



Supported by Different Strokes

Cunswick - Results 1 March 2015

Senior Race							
Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	917	Mark	Addison	Man	30:45	Helm Hill	1st Man
2	691	Keiran	Hodgson	MV40	31:07	Helm Hill	2nd Man/1st MV40
3	909	Tom	Tipping	MV40	31:36	UA	3rd Man
4	896	Carl	Bell	Man	31:47	Keswick	
5	907	Danny	Parkinson	Man	32:09	Kendal	
6	512	Jon	Rylance	MV40	32:27	Ambleside	
7	671	Tim	Cowin	MV40	32:37	Howgill Harriers	
8	702	Michael	Ainsworth	Man	32:44	Helm Hill	
9	572	Noah	Hurton	Man	33:01	Eden Runners	
10	573	Derek	Hurton	MV40	33:29	Eden Runners	
11	855	Chris	Edis	Man	33:42	Keswick	
12	603	Rob	Dewhurst	MV40	33:44	Ambleside	
13	535	Mike	Robinson	MV40	33:54	Dark Peak	
14	684	Paul	Reilly	Man	34:14	Coniston	
15	741	Andrew	Slattery	MV40	34:39	Keswick	
16	887	Simon	Netherway	Man	35:01	Keswick	
17	750	Jim	Andrews	MV50	35:20	Coniston	1st MV50
18	658	Jonny	Marchant	MV40	35:22	Helm Hill	
19	591	Brian	Kennedy	MV50	35:55	Settle	
20	648	Leigh	Baron	MV40	36:09	UA	
21	627	Alan	Life	MV50	36:17	Clayton-le-Moors	
22	581	Jacob	Dyer	MV40	36:20	Helm Hill	
23	503	Phil	Thurlow	MV40	36:23	Helm Hill	
24	665	Oliver	Blomfield	MV40	36:28	Eden Runners	
25	894	Craig	Burrow	MV40	36:35	Helm Hill	
26	505	John	Bagge	MV50	36:37	Helm Hill	
27	654	John	Rainford	MV50	36:39	Preston Harriers	
28	551	Sean	Robinson	Man	36:42	Howgill Harriers	
29	621	Thomas	Harkin	MV40	36:43	UA	
30	911	Peter	Rigby	Man	36:45	UA	
31	558	Adam	Procter	Man	37:02	Settle	
32	546	Richard	Wells	MV40	37:05	UA	
33	530	Simon	Waller	MV40	37:21	Helm Hill	
34	608	Karl	Mason	Man	37:49	Helm Hill	
35	661	Peter	German	Man	38:01	Helm Hill	
36	806	James	Annan	MV40	38:13	Settle	
37	655	Paul	Jackson	MV40	38:18	Horwich Harriers	
38	849	Shaun	Addison	MV50	38:29	Helm Hill	
39	510	John	Armistead	Man	38:31	Helm Hill	
40	786	Brian	Thompson	MV60	39:04	Helm Hill	1st MV60
41	747	Mark	Bell	MV50	39:14	Dallam	
42	514	Roger	Aubrey	MV50	39:16	Helm Hill	
43	696	Charlotte	Milligan	Lady	39:17	Helm Hill	1st Lady
44	905	Nathan	Robb	Man	39:20	UA	
45	912	Lou	Roberts	LV40	39:22	Ambleside	2nd Lady/1st LV40
46	507	Tom	Matthews	MV40	39:27	Hunters Bogtrotters	
47	910	Kelli	Roberts	Lady	39:35	UA	3rd Lady
48	629	Hannah	Russell	Lady	39:41	UA	
49	644	Ray	Gill	MV50	39:46	Dallam	
50	600	Wilfred	Bell	MV60	39:59	Crook	
51	808	Nigel	Barnes	MV50	40:10	Settle	
52	919	John	Jones	MV50	40:17	Kendal	
53	536	Hazel	Robinson	LV40	40:20	Ambleside	

54	733	Steve	Watson	MV40	40:24	Dallam	
55	590	Nina	Walkingshaw	Lady	40:26	Howgill Harriers	
56	532	Paul	Senior	MV40	40:35	Helm Hill	
57	672	Chris	Schofield	MV50	40:53	Helm Hill	
58	541	Tod	Coates	MV40	40:59	Ambleside	
59	920	Alison	Daly	LV40	41:04	Kendal	
60	764	Kevin	May	MV50	41:07	Howgill Harriers	
61	606	William	Coupe	MV50	41:15	Helm Hill	
62	521	Debbie	Copley	LV40	41:17	Dallam	
63	542	Stephen	Roberts	MV40	41:25	Kendal	
64	841	John	Crawford	Man	41:30	UA	
65	502	Tim	Murray	MV50	41:36	Helm Hill	
66	537	Martin	Benson	MV40	41:41	Dallam	
67	562	Colin	Valentine	MV50	42:30	Keswick	
68	519	Peter	Singleton	MV50	42:31	Blackpool	
69	529	Jean	Brown	LV40	42:32	Clayton-le-Moors	
70	539	Owen	Mills	MV40	42:33	Keighley and Craven	
71	918	Lucy	Varney	LV40	42:34	Kendal	
72	709	Sally	Handford	Lady	42:36	Settle	
73	686	Patrick	Willink	MV50	42:42	Helm Hill	
74	839	Carrie	Gibson	LV40	42:49	Helm Hill	
75	870	Beth	Dutson	Lady	42:56	UA	
76	739	Barry	Scholes	MV60	43:30	UA	
77	710	Jo	Wilcox	LV40	43:49	Helm Hill	
78	698	Helen	Newton	Lady	43:56	Kendal	
79	517	Bethan	Procter	Lady	44:00	Helm Hill	
80	623	Michael	McLoughlin	MV60	44:10	Preston Harriers	
81	632	Stuart	McGurk	MV50	44:15	UA	
82	568	Mike	Troup	MV60	44:30	Ambleside	
83	615	Marie	Robson	LV40	44:32	Helm Hill	
84	569	Dave	Appleyard	MV50	44:50	Helm Hill	
85	501	Amanda	Burrow	Lady	45:03	Helm Hill	
86	758	Jim	Fisher	MV50	45:05	Howgill Harriers	
87	579	Jessica	Goodfellow	LV50	45:08	Dallam	1st LV50
88	693	Allan	Miller	MV50	45:14	Kendal	
89	906	Grace	Jeffrey	Girl	45:37	Settle	
90	509	Eleanor	Knowles	LV40	45:45	Ambleside	
91	916	Mark	Hampton	MV50	45:48	UA	
92	624	Sabrina	Gilby	Lady	46:00	Settle	
93	538	Raj	Madhas	MV40	46:17	Wharfedale	
94	515	Helen	Samson	LV40	46:36	Helm Hill	
95	598	Mark	Charnley	MV40	46:37	UA	
96	554	Lynn	Whittaker	LV50	46:40	Wharfedale	
97	534	Tim	Thom	MV40	47:03	Keighley and Craven	
98	513	Angela	Paxton	LV40	47:15	Keighley and Craven	
99	904	Pete	Coe	MV60	47:19	Helm Hill	
100	621	Thomas	Harkin	MV40	47:39	UA	
101	511	Niki	Rylance	LV40	47:43	Ambleside	
102	533	Sarah	Senior	LV40	47:59	Helm Hill	
103	908	Russell	Cannon	MV50	48:00	Helm Hill	
104	682	Andrew	Jones	MV40	48:07	Coniston	
105	692	Mark	Walker	MV50	48:22	Kendal	
106	588	Greg	Tagney	MV60	48:40	Dallam	
107	703	Jack	Taylor	Man	48:44	UA	
108	552	Zoe	Ringer	Lady	49:36	Howgill Harriers	
109	807	Julia	Hargreaves	LV40	49:39	Settle	
110	580	Andrew	Leedham	MV50	49:47	Dallam	
111	740	Rachel	Slattery	LV40	50:10	Helm Hill	
112	695	David	Mainwaring	MV50	50:15	UA	
113	734	Yolanda	Spooner	Lady	50:38	Howgill Harriers	
114	821	Iain	Crossley	MV50	50:49	Settle	
115	753	Stephen	Fish	MV60	51:17	Clayton-le-Moors	

