



Supported by Different Strokes

Cautley Spout - Results 13 March 2016

Senior Race

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	863	Josh	Jardine	Man	30:14	UA	1st Man
2	845	Adam	Perry	Man	30:29	Helm Hill	2nd Man
3	916	Ben	Procter	Man	31:05	Helm Hill	3rd Man
4	926	Tim	Cowin	MV40	31:59	Helm Hill	1st MV40
5	742	Paul	Aitken	Man	32:11	Helm Hill	
6	566	Harvey	Lord	Man	32:33	Black Combe	
7	516	Jon	Rylance	MV40	33:05	Ambleside	
8	637	James	Gray	Man	33:41	UA	
9	606	Paul	Lambert	MV50	33:43	Wharfedale	1st MV50
10	869	Andrew	Livingstone	Man	34:02	UA	
11	760	Sam	Harrison	Man	34:14	Bowland	
12	589	Alan	Ashcroft	Man	34:23	Howgill Harrier	
13	655	James	Edwards	MV40	34:39	Lonsdale	
14	675	Connor	McGurk	Man	35:13	Kendal	
15	840	Martin	Spooner	Man	35:25	Howgill Harrier	
16	766	Jack	Eyre	Man	35:29	Eden Runners	
17	587	Patrick	Hanna	Man	35:40	Howgill Harrier	
18	542	Ian	Willis	MV40	35:43	Keighley and Craven	
19	621	Hannah	Russell	Lady	35:47	Helm Hill	1st Lady
20	736	Mike	Egner	MV60	35:53	Settle	1st MV60
21	883	Darren	Fishwick	MV40	36:00	Chorley	
22	928	Kris	Baldock	Man	36:06	UA	
23	698	Johnny	Marchant	MV40	36:10	Helm Hill	
24	755	Brian	Pennington	Man	36:15	Howgill Harrier	
25	527	Sean	Robinson	Man	36:30	Howgill Harrier	
26	921	Alexander	Jeffreys	Man	36:41	Tunbridge Wells Harriers	
27	612	John	Rainford	MV50	37:02	Preston	
28	565	Peter	German	Man	37:08	Helm Hill	
29	768	Rowan	Wood	Man	37:23	Lonsdale	
30	694	Ian	Harrington	MV40	37:26	Helm Hill	
31	514	Pete	Marston	MV40	37:57	Helm Hill	
32	639	James	Baron	MV40	38:12	Helm Hill	
33	752	Ray	Gill	MV50	39:04	Dallam	
34	868	Colin	Valentine	MV50	39:35	Keswick	
35	920	Scott	Tranter	Man	39:40	UA	
36	912	Will	Spain	Man	40:02	Dark Peak	
37	509	John	Armistead	Man	40:08	Helm Hill	
38	676	Peter	Lawson	Man	40:26	UA	
39	666	Catherine	Niblock	Lady	40:28	Helm Hill	2nd Lady
40	607	David	Griffin	MV50	40:35	Dallam	
41	711	Jonathan	Boadle	Man	41:23	UA	
42	700	Tim	Roe	Man	41:29	Helm Hill	
43	754	Mark	Bell	MV50	41:45	Dallam	
44	918	Pete	Miles	Man	42:01	UA	
45	539	Peter	Singleton	MV50	42:27	Blackpool	
46	582	Paul	Senior	MV40	42:44	Helm Hill	
47	709	Matt	Davis	Man	42:45	Howgill Harrier	
48	627	Richard	Duckett	Man	43:11	UA	
49	668	Wendy	Dodds	LV60	43:24	Clayton	3rd Lady/1st LV60
50	645	Carrie	Gibson	LV40	43:28	Helm Hill	1st LV40
51	922	Cathy	Gill	Lady	43:30	Tunbridge Wells Harriers	
52	684	Marie	Robson	LV40	43:44	Helm Hill	
53	640	Michael	Duncan	Man	43:52	UA	

