



Supported by Different Strokes

Elterwater Common - Results 2 April 2017

Senior Race							
Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	267	John	Helme	Man	25:26	Ambleside	1st Man
2	73	Reuben	Copley	MU21	26:37	Dallam	2nd Man/1st MU21
3	915	Jonny	Bradshaw	Man	27:18	Wharfedale	3rd Man
4	341	James	Edwards	MV40	27:35	Lonsdale	1st MV40
5	104	Simon	Mounsey	MV40	27:43	Howgill Harriers	
6	351	Sam	Mason	MU21	28:03	Helm Hill	
7	212	Paul	Reilly	MV40	28:11	Helm Hill	
8	399	Jack	Simpson	Man	28:22	Unattached	
9	30	Oliver	Waters	MV40	28:32	Helm Hill	
10	429	Martin	Spoons	Man	28:50	Howgill Harriers	
11	5	Craig	Burrow	MV40	29:10	Helm Hill	
12	20	James	Graham	MV40	29:14	Unattached	
13	54	Brian	Pennington	MV40	29:17	Howgill Harriers	
14	969	Matthew	Rooke	Man	29:35	Black Combe	
15	69	Martin	Askew	MU21	29:39	Helm Hill	
16	2	Robert	Crawford	MV40	29:46	Howgill Harriers	
17	394	Craig	Smith	MV50	29:57	Keswick	1st MV50
18	297	Paul	Knowles	MV50	30:09	Ambleside	
19	9	Graham	Schofield	MV60	30:27	Horwich	1st MV60
20	206	Martin	Lane	Man	30:34	Howgill Harriers	
21	910	Will	Acland	MV40	30:37	Unattached	
22	48	Paul	Jackson	MV40	30:48	Helm Hill	
23	203	Peter	Lawson	Man	30:50	Unattached	
24	259	Jacob	Aubrey	MU21	31:04	Helm Hill	
25	303	Duncan	Copley	MV50	31:08	Dallam	
26	216	Will	Buckton	Man	31:25	Settle	
27	304	Steven	Middleton	MV40	31:34	Howgill Harriers	
28	35	Hannah	Durkin	LU21	31:39	Ambleside	1st Lady/1st LU21
29	24	Tom	Matthew	MV40	31:51	Bowland	
30	102	Matt	Davis	Man	32:02	Howgill Harriers	
31	349	Nina	Walkingshaw	Lady	32:05	Howgill Harriers	2nd Lady
32	117	Leigh	Warburton	MV50	32:06	Bowland	
33	51	Sean	Robinson	Man	32:09	Howgill Harriers	
34	322	Ray	Gill	MV50	32:53	Dallam	
35	922	Chris	Downham	Man	33:14	Unattached	
36	415	Wilfred	Bell	MV60	33:25	Unattached	
37	12	Tod	Coates	MV40	33:26	Ambleside	
38	287	Jason	Edmondson	MV40	33:29	Ambleside	
39	103	David	Bainbridge	Man	33:50	Howgill Harriers	
40	142	Mike	Walsh	MV60	34:14	Kendal	
41	130	Michael	Toman	MV50	34:17	Rosendale	
42	258	Roger	Aubrey	MV50	34:20	Helm Hill	
43	970	Carl	Bedson	MV40	34:29	Cheshire	
44	387	Justin	Bibby	MV40	34:38	Unattached	
45	10	Eleanor	Knowles	LV40	34:41	Ambleside	3rd Lady/1st LV40
46	426	Andy	Holden	MV50	34:57	Wharfedale	
47	27	Jim	Evans	MV40	35:17	Ambleside	
48	923	Paul	Brown	MV40	35:25	Trawden	
49	106	Mike	Calvert	MV50	35:27	Howgill Harriers	
50	455	Allan	Miller	MV50	35:29	Kendal	
51	86	Dave	Appleyard	MV50	35:32	Helm Hill	
52	967	Angela	Paxton	LV50	35:38	Keighley & Craven	1st LV50
53	169	Jonathon	Gibson	MV50	35:40	Wharfedale	