116	914	Neil	McColm	MV40	51:46	10K Running Club	
117	713	Jenna	Wood	Lady	51:52	Howgill Harriers	
118	915	Jeff	Porter	MV50	53:22	UA	
119	736	Lindsay	Harrod	LV40	53:26	Helm Hill	
120	524	Susan	Thompson	LV40	53:27	Wharfedale	
121	540	Lynda	Hargreaves	LV50	53:28	Wharfedale	
122	500	Anna	Stevens	LV40	54:11	Helm Hill	
123	570	Alice	Steele	Lady	54:12	Dallam	
124	639	Lily	Lowther	Lady	55:27	Helm Hill	
125	523	Geoffrey	Thompson	MV50	56:20	Wharfedale	
126	738	Jill	Gates	LV50	57:41	Settle	
127	649	Liz	Adams	LV40	58:18	UA	
128	565	Julie	Laverock	LV40	58:48	Salford Harriers	
129	707	Richard	Handford	MV50	58:55	UA	
130	574	Phil	Kirby	MV60	1:03:28	Coniston	
131	556	Helen	Pye	LV40	1:05:30	10K Running pals	
132	913	Emma	McColm	LV40	1:05:31	10K Running Club	

Under 17 Race

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	150	Jacob	Steele	Boy	18:49	Dallam	1st Boy
2	24	Luke	Bowen	Boy	19:20	Ambleside	2nd Boy
3	59	Tom	Harkes	Boy	19:46	Dallam	3rd Boy
4	125	Ben	Kent	Boy	19:48	Helm Hill	
5	4	Scarlet	Dale	Girl	20:27	Lancaster and Moreca	1st Girl
6	206	Ryan	Everett	Boy	21:13	Barrow Strider	
7	149	Connie	Hurton	Girl	21:30	Eden Runners	2nd Girl
8	229	Finlay	Leather	Boy	21:44	Helm Hill	
9	158	Jamie	Macleod	Boy	22:08	Dallam	
10	155	George	Attwood	Boy	22:10	Dallam	
11	8	Imogen	Burrow	Girl	22:11	Helm Hill	3rd Girl
12	288	Jake	Shuttleworth	Boy	22:52	Ambleside	
13	156	Sarah	Thompson	Girl	23:36	Dallam	
14	172	Hannah	Durkin	Girl	24:20	Ambleside	
15	55	Eilidh	Miller	Girl	24:32	Broughton	
16	146	Brandon	Brookes	Boy	24:39	Helm Hill	
17	89	Hannah	Thom	Girl	25:39	Keighley and Craven	
18	205	Georgia	Cooper	Girl	25:44	Barrow Strider	
19	6	Georgia	Stevens	Girl	27:03	Helm Hill	
20	162	Katie	Russell	Girl	27:42	Helm Hill	
21	197	Maddy	Bell	Girl	28:08	Dallam	
22	160	Rosie	Dutson	Girl	28:34	UA	
23	186	Alice	Slattery	Girl	29:10	Helm Hill	
24	18	Joe	Edmondson	Boy	DNF	Broughton	