54	879	Tom	Matthews	MV40	43:55	Bowland	
55	672	Stephen	Moor	MV50	43:57	Settle	
56	925	Kevin	May	MV50	44:00	Howgill Harrier	
57	923	Tom	Barker	Man	44:13	Northern Fell Runners	
58	532	Jayne	Rigby	LV40	44:15	Helm Hill	
59	743	Barry	Scholes	MV60	44:32	Settle	
60	708	Joss	Addison	Man	44:37	UA	
61	585	Mo	Kelly	Lady	44:46	Howgill Harrier	
62	605	Jonathan	Gibson	MV50	44:58	Wharfedale	
63	614	Michael	McLoughlin	MV60	45:40	Preston	
64	691	Brian	Thompson	MV60	45:52	Helm Hill	
65	502	Amanda	Burrows	LV40	47:06	Helm Hill	
66	610	Stephen	Taylor	MV50	47:14	Preston	
67	515	Niki	Rylance	LV40	47:23	Ambleside	
68	674	Stuart	McGurk	MV50	47:29	Kendal	
69	919	Jim	Fisher	MV50	47:33	Howgill Harrier	
70	575	Alistair	Hanna	Man	47:44	Howgill Harrier	
71	876	Jenny	Rice	Lady	47:52	Helm Hill	
72	727	Andrew	Shepherd	Man	48:00	UA	
73	547	Mike	Troup	MV60	48:06	Ambleside	
74	927	John	Leech	MV50	48:29	Dallam	
75	673	Victoria	Upton	Lady	48:35	Helm Hill	
76	555	Ann-Marie	Swallow	LV40	48:39	UA	
77	581	Sarah	Senior	LV40	49:09	Helm Hill	
78	628	Mark	Charnley	MV40	49:12	Settle	
79	550	Hannah	Thom	Lady	49:14	Keighley and Craven	
80	728	Niall	Johnson	MV40	49:28	UA	
81	549	Tim	Thom	MV40	50:19	Keighley and Craven	
82	510	Lynn	Whittaker	LV50	50:26	Wharfedale	1st LV50
83	649	Jo	Taylor	LV50	50:37	Bowland	
84	570	Rachel	Slattery	LV40	50:43	Helm Hill	
85	531	Lorna	Askew	LV40	51:13	Helm Hill	
86	917	Yvonne	Procter	LV50	51:39	Helm Hill	
87	548	Andrew	Biddle	MV60	52:35	West Pennine	
88	602	Gregory	Tagney	MV60	53:23	Dallam	
89	718	Lindsay	Harrod	LV40	53:24	Helm Hill	
90	648	John	Taylor	MV60	54:19	Bowland	
91	521	Paula	Bowen	LV40	54:57	Ambleside	
92	735	Geoff	Thompson	MV50	55:04	Wharfedale	
93	517	Trevor	Metcalfe	MV60	55:45	Wharfedale	
94	924	Katie	May	Lady	55:52	Howgill Harrier	
95	529	Su	Thompson	LV40	56:51	Wharfedale	
96	725	Grant	Remmington	Man	57:00	UA	
97	568	Rebecca	Hodgson	Lady	57:11	UA	
98	526	Zoe	Ringer	Lady	57:33	Howgill Harrier	
99	638	Elizabeth	Adams	LV40	58:31	Helm Hill	
100	772	Miriam	Rosen	LV60	1:02:37	Lancaster and Morecambe	
101	501	Anna	Stevens	LV40	1:04:06	Helm Hill	
102	770	Richard	Handford	MV50	1:04:57	Settle	
103	846	Denis	Wood	MV70	1:09:51	Borrowdale	1st MV70
104	523	Peta	Rowand	LV40	1:10:00	Ambleside	
105	740	Lynda	Hargreaves	LV50	1:13:24	Wharfedale	
106	750	Joe	Howard	MV70	1:15:32	Preston	

Under 17 Race

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	13	Joe	Edmondson	Boy	20:45	Ambleside	1st Boy
2	140	George	Attwood	Boy	23:26	Dallam	2nd Boy
3	53	Jake	Shuttleworth	Boy	24:50	Ambleside	3rd Boy
4	170	Logan	Hargreaves	Boy	28:05	Wharfedale	
5	158	Hannah	Durkin	Girl	31:58	Ambleside	1st Girl
6	155	Katie	Russell	Girl	35:14	Helm Hill	2nd Girl
7	8	Jodie	Ritchie	Girl	37:41	Hoad Hill Harriers	3rd Girl
8	141	Grace	Attwood	Girl	40:04	Dallam	
9	222	Leah	Albion	Girl	41:48	Broughton	
10	117	Alana	Willis	Girl	44:30	Keighley and Craven	