54	272	Wendy	Dodds	LV60	36:02	Clayton-Le-Moors	1st LV60
55	444	Bill	Beckett	MV50	36:06	Chorley	
56	414	Andy	Monk	MV60	36:31	ABFR	
57	329	Jenny	Lyon	Lady	37:01	Dallam	
58	158	Mo	Kelly	Lady	37:38	Howgill Harriers	
59	921	Graham	Metcalfe	Man	38:17	Unattached	
60	238	Katherine	France	LV40	38:27	Helm Hill	
61	20	James	Graham	MV40	38:29	Unattached	
62	405	Andy	Evans	MV50	38:38	Settle	
63	66	Russ	Cannon	MV50	38:49	Helm Hill	
64	918	Kate	Newman	Lady	39:16	Wharfedale	
65	107	Lynn	Whittaker	LV50	39:32	Wharfedale	
66	75	Jonny	Grisedale	MV40	39:34	Helm Hill	
67	4	Amanda	Burrow	LV40	39:46	Helm Hill	
68	23	Judith	Marshall	LV40	40:07	Settle	
69	126	Andrew	Hinde	MV50	40:11	Settle	
70	70	Lorna	Askew	LV40	40:19	Helm Hill	
71	239	Kate	Brayshaw	LV40	40:35	Helm Hill	
72	225	Vicky	Kirkwood	LV40	40:51	Dallam	
73	419	Greg	Tagney	MV60	41:07	Dallam	
74	15	Jo	Pennington	LV40	41:20	Kendal	
75	60	Tim	Thom	MV50	41:42	Keighley & Craven	
76	174	David	Cowperthwaite	MV50	41:58	Unattached	
77	240	Katie	Palmer	LV40	42:02	Unattached	
78	252	John	Hodgson	MV70	43:40	Dallam	1st MV70
79	334	Gordon	Thompson	MV50	44:44	Preston	
80	920	Marian	desilver	LV50	45:25	Dallam	
81	305	Graham	Breeze	MV70	45:34	Wharfedale	
82	47	Helen	Greenep	LV50	46:04	Settle	
83	418	Alan	Bradley	MV40	46:06	Clown Road Runners	
84	39	Geoff	Thompson	MV50	46:29	Wharfedale	
85	316	Jill	Gates	LV50	46:30	Settle	
86	62	Veronica	Waller	LV40	46:38	Dallam	
87	8	May	Crawford	Lady	47:02	Helm Hill	
88	173	Elaine	Cowperthwaite	LV40	47:27	Unattached	
89	342	Rhian	Davies	Lady	49:23	Unattached	
90	381	Su	Thompson	LV40	50:21	Wharfedale	
91	286	Anna	Stevens	Lady	51:08	Helm Hill	
92	295	Jo	Matthew	LV40	51:32	Lancaster & Morecambe	
93	919	Mark	Birbeck	MV40	52:20	Horwich	
94	383	Alana	Willis	LU21	52:26	Wharfedale	
95	31	Wendy	Smith	LV40	53:54	Helm Hill	
96	33	Lynda	Hargreaves	LV50	56:08	Wharfedale	
97	1	Dennis	Wood	MV70	59:38	Borrowdale	
98	307	Zoe	Robinson	Lady	DNF	Howgill Harriers	

Under 17 Race

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	668	Benjamin	Forrest	Boy	12:01	Rossendale	1st Boy
2	547	Thomas	Marshall	Boy	12:07	Settle	2nd Boy
3	563	Sebastian	Segger-Stavele	Boy	12:20	Settle	3rd Boy
4	633	Robert	Askew	Boy	12:37	Helm Hill	
5	512	Ben	Edmondson	Boy	12:39	Ambleside	
6	561	Rosie	Woodhams	Girl	13:17	Dallam	1st Girl
7	574	Matthew	Holroyd	Boy	13:22	Settle	
8	567	Logan	Hargreaves-Ma	Boy	13:32	Wharfedale	
9	610	Samuel	Thom	Boy	13:36	Keighley & Craven	
10	724	Lewis	Bowness	Boy	13:49	Helm Hill	
11	568	William	Thompson	Boy	14:31	Wharfedale	
12	541	Maia	Doherty	Girl	16:21	Helm Hill	2nd Girl
13	592	Lottie	Beardwood	Girl	16:48	Helm Hill	3rd Girl
14	688	Jack	Hill	Boy	18:09	Unattached	
15	598	Erin	Bagge	Girl	19:20	Helm Hill	
16	565	Tyla	Crook	Girl	20:06	Helm Hill	
17	721	Emily	Crossley	Girl	22:30	Settle	

