



Supported by Different Strokes

Helm Hill - Results 22 March 2015

Senior Race							
Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	917	Mark	Addison	Man	31:12	Helm Hill	1st Man
2	763	Oscar	Meanwell	Man	34:08	Borrowdale	2nd Man
3	506	Paul	Aitken	Man	34:10	Helm Hill	3rd Man
4	573	Derek	Hurton	MV40	34:57	Eden Runners	1st MV40
5	855	Chris	Edis	Man	35:10	Keswick	
6	671	Tim	Cowin	MV40	35:14	Howgill Harriers	
7	820	Sam	Harrison	Man	36:00	Bowland Fell Runners	
8	512	Jon	Rylance	MV40	36:08	Ambleside	
9	939	Russell	Parrington	Man	36:18	Barlick Fell runners	
10	572	Noah	Hurton	Man	36:23	Eden Runners	
11	943	Andy	Thompson	Man	36:30	Helm Hill	
12	603	Rob	Dewhurst	MV40	36:31	Ambleside	
13	741	Andrew	Slattery	MV40	36:46	Keswick	
14	887	Simon	Netherway	Man	36:56	Keswick	
15	633	Connor	McGurk	Man	37:36	UA	
16	658	Jonny	Marchant	MV40	37:39	Helm Hill	
17	504	Robert	Crawford	Man	37:42	Coniston	
18	597	Alistair	Hanna	Man	37:52	Howgill Harriers	
19	581	Jacob	Dyer	MV40	37:53	Helm Hill	
20	551	Sean	Robinson	Man	37:59	Howgill Harriers	
21	627	Alan	Life	MV50	38:09	Clayton-le-Moors	1st MV50
22	640	Doug	Love	Man	38:15	Bowland Fell Runners	
23	802	James	Edwards	Man	38:17	Lancaster and Morecambe	
24	949	Calvin	Routledge	MV40	38:20	Lancaster and Morecambe	
25	883	Catherine	Spurdon	Lady	38:48	Keswick	1st Lady
26	654	John	Rainford	MV50	38:49	Preston Harriers	
27	530	Simon	Waller	MV40	38:50	Helm Hill	
28	677	Scott	Rose	Man	39:06	UA	
29	946	David	Goadby	Man	39:07	UA	
30	591	Brian	Kennedy	MV50	39:27	Settle	
31	937	Lukas	Lee	MV40	39:35	Keighley and Craven	
32	648	Leigh	Baron	MV40	39:39	UA	
33	852	Jake	Lowther	Man	39:58	Helm Hill	
34	894	Craig	Burrow	MV40	40:06	Helm Hill	
35	849	Shaun	Addison	MV50	40:15	Helm Hill	
36	941	Lee	Roe	Man	40:17	Keswick	
37	608	Karl	Mason	Man	40:30	Helm Hill	
38	507	Tom	Matthews	MV40	40:37	Hunters Bogtrotters	
39	629	Hannah	Russell	Lady	40:50	UA	2nd Lady
40	503	Phil	Thurlow	MV40	41:00	Helm Hill	
41	510	John	Armistead	Man	41:04	Helm Hill	
42	841	John	Crawford	Man	41:09	UA	
43	786	Brian	Thompson	MV60	41:27	Helm Hill	1st MV60
44	661	Peter	German	Man	41:35	Helm Hill	
45	947	Paul	Turner	MV40	41:52	Helm Hill	
46	673	Michael	Walsh	MV60	41:58	Kendal	
47	590	Nina	Walkingshaw	Lady	42:10	Howgill Harriers	3rd Lady
48	514	Roger	Aubrey	MV50	42:21	Helm Hill	
49	679	Lucy	Needham	Lady	42:39	Wharfedale	
50	808	Nigel	Barnes	MV50	42:51	Settle	
51	704	Jon	Boadle	Man	43:23	UA	
52	833	James	Todhunter	MV40	43:46	UA	
53	537	Martin	Benson	MV40	43:46	Dallam	