Under 14 Race

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	12	Ben	Edmondson	Boy	13:34	Ambleside	1st Boy
2	23	Chloe	Rylance	Girl	14:22	Ambleside	1st Girl
3	221	Thomas	Marshall	Boy	14:35	Settle	2nd Boy
4	21	Sebastian	Segger-Stave	Boy	14:36	Settle	3rd Boy
5	160	Alexander	Thompson	Boy	14:57	Wharfedale	
6	162	John	Egner	Boy	15:13	Settle	
7	228	Lilli	Carr	Girl	15:19	Keighley and Craven	2nd Girl
8	49	Brodie	Weymouth	Boy	15:44	Aragons Junior Tri	
9	112	Toby	Umpleby	Boy	15:59	Kendal	
10	50	Matt	Holdroyd	Boy	16:20	Settle	
11	239	William	Thompson	Boy	16:21	Wharfedale	
12	183	Adam	Scott	Boy	16:25	Kendal	
13	121	Barnaby	Walkingshaw	Boy	16:28	Eden Runners	
14	168	Rosie	Woodhams	Girl	16:34	Dallam	3rd Girl
15	18	Vaughan	Samson	Boy	17:05	Helm Hill	
16	33	Maia	Doherty	Girl	18:12	Helm Hill	
17	22	Courtney	Hutchinson	Girl	DNF	Ambleside	

Under 12 Race

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	6	Henry	Hunter	Boy	09:42	Helm Hill	1st Boy
2	15	Ollie	Sanders	Boy	09:50	Helm Hill	2nd Boy
3	41	Sam	Smith	Boy	09:59	Wharfedale	3rd Boy
4	45	James	Bowen	Boy	10:04	Ambleside	
5	102	Sonny	Ashton-Fitch	Boy	10:08	Settle	
6	116	Addison	Willis	Boy	10:24	Keighley and Craven	
7	35	Olesia	Winder	Girl	10:32	Hoad Hill Harriers	1st Girl
8	24	Sophie	Rylance	Girl	10:59	Ambleside	2nd Girl
9	178	Mia	Heath	Girl	11:15	Helm Hill	3rd Girl
10	36	Joseph	Clayton	Boy	11:29	Helm Hill	
11	4	Emily	Swarbrick	Girl	11:33	Broughton	
12	85	Joseph	Rigby	Boy	11:43	Helm Hill	
13	29	Bethan	Saunders	Girl	11:46	Hoad Hill Harriers	
14	20	Douglas	Segger-Stave	Boy	11:46	Settle	
15	75	Leo	Ranner	Boy	11:47	Helm Hill	
16	81	Alex	Graham	Boy	11:57	Ambleside	
17	7	Nathan	Richie	Boy	12:08	Hoad Hill Harriers	
18	11	Jessica	Edmondson	Girl	12:20	Ambleside	
19	104	Ella	Park	Girl	12:35	Helm Hill	
20	32	Zach	Doherty	Boy	12:39	Dallam	
21	73	Isaac	Robinson	Boy	12:44	Howgill Harrier	
22	42	Gordon	Blackburn	Boy	12:51	Ambleside	
23	132	Rowan	Ashworth	Boy	12:54	Ambleside	
24	163	Rio	Egner	Boy	13:11	Settle	
25	119	Grace	Wells	Girl	13:21	Howgill Harrier	
26	127	Sam	Jackson	Boy	13:47	Helm Hill	
27	175	Finlay	Aitken	Boy	13:59	Helm Hill	
28	3	Olivia	Swarbrick	Girl	14:00	Broughton	
29	123	Esme	Walkingshaw	Girl	14:21	Eden Runners	
30	37	Charlie	Clayton	Boy	14:25	Helm Hill	
31	235	Jude	Evans	Boy	14:28	Helm Hill	
32	39	Rory	Knowles	Boy	14:30	Ambleside	
33	114	Maesie	Evans	Girl	14:39	Ambleside	
34	91	Charlotte	Peart	Girl	14:53	Settle	
35	95	Connie	Maye	Girl	15:25	UA	
36	259	Jess	Worn	Girl	16:12	UA	
37	92	Cate	Matthew	Girl	16:15	Lancaster and Morecambe	
38	164	Charlie	Blackburn	Boy	16:36	Ambleside	
39	115	Joss	Evans	Girl	16:38	Ambleside	
40	167	Izzy	Ashton-Fitch	Girl	16:57	Settle	
41	40	Mollie	Smith	Girl	17:10	Wharfedale	
42	165	Megan	Bascombe	Girl	22:54	UA	