Under 15 Race

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	544	Daniel	Sanderson	Boy	09:08	Ambleside	1st Boy
2	666	Joel	Taylor	Boy	09:09	Rossendale	2nd Boy
3	789	Alexander	Thompson	Boy	09:40	Wharfedale	3rd Boy
4	572	Charlie	Harding	Boy	09:45	Eden	
5	549	Alex	Tallon	Boy	09:47	Helm Hill	
6	524	Jacob	Smith	Boy	09:52	Kendal	
7	531	Henry	Hunter	Boy	09:54	Helm Hill	
8	644	Toby	Umpleby	Boy	10:22	Kendal	
9	607	Addison	Willis	Boy	10:33	Wharfedale	
10	665	Lilli	Carr	Girl	10:36	Keighley & Craven	1st Girl
11	737	Oliver	Saxon	Boy	10:40	Unattached	
12	603	Brodie Joh	Weymouth	Boy	10:42	Unattached	
13	785	Bernadette	Raven	Girl	10:54	Ilkley	2nd Girl
14	525	Ben	Smith	Boy	11:17	Kendal	
15	591	Ella	Beardwood	Girl	11:36	Helm Hill	3rd Girl
16	786	Holly	Dobson	Girl	11:37	Ambleside	
17	602	Adam	Scott	Boy	11:56	Kendal	
18	725	Alexander	Matthew	Boy	12:34	Lancaster & Morecambe	
19	744	Zach	Doherty	Boy	12:59	Dallam	
20	590	Ella	Park	Girl	13:47	Helm Hill	

Under 13 Race

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	766	William	Hall	Boy	07:11	Calder Valley	1st Boy
2	535	Rowan	Ashworth	Boy	07:39	Ambleside	2nd Boy
3	730	Cameron	Coates	Boy	07:41	Ambleside	3rd Boy
4	517	Jack	Dixon	Boy	07:43	Ambleside	
5	678	Olesia	Winder	Girl	07:53	Leven Valley	1st Girl
6	761	Patrick	Casey	Boy	07:59	CVFR	
7	679	Will	Mcnally	Boy	08:01	Leven Valley	
8	523	Matthew	Ansell	Boy	08:05	Helm Hill	
9	520	Clara	Samson	Girl	08:07	Helm Hill	2nd Girl
10	586	Sam	Greenep	Boy	08:09	Settle	
11	734	Joe	Ligema	Boy	08:17	Ambleside	
12	689	Caius	Pennington	Boy	08:20	Howgill Harriers	
13	604	Matti	Ligema	Boy	08:24	Ambleside	
14	538	Alex	Graham	Boy	08:28	Ambleside	
15	526	Sarah	Smith	Girl	08:30	Helm Hill	3rd Girl
16	518	Elodie	Malcolm	Girl	08:33	Helm Hill	
17	550	Elise	Tallon	Girl	08:35	Helm Hill	
18	624	Jody	Middleton	Boy	08:41	Howgill Harriers	
19	570	William	Durkin	Boy	08:45	Ambleside	
20	791	Luke	Phillips	Boy	08:49	Unattached	
21	503	Richard	Goode-Smith	Boy	08:50	Ambleside	
22	511	Alfie	Addison	Boy	08:51	Helm Hill	
23	505	Jack	Sanderson	Boy	08:53	Settle	
24	790	Eddie	Kelly	Boy	08:58	Unattached	
25	516	Frankie	Exley-Harper	Boy	09:04	Ambleside	
26	562	Douglas	Segger-Staveley	Boy	09:05	Settle	
27	573	Bethan	Saunders	Girl	09:07	Leven Valley	
28	560	Toby	Harper	Boy	09:10	Ambleside	
29	515	Theo	Coates	Boy	09:17	Ambleside	
30	556	Maisie	Evans	Girl	09:20	Ambleside	
31	646	Joel	Saunders	Boy	09:24	Helm Hill	
32	613	Vicky	Woof	Girl	09:30	Howgill Harriers	
33	534	Martha	Rigby	Girl	09:33	Settle	
34	616	Jamie	Waller	Boy	09:36	Dallam	
35	566	Aaron	Smith	Boy	09:38	Helm Hill	
36	667	Evie	Taylor	Girl	09:44	Rosendale	
37	557	Joss	Evans	Girl	09:48	Ambleside	
38	588	Sam	Jackson	Boy	09:50	Helm Hill	
39	781	Scott	Lawson	Boy	09:51	Unattached	
40	514	Rory	Knowles	Boy	09:58	Ambleside	
41	589	Oliver	Park	Boy	10:03	Helm Hill	
42	628	Paddy	Wood	Boy	10:07	Ambleside	
43	780	Toby	Alland	Boy	10:30	Unattached	
44	638	Finley	Grisedale	Boy	10:41	Helm Hill	
45	788	Jamie	Graham	Boy	10:42	Ambleside	
46	552	Bobby	Wilkin	Boy	10:44	Ambleside	
47	558	Oscar	Wulf	Boy	10:53	Settle	
48	597	Theo	Robinson	Boy	11:01	Howgill Harriers	
49	601	Connie	Maye-Scott	Girl	11:12	Unattached	
50	708	Lizzy	Cowin	Girl	11:24	Unattached	
51	740	Noa	Calman	Girl	11:27	Ambleside	
52	661	Lauren	Evans	Girl	11:31	Settle	
53	629	Seren	Green	Girl	11:40	Ambleside	
54	630	Maddison	Parrington	Girl	12:03	Barlick	
55	548	Cate	Matthew	Girl	12:18	Lancaster & Morecambe	
56	506	Alicia	Crawford	Girl	12:32	Helm Hill	
57	542	Benjamin	Grundy	Boy	12:34	Unattached	
58	608	Betsy	Willis	Girl	13:27	Wharfedale	
59	787	Sarah	Dixon	Girl	DNF	Ambleside	
60	522	Cal	McVey	Boy	DNF	Ambleside	