54	616	John	Robson	MV50	44:14	UA	
55	519	Peter	Singleton	MV50	44:18	Blackpool	
56	542	Stephen	Roberts	MV40	44:25	Kendal	
57	539	Owen	Mills	MV40	44:27	Keighley and Craven	
58	672	Chris	Schofield	MV50	44:32	Helm Hill	
59	521	Debbie	Copley	LV40	44:38	Dallam	1st LV40
60	502	Tim	Murray	MV50	45:28	Helm Hill	
61	733	Steve	Watson	MV40	45:36	Dallam	
62	529	Jean	Brown	LV40	45:41	Clayton-le-Moors	
63	739	Barry	Scholes	MV60	45:43	UA	
64	686	Patrick	Willink	MV50	45:50	Helm Hill	
65	632	Stuart	McGurk	MV50	46:01	UA	
66	948	Julian	Donnelly	MV50	46:05	Black Combe	
67	709	Sally	Handford	Lady	46:08	Settle	
68	710	Jo	Wilcox	LV40	46:13	Helm Hill	
69	568	Mike	Troup	MV60	46:15	Ambleside	
70	623	Michael	McLoughlin	MV60	46:37	Preston Harriers	
71	615	Marie	Robson	LV40	46:50	Helm Hill	
72	689	Grace	Leedham	LV40	47:07	Dallam	
73	579	Jessica	Goodfellow	LV50	47:21	Dallam	1st LV50
74	931	Rowan	Ranner	Lady	47:28	Helm Hill	
75	501	Amanda	Burrow	Lady	47:43	Helm Hill	
76	585	Stephen	Moor	MV50	47:51	Settle	
77	582	Andy	Bennet	MV40	47:58	Helm Hill	
78	571	Caroline	Holmes	Lady	48:05	Helm Hill	
79	904	Pete	Coe	MV60	48:28	Helm Hill	
80	598	Mark	Charnley	MV40	49:09	UA	
81	511	Niki	Ryance	LV40	49:20	Ambleside	
82	746	Richard	Simpson	MV50	49:27	UA	
83	554	Lynn	Whittaker	LV50	49:30	Wharfedale	
84	515	Helen	Samson	LV40	50:01	Helm Hill	
85	670	Mick	Leddy	MV50	50:04	Howgill Harriers	
86	938	Barbara	Dobson	LV50	50:06	Helm Hill	
87	584	Chris	Beesley	MV60	51:01	Settle	
88	944	Angela	Davies	Lady	51:15	UA	
89	534	Tim	Thom	MV40	51:20	Keighley and Craven	
90	652	Gordon	Thompson	MV50	51:21	Preston Harriers	
91	624	Sabrina	Gilby	Lady	51:25	Settle	
92	703	Jack	Taylor	Man	51:26	UA	
93	533	Sarah	Senior	LV40	51:34	Helm Hill	
94	522	Joanne	Wulf	LV40	51:45	Settle	
95	945	Mark	Lee	Man	51:47	UA	
96	697	Wendy	Dodds	LV60	52:19	Clayton-le-Moors	1st LV60
97	736	Lindsay	Harrod	LV40	52:36	Helm Hill	
98	570	Alice	Steele	Lady	52:51	Dallam	
99	846	Lorna	Askew	LV40	53:05	Helm Hill	
100	734	Yolanda	Spooner	Lady	54:01	Howgill Harriers	
101	744	Sharron	Hutchinson	LV40	54:53	Helm Hill	
102	508	Paula	Bowen	LV40	54:58	UA	
103	656	Veronica	Waller	LV40	55:20	Dallam	
104	524	Susan	Thompson	LV40	55:24	Wharfedale	
105	565	Julie	Laverock	LV40	56:36	Salford Harriers	
106	578	Trevor	Metcalfe	MV60	57:40	Wharfedale	
107	649	Liz	Adams	LV40	58:01	UA	
108	738	Jill	Gates	LV50	58:41	Settle	
109	523	Geoffrey	Thompson	MV50	58:47	Wharfedale	
110	639	Lily	Lowther	Lady	58:57	Helm Hill	
111	942	Peta	Rowand	LV40	59:38	UA	
112	940	Elizabeth	Natton	Lady	1:00:18	UA	
113	540	Lynda	Hargreaves	LV50	1:00:47	Wharfedale	
114	707	Richard	Handford	MV50	1:07:56	UA	
115	518	George	James	MV70	1:10:40	Blackpool	1st MV70

116	555	Denis	Wood	MV70	1:15:05	Borrowdale	
117	599	Andy	Monk	MV50	DNF	ABFR	
118	651	Joe	Howard	MV70	DNF	Preston Harriers	

Under 17 Race

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	320	Matthew	Senior	Boy	16:36	Helm Hill	1st Boy
2	125	Ben	Kent	Boy	17:12	Helm Hill	2nd Boy
3	24	Luke	Bowen	Boy	17:36	Ambleside	3rd Boy
4	118	Jack	Byrne	Boy	17:47	Helm Hill	
5	59	Tom	Harkes	Boy	17:56	Dallam	
6	27	Oliver	Gajdowski	Boy	17:57	Ambleside	
7	49	Jacob	Aubrey	Boy	18:17	Helm Hill	
8	229	Finlay	Leather	Boy	18:47	Helm Hill	
9	267	George	Tostevin	Boy	18:57	Lancaster and Morecambe	
10	99	Jordan	Rawlins	Boy	19:01	Crook	
11	149	Connie	Hurton	Girl	19:03	Eden Runners	1st Girl
12	242	Robert	Albion	Boy	19:56	Broughton	
13	148	Michael	Dugdale	Boy	20:09	Helm Hill	
14	8	Imogen	Burrow	Girl	20:32	Helm Hill	2nd Girl
15	172	Hannah	Durkin	Girl	21:33	Ambleside	3rd Girl
16	181	Ellie	Lambert	Girl	22:03	Wharfedale	
17	156	Sarah	Thompson	Girl	22:27	Dallam	
18	55	Eilidh	Miller	Girl	22:40	Broughton	
19	71	Mia	Senior	Girl	22:47	Helm Hill	
20	146	Brandon	Brookes	Boy	23:30	Helm Hill	
21	6	Georgia	Stevens	Girl	24:17	Helm Hill	
22	89	Hannah	Thom	Girl	24:38	Keighley and Craven	
23	321	Hannah	Newbold	Girl	25:20	Wharfedale	
24	194	Thomas	Beuzeval	Boy	27:50	Helm Hill	
25	241	Leah	Albion	Girl	28:40	Broughton	
26	261	Charlotte	Goodfellow-Fo	Girl	30:07	Dallam	