Cautley Spout 2016 Category Results

ALL SENIOR MEN

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	863	Josh	Jardine	Man	30:14	UA	1st Man
2	845	Adam	Perry	Man	30:29	Helm Hill	2nd Man
3	916	Ben	Procter	Man	31:05	Helm Hill	3rd Man
4	926	Tim	Cowin	MV40	31:59	Helm Hill	1st MV40
5	742	Paul	Aitken	Man	32:11	Helm Hill	
6	566	Harvey	Lord	Man	32:33	Black Combe	
7	516	Jon	Rylance	MV40	33:05	Ambleside	
8	637	James	Gray	Man	33:41	UA	
9	606	Paul	Lambert	MV50	33:43	Wharfedale	1st MV50
10	869	Andrew	Livingstone	Man	34:02	UA	
11	760	Sam	Harrison	Man	34:14	Bowland	
12	589	Alan	Ashcroft	Man	34:23	Howgill Harrier	
13	655	James	Edwards	MV40	34:39	Lonsdale	
14	675	Connor	McGurk	Man	35:13	Kendal	
15	840	Martin	Spooner	Man	35:25	Howgill Harrier	
16	766	Jack	Eyre	Man	35:29	Eden Runners	
17	587	Patrick	Hanna	Man	35:40	Howgill Harrier	
18	542	Ian	Willis	MV40	35:43	Keighley and Craven	
19	736	Mike	Egner	MV60	35:53	Settle	1st MV60
20	883	Darren	Fishwick	MV40	36:00	Chorley	
21	928	Kris	Baldock	Man	36:06	UA	
22	698	Johnny	Marchant	MV40	36:10	Helm Hill	
23	755	Brian	Pennington	Man	36:15	Howgill Harrier	
24	527	Sean	Robinson	Man	36:30	Howgill Harrier	
25	921	Alexander	Jeffreys	Man	36:41	Tunbridge Wells Harriers	
26	612	John	Rainford	MV50	37:02	Preston	
27	565	Peter	German	Man	37:08	Helm Hill	
28	768	Rowan	Wood	Man	37:23	Lonsdale	
29	694	Ian	Harrington	MV40	37:26	Helm Hill	
30	514	Pete	Marston	MV40	37:57	Helm Hill	
31	639	James	Baron	MV40	38:12	Helm Hill	
32	752	Ray	Gill	MV50	39:04	Dallam	
33	868	Colin	Valentine	MV50	39:35	Keswick	
34	920	Scott	Tranter	Man	39:40	UA	
35	912	Will	Spain	Man	40:02	Dark Peak	
36	509	John	Armistead	Man	40:08	Helm Hill	
37	676	Peter	Lawson	Man	40:26	UA	
38	607	David	Griffin	MV50	40:35	Dallam	
39	711	Jonathan	Boadle	Man	41:23	UA	
40	700	Tim	Roe	Man	41:29	Helm Hill	
41	754	Mark	Bell	MV50	41:45	Dallam	
42	918	Pete	Miles	Man	42:01	UA	
43	539	Peter	Singleton	MV50	42:27	Blackpool	
44	582	Paul	Senior	MV40	42:44	Helm Hill	
45	709	Matt	Davis	Man	42:45	Howgill Harrier	
46	627	Richard	Duckett	Man	43:11	UA	
47	640	Michael	Duncan	Man	43:52	UA	
48	879	Tom	Matthews	MV40	43:55	Bowland	
49	672	Stephen	Moor	MV50	43:57	Settle	
50	925	Kevin	May	MV50	44:00	Howgill Harrier	
51	923	Tom	Barker	Man	44:13	Northern Fell Runners	
52	743	Barry	Scholes	MV60	44:32	Settle	
53	708	Joss	Addison	Man	44:37	UA	
54	605	Jonathan	Gibson	MV50	44:58	Wharfedale	
55	614	Michael	McLoughlin	MV60	45:40	Preston	
56	691	Brian	Thompson	MV60	45:52	Helm Hill	
57	610	Stephen	Taylor	MV50	47:14	Preston	
58	674	Stuart	McGurk	MV50	47:29	Kendal	