Elterwater Common 2017 Category Results

ALL SENIOR MEN

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	267	John	Helme	Man	25:26	Ambleside	1st Man
2	73	Reuben	Copley	MU21	26:37	Dallam	2nd Man/1st MU21
3	915	Jonny	Bradshaw	Man	27:18	Wharfedale	3rd Man
4	341	James	Edwards	MV40	27:35	Lonsdale	1st MV40
5	104	Simon	Mounsey	MV40	27:43	Howgill Harriers	
6	351	Sam	Mason	MU21	28:03	Helm Hill	
7	212	Paul	Reilly	MV40	28:11	Helm Hill	
8	399	Jack	Simpson	Man	28:22	Unattached	
9	30	Oliver	Waters	MV40	28:32	Helm Hill	
10	429	Martin	Spoons	Man	28:50	Howgill Harriers	
11	5	Craig	Burrow	MV40	29:10	Helm Hill	
12	20	James	Graham	MV40	29:14	Unattached	
13	54	Brian	Pennington	MV40	29:17	Howgill Harriers	
14	969	Matthew	Rooke	Man	29:35	Black Combe	
15	69	Martin	Askew	MU21	29:39	Helm Hill	
16	2	Robert	Crawford	MV40	29:46	Howgill Harriers	
17	394	Craig	Smith	MV50	29:57	Keswick	1st MV50
18	297	Paul	Knowles	MV50	30:09	Ambleside	
19	9	Graham	Schofield	MV60	30:27	Horwich	1st MV60
20	206	Martin	Lane	Man	30:34	Howgill Harriers	
21	910	Will	Acland	MV40	30:37	Unattached	
22	48	Paul	Jackson	MV40	30:48	Helm Hill	
23	203	Peter	Lawson	Man	30:50	Unattached	
24	259	Jacob	Aubrey	MU21	31:04	Helm Hill	
25	303	Duncan	Copley	MV50	31:08	Dallam	
26	216	Will	Buckton	Man	31:25	Settle	
27	304	Steven	Middleton	MV40	31:34	Howgill Harriers	
28	24	Tom	Matthew	MV40	31:51	Bowland	
29	102	Matt	Davis	Man	32:02	Howgill Harriers	
30	117	Leigh	Warburton	MV50	32:06	Bowland	
31	51	Sean	Robinson	Man	32:09	Howgill Harriers	
32	322	Ray	Gill	MV50	32:53	Dallam	
33	922	Chris	Downham	Man	33:14	Unattached	
34	415	Wilfred	Bell	MV60	33:25	Unattached	
35	12	Tod	Coates	MV40	33:26	Ambleside	
36	287	Jason	Edmondson	MV40	33:29	Ambleside	
37	103	David	Bainbridge	Man	33:50	Howgill Harriers	
38	142	Mike	Walsh	MV60	34:14	Kendal	
39	130	Michael	Toman	MV50	34:17	Rosendale	
40	258	Roger	Aubrey	MV50	34:20	Helm Hill	
41	970	Carl	Bedson	MV40	34:29	Cheshire	
42	387	Justin	Bibby	MV40	34:38	Unattached	
43	426	Andy	Holden	MV50	34:57	Wharfedale	
44	27	Jim	Evans	MV40	35:17	Ambleside	
45	923	Paul	Brown	MV40	35:25	Trawden	
46	106	Mike	Calvert	MV50	35:27	Howgill Harriers	
47	455	Allan	Miller	MV50	35:29	Kendal	
48	86	Dave	Appleyard	MV50	35:32	Helm Hill	
49	169	Jonathon	Gibson	MV50	35:40	Wharfedale	
50	444	Bill	Beckett	MV50	36:06	Chorley	
51	414	Andy	Monk	MV60	36:31	ABFR	
52	921	Graham	Metcalfe	Man	38:17	Unattached	
53	20	James	Graham	MV40	38:29	Unattached	
54	405	Andy	Evans	MV50	38:38	Settle	
55	66	Russ	Cannon	MV50	38:49	Helm Hill	
56	75	Jonny	Grisedale	MV40	39:34	Helm Hill	
57	126	Andrew	Hinde	MV50	40:11	Settle	
58	419	Greg	Tagney	MV60	41:07	Dallam	