Under 14 Race

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	17	Ben	Edmondson	Boy	11:08	Broughton	1st Boy
2	64	Samuel	Almond	Boy	11:10	Eden Runners	2nd Boy
3	45	Robert	Askew	Boy	11:45	Helm Hill	3rd Boy
4	138	Tom	Humphries	Boy	12:08	Eden Runners	
5	10	Katie	Thurlow	Girl	12:09	Helm Hill	1st Girl
6	163	Logan	Hargreaves-M	Boy	12:32	Wharfedale	
7	180	William	Thompson	Boy	12:38	Wharfedale	
8	33	Sebastian	Segger-Stavel	Boy	12:47	Settle	
9	11	Erin	Bagge	Girl	13:55	Helm Hill	2nd Girl
10	36	Maia	Doherty	Girl	13:59	Helm Hill	3rd Girl
11	30	Courtney	Hutchinson	Girl	14:01	Broughton	
12	187	Amy	Slattery	Girl	14:06	Helm Hill	
13	159	Ben	Cudby	Boy	14:14	Helm Hill	
14	81	Lottie	Beardwood	Girl	14:17	Helm Hill	
15	86	Samuel	Thom	Boy	14:34	Keighley and Craven	
16	56	Emelia	Stevens	Girl	15:39	Helm Hill	
17	60	Emily	Carpenter	Girl	15:48	Settle	
18	15	Gaby	Ansell	Girl	16:02	Helm Hill	
19	151	Jack	Hill	Boy	16:47	UA	
20	13	Maddie	Sanders	Girl	17:14	Helm Hill	
21	74	Emily	Crossley	Girl	19:13	Settle	

Under 12 Race

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	164	Sam	Smith	Boy	07:02	Wharfedale	1st Boy
2	63	Alexander	Thompson	Boy	07:11	Wharfedale	2nd Boy
3	25	Harry	Bowen	Boy	07:12	Ambleside	3rd Boy
4	26	James	Bowen	Boy	07:16	Ambleside	
5	40	Lilli	Carr	Girl	07:22	Keighley and Craven	1st Girl
6	319	Jath	Lee	Boy	07:25	Keighley and Craven	
7	52	Jacob	Smith	Boy	07:28	Kendal	
8	2	Henry	Hunter	Boy	07:31	Helm Hill	
9	37	Chloe	Rylance	Girl	07:34	Ambleside	2nd Girl
10	12	Ollie	Sanders	Boy	07:40	Helm Hill	
11	123	Evan	Allan	Boy	07:51	Helm Hill	
12	97	Olesia	Winder	Girl	07:55	Hoad Hill Harriers	3rd Girl
13	93	Evan	Mills	Boy	07:57	Keighley and Craven	
14	14	Matthew	Ansell	Boy	08:06	Helm Hill	
15	51	Vaughan	Sampson	Boy	08:11	Helm Hill	
16	32	Douglas	Segger-Staveland	Boy	08:14	Settle	
17	79	Christopher	Brown	Boy	08:17	Clayton-le-Moors	
18	171	William	Durkin	Boy	08:18	Ambleside	
19	100	Toby	Umpleby	Boy	08:19	Kendal	
20	57	Oliver	Smith	Boy	08:20	Kendal	
21	250	Joe	Clayton	Boy	08:21	Helm Hill	
22	7	Emily	Swarbrick	Girl	08:22	Broughton	
23	127	Charlotte	Barrett	Girl	08:23	Wharfedale	
24	35	Elliot	Wren	Boy	08:24	Helm Hill	
25	38	Sophie	Rylance	Girl	08:25	Ambleside	
26	98	Warren	Fleming	Boy	08:36	Hoad Hill Harriers	
27	262	Mia	Heath	Girl	08:37	UA	
28	184	Maud	Humphries	Girl	08:38	Eden Runners	
29	318	Martha	Taylor	Girl	08:39	Eden Runners	
30	173	Gregory	Miller	Boy	08:41	Broughton	
31	185	Beth	Roberts	Girl	08:42	Keighley and Craven	
32	182	Brodie	Weymouth	Boy	08:45	Arragons Junior Tri	
33	232	Hamish	Griffiths	Boy	08:45	Settle	
34	34	Zach	Doherty	Boy	08:47	Dallam	
35	246	Tom	Nicholson	Boy	08:50	Ambleside	
36	228	Mikey	Charnley	Boy	08:52	UA	
37	203	Bethan	Saunders	Girl	08:58	Hoad Hill Harriers	
38	65	Erin	Cummins	Girl	08:59	Settle	
39	137	Alex	Graham	Boy	09:00	Broughton	
40	83	Ella	Beardwood	Girl	09:02	Helm Hill	
41	113	Luke	Simmons	Boy	09:05	Hoad Hill Harriers	
42	43	Matthew	Wright	Boy	09:07	Helm Hill	
43	132	Ben	Greenep	Boy	09:10	Settle	
44	170	Oliver	Sampson	Boy	09:11	Settle	
45	5	Maddie	Walsh	Girl	09:12	Helm Hill	
46	50	Clara	Sampson	Girl	09:13	Helm Hill	
47	84	Ian	Bethall	Boy	09:16	Dallam	
48	54	Sarah	Smith	Girl	09:17	Kendal	
49	82	Jamie	Waller	Boy	09:20	Dallam	
50	88	Jamie	Harris	Boy	09:33	Helm Hill	
51	311	Rebecca	Foster	Girl	09:36	Eden Runners	
52	31	Logan	Hutchinson	Boy	09:42	Broughton	
53	16	Jessica	Edmondson	Girl	09:43	Broughton	
54	196	Esme	Walkingshaw	Girl	09:44	Eden Runners	
55	61	Oscar	Wulf	Boy	09:48	Settle	
56	134	Rowan	Ashworth	Boy	09:50	Ambleside	
57	9	Olivia	Swarbrick	Girl	09:51	Broughton	
58	286	Isabella	Pickard	Girl	09:52	Keighley and Craven	
59	114	Ellie	Simmons	Girl	09:53	Hoad Hill Harriers	
60	20	Finlay	Aitken	Boy	10:03	Helm Hill	