Under 14 Race

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	112	Euan	Brennan	Boy	14:05	Ilkley Harriers	1st Boy
2	17	Ben	Edmondson	Boy	14:32	Broughton	2nd Boy
3	64	Samuel	Almond	Boy	14:47	Eden Runners	3rd Boy
4	45	Robert	Askew	Boy	14:57	Helm Hill	
5	138	Tom	Humphries	Boy	15:16	Eden Runners	
6	166	Jake	Cooper	Boy	15:32	Barrow Strider	
7	178	Esme	Davies	Girl	15:38	Eden Runners	1st Girl
8	33	Sebastian	Segger-Stavel	Boy	15:51	Settle	
9	180	William	Thompson	Boy	15:59	Wharfedale	
10	29	Josh	Roelants	Boy	16:04	Helm Hill	
11	221	Matthew	Holroyd	Boy	16:54	Settle	
12	86	Samuel	Thom	Boy	17:17	Keighley and Craven	
13	303	Angus	Corrie	Boy	17:21	Helm Hill	
14	11	Erin	Bagge	Girl	17:23	Helm Hill	2nd Girl
15	307	Alex	Cowin	Boy	17:26	Howgill Harriers	
16	207	Matthew	Thornley	Boy	17:31	Ambleside	
17	302	Archie	Carr	Boy	17:35	UA	
18	198	Lidia	Shenton	Girl	17:54	UA	3rd Girl
19	47	Harry	Sanderson	Boy	18:00	Ambleside	
20	36	Maia	Doherty	Girl	18:06	Helm Hill	
21	291	Honor	Jeffrey	Girl	18:14	Settle	
22	81	Lottie	Beardwood	Girl	18:15	Helm Hill	
23	30	Courtney	Hutchinson	Girl	18:16	Broughton	
24	56	Emelia	Stevens	Girl	20:05	Helm Hill	
25	15	Gaby	Ansell	Girl	20:22	Helm Hill	
26	152	Cole	Kirby	Boy	20:41	Ambleside	
27	80	Abigail	Waller	Girl	22:44	Dallam	
28	154	Grace	Attwood	Girl	23:32	Dallam	
29	74	Emily	Crossley	Girl	23:50	Settle	

Under 12 Race

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	72	Charlie	Harding	Boy	08:17	Eden Runners	1st Boy
2	25	Harry	Bowen	Boy	08:24	Ambleside	2nd Boy
3	26	James	Bowen	Boy	08:34	Ambleside	3rd Boy
4	63	Alexander	Thompson	Boy	08:40	Wharfedale	
5	52	Jacob	Smith	Boy	08:43	Kendal	
6	174	Alfie	Thorpe	Boy	08:45	Broughton	
7	40	Lilli	Carr	Girl	08:57	Keighley and Craven	1st Girl
8	2	Henry	Hunter	Boy	09:05	Helm Hill	
9	46	Daniel	Sanderson	Boy	09:06	Ambleside	
10	41	James	Thornley	Boy	09:07	Ambleside	
11	37	Chloe	Rylance	Girl	09:07	Ambleside	2nd Girl
12	93	Evan	Mills	Boy	09:10	Keighley and Craven	
13	97	Olesia	Winder	Girl	09:12	Hoad Hill Harriers	3rd Girl
14	273	Barnaby	Walkingshaw	Boy	09:18	Eden Runners	
15	42	Sam	Thornley	Boy	09:21	Ambleside	
16	12	Ollie	Sanders	Boy	09:21	Helm Hill	
17	188	Jake	Wood	Boy	09:54	UA	
18	270	Cameron	Coates	Boy	09:56	Ambleside	
19	32	Douglas	Segger-Stavel	Boy	09:59	Settle	
20	38	Sophie	Rylance	Girl	10:05	Ambleside	
21	51	Vaughan	Sampson	Boy	10:07	Helm Hill	
22	171	William	Durkin	Boy	10:08	Ambleside	
23	57	Oliver	Smith	Boy	10:11	Kendal	
24	127	Charlotte	Barrett	Girl	10:14	Wharfedale	
25	100	Toby	Umpleby	Boy	10:15	Kendal	
26	35	Elliot	Wren	Boy	10:15	Helm Hill	
27	53	Ben	Smith	Boy	10:17	Kendal	
28	250	Joe	Clayton	Boy	10:25	Helm Hill	
29	7	Emily	Swarbrick	Girl	10:31	Broughton	
30	262	Mia	Heath	Girl	10:38	UA	
31	83	Ella	Beardwood	Girl	10:44	Helm Hill	
32	98	Warren	Fleming	Boy	10:46	Hoad Hill Harriers	
33	104	Isaac	Robinson	Boy	10:48	Howgill Harriers	
34	69	Bethan	Rowley	Girl	10:51	Ambleside	
35	50	Clara	Sampson	Girl	10:51	Helm Hill	
36	76	Joe	Grundy	Boy	10:52	Dallam	
37	304	Gordon	Blackburn	Boy	10:53	Ambleside	
38	226	Rhiannon	Winder	Girl	10:57	UA	
39	306	Scott	Fisher	Boy	10:59	Hoad Hill Harriers	
40	240	Euan	Steele	Boy	11:00	Broughton	
41	113	Luke	Simmons	Boy	11:02	Hoad Hill Harriers	
42	251	Simon	Rigby	Boy	11:02	Helm Hill	
43	135	Marvin	Gibbs	Boy	11:04	Helm Hill	
44	203	Bethan	Saunders	Girl	11:13	Hoad Hill Harriers	
45	5	Maddie	Walsh	Girl	11:14	Helm Hill	
46	65	Erin	Cummins	Girl	11:20	Settle	
47	126	Grace	Wells	Girl	11:21	UA	
48	137	Alex	Graham	Boy	11:23	Broughton	
49	245	Charlie	Blackburn	Boy	11:30	Ambleside	
50	252	Joseph	Rigby	Boy	11:30	Helm Hill	
51	308	Alice	Eastwood	Girl	11:33	Kendal	
52	54	Sarah	Smith	Girl	11:34	Kendal	
53	309	Georgia	Heath	Girl	11:34	Helm Hill	
54	9	Olivia	Swarbrick	Girl	11:35	Broughton	
55	286	Isabella	Pickard	Girl	11:38	Keighley and Craven	
56	195	Beau	Walkingshaw	Girl	11:45	Eden Runners	
57	31	Logan	Hutchinson	Boy	11:51	Broughton	
58	170	Oliver	Sampson	Boy	11:53	Settle	
59	77	Millie	Grundy	Girl	11:57	Dallam	
60	43	Matthew	Wright	Boy	12:00	Helm Hill	