59	919	Jim	Fisher	MV50	47:33	Howgill Harrier	
60	575	Alistair	Hanna	Man	47:44	Howgill Harrier	
61	727	Andrew	Shepherd	Man	48:00	UA	
62	547	Mike	Troup	MV60	48:06	Ambleside	
63	927	John	Leech	MV50	48:29	Dallam	
64	628	Mark	Charnley	MV40	49:12	Settle	
65	728	Niall	Johnson	MV40	49:28	UA	
66	549	Tim	Thom	MV40	50:19	Keighley and Craven	
67	548	Andrew	Biddle	MV60	52:35	West Pennine	
68	602	Gregory	Tagney	MV60	53:23	Dallam	
69	648	John	Taylor	MV60	54:19	Bowland	
70	735	Geoff	Thompson	MV50	55:04	Wharfedale	
71	517	Trevor	Metcalfe	MV60	55:45	Wharfedale	
72	725	Grant	Remmington	Man	57:00	UA	
73	770	Richard	Handford	MV50	1:04:57	Settle	
74	846	Denis	Wood	MV70	1:09:51	Borrowdale	1st MV70
75	750	Joe	Howard	MV70	1:15:32	Preston	

MEN

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	863	Josh	Jardine	Man	30:14	UA	1st Man
2	845	Adam	Perry	Man	30:29	Helm Hill	2nd Man
3	916	Ben	Procter	Man	31:05	Helm Hill	3rd Man
4	742	Paul	Aitken	Man	32:11	Helm Hill	
5	566	Harvey	Lord	Man	32:33	Black Combe	
6	637	James	Gray	Man	33:41	UA	
7	869	Andrew	Livingstone	Man	34:02	UA	
8	760	Sam	Harrison	Man	34:14	Bowland	
9	589	Alan	Ashcroft	Man	34:23	Howgill Harrier	
10	675	Connor	McGurk	Man	35:13	Kendal	
11	840	Martin	Spooner	Man	35:25	Howgill Harrier	
12	766	Jack	Eyre	Man	35:29	Eden Runners	
13	587	Patrick	Hanna	Man	35:40	Howgill Harrier	
14	928	Kris	Baldock	Man	36:06	UA	
15	755	Brian	Pennington	Man	36:15	Howgill Harrier	
16	527	Sean	Robinson	Man	36:30	Howgill Harrier	
17	921	Alexander	Jeffreys	Man	36:41	Tunbridge Wells Harriers	
18	565	Peter	German	Man	37:08	Helm Hill	
19	768	Rowan	Wood	Man	37:23	Lonsdale	
20	920	Scott	Tranter	Man	39:40	UA	
21	912	Will	Spain	Man	40:02	Dark Peak	
22	509	John	Armistead	Man	40:08	Helm Hill	
23	676	Peter	Lawson	Man	40:26	UA	
24	711	Jonathan	Boadle	Man	41:23	UA	
25	700	Tim	Roe	Man	41:29	Helm Hill	
26	918	Pete	Miles	Man	42:01	UA	
27	709	Matt	Davis	Man	42:45	Howgill Harrier	
28	627	Richard	Duckett	Man	43:11	UA	
29	640	Michael	Duncan	Man	43:52	UA	
30	923	Tom	Barker	Man	44:13	Northern Fell Runners	
31	708	Joss	Addison	Man	44:37	UA	
32	575	Alistair	Hanna	Man	47:44	Howgill Harrier	
33	727	Andrew	Shepherd	Man	48:00	UA	
34	725	Grant	Remmington	Man	57:00	UA	

MEN - VET 40

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	926	Tim	Cowin	MV40	31:59	Helm Hill	1st MV40
2	516	Jon	Rylance	MV40	33:05	Ambleside	
3	655	James	Edwards	MV40	34:39	Lonsdale	
4	542	Ian	Willis	MV40	35:43	Keighley and Craven	
5	883	Darren	Fishwick	MV40	36:00	Chorley	
6	698	Johnny	Marchant	MV40	36:10	Helm Hill	
7	694	Ian	Harrington	MV40	37:26	Helm Hill	
8	514	Pete	Marston	MV40	37:57	Helm Hill	
9	639	James	Baron	MV40	38:12	Helm Hill	
10	582	Paul	Senior	MV40	42:44	Helm Hill	
11	879	Tom	Matthews	MV40	43:55	Bowland	
12	628	Mark	Charnley	MV40	49:12	Settle	
13	728	Niall	Johnson	MV40	49:28	UA	
14	549	Tim	Thom	MV40	50:19	Keighley and Craven	

