbie Copley	Dallam		4		2					
224	25:14	30	Patrick Willink	Helm Hill	26		10						

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Number	Time	Position	Name	Club	Men	Ladies	v40	fv40	v50	fv50	v60	fv60	v70
388	25:18	31	Paul Scribbans	U/A	27		11						
128	25:20	32	Andy Evans	Settle Harriers	28				6				
120	25:35	33	Martin Benson	Dallam	29								
409	26:14	34	Steve Harrison	U/A	30		12						
75	26:25	35	Donna Whitehead	Helm Hill		5		3					
406	26:26	36	Jill Eccleson	Settle Harriers		6							
256	26:28	37	Cath Musetti	Ambleside		7		4					
211	26:32	38	Jusin Eckersley	U/A	31								
433	26:40	39	Chris Ruston	Kendal Tri	32		13						
57	26:44	40	Eleanor Knowles	Ambleside		8		5					
239	26:46	41	Peter Singleton	Blackpool	33				7				
245	26:56	42	Paul Caine	Glaxo	34								
395	27:07	43	Ray Gill	Dallam	35				8				
252	27:08	44	Andy Hinde	Settle Harriers	36				9				
426	27:14	45	Chris Schofield	Helm Hill	37				10				
424	27:18	46	Beth Dutson	Helm Hill		9							
20	27:28	47	John Armistead	Helm Hill	38								
423	27:31	48	Alex Brown	Helm Hill	39								
292	27:33	49	Shelly Fawcett	Helm Hill		10		6					
74	27:44	50	Sean Whitehead	U/A	40		14						
124	27:47	51	Barry Scholes	Wharfdale	41						2		
222	27:50	52	Mike Cronshaw	Kendal	42						3		
365	28:11	53	Mark Braithwaite	U/A	43		15						
394	28:17	54	Victoria Upton	Helm Hill		11							
356	28:28	55	David Timmins	U/A	44						4		
300	28:29	56	Matt Atkinson	Kendal Tri	45								
431	28:40	57	Ian Peters	Hoad Hill	46				11				
350	28:41	58	John Hodgson	Dallam	47						5		
25	28:45	59	Raj Madhas	Wharfdale	48		16						
246	28:46	60	Richard Tickner	U/A	49				12				