59	60	Tim	Thom	MV50	41:42	Keighley & Craven	
60	174	David	Cowperthwaite	MV50	41:58	Unattached	
61	252	John	Hodgson	MV70	43:40	Dallam	1st MV70
62	334	Gordon	Thompson	MV50	44:44	Preston	
63	305	Graham	Breeze	MV70	45:34	Wharfedale	
64	418	Alan	Bradley	MV40	46:06	Clown Road Runners	
65	39	Geoff	Thompson	MV50	46:29	Wharfedale	
66	919	Mark	Birbeck	MV40	52:20	Horwich	
67	1	Dennis	Wood	MV70	59:38	Borrowdale	

MEN

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	267	John	Helme	Man	25:26	Ambleside	1st Man
2	73	Reuben	Copley	MU21	26:37	Dallam	2nd Man/1st MU21
3	915	Jonny	Bradshaw	Man	27:18	Wharfedale	3rd Man
4	351	Sam	Mason	MU21	28:03	Helm Hill	
5	399	Jack	Simpson	Man	28:22	Unattached	
6	429	Martin	Spoons	Man	28:50	Howgill Harriers	
7	969	Matthew	Rooke	Man	29:35	Black Combe	
8	69	Martin	Askew	MU21	29:39	Helm Hill	
9	206	Martin	Lane	Man	30:34	Howgill Harriers	
10	203	Peter	Lawson	Man	30:50	Unattached	
11	259	Jacob	Aubrey	MU21	31:04	Helm Hill	
12	216	Will	Buckton	Man	31:25	Settle	
13	102	Matt	Davis	Man	32:02	Howgill Harriers	
14	51	Sean	Robinson	Man	32:09	Howgill Harriers	
15	922	Chris	Downham	Man	33:14	Unattached	
16	103	David	Bainbridge	Man	33:50	Howgill Harriers	
17	921	Graham	Metcalfe	Man	38:17	Unattached	

MEN UNDER 21

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	73	Reuben	Copley	MU21	26:37	Dallam	2nd Man/1st MU21
2	351	Sam	Mason	MU21	28:03	Helm Hill	
3	69	Martin	Askew	MU21	29:39	Helm Hill	
4	259	Jacob	Aubrey	MU21	31:04	Helm Hill	

MEN - VET 40

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	341	James	Edwards	MV40	27:35	Lonsdale	1st MV40
2	104	Simon	Mounsey	MV40	27:43	Howgill Harriers	
3	212	Paul	Reilly	MV40	28:11	Helm Hill	
4	30	Oliver	Waters	MV40	28:32	Helm Hill	
5	5	Craig	Burrow	MV40	29:10	Helm Hill	
6	20	James	Graham	MV40	29:14	Unattached	
7	54	Brian	Pennington	MV40	29:17	Howgill Harriers	
8	2	Robert	Crawford	MV40	29:46	Howgill Harriers	
9	910	Will	Acland	MV40	30:37	Unattached	
10	48	Paul	Jackson	MV40	30:48	Helm Hill	
11	304	Steven	Middleton	MV40	31:34	Howgill Harriers	
12	24	Tom	Matthew	MV40	31:51	Bowland	
13	12	Tod	Coates	MV40	33:26	Ambleside	
14	287	Jason	Edmondson	MV40	33:29	Ambleside	
15	970	Carl	Bedson	MV40	34:29	Cheshire	
16	387	Justin	Bibby	MV40	34:38	Unattached	
17	27	Jim	Evans	MV40	35:17	Ambleside	
18	923	Paul	Brown	MV40	35:25	Trawden	
19	20	James	Graham	MV40	38:29	Unattached	
20	75	Jonny	Grisedale	MV40	39:34	Helm Hill	
21	418	Alan	Bradley	MV40	46:06	Clown Road Runners	
22	919	Mark	Birbeck	MV40	52:20	Horwich	

MEN - VET 50

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	394	Craig	Smith	MV50	29:57	Keswick	1st MV50
2	297	Paul	Knowles	MV50	30:09	Ambleside	
3	303	Duncan	Copley	MV50	31:08	Dallam	
4	117	Leigh	Warburton	MV50	32:06	Bowland	
5	322	Ray	Gill	MV50	32:53	Dallam	
6	130	Michael	Toman	MV50	34:17	Rossendale	
7	258	Roger	Aubrey	MV50	34:20	Helm Hill	
8	426	Andy	Holden	MV50	34:57	Wharfedale	
9	106	Mike	Calvert	MV50	35:27	Howgill Harriers	
10	455	Allan	Miller	MV50	35:29	Kendal	
11	86	Dave	Appleyard	MV50	35:32	Helm Hill	
12	169	Jonathon	Gibson	MV50	35:40	Wharfedale	
13	444	Bill	Beckett	MV50	36:06	Chorley	
14	405	Andy	Evans	MV50	38:38	Settle	
15	66	Russ	Cannon	MV50	38:49	Helm Hill	
16	126	Andrew	Hinde	MV50	40:11	Settle	
17	60	Tim	Thom	MV50	41:42	Keighley & Craven	
18	174	David	Cowperthwaite	MV50	41:58	Unattached	
19	334	Gordon	Thompson	MV50	44:44	Preston	
20	39	Geoff	Thompson	MV50	46:29	Wharfedale	

MEN - VET 60

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	9	Graham	Schofield	MV60	30:27	Horwich	1st MV60
2	415	Wilfred	Bell	MV60	33:25	Unattached	
3	142	Mike	Walsh	MV60	34:14	Kendal	
4	414	Andy	Monk	MV60	36:31	ABFR	
5	419	Greg	Tagney	MV60	41:07	Dallam	

MEN - VET 70

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	252	John	Hodgson	MV70	43:40	Dallam	1st MV70
2	305	Graham	Breeze	MV70	45:34	Wharfedale	
3	1	Dennis	Wood	MV70	59:38	Borrowdale	

ALL SENIOR LADIES

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	35	Hannah	Durkin	LU21	31:39	Ambleside	1st Lady/1st LU21
2	349	Nina	Walkingshaw	Lady	32:05	Howgill Harriers	2nd Lady
3	10	Eleanor	Knowles	LV40	34:41	Ambleside	3rd Lady/1st LV40
4	967	Angela	Paxton	LV50	35:38	Keighley & Craven	1st LV50
5	272	Wendy	Dodds	LV60	36:02	Clayton-Le-Moors	1st LV60
6	329	Jenny	Lyon	Lady	37:01	Dallam	
7	158	Mo	Kelly	Lady	37:38	Howgill Harriers	
8	238	Katherine	France	LV40	38:27	Helm Hill	
9	918	Kate	Newman	Lady	39:16	Wharfedale	
10	107	Lynn	Whittaker	LV50	39:32	Wharfedale	
11	4	Amanda	Burrow	LV40	39:46	Helm Hill	
12	23	Judith	Marshall	LV40	40:07	Settle	
13	70	Lorna	Askew	LV40	40:19	Helm Hill	
14	239	Kate	Brayshaw	LV40	40:35	Helm Hill	
15	225	Vicky	Kirkwood	LV40	40:51	Dallam	
16	15	Jo	Pennington	LV40	41:20	Kendal	
17	240	Katie	Palmer	LV40	42:02	Unattached	
18	920	Marian	desilver	LV50	45:25	Dallam	
19	47	Helen	Greenep	LV50	46:04	Settle	
20	316	Jill	Gates	LV50	46:30	Settle	
21	62	Veronica	Waller	LV40	46:38	Dallam	
22	8	May	Crawford	Lady	47:02	Helm Hill	
23	173	Elaine	Cowperthwaite	LV40	47:27	Unattached	
24	342	Rhian	Davies	Lady	49:23	Unattached	
25	381	Su	Thompson	LV40	50:21	Wharfedale	
26	286	Anna	Stevens	Lady	51:08	Helm Hill	
27	295	Jo	Matthew	LV40	51:32	Lancaster & Morecambe	
28	383	Alana	Willis	LU21	52:26	Wharfedale	
29	31	Wendy	Smith	LV40	53:54	Helm Hill	
30	33	Lynda	Hargreaves	LV50	56:08	Wharfedale	
DNF	307	Zoe	Robinson	Lady	DNF	Howgill Harriers	

LADIES

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	35	Hannah	Durkin	LU21	31:39	Ambleside	1st Lady/1st LU21
2	349	Nina	Walkingshaw	Lady	32:05	Howgill Harriers	2nd Lady
3	329	Jenny	Lyon	Lady	37:01	Dallam	
4	158	Mo	Kelly	Lady	37:38	Howgill Harriers	
5	918	Kate	Newman	Lady	39:16	Wharfedale	
6	8	May	Crawford	Lady	47:02	Helm Hill	
7	342	Rhian	Davies	Lady	49:23	Unattached	
8	286	Anna	Stevens	Lady	51:08	Helm Hill	
9	383	Alana	Willis	LU21	52:26	Wharfedale	
DNF	307	Zoe	Robinson	Lady	DNF	Howgill Harriers	

LADIES UNDER 21

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	35	Hannah	Durkin	LU21	31:39	Ambleside	1st Lady/1st LU21
2	383	Alana	Willis	LU21	52:26	Wharfedale	

LADIES - VET 40

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	10	Eleanor	Knowles	LV40	34:41	Ambleside	3rd Lady/1st LV40
2	238	Katherine	France	LV40	38:27	Helm Hill	
3	4	Amanda	Burrow	LV40	39:46	Helm Hill	
4	23	Judith	Marshall	LV40	40:07	Settle	
5	70	Lorna	Askew	LV40	40:19	Helm Hill	
6	239	Kate	Brayshaw	LV40	40:35	Helm Hill	
7	225	Vicky	Kirkwood	LV40	40:51	Dallam	
8	15	Jo	Pennington	LV40	41:20	Kendal	
9	240	Katie	Palmer	LV40	42:02	Unattached	
10	62	Veronica	Waller	LV40	46:38	Dallam	
11	173	Elaine	Cowperthwaite	LV40	47:27	Unattached	
12	381	Su	Thompson	LV40	50:21	Wharfedale	
13	295	Jo	Matthew	LV40	51:32	Lancaster & Morecambe	
14	31	Wendy	Smith	LV40	53:54	Helm Hill	

LADIES - VET 50

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	967	Angela	Paxton	LV50	35:38	Keighley & Craven	1st LV50
2	107	Lynn	Whittaker	LV50	39:32	Wharfedale	
3	920	Marian	desilver	LV50	45:25	Dallam	
4	47	Helen	Greenep	LV50	46:04	Settle	
5	316	Jill	Gates	LV50	46:30	Settle	
6	33	Lynda	Hargreaves	LV50	56:08	Wharfedale	

LADIES - VET 60

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	272	Wendy	Dodds	LV60	36:02	Clayton-Le-Moors	1st LV60

UNDER 17 BOYS

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	668	Benjamin	Forrest	Boy	12:01	Rossendale	1st Boy
2	547	Thomas	Marshall	Boy	12:07	Settle	2nd Boy
3	563	Sebastian	Segger-Staveley	Boy	12:20	Settle	3rd Boy
4	633	Robert	Askew	Boy	12:37	Helm Hill	
5	512	Ben	Edmondson	Boy	12:39	Ambleside	
6	574	Matthew	Holroyd	Boy	13:22	Settle	
7	567	Logan	Hargreaves-Ma	Boy	13:32	Wharfedale	
8	610	Samuel	Thom	Boy	13:36	Keighley & Craven	
9	724	Lewis	Bowness	Boy	13:49	Helm Hill	
10	568	William	Thompson	Boy	14:31	Wharfedale	
11	688	Jack	Hill	Boy	18:09	Unattached	

UNDER 17 GIRLS

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	561	Rosie	Woodhams	Girl	13:17	Dallam	1st Girl
2	541	Maia	Doherty	Girl	16:21	Helm Hill	2nd Girl
3	592	Lottie	Beardwood	Girl	16:48	Helm Hill	3rd Girl
4	598	Erin	Bagge	Girl	19:20	Helm Hill	
5	565	Tyla	Crook	Girl	20:06	Helm Hill	
6	721	Emily	Crossley	Girl	22:30	Settle	

UNDER 15 BOYS

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	544	Daniel	Sanderson	Boy	09:08	Ambleside	1st Boy
2	666	Joel	Taylor	Boy	09:09	Rossendale	2nd Boy
3	789	Alexander	Thompson	Boy	09:40	Wharfedale	3rd Boy
4	572	Charlie	Harding	Boy	09:45	Eden	
5	549	Alex	Tallon	Boy	09:47	Helm Hill	
6	524	Jacob	Smith	Boy	09:52	Kendal	
7	531	Henry	Hunter	Boy	09:54	Helm Hill	
8	644	Toby	Umpleby	Boy	10:22	Kendal	
9	607	Addison	Willis	Boy	10:33	Wharfedale	
10	737	Oliver	Saxon	Boy	10:40	Unattached	
11	603	Brodie Joh	Weymouth	Boy	10:42	Unattached	
12	525	Ben	Smith	Boy	11:17	Kendal	
13	602	Adam	Scott	Boy	11:56	Kendal	
14	725	Alexander	Matthew	Boy	12:34	Lancaster & Morecambe	
15	744	Zach	Doherty	Boy	12:59	Dallam	

UNDER 15 GIRLS

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	665	Lilli	Carr	Girl	10:36	Keighley & Craven	1st Girl
2	785	Bernadette	Raven	Girl	10:54	Ilkley	2nd Girl
3	591	Ella	Beardwood	Girl	11:36	Helm Hill	3rd Girl
4	786	Holly	Dobson	Girl	11:37	Ambleside	
5	590	Ella	Park	Girl	13:47	Helm Hill	

UNDER 13 BOYS

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	766	William	Hall	Boy	07:11	Calder Valley	1st Boy
2	535	Rowan	Ashworth	Boy	07:39	Ambleside	2nd Boy
3	730	Cameron	Coates	Boy	07:41	Ambleside	3rd Boy
4	517	Jack	Dixon	Boy	07:43	Ambleside	
5	761	Patrick	Casey	Boy	07:59	CVFR	
6	679	Will	Mcnally	Boy	08:01	Leven Valley	
7	523	Matthew	Ansell	Boy	08:05	Helm Hill	
8	586	Sam	Greenep	Boy	08:09	Settle	
9	734	Joe	Ligema	Boy	08:17	Ambleside	
10	689	Caius	Pennington	Boy	08:20	Howgill Harriers	
11	604	Matti	Ligema	Boy	08:24	Ambleside	
12	538	Alex	Graham	Boy	08:28	Ambleside	
13	624	Jody	Middleton	Boy	08:41	Howgill Harriers	
14	570	William	Durkin	Boy	08:45	Ambleside	
15	791	Luke	Phillips	Boy	08:49	Unattached	
16	503	Richard	Goode-Smith	Boy	08:50	Ambleside	
17	511	Alfie	Addison	Boy	08:51	Helm Hill	
18	505	Jack	Sanderson	Boy	08:53	Settle	
19	790	Eddie	Kelly	Boy	08:58	Unattached	
20	516	Frankie	Exley-Harper	Boy	09:04	Ambleside	
21	562	Douglas	Segger-Staveley	Boy	09:05	Settle	
22	560	Toby	Harper	Boy	09:10	Ambleside	
23	515	Theo	Coates	Boy	09:17	Ambleside	
24	646	Joel	Saunders	Boy	09:24	Helm Hill	
25	616	Jamie	Waller	Boy	09:36	Dallam	
26	566	Aaron	Smith	Boy	09:38	Helm Hill	
27	588	Sam	Jackson	Boy	09:50	Helm Hill	
28	781	Scott	Lawson	Boy	09