MEN - VET 50

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	606	Paul	Lambert	MV50	33:43	Wharfedale	1st MV50
2	612	John	Rainford	MV50	37:02	Preston	
3	752	Ray	Gill	MV50	39:04	Dallam	
4	868	Colin	Valentine	MV50	39:35	Keswick	
5	607	David	Griffin	MV50	40:35	Dallam	
6	754	Mark	Bell	MV50	41:45	Dallam	
7	539	Peter	Singleton	MV50	42:27	Blackpool	
8	672	Stephen	Moor	MV50	43:57	Settle	
9	925	Kevin	May	MV50	44:00	Howgill Harrier	
10	605	Jonathan	Gibson	MV50	44:58	Wharfedale	
11	610	Stephen	Taylor	MV50	47:14	Preston	
12	674	Stuart	McGurk	MV50	47:29	Kendal	
13	919	Jim	Fisher	MV50	47:33	Howgill Harrier	
14	927	John	Leech	MV50	48:29	Dallam	
15	735	Geoff	Thompson	MV50	55:04	Wharfedale	
16	770	Richard	Handford	MV50	1:04:57	Settle	

MEN - VET 60

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	736	Mike	Egner	MV60	35:53	Settle	1st MV60
2	743	Barry	Scholes	MV60	44:32	Settle	
3	614	Michael	McLoughlin	MV60	45:40	Preston	
4	691	Brian	Thompson	MV60	45:52	Helm Hill	
5	547	Mike	Troup	MV60	48:06	Ambleside	
6	548	Andrew	Biddle	MV60	52:35	West Pennine	
7	602	Gregory	Tagney	MV60	53:23	Dallam	
8	648	John	Taylor	MV60	54:19	Bowland	
9	517	Trevor	Metcalfe	MV60	55:45	Wharfedale	

MEN - VET 70

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	846	Denis	Wood	MV70	1:09:51	Borrowdale	1st MV70
2	750	Joe	Howard	MV70	1:15:32	Preston	

ALL SENIOR LADIES

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	621	Hannah	Russell	Lady	35:47	Helm Hill	1st Lady
2	666	Catherine	Niblock	Lady	40:28	Helm Hill	2nd Lady
3	668	Wendy	Dodds	LV60	43:24	Clayton	3rd Lady/1st LV60
4	645	Carrie	Gibson	LV40	43:28	Helm Hill	1st LV40
5	922	Cathy	Gill	Lady	43:30	Tunbridge Wells Harriers	
6	684	Marie	Robson	LV40	43:44	Helm Hill	
7	532	Jayne	Rigby	LV40	44:15	Helm Hill	
8	585	Mo	Kelly	Lady	44:46	Howgill Harrier	
9	502	Amanda	Burrows	LV40	47:06	Helm Hill	
10	515	Niki	Rylance	LV40	47:23	Ambleside	
11	876	Jenny	Rice	Lady	47:52	Helm Hill	
12	673	Victoria	Upton	Lady	48:35	Helm Hill	
13	555	Ann-Marie	Swallow	LV40	48:39	UA	
14	581	Sarah	Senior	LV40	49:09	Helm Hill	
15	550	Hannah	Thom	Lady	49:14	Keighley and Craven	
16	510	Lynn	Whittaker	LV50	50:26	Wharfedale	1st LV50
17	649	Jo	Taylor	LV50	50:37	Bowland	
18	570	Rachel	Slattery	LV40	50:43	Helm Hill	
19	531	Lorna	Askew	LV40	51:13	Helm Hill	
20	917	Yvonne	Procter	LV50	51:39	Helm Hill	
21	718	Lindsay	Harrod	LV40	53:24	Helm Hill	
22	521	Paula	Bowen	LV40	54:57	Ambleside	
23	924	Katie	May	Lady	55:52	Howgill Harrier	
24	529	Su	Thompson	LV40	56:51	Wharfedale	
25	568	Rebecca	Hodgson	Lady	57:11	UA	
26	526	Zoe	Ringer	Lady	57:33	Howgill Harrier	
27	638	Elizabeth	Adams	LV40	58:31	Helm Hill	
28	772	Miriam	Rosen	LV60	1:02:37	Lancaster and Morecambe	
29	501	Anna	Stevens	LV40	1:04:06	Helm Hill	
30	523	Peta	Rowand	LV40	1:10:00	Ambleside	
31	740	Lynda	Hargreaves	LV50	1:13:24	Wharfedale	