61	195	Beau	Walkingshaw	Girl	10:04	Eden Runners	
62	227	Charlie	Brownbill	Boy	10:05	UA	
63	167	Blake	Mills	Boy	10:10	Keighley and Craven	
64	124	Tara	Allan	Girl	10:14	Helm Hill	
65	133	Sam	Greenep	Boy	10:16	Settle	
66	165	Mollie	Smith	Girl	10:36	Wharfedale	
67	126	Grace	Wells	Girl	10:40	UA	
68	274	Yolanda	Wilkinson	Girl	10:49	UA	
69	317	Jamie	Taylor	Boy	10:52	UA	
70	247	Hannah	Nicholson	Girl	10:55	Ambleside	
71	169	Dylan	Sampson	Boy	10:59	Settle	
72	107	Theo	Robinson	Boy	11:24	Howgill Harriers	
73	67	Lauren	Evans	Girl	11:24	Settle	
74	249	Charlie	Clayton	Boy	11:39	Helm Hill	
75	191	Breige	Hutchinson	Girl	11:43	Helm Hill	
76	183	Blake	Fleming	Boy	11:46	UA	
77	62	Benji	Grundy	Boy	11:48	Keighley and Craven	
78	91	Rowan	Baker	Girl	11:59	Helm Hill	
79	139	Toby	Harper	Boy	12:00	Wharfedale	
80	22	Cate	Matthew	Girl	12:06	Lancaster and Morecambe	
81	92	Isabella	Benson	Girl	12:11	Dallam	
82	42	Sam	Thornley	Boy	DNF	Ambleside	

Helm Hill 2015 Category Results

ALL SENIOR MEN

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	917	Mark	Addison	Man	31:12	Helm Hill	1st Man
2	763	Oscar	Meanwell	Man	34:08	Borrowdale	2nd Man
3	506	Paul	Aitken	Man	34:10	Helm Hill	3rd Man
4	573	Derek	Hurton	MV40	34:57	Eden Runners	1st MV40
5	855	Chris	Edis	Man	35:10	Keswick	
6	671	Tim	Cowin	MV40	35:14	Howgill Harriers	
7	820	Sam	Harrison	Man	36:00	Bowland Fell Runners	
8	512	Jon	Rylance	MV40	36:08	Ambleside	
9	939	Russell	Parrington	Man	36:18	Barlick Fell runners	
10	572	Noah	Hurton	Man	36:23	Eden Runners	
11	943	Andy	Thompson	Man	36:30	Helm Hill	
12	603	Rob	Dewhurst	MV40	36:31	Ambleside	
13	741	Andrew	Slattery	MV40	36:46	Keswick	
14	887	Simon	Netherway	Man	36:56	Keswick	
15	633	Connor	McGurk	Man	37:36	UA	
16	658	Jonny	Marchant	MV40	37:39	Helm Hill	
17	504	Robert	Crawford	Man	37:42	Coniston	
18	597	Alistair	Hanna	Man	37:52	Howgill Harriers	
19	581	Jacob	Dyer	MV40	37:53	Helm Hill	
20	551	Sean	Robinson	Man	37:59	Howgill Harriers	
21	627	Alan	Life	MV50	38:09	Clayton-le-Moors	1st MV50
22	640	Doug	Love	Man	38:15	Bowland Fell Runners	
23	802	James	Edwards	Man	38:17	Lancaster and Morecambe	
24	949	Calvin	Routledge	MV40	38:20	Lancaster and Morecambe	
25	654	John	Rainford	MV50	38:49	Preston Harriers	
26	530	Simon	Waller	MV40	38:50	Helm Hill	
27	677	Scott	Rose	Man	39:06	UA	
28	946	David	Goadby	Man	39:07	UA	
29	591	Brian	Kennedy	MV50	39:27	Settle	
30	937	Lukas	Lee	MV40	39:35	Keighley and Craven	
31	648	Leigh	Baron	MV40	39:39	UA	
32	852	Jake	Lowther	Man	39:58	Helm Hill	
33	894	Craig	Burrow	MV40	40:06	Helm Hill	
34	849	Shaun	Addison	MV50	40:15	Helm Hill	
35	941	Lee	Roe	Man	40:17	Keswick	
36	608	Karl	Mason	Man	40:30	Helm Hill	
37	507	Tom	Matthews	MV40	40:37	Hunters Bogtrotters	
38	503	Phil	Thurlow	MV40	41:00	Helm Hill	
39	510	John	Armistead	Man	41:04	Helm Hill	
40	841	John	Crawford	Man	41:09	UA	
41	786	Brian	Thompson	MV60	41:27	Helm Hill	1st MV60
42	661	Peter	German	Man	41:35	Helm Hill	
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47	704	Jon	Boadle	Man	43:23	UA	
48	833	James	Todhunter	MV40	43:46	UA	
49	537	Martin	Benson	MV40	43:46	Dallam	
50	616	John	Robson	MV50	44:14	UA	
51	519	Peter	Singleton	MV50	44:18	Blackpool	
52	542	Stephen	Roberts	MV40	44:25	Kendal	
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54	672	Chris	Schofield	MV50	44:32	Helm Hill	
55	502	Tim	Murray	MV50	45:28	Helm Hill	
56	733	Steve	Watson	MV40	45:36	Dallam	
57	739	Barry	Scholes	MV60	45:43	UA	
58	686	Patrick	Willink	MV50	45:50	Helm Hill	

59	632	Stuart	McGurk	MV50	46:01	UA	
60	948	Julian	Donnelly	MV50	46:05	Black Combe	
61	568	Mike	Troup	MV60	46:15	Ambleside	
62	623	Michael	McLoughlin	MV60	46:37	Preston Harriers	
63	585	Stephen	Moor	MV50	47:51	Settle	
64	582	Andy	Bennet	MV40	47:58	Helm Hill	
65	904	Pete	Coe	MV60	48:28	Helm Hill	
66	598	Mark	Charnley	MV40	49:09	UA	
67	746	Richard	Simpson	MV50	49:27	UA	
68	670	Mick	Leddy	MV50	50:04	Howgill Harriers	
69	584	Chris	Beesley	MV60	51:01	Settle	
70	534	Tim	Thom	MV40	51:20	Keighley and Craven	
71	652	Gordon	Thompson	MV50	51:21	Preston Harriers	
72	703	Jack	Taylor	Man	51:26	UA	
73	945	Mark	Lee	Man	51:47	UA	
74	578	Trevor	Metcalfe	MV60	57:40	Wharfedale	
75	523	Geoffrey	Thompson	MV50	58:47	Wharfedale	
76	707	Richard	Handford	MV50	1:07:56	UA	
77	518	George	James	MV70	1:10:40	Blackpool	1st MV70
78	555	Denis	Wood	MV70	1:15:05	Borrowdale	
DNF	599	Andy	Monk	MV50	DNF	ABFR	
DNF	651	Joe	Howard	MV70	DNF	Preston Harriers	

MEN

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17	946	David	Goadby	Man	39:07	UA	
18	852	Jake	Lowther	Man	39:58	Helm Hill	
19	941	Lee	Roe	Man	40:17	Keswick	
20	608	Karl	Mason	Man	40:30	Helm Hill	
21	510	John	Armistead	Man	41:04	Helm Hill	
22	841	John	Crawford	Man	41:09	UA	
23	661	Peter	German	Man	41:35	Helm Hill	
24	704	Jon	Boadle	Man	43:23	UA	
25	703	Jack	Taylor	Man	51:26	UA	
26	945	Mark	Lee	Man	51:47	UA	

MEN - VET 40

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	573	Derek	Hurton	MV40	34:57	Eden Runners	1st MV40
2	671	Tim	Cowin	MV40	35:14	Howgill Harriers	
3	512	Jon	Rylance	MV40	36:08	Ambleside	
4	603	Rob	Dewhurst	MV40	36:31	Ambleside	
5	741	Andrew	Slattery	MV40	36:46	Keswick	
6	658	Jonny	Marchant	MV40	37:39	Helm Hill	
7	581	Jacob	Dyer	MV40	37:53	Helm Hill	
8	949	Calvin	Routledge	MV40	38:20	Lancaster and Morecambe	
9	530	Simon	Waller	MV40	38:50	Helm Hill	
10	937	Lukas	Lee	MV40	39:35	Keighley and Craven	
11	648	Leigh	Baron	MV40	39:39	UA	
12	894	Craig	Burrow	MV40	40:06	Helm Hill	
13	507	Tom	Matthews	MV40	40:37	Hunters Bogtrotters	
14	503	Phil	Thurlow	MV40	41:00	Helm Hill	
15	947	Paul	Turner	MV40	41:52	Helm Hill	
16	833	James	Todhunter	MV40	43:46	UA	
17	537	Martin	Benson	MV40	43:46	Dallam	
18	542	Stephen	Roberts	MV40	44:25	Kendal	
19	539	Owen	Mills	MV40	44:27	Keighley and Craven	
20	733	Steve	Watson	MV40	45:36	Dallam	
21	582	Andy	Bennet	MV40	47:58	Helm Hill	
22	598	Mark	Charnley	MV40	49:09	UA	
23	534	Tim	Thom	MV40	51:20	Keighley and Craven	

MEN - VET 50							
Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	627	Alan	Life	MV50	38:09	Clayton-le-Moors	1st MV50
2	654	John	Rainford	MV50	38:49	Preston Harriers	
3	591	Brian	Kennedy	MV50	39:27	Settle	
4	849	Shaun	Addison	MV50	40:15	Helm Hill	
5	514	Roger	Aubrey	MV50	42:21	Helm Hill	
6	808	Nigel	Barnes	MV50	42:51	Settle	
7	616	John	Robson	MV50	44:14	UA	
8	519	Peter	Singleton	MV50	44:18	Blackpool	
9	672	Chris	Schofield	MV50	44:32	Helm Hill	
10	502	Tim	Murray	MV50	45:28	Helm Hill	
11	686	Patrick	Willink	MV50	45:50	Helm Hill	
12	632	Stuart	McGurk	MV50	46:01	UA	
13	948	Julian	Donnelly	MV50	46:05	Black Combe	
14	585	Stephen	Moor	MV50	47:51	Settle	
15	746	Richard	Simpson	MV50	49:27	UA	
16	670	Mick	Leddy	MV50	50:04	Howgill Harriers	
17	652	Gordon	Thompson	MV50	51:21	Preston Harriers	
18	523	Geoffrey	Thompson	MV50	58:47	Wharfedale	
19	707	Richard	Handford	MV50	1:07:56	UA	
DNF	599	Andy	Monk	MV50	DNF	ABFR	

MEN - VET 60

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	786	Brian	Thompson	MV60	41:27	Helm Hill	1st MV60
2	673	Michael	Walsh	MV60	41:58	Kendal	
3	739	Barry	Scholes	MV60	45:43	UA	
4	568	Mike	Troup	MV60	46:15	Ambleside	
5	623	Michael	McLoughlin	MV60	46:37	Preston Harriers	
6	904	Pete	Coe	MV60	48:28	Helm Hill	
7	584	Chris	Beesley	MV60	51:01	Settle	
8	578	Trevor	Metcalfe	MV60	57:40	Wharfedale	

MEN - VET 70

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	518	George	James	MV70	1:10:40	Blackpool	1st MV70
2	555	Denis	Wood	MV70	1:15:05	Borrowdale	
DNF	651	Joe	Howard	MV70	DNF	Preston Harriers	

ALL SENIOR LADIES

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	883	Catherine	Spurdon	Lady	38:48	Keswick	1st Lady
2	629	Hannah	Russell	Lady	40:50	UA	2nd Lady
3	590	Nina	Walkingshaw	Lady	42:10	Howgill Harriers	3rd Lady
4	679	Lucy	Needham	Lady	42:39	Wharfedale	
5	521	Debbie	Copley	LV40	44:38	Dallam	1st LV40
6	529	Jean	Brown	LV40	45:41	Clayton-le-Moors	
7	709	Sally	Handford	Lady	46:08	Settle	
8	710	Jo	Wilcox	LV40	46:13	Helm Hill	
9	615	Marie	Robson	LV40	46:50	Helm Hill	
10	689	Grace	Leedham	LV40	47:07	Dallam	
11	579	Jessica	Goodfellow	LV50	47:21	Dallam	1st LV50
12	931	Rowan	Ranner	Lady	47:28	Helm Hill	
13	501	Amanda	Burrow	Lady	47:43	Helm Hill	
14	571	Caroline	Holmes	Lady	48:05	Helm Hill	
15	511	Niki	Rylance	LV40	49:20	Ambleside	
16	554	Lynn	Whittaker	LV50	49:30	Wharfedale	
17	515	Helen	Samson	LV40	50:01	Helm Hill	
18	938	Barbara	Dobson	LV50	50:06	Helm Hill	
19	944	Angela	Davies	Lady	51:15	UA	
20	624	Sabrina	Gilby	Lady	51:25	Settle	
21	533	Sarah	Senior	LV40	51:34	Helm Hill	
22	522	Joanne	Wulf	LV40	51:45	Settle	
23	697	Wendy	Dodds	LV60	52:19	Clayton-le-Moors	1st LV60
24	736	Lindsay	Harrod	LV40	52:36	Helm Hill	
25	570	Alice	Steele	Lady	52:51	Dallam	
26	846	Lorna	Askew	LV40	53:05	Helm Hill	
27	734	Yolanda	Spooner	Lady	54:01	Howgill Harriers	
28	744	Sharron	Hutchinson	LV40	54:53	Helm Hill	
29	508	Paula	Bowen	LV40	54:58	UA	
30	656	Veronica	Waller	LV40	55:20	Dallam	
31	524	Susan	Thompson	LV40	55:24	Wharfedale	
32	565	Julie	Laverock	LV40	56:36	Salford Harriers	
33	649	Liz	Adams	LV40	58:01	UA	
34	738	Jill	Gates	LV50	58:41	Settle	
35	639	Lily	Lowther	Lady	58:57	Helm Hill	
36	942	Peta	Rowand	LV40	59:38	UA	
37	940	Elizabeth	Natton	Lady	1:00:18	UA	
38	540	Lynda	Hargreaves	LV50	1:00:47	Wharfedale	

LADIES

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	883	Catherine	Spurdon	Lady	38:48	Keswick	1st Lady
2	629	Hannah	Russell	Lady	40:50	UA	2nd Lady
3	590	Nina	Walkingshaw	Lady	42:10	Howgill Harriers	3rd Lady
4	679	Lucy	Needham	Lady	42:39	Wharfedale	
5	709	Sally	Handford	Lady	46:08	Settle	
6	931	Rowan	Ranner	Lady	47:28	Helm Hill	
7	501	Amanda	Burrow	Lady	47:43	Helm Hill	
8	571	Caroline	Holmes	Lady	48:05	Helm Hill	
9	944	Angela	Davies	Lady	51:15	UA	
10	624	Sabrina	Gilby	Lady	51:25	Settle	
11	570	Alice	Steele	Lady	52:51	Dallam	
12	734	Yolanda	Spooner	Lady	54:01	Howgill Harriers	
13	639	Lily	Lowther	Lady	58:57	Helm Hill	
14	940	Elizabeth	Natton	Lady	1:00:18	UA	

LADIES - VET 40

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	521	Debbie	Copley	LV40	44:38	Dallam	1st LV40
2	529	Jean	Brown	LV40	45:41	Clayton-le-Moors	
3	710	Jo	Wilcox	LV40	46:13	Helm Hill	
4	615	Marie	Robson	LV40	46:50	Helm Hill	
5	689	Grace	Leedham	LV40	47:07	Dallam	
6	511	Niki	Rylance	LV40	49:20	Ambleside	
7	515	Helen	Samson	LV40	50:01	Helm Hill	
8	533	Sarah	Senior	LV40	51:34	Helm Hill	
9	522	Joanne	Wulf	LV40	51:45	Settle	
10	736	Lindsay	Harrod	LV40	52:36	Helm Hill	
11	846	Lorna	Askew	LV40	53:05	Helm Hill	
12	744	Sharron	Hutchinson	LV40	54:53	Helm Hill	
13	508	Paula	Bowen	LV40	54:58	UA	
14	656	Veronica	Waller	LV40	55:20	Dallam	
15	524	Susan	Thompson	LV40	55:24	Wharfedale	
16	565	Julie	Laverock	LV40	56:36	Salford Harriers	
17	649	Liz	Adams	LV40	58:01	UA	
18	942	Peta	Rowand	LV40	59:38	UA	

LADIES - VET 50

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	579	Jessica	Goodfellow	LV50	47:21	Dallam	1st LV50
2	554	Lynn	Whittaker	LV50	49:30	Wharfedale	
3	938	Barbara	Dobson	LV50	50:06	Helm Hill	
4	738	Jill	Gates	LV50	58:41	Settle	
5	540	Lynda	Hargreaves	LV50	1:00:47	Wharfedale	

LADIES - VET 60

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	697	Wendy	Dodds	LV60	52:19	Clayton-le-Moors	1st LV60

UNDER 17 BOYS

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	320	Matthew	Senior	Boy	16:36	Helm Hill	1st Boy
2	125	Ben	Kent	Boy	17:12	Helm Hill	2nd Boy
3	24	Luke	Bowen	Boy	17:36	Ambleside	3rd Boy
4	118	Jack	Byrne	Boy	17:47	Helm Hill	
5	59	Tom	Harkes	Boy	17:56	Dallam	
6	27	Oliver	Gajdowski	Boy	17:57	Ambleside	
7	49	Jacob	Aubrey	Boy	18:17	Helm Hill	
8	229	Finlay	Leather	Boy	18:47	Helm Hill	
9	267	George	Tostevin	Boy	18:57	Lancaster and Morecambe	
10	99	Jordan	Rawlins	Boy	19:01	Crook	
11	242	Robert	Albion	Boy	19:56	Broughton	
12	148	Michael	Dugdale	Boy	20:09	Helm Hill	
13	146	Brandon	Brookes	Boy	23:30	Helm Hill	
14	194	Thomas	Beuzeval	Boy	27:50	Helm Hill	

UNDER 17 GIRLS

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	149	Connie	Hurton	Girl	19:03	Eden Runners	1st Girl
2	8	Imogen	Burrow	Girl	20:32	Helm Hill	2nd Girl
3	172	Hannah	Durkin	Girl	21:33	Ambleside	3rd Girl
4	181	Ellie	Lambert	Girl	22:03	Wharfedale	
5	156	Sarah	Thompson	Girl	22:27	Dallam	
6	55	Eilidh	Miller	Girl	22:40	Broughton	
7	71	Mia	Senior	Girl	22:47	Helm Hill	
8	6	Georgia	Stevens	Girl	24:17	Helm Hill	
9	89	Hannah	Thom	Girl	24:38	Keighley and Craven	
10	321	Hannah	Newbold	Girl	25:20	Wharfedale	
11	241	Leah	Albion	Girl	28:40	Broughton	
12	261	Charlotte	Goodfellow-Fc	Girl	30:07	Dallam	

UNDER 14 BOYS

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	17	Ben	Edmondson	Boy	11:08	Broughton	1st Boy
2	64	Samuel	Almond	Boy	11:10	Eden Runners	2nd Boy
3	45	Robert	Askew	Boy	11:45	Helm Hill	3rd Boy
4	138	Tom	Humphries	Boy	12:08	Eden Runners	
5	163	Logan	Hargreaves-M	Boy	12:32	Wharfedale	
6	180	William	Thompson	Boy	12:38	Wharfedale	
7	33	Sebastian	Segger-Stavel	Boy	12:47	Settle	
8	159	Ben	Cudby	Boy	14:14	Helm Hill	
9	86	Samuel	Thom	Boy	14:34	Keighley and Craven	
10	151	Jack	Hill	Boy	16:47	UA	

UNDER 14 GIRLS

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	10	Katie	Thurlow	Girl	12:09	Helm Hill	1st Girl
2	11	Erin	Bagge	Girl	13:55	Helm Hill	2nd Girl
3	36	Maia	Doherty	Girl	13:59	Helm Hill	3rd Girl
4	30	Courtney	Hutchinson	Girl	14:01	Broughton	
5	187	Amy	Slattery	Girl	14:06	Helm Hill	
6	81	Lottie	Beardwood	Girl	14:17	Helm Hill	
7	56	Emelia	Stevens	Girl	15:39	Helm Hill	
8	60	Emily	Carpenter	Girl	15:48	Settle	
9	15	Gaby	Ansell	Girl	16:02	Helm Hill	
10	13	Maddie	Sanders	Girl	17:14	Helm Hill	
11	74	Emily	Crossley	Girl	19:13	Settle	

UNDER 12 BOYS

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	164	Sam	Smith	Boy	07:02	Wharfedale	1st Boy
2	63	Alexander	Thompson	Boy	07:11	Wharfedale	2nd Boy
3	25	Harry	Bowen	Boy	07:12	Ambleside	3rd Boy
4	26	James	Bowen	Boy	07:16	Ambleside	
5	319	Jath	Lee	Boy	07:25	Keighley and Craven	
6	52	Jacob	Smith	Boy	07:28	Kendal	
7	2	Henry	Hunter	Boy	07:31	Helm Hill	
8	12	Ollie	Sanders	Boy	07:40	Helm Hill	
9	123	Evan	Allan	Boy	07:51	Helm Hill	
10	93	Evan	Mills	Boy	07:57	Keighley and Craven	
11	14	Matthew	Ansell	Boy	08:06	Helm Hill	
12	51	Vaughan	Sampson	Boy	08:11	Helm Hill	
13	32	Douglas	Segger-Stavel	Boy	08:14	Settle	
14	79	Christophe	Brown	Boy	08:17	Clayton-le-Moors	
15	171	William	Durkin	Boy	08:18	Ambleside	
16	100	Toby	Umpleby	Boy	08:19	Kendal	
17	57	Oliver	Smith	Boy	08:20	Kendal	
18	250	Joe	Clayton	Boy	08:21	Helm Hill	
19	35	Elliot	Wren	Boy	08:24	Helm Hill	
20	98	Warren	Fleming	Boy	08:36	Hoad Hill Harriers	
21	173	Gregory	Miller	Boy	08:41	Broughton	
22	182	Brodie	Weymouth	Boy	08:45	Arragons Junior Tri	
23	232	Hamish	Griffiths	Boy	08:45	Settle	
24	34	Zach	Doherty	Boy	08:47	Dallam	
25	246	Tom	Nicholson	Boy	08:50	Ambleside	
26	228	Mikey	Charnley	Boy	08:52	UA	
27	137	Alex	Graham	Boy	09:00	Broughton	
28	113	Luke	Simmons	Boy	09:05	Hoad Hill Harriers	
29	43	Matthew	Wright	Boy	09:07	Helm Hill	
30	132	Ben	Greenep	Boy	09:10	Settle	
31	170	Oliver	Sampson	Boy	09:11	Settle	
32	84	Ian	Bethall	Boy	09:16	Dallam	
33	82	Jamie	Waller	Boy	09:20	Dallam	
34	88	Jamie	Harris	Boy	09:33	Helm Hill	
35	31	Logan	Hutchinson	Boy	09:42	Broughton	
36	61	Oscar	Wulf	Boy	09:48	Settle	
37	134	Rowan	Ashworth	Boy	09:50	Ambleside	
38	20	Finlay	Aitken	Boy	10:03	Helm Hill	
39	227	Charlie	Brownbill	Boy	10:05	UA	
40	167	Blake	Mills	Boy	10:10	Keighley and Craven	
41	133	Sam	Greenep	Boy	10:16	Settle	
42	317	Jamie	Taylor	Boy	10:52	UA	
43	169	Dylan	Sampson	Boy	10:59	Settle	
44	107	Theo	Robinson	Boy	11:24	Howgill Harriers	
45	249	Charlie	Clayton	Boy	11:39	Helm Hill	
46	183	Blake	Fleming	Boy	11:46	UA	
47	62	Benji	Grundy	Boy	11:48	Keighley and Craven	
48	139	Toby	Harper	Boy	12:00	Wharfedale	
DNF	42	Sam	Thornley	Boy	DNF	Ambleside	

UNDER 12 GIRLS

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	40	Lilli	Carr	Girl	07:22	Keighley and Craven	1st Girl
2	37	Chloe	Rylance	Girl	07:34	Ambleside	2nd Girl
3	97	Olesia	Winder	Girl	07:55	Hoad Hill Harriers	3rd Girl
4	7	Emily	Swarbrick	Girl	08:22	Broughton	
5	127	Charlotte	Barrett	Girl	08:23	Wharfedale	
6	38	Sophie	Rylance	Girl	08:25	Ambleside	
7	262	Mia	Heath	Girl	08:37	UA	
8	184	Maud	Humphries	Girl	08:38	Eden Runners	
9	318	Martha	Taylor	Girl	08:39	Eden Runners	
10	185	Beth	Roberts	Girl	08:42	Keighley and Craven	
11	203	Bethan	Saunders	Girl	08:58	Hoad Hill Harriers	
12	65	Erin	Cummins	Girl	08:59	Settle	
13	83	Ella	Beardwood	Girl	09:02	Helm Hill	
14	5	Maddie	Walsh	Girl	09:12	Helm Hill	
15	50	Clara	Sampson	Girl	09:13	Helm Hill	
16	54	Sarah	Smith	Girl	09:17	Kendal	
17	311	Rebecca	Foster	Girl	09:36	Eden Runners	
18	16	Jessica	Edmondson	Girl	09:43	Broughton	
19	196	Esmé	Walkingshaw	Girl	09:44	Eden Runners	
20	9	Olivia	Swarbrick	Girl	09:51	Broughton	
21	286	Isabella	Pickard	Girl	09:52	Keighley and Craven	
22	114	Ellie	Simmons	Girl	09:53	Hoad Hill Harriers	
23	195	Beau	Walkingshaw	Girl	10:04	Eden Runners	
24	124	Tara	Allan	Girl	10:14	Helm Hill	
25	165	Mollie	Smith	Girl	10:36	Wharfedale	
26	126	Grace	Wells	Girl	10:40	UA	
27	274	Yolanda	Wilkinson	Girl	10:49	UA	
28	247	Hannah	Nicholson	Girl	10:55	Ambleside	
29	67	Lauren	Evans	Girl	11:24	Settle	
30	191	Breige	Hutchinson	Girl	11:43	Helm Hill	
31	91	Rowan	Baker	Girl	11:59	Helm Hill	
32	22	Cate	Matthew	Girl	12:06	Lancaster and Morecambe	
33	92	Isabella	Benson	Girl	12:11	Dallam	