61	111	Ella	Park	Girl	12:01	Helm Hill	
62	16	Jessica	Edmondson	Girl	12:02	Broughton	
63	225	Ryan	Winder	Boy	12:03	UA	
64	96	Theo	Coates	Boy	12:04	Ambleside	
65	264	Kitty	Carr	Girl	12:12	UA	
66	227	Charlie	Brownbill	Boy	12:13	UA	
67	196	Esme	Walkingshaw	Girl	12:16	Eden Runners	
68	167	Blake	Mills	Boy	12:32	Keighley and Craven	
69	66	Freya	Richards	Girl	12:34	Helm Hill	
70	143	Harry	Jackson	Boy	12:38	UA	
71	144	Sam	Jackson	Boy	12:39	UA	
72	28	Rory	Knowles	Boy	12:40	Ambleside	
73	124	Tara	Allan	Girl	12:41	Helm Hill	
74	249	Charlie	Clayton	Boy	12:51	Helm Hill	
75	169	Dylan	Sampson	Boy	13:03	Settle	
76	139	Toby	Harper	Boy	13:06	Wharfedale	
77	183	Blake	Fleming	Boy	13:09	UA	
78	274	Yolanda	Wilkinson	Girl	13:17	UA	
79	67	Lauren	Evans	Girl	13:21	Settle	
80	134	Rowan	Ashworth	Boy	13:26	Ambleside	
81	107	Theo	Robinson	Boy	13:38	Howgill Harriers	
82	91	Rowan	Baker	Girl	13:46	Helm Hill	
83	22	Cate	Matthew	Girl	14:02	Lancaster and Morecambe	
84	92	Isabella	Benson	Girl	14:08	Dallam	
85	301	Leo	Horsley	Boy	15:57	UA	
86	14	Matthew	Ansell	Boy	DNF	Helm Hill	

Cunswick 2015 Category Results

ALL SENIOR MEN

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	917	Mark	Addison	Man	30:45	Helm Hill	1st Man
2	691	Keiran	Hodgson	MV40	31:07	Helm Hill	2nd Man/1st MV40
3	909	Tom	Tipping	MV40	31:36	UA	3rd Man
4	896	Carl	Bell	Man	31:47	Keswick	
5	907	Danny	Parkinson	Man	32:09	Kendal	
6	512	Jon	Rylance	MV40	32:27	Ambleside	
7	671	Tim	Cowin	MV40	32:37	Howgill Harriers	
8	702	Michael	Ainsworth	Man	32:44	Helm Hill	
9	572	Noah	Hurton	Man	33:01	Eden Runners	
10	573	Derek	Hurton	MV40	33:29	Eden Runners	
11	855	Chris	Edis	Man	33:42	Keswick	
12	603	Rob	Dewhurst	MV40	33:44	Ambleside	
13	535	Mike	Robinson	MV40	33:54	Dark Peak	
14	684	Paul	Reilly	Man	34:14	Coniston	
15	741	Andrew	Slattery	MV40	34:39	Keswick	
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17	750	Jim	Andrews	MV50	35:20	Coniston	1st MV50
18	658	Jonny	Marchant	MV40	35:22	Helm Hill	
19	591	Brian	Kennedy	MV50	35:55	Settle	
20	648	Leigh	Baron	MV40	36:09	UA	
21	627	Alan	Life	MV50	36:17	Clayton-le-Moors	
22	581	Jacob	Dyer	MV40	36:20	Helm Hill	
23	503	Phil	Thurlow	MV40	36:23	Helm Hill	
24	665	Oliver	Blomfield	MV40	36:28	Eden Runners	
25	894	Craig	Burrow	MV40	36:35	Helm Hill	
26	505	John	Bagge	MV50	36:37	Helm Hill	
27	654	John	Rainford	MV50	36:39	Preston Harriers	
28	551	Sean	Robinson	Man	36:42	Howgill Harriers	
29	621	Thomas	Harkin	MV40	36:43	UA	
30	911	Peter	Rigby	Man	36:45	UA	
31	558	Adam	Procter	Man	37:02	Settle	
32	546	Richard	Wells	MV40	37:05	UA	
33	530	Simon	Waller	MV40	37:21	Helm Hill	
34	608	Karl	Mason	Man	37:49	Helm Hill	
35	661	Peter	German	Man	38:01	Helm Hill	
36	806	James	Annan	MV40	38:13	Settle	
37	655	Paul	Jackson	MV40	38:18	Horwich Harriers	
38	849	Shaun	Addison	MV50	38:29	Helm Hill	
39	510	John	Armistead	Man	38:31	Helm Hill	
40	786	Brian	Thompson	MV60	39:04	Helm Hill	1st MV60
41	747	Mark	Bell	MV50	39:14	Dallam	
42	514	Roger	Aubrey	MV50	39:16	Helm Hill	
43	905	Nathan	Robb	Man	39:20	UA	
44	507	Tom	Matthews	MV40	39:27	Hunters Bogtrotters	
45	644	Ray	Gill	MV50	39:46	Dallam	
46	600	Wilfred	Bell	MV60	39:59	Crook	
47	808	Nigel	Barnes	MV50	40:10	Settle	
48	919	John	Jones	MV50	40:17	Kendal	
49	733	Steve	Watson	MV40	40:24	Dallam	
50	532	Paul	Senior	MV40	40:35	Helm Hill	
51	672	Chris	Schofield	MV50	40:53	Helm Hill	
52	541	Tod	Coates	MV40	40:59	Ambleside	
53	764	Kevin	May	MV50	41:07	Howgill Harriers	
54	606	William	Coupe	MV50	41:15	Helm Hill	
55	542	Stephen	Roberts	MV40	41:25	Kendal	
56	841	John	Crawford	Man	41:30	UA	
57	502	Tim	Murray	MV50	41:36	Helm Hill	
58	537	Martin	Benson	MV40	41:41	Dallam	

59	562	Colin	Valentine	MV50	42:30	Keswick	
60	519	Peter	Singleton	MV50	42:31	Blackpool	
61	539	Owen	Mills	MV40	42:33	Keighley and Craven	
62	686	Patrick	Willink	MV50	42:42	Helm Hill	
63	739	Barry	Scholes	MV60	43:30	UA	
64	623	Michael	McLoughlin	MV60	44:10	Preston Harriers	
65	632	Stuart	McGurk	MV50	44:15	UA	
66	568	Mike	Troup	MV60	44:30	Ambleside	
67	569	Dave	Appleyard	MV50	44:50	Helm Hill	
68	758	Jim	Fisher	MV50	45:05	Howgill Harriers	
69	693	Allan	Miller	MV50	45:14	Kendal	
70	916	Mark	Hampton	MV50	45:48	UA	
71	538	Raj	Madhas	MV40	46:17	Wharfedale	
72	598	Mark	Charnley	MV40	46:37	UA	
73	534	Tim	Thom	MV40	47:03	Keighley and Craven	
74	904	Pete	Coe	MV60	47:19	Helm Hill	
75	621	Thomas	Harkin	MV40	47:39	UA	
76	908	Russell	Cannon	MV50	48:00	Helm Hill	
77	682	Andrew	Jones	MV40	48:07	Coniston	
78	692	Mark	Walker	MV50	48:22	Kendal	
79	588	Greg	Tagney	MV60	48:40	Dallam	
80	703	Jack	Taylor	Man	48:44	UA	
81	580	Andrew	Leedham	MV50	49:47	Dallam	
82	695	David	Mainwaring	MV50	50:15	UA	
83	821	Iain	Crossley	MV50	50:49	Settle	
84	753	Stephen	Fish	MV60	51:17	Clayton-le-Moors	
85	914	Neil	McColm	MV40	51:46	10K Running Club	
86	915	Jeff	Porter	MV50	53:22	UA	
87	523	Geoffrey	Thompson	MV50	56:20	Wharfedale	
88	707	Richard	Handford	MV50	58:55	UA	
89	574	Phil	Kirby	MV60	1:03:28	Coniston	

MEN

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	917	Mark	Addison	Man	30:45	Helm Hill	1st Man
2	896	Carl	Bell	Man	31:47	Keswick	
3	907	Danny	Parkinson	Man	32:09	Kendal	
4	702	Michael	Ainsworth	Man	32:44	Helm Hill	
5	572	Noah	Hurton	Man	33:01	Eden Runners	
6	855	Chris	Edis	Man	33:42	Keswick	
7	684	Paul	Reilly	Man	34:14	Coniston	
8	887	Simon	Netherway	Man	35:01	Keswick	
9	551	Sean	Robinson	Man	36:42	Howgill Harriers	
10	911	Peter	Rigby	Man	36:45	UA	
11	558	Adam	Procter	Man	37:02	Settle	
12	608	Karl	Mason	Man	37:49	Helm Hill	
13	661	Peter	German	Man	38:01	Helm Hill	
14	510	John	Armistead	Man	38:31	Helm Hill	
15	905	Nathan	Robb	Man	39:20	UA	
16	841	John	Crawford	Man	41:30	UA	
17	703	Jack	Taylor	Man	48:44	UA	

MEN - VET 40

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	691	Keiran	Hodgson	MV40	31:07	Helm Hill	2nd Man/1st MV40
2	909	Tom	Tipping	MV40	31:36	UA	3rd Man
3	512	Jon	Rylance	MV40	32:27	Ambleside	
4	671	Tim	Cowin	MV40	32:37	Howgill Harriers	
5	573	Derek	Hurton	MV40	33:29	Eden Runners	
6	603	Rob	Dewhurst	MV40	33:44	Ambleside	
7	535	Mike	Robinson	MV40	33:54	Dark Peak	
8	741	Andrew	Slattery	MV40	34:39	Keswick	
9	658	Jonny	Marchant	MV40	35:22	Helm Hill	
10	648	Leigh	Baron	MV40	36:09	UA	
11	581	Jacob	Dyer	MV40	36:20	Helm Hill	
12	503	Phil	Thurlow	MV40	36:23	Helm Hill	
13	665	Oliver	Blomfield	MV40	36:28	Eden Runners	
14	894	Craig	Burrow	MV40	36:35	Helm Hill	
15	621	Thomas	Harkin	MV40	36:43	UA	
16	546	Richard	Wells	MV40	37:05	UA	
17	530	Simon	Waller	MV40	37:21	Helm Hill	
18	806	James	Annan	MV40	38:13	Settle	
19	655	Paul	Jackson	MV40	38:18	Horwich Harriers	
20	507	Tom	Matthews	MV40	39:27	Hunters Bogtrotters	
21	733	Steve	Watson	MV40	40:24	Dallam	
22	532	Paul	Senior	MV40	40:35	Helm Hill	
23	541	Tod	Coates	MV40	40:59	Ambleside	
24	542	Stephen	Roberts	MV40	41:25	Kendal	
25	537	Martin	Benson	MV40	41:41	Dallam	
26	539	Owen	Mills	MV40	42:33	Keighley and Craven	
27	538	Raj	Madhas	MV40	46:17	Wharfedale	
28	598	Mark	Charnley	MV40	46:37	UA	
29	534	Tim	Thom	MV40	47:03	Keighley and Craven	
30	621	Thomas	Harkin	MV40	47:39	UA	
31	682	Andrew	Jones	MV40	48:07	Coniston	
32	914	Neil	McColm	MV40	51:46	10K Running Club	

MEN - VET 50

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	750	Jim	Andrews	MV50	35:20	Coniston	1st MV50
2	591	Brian	Kennedy	MV50	35:55	Settle	
3	627	Alan	Life	MV50	36:17	Clayton-le-Moors	
4	505	John	Bagge	MV50	36:37	Helm Hill	
5	654	John	Rainford	MV50	36:39	Preston Harriers	
6	849	Shaun	Addison	MV50	38:29	Helm Hill	
7	747	Mark	Bell	MV50	39:14	Dallam	
8	514	Roger	Aubrey	MV50	39:16	Helm Hill	
9	644	Ray	Gill	MV50	39:46	Dallam	
10	808	Nigel	Barnes	MV50	40:10	Settle	
11	919	John	Jones	MV50	40:17	Kendal	
12	672	Chris	Schofield	MV50	40:53	Helm Hill	
13	764	Kevin	May	MV50	41:07	Howgill Harriers	
14	606	William	Coupe	MV50	41:15	Helm Hill	
15	502	Tim	Murray	MV50	41:36	Helm Hill	
16	562	Colin	Valentine	MV50	42:30	Keswick	
17	519	Peter	Singleton	MV50	42:31	Blackpool	
18	686	Patrick	Willink	MV50	42:42	Helm Hill	
19	632	Stuart	McGurk	MV50	44:15	UA	
20	569	Dave	Appleyard	MV50	44:50	Helm Hill	
21	758	Jim	Fisher	MV50	45:05	Howgill Harriers	
22	693	Allan	Miller	MV50	45:14	Kendal	
23	916	Mark	Hampton	MV50	45:48	UA	
24	908	Russell	Cannon	MV50	48:00	Helm Hill	
25	692	Mark	Walker	MV50	48:22	Kendal	
26	580	Andrew	Leedham	MV50	49:47	Dallam	
27	695	David	Mainwaring	MV50	50:15	UA	
28	821	Iain	Crossley	MV50	50:49	Settle	
29	915	Jeff	Porter	MV50	53:22	UA	
30	523	Geoffrey	Thompson	MV50	56:20	Wharfedale	
31	707	Richard	Handford	MV50	58:55	UA	

MEN - VET 60

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	786	Brian	Thompson	MV60	39:04	Helm Hill	1st MV60
2	600	Wilfred	Bell	MV60	39:59	Crook	
3	739	Barry	Scholes	MV60	43:30	UA	
4	623	Michael	McLoughlin	MV60	44:10	Preston Harriers	
5	568	Mike	Troup	MV60	44:30	Ambleside	
6	904	Pete	Coe	MV60	47:19	Helm Hill	
7	588	Greg	Tagney	MV60	48:40	Dallam	
8	753	Stephen	Fish	MV60	51:17	Clayton-le-Moors	
9	574	Phil	Kirby	MV60	1:03:28	Coniston	

MEN - VET 70

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
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ALL SENIOR LADIES

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	696	Charlotte	Milligan	Lady	39:17	Helm Hill	1st Lady
2	912	Lou	Roberts	LV40	39:22	Ambleside	2nd Lady/1st LV40
3	910	Kelli	Roberts	Lady	39:35	UA	3rd Lady
4	629	Hannah	Russell	Lady	39:41	UA	
5	536	Hazel	Robinson	LV40	40:20	Ambleside	
6	590	Nina	Walkingshaw	Lady	40:26	Howgill Harriers	
7	920	Alison	Daly	LV40	41:04	Kendal	
8	521	Debbie	Copley	LV40	41:17	Dallam	
9	529	Jean	Brown	LV40	42:32	Clayton-le-Moors	
10	918	Lucy	Varney	LV40	42:34	Kendal	
11	709	Sally	Handford	Lady	42:36	Settle	
12	839	Carrie	Gibson	LV40	42:49	Helm Hill	
13	870	Beth	Dutson	Lady	42:56	UA	
14	710	Jo	Wilcox	LV40	43:49	Helm Hill	
15	698	Helen	Newton	Lady	43:56	Kendal	
16	517	Bethan	Procter	Lady	44:00	Helm Hill	
17	615	Marie	Robson	LV40	44:32	Helm Hill	
18	501	Amanda	Burrow	Lady	45:03	Helm Hill	
19	579	Jessica	Goodfellow	LV50	45:08	Dallam	1st LV50
20	509	Eleanor	Knowles	LV40	45:45	Ambleside	
21	624	Sabrina	Gilby	Lady	46:00	Settle	
22	515	Helen	Samson	LV40	46:36	Helm Hill	
23	554	Lynn	Whittaker	LV50	46:40	Wharfedale	
24	513	Angela	Paxton	LV40	47:15	Keighley and Craven	
25	511	Niki	Rylance	LV40	47:43	Ambleside	
26	533	Sarah	Senior	LV40	47:59	Helm Hill	
27	552	Zoe	Ringer	Lady	49:36	Howgill Harriers	
28	807	Julia	Hargreaves	LV40	49:39	Settle	
29	740	Rachel	Slattery	LV40	50:10	Helm Hill	
30	734	Yolanda	Spooner	Lady	50:38	Howgill Harriers	
31	713	Jenna	Wood	Lady	51:52	Howgill Harriers	
32	736	Lindsay	Harrod	LV40	53:26	Helm Hill	
33	524	Susan	Thompson	LV40	53:27	Wharfedale	
34	540	Lynda	Hargreaves	LV50	53:28	Wharfedale	
35	500	Anna	Stevens	LV40	54:11	Helm Hill	
36	570	Alice	Steele	Lady	54:12	Dallam	
37	639	Lily	Lowther	Lady	55:27	Helm Hill	
38	738	Jill	Gates	LV50	57:41	Settle	
39	649	Liz	Adams	LV40	58:18	UA	
40	565	Julie	Laverock	LV40	58:48	Salford Harriers	
41	556	Helen	Pye	LV40	1:05:30	10K Running pals	
42	913	Emma	McColm	LV40	1:05:31	10K Running Club	

LADIES

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	696	Charlotte	Milligan	Lady	39:17	Helm Hill	1st Lady
2	910	Kelli	Roberts	Lady	39:35	UA	3rd Lady
3	629	Hannah	Russell	Lady	39:41	UA	
4	590	Nina	Walkingshaw	Lady	40:26	Howgill Harriers	
5	709	Sally	Handford	Lady	42:36	Settle	
6	870	Beth	Dutson	Lady	42:56	UA	
7	698	Helen	Newton	Lady	43:56	Kendal	
8	517	Bethan	Procter	Lady	44:00	Helm Hill	
9	501	Amanda	Burrow	Lady	45:03	Helm Hill	
10	624	Sabrina	Gilby	Lady	46:00	Settle	
11	552	Zoe	Ringer	Lady	49:36	Howgill Harriers	
12	734	Yolanda	Spooner	Lady	50:38	Howgill Harriers	
13	713	Jenna	Wood	Lady	51:52	Howgill Harriers	
14	570	Alice	Steele	Lady	54:12	Dallam	
15	639	Lily	Lowther	Lady	55:27	Helm Hill	

LADIES - VET 40

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	912	Lou	Roberts	LV40	39:22	Ambleside	2nd Lady/1st LV40
2	536	Hazel	Robinson	LV40	40:20	Ambleside	
3	920	Alison	Daly	LV40	41:04	Kendal	
4	521	Debbie	Copley	LV40	41:17	Dallam	
5	529	Jean	Brown	LV40	42:32	Clayton-le-Moors	
6	918	Lucy	Varney	LV40	42:34	Kendal	
7	839	Carrie	Gibson	LV40	42:49	Helm Hill	
8	710	Jo	Wilcox	LV40	43:49	Helm Hill	
9	615	Marie	Robson	LV40	44:32	Helm Hill	
10	509	Eleanor	Knowles	LV40	45:45	Ambleside	
11	515	Helen	Samson	LV40	46:36	Helm Hill	
12	513	Angela	Paxton	LV40	47:15	Keighley and Craven	
13	511	Niki	Rylance	LV40	47:43	Ambleside	
14	533	Sarah	Senior	LV40	47:59	Helm Hill	
15	807	Julia	Hargreaves	LV40	49:39	Settle	
16	740	Rachel	Slattery	LV40	50:10	Helm Hill	
17	736	Lindsay	Harrod	LV40	53:26	Helm Hill	
18	524	Susan	Thompson	LV40	53:27	Wharfedale	
19	500	Anna	Stevens	LV40	54:11	Helm Hill	
20	649	Liz	Adams	LV40	58:18	UA	
21	565	Julie	Laverock	LV40	58:48	Salford Harriers	
22	556	Helen	Pye	LV40	1:05:30	10K Running pals	
23	913	Emma	McColm	LV40	1:05:31	10K Running Club	

LADIES - VET 50

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	579	Jessica	Goodfellow	LV50	45:08	Dallam	1st LV50
2	554	Lynn	Whittaker	LV50	46:40	Wharfedale	
3	540	Lynda	Hargreaves	LV50	53:28	Wharfedale	
4	738	Jill	Gates	LV50	57:41	Settle	

LADIES - VET 60

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
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UNDER 17 BOYS

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	150	Jacob	Steele	Boy	18:49	Dallam	1st Boy
2	24	Luke	Bowen	Boy	19:20	Ambleside	2nd Boy
3	59	Tom	Harkes	Boy	19:46	Dallam	3rd Boy
4	125	Ben	Kent	Boy	19:48	Helm Hill	
5	206	Ryan	Everett	Boy	21:13	Barrow Strider	
6	229	Finlay	Leather	Boy	21:44	Helm Hill	
7	158	Jamie	Macleod	Boy	22:08	Dallam	
8	155	George	Attwood	Boy	22:10	Dallam	
9	288	Jake	Shuttleworth	Boy	22:52	Ambleside	
10	146	Brandon	Brookes	Boy	24:39	Helm Hill	
DNF	18	Joe	Edmondson	Boy	DNF	Broughton	

UNDER 17 GIRLS

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	4	Scarlet	Dale	Girl	20:27	Lancaster and Moreca	1st Girl
2	149	Connie	Hurton	Girl	21:30	Eden Runners	2nd Girl
3	8	Imogen	Burrow	Girl	22:11	Helm Hill	3rd Girl
4	156	Sarah	Thompson	Girl	23:36	Dallam	
5	172	Hannah	Durkin	Girl	24:20	Ambleside	
6	55	Eilidh	Miller	Girl	24:32	Broughton	
7	89	Hannah	Thom	Girl	25:39	Keighley and Craven	
8	205	Georgia	Cooper	Girl	25:44	Barrow Strider	
9	6	Georgia	Stevens	Girl	27:03	Helm Hill	
10	162	Katie	Russell	Girl	27:42	Helm Hill	
11	197	Maddy	Bell	Girl	28:08	Dallam	
12	160	Rosie	Dutson	Girl	28:34	UA	
13	186	Alice	Slattery	Girl	29:10	Helm Hill	

UNDER 14 BOYS

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	112	Euan	Brennan	Boy	14:05	Ilkley Harriers	1st Boy
2	17	Ben	Edmondson	Boy	14:32	Broughton	2nd Boy
3	64	Samuel	Almond	Boy	14:47	Eden Runners	3rd Boy
4	45	Robert	Askew	Boy	14:57	Helm Hill	
5	138	Tom	Humphries	Boy	15:16	Eden Runners	
6	166	Jake	Cooper	Boy	15:32	Barrow Strider	
7	33	Sebastian	Segger-Stavel	Boy	15:51	Settle	
8	180	William	Thompson	Boy	15:59	Wharfedale	
9	29	Josh	Roelants	Boy	16:04	Helm Hill	
10	221	Matthew	Holroyd	Boy	16:54	Settle	
11	86	Samuel	Thom	Boy	17:17	Keighley and Craven	
12	303	Angus	Corrie	Boy	17:21	Helm Hill	
13	307	Alex	Cowin	Boy	17:26	Howgill Harriers	
14	207	Matthew	Thornley	Boy	17:31	Ambleside	
15	302	Archie	Carr	Boy	17:35	UA	
16	47	Harry	Sanderson	Boy	18:00	Ambleside	
17	152	Cole	Kirby	Boy	20:41	Ambleside	

UNDER 14 GIRLS

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	178	Esmé	Davies	Girl	15:38	Eden Runners	1st Girl
2	11	Erin	Bagge	Girl	17:23	Helm Hill	2nd Girl
3	198	Lidia	Shenton	Girl	17:54	UA	3rd Girl
4	36	Maia	Doherty	Girl	18:06	Helm Hill	
5	291	Honor	Jeffrey	Girl	18:14	Settle	
6	81	Lottie	Beardwood	Girl	18:15	Helm Hill	
7	30	Courtney	Hutchinson	Girl	18:16	Broughton	
8	56	Emelia	Stevens	Girl	20:05	Helm Hill	
9	15	Gaby	Ansell	Girl	20:22	Helm Hill	
10	80	Abigail	Waller	Girl	22:44	Dallam	
11	154	Grace	Attwood	Girl	23:32	Dallam	
12	74	Emily	Crossley	Girl	23:50	Settle	

UNDER 12 BOYS

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	72	Charlie	Harding	Boy	08:17	Eden Runners	1st Boy
2	25	Harry	Bowen	Boy	08:24	Ambleside	2nd Boy
3	26	James	Bowen	Boy	08:34	Ambleside	3rd Boy
4	63	Alexander	Thompson	Boy	08:40	Wharfedale	
5	52	Jacob	Smith	Boy	08:43	Kendal	
6	174	Alfie	Thorpe	Boy	08:45	Broughton	
7	2	Henry	Hunter	Boy	09:05	Helm Hill	
8	46	Daniel	Sanderson	Boy	09:06	Ambleside	
9	41	James	Thornley	Boy	09:07	Ambleside	
10	93	Evan	Mills	Boy	09:10	Keighley and Craven	
11	273	Barnaby	Walkingshaw	Boy	09:18	Eden Runners	
12	42	Sam	Thornley	Boy	09:21	Ambleside	
13	12	Ollie	Sanders	Boy	09:21	Helm Hill	
14	188	Jake	Wood	Boy	09:54	UA	
15	270	Cameron	Coates	Boy	09:56	Ambleside	
16	32	Douglas	Segger-Stavel	Boy	09:59	Settle	
17	51	Vaughan	Sampson	Boy	10:07	Helm Hill	
18	171	William	Durkin	Boy	10:08	Ambleside	
19	57	Oliver	Smith	Boy	10:11	Kendal	
20	100	Toby	Umpleby	Boy	10:15	Kendal	
21	35	Elliot	Wren	Boy	10:15	Helm Hill	
22	53	Ben	Smith	Boy	10:17	Kendal	
23	250	Joe	Clayton	Boy	10:25	Helm Hill	
24	98	Warren	Fleming	Boy	10:46	Hoad Hill Harriers	
25	104	Isaac	Robinson	Boy	10:48	Howgill Harriers	
26	76	Joe	Grundy	Boy	10:52	Dallam	
27	304	Gordon	Blackburn	Boy	10:53	Ambleside	
28	306	Scott	Fisher	Boy	10:59	Hoad Hill Harriers	
29	240	Euan	Steele	Boy	11:00	Broughton	
30	113	Luke	Simmons	Boy	11:02	Hoad Hill Harriers	
31	251	Simon	Rigby	Boy	11:02	Helm Hill	
32	135	Marvin	Gibbs	Boy	11:04	Helm Hill	
33	137	Alex	Graham	Boy	11:23	Broughton	
34	245	Charlie	Blackburn	Boy	11:30	Ambleside	
35	252	Joseph	Rigby	Boy	11:30	Helm Hill	
36	31	Logan	Hutchinson	Boy	11:51	Broughton	
37	170	Oliver	Sampson	Boy	11:53	Settle	
38	43	Matthew	Wright	Boy	12:00	Helm Hill	
39	225	Ryan	Winder	Boy	12:03	UA	
40	96	Theo	Coates	Boy	12:04	Ambleside	
41	227	Charlie	Brownbill	Boy	12:13	UA	
42	167	Blake	Mills	Boy	12:32	Keighley and Craven	
43	143	Harry	Jackson	Boy	12:38	UA	
44	144	Sam	Jackson	Boy	12:39	UA	
45	28	Rory	Knowles	Boy	12:40	Ambleside	
46	249	Charlie	Clayton	Boy	12:51	Helm Hill	
47	169	Dylan	Sampson	Boy	13:03	Settle	
48	139	Toby	Harper	Boy	13:06	Wharfedale	
49	183	Blake	Fleming	Boy	13:09	UA	
50	134	Rowan	Ashworth	Boy	13:26	Ambleside	
51	107	Theo	Robinson	Boy	13:38	Howgill Harriers	
52	301	Leo	Horsley	Boy	15:57	UA	
DNF	14	Matthew	Ansell	Boy	DNF	Helm Hill	

UNDER 12 GIRLS

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	40	Lilli	Carr	Girl	08:57	Keighley and Craven	1st Girl
2	37	Chloe	Rylance	Girl	09:07	Ambleside	2nd Girl
3	97	Olesia	Winder	Girl	09:12	Hoad Hill Harriers	3rd Girl
4	38	Sophie	Rylance	Girl	10:05	Ambleside	
5	127	Charlotte	Barrett	Girl	10:14	Wharfedale	
6	7	Emily	Swarbrick	Girl	10:31	Broughton	
7	262	Mia	Heath	Girl	10:38	UA	
8	83	Ella	Beardwood	Girl	10:44	Helm Hill	
9	69	Bethan	Rowley	Girl	10:51	Ambleside	
10	50	Clara	Sampson	Girl	10:51	Helm Hill	
11	226	Rhiannon	Winder	Girl	10:57	UA	
12	203	Bethan	Saunders	Girl	11:13	Hoad Hill Harriers	
13	5	Maddie	Walsh	Girl	11:14	Helm Hill	
14	65	Erin	Cummins	Girl	11:20	Settle	
15	126	Grace	Wells	Girl	11:21	UA	
16	308	Alice	Eastwood	Girl	11:33	Kendal	
17	54	Sarah	Smith	Girl	11:34	Kendal	
18	309	Georgia	Heath	Girl	11:34	Helm Hill	
19	9	Olivia	Swarbrick	Girl	11:35	Broughton	
20	286	Isabella	Pickard	Girl	11:38	Keighley and Craven	
21	195	Beau	Walkingshaw	Girl	11:45	Eden Runners	
22	77	Millie	Grundy	Girl	11:57	Dallam	
23	111	Ella	Park	Girl	12:01	Helm Hill	
24	16	Jessica	Edmondson	Girl	12:02	Broughton	
25	264	Kitty	Carr	Girl	12:12	UA	
26	196	Esme	Walkingshaw	Girl	12:16	Eden Runners	
27	66	Freya	Richards	Girl	12:34	Helm Hill	
28	124	Tara	Allan	Girl	12:41	Helm Hill	
29	274	Yolanda	Wilkinson	Girl	13:17	UA	
30	67	Lauren	Evans	Girl	13:21	Settle	
31	91	Rowan	Baker	Girl	13:46	Helm Hill	
32	22	Cate	Matthew	Girl	14:02	Lancaster and Morecambe	
33	92	Isabella	Benson	Girl	14:08	Dallam	