LADIES

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	621	Hannah	Russell	Lady	35:47	Helm Hill	1st Lady
2	666	Catherine	Niblock	Lady	40:28	Helm Hill	2nd Lady
3	922	Cathy	Gill	Lady	43:30	Tunbridge Wells Harriers	
4	585	Mo	Kelly	Lady	44:46	Howgill Harrier	
5	876	Jenny	Rice	Lady	47:52	Helm Hill	
6	673	Victoria	Upton	Lady	48:35	Helm Hill	
7	550	Hannah	Thom	Lady	49:14	Keighley and Craven	
8	924	Katie	May	Lady	55:52	Howgill Harrier	
9	568	Rebecca	Hodgson	Lady	57:11	UA	
10	526	Zoe	Ringer	Lady	57:33	Howgill Harrier	

LADIES - VET 40

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	645	Carrie	Gibson	LV40	43:28	Helm Hill	1st LV40
2	684	Marie	Robson	LV40	43:44	Helm Hill	
3	532	Jayne	Rigby	LV40	44:15	Helm Hill	
4	502	Amanda	Burrows	LV40	47:06	Helm Hill	
5	515	Niki	Rylance	LV40	47:23	Ambleside	
6	555	Ann-Marie	Swallow	LV40	48:39	UA	
7	581	Sarah	Senior	LV40	49:09	Helm Hill	
8	570	Rachel	Slattery	LV40	50:43	Helm Hill	
9	531	Lorna	Askew	LV40	51:13	Helm Hill	
10	718	Lindsay	Harrod	LV40	53:24	Helm Hill	
11	521	Paula	Bowen	LV40	54:57	Ambleside	
12	529	Su	Thompson	LV40	56:51	Wharfedale	
13	638	Elizabeth	Adams	LV40	58:31	Helm Hill	
14	501	Anna	Stevens	LV40	1:04:06	Helm Hill	
15	523	Peta	Rowand	LV40	1:10:00	Ambleside	

LADIES - VET 50

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	510	Lynn	Whittaker	LV50	50:26	Wharfedale	1st LV50
2	649	Jo	Taylor	LV50	50:37	Bowland	
3	917	Yvonne	Procter	LV50	51:39	Helm Hill	
4	740	Lynda	Hargreaves	LV50	1:13:24	Wharfedale	

LADIES - VET 60

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	668	Wendy	Dodds	LV60	43:24	Clayton	3rd Lady/1st LV60
2	772	Miriam	Rosen	LV60	1:02:37	Lancaster and Morecambe	

UNDER 17 BOYS

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	13	Joe	Edmondson	Boy	20:45	Ambleside	1st Boy
2	140	George	Attwood	Boy	23:26	Dallam	2nd Boy
3	53	Jake	Shuttleworth	Boy	24:50	Ambleside	3rd Boy
4	170	Logan	Hargreaves	Boy	28:05	Wharfedale	

UNDER 17 GIRLS

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	158	Hannah	Durkin	Girl	31:58	Ambleside	1st Girl
2	155	Katie	Russell	Girl	35:14	Helm Hill	2nd Girl
3	8	Jodie	Ritchie	Girl	37:41	Hoad Hill Harriers	3rd Girl
4	141	Grace	Attwood	Girl	40:04	Dallam	
5	222	Leah	Albion	Girl	41:48	Broughton	
6	117	Alana	Willis	Girl	44:30	Keighley and Craven	

UNDER 14 BOYS

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	12	Ben	Edmondson	Boy	13:34	Ambleside	1st Boy
2	221	Thomas	Marshall	Boy	14:35	Settle	2nd Boy
3	21	Sebastian	Segger-Stave	Boy	14:36	Settle	3rd Boy
4	160	Alexander	Thompson	Boy	14:57	Wharfedale	
5	162	John	Egner	Boy	15:13	Settle	
6	49	Brodie	Weymouth	Boy	15:44	Aragons Junior Tri	
7	112	Toby	Umpleby	Boy	15:59	Kendal	
8	50	Matt	Holdroyd	Boy	16:20	Settle	
9	239	William	Thompson	Boy	16:21	Wharfedale	
10	183	Adam	Scott	Boy	16:25	Kendal	
11	121	Barnaby	Walkingshaw	Boy	16:28	Eden Runners	
12	18	Vaughan	Samson	Boy	17:05	Helm Hill	

UNDER 14 GIRLS

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	23	Chloe	Rylance	Girl	14:22	Ambleside	1st Girl
2	228	Lilli	Carr	Girl	15:19	Keighley and Craven	2nd Girl
3	168	Rosie	Woodhams	Girl	16:34	Dallam	3rd Girl
4	33	Maia	Doherty	Girl	18:12	Helm Hill	
DNF	22	Courtney	Hutchinson	Girl	DNF	Ambleside	

UNDER 12 BOYS

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	6	Henry	Hunter	Boy	09:42	Helm Hill	1st Boy
2	15	Ollie	Sanders	Boy	09:50	Helm Hill	2nd Boy
3	41	Sam	Smith	Boy	09:59	Wharfedale	3rd Boy
4	45	James	Bowen	Boy	10:04	Ambleside	
5	102	Sonny	Ashton-Fitch	Boy	10:08	Settle	
6	116	Addison	Willis	Boy	10:24	Keighley and Craven	
7	36	Joseph	Clayton	Boy	11:29	Helm Hill	
8	85	Joseph	Rigby	Boy	11:43	Helm Hill	
9	20	Douglas	Segger-Stave	Boy	11:46	Settle	
10	75	Leo	Ranner	Boy	11:47	Helm Hill	
11	81	Alex	Graham	Boy	11:57	Ambleside	
12	7	Nathan	Richie	Boy	12:08	Hoad Hill Harriers	
13	32	Zach	Doherty	Boy	12:39	Dallam	
14	73	Isaac	Robinson	Boy	12:44	Howgill Harrier	
15	42	Gordon	Blackburn	Boy	12:51	Ambleside	
16	132	Rowan	Ashworth	Boy	12:54	Ambleside	
17	163	Rio	Egner	Boy	13:11	Settle	
18	127	Sam	Jackson	Boy	13:47	Helm Hill	
19	175	Finlay	Aitken	Boy	13:59	Helm Hill	
20	37	Charlie	Clayton	Boy	14:25	Helm Hill	
21	235	Jude	Evans	Boy	14:28	Helm Hill	
22	39	Rory	Knowles	Boy	14:30	Ambleside	
23	164	Charlie	Blackburn	Boy	16:36	Ambleside	

UNDER 12 GIRLS

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	35	Olesia	Winder	Girl	10:32	Hoad Hill Harriers	1st Girl
2	24	Sophie	Rylance	Girl	10:59	Ambleside	2nd Girl
3	178	Mia	Heath	Girl	11:15	Helm Hill	3rd Girl
4	4	Emily	Swarbrick	Girl	11:33	Broughton	
5	29	Bethan	Saunders	Girl	11:46	Hoad Hill Harriers	
6	11	Jessica	Edmondson	Girl	12:20	Ambleside	
7	104	Ella	Park	Girl	12:35	Helm Hill	
8	119	Grace	Wells	Girl	13:21	Howgill Harrier	
9	3	Olivia	Swarbrick	Girl	14:00	Broughton	
10	123	Esme	Walkingshaw	Girl	14:21	Eden Runners	
11	114	Maesie	Evans	Girl	14:39	Ambleside	
12	91	Charlotte	Pearl	Girl	14:53	Settle	
13	95	Connie	Maye	Girl	15:25	UA	
14	259	Jess	Worn	Girl	16:12	UA	
15	92	Cate	Matthew	Girl	16:15	Lancaster and Morecambe	
16	115	Joss	Evans	Girl	16:38	Ambleside	
17	167	Izzy	Ashton-Fitch	Girl	16:57	Settle	
18	40	Mollie	Smith	Girl	17:10	Wharfedale	
19	165	Megan	Bascombe	Girl	22:54	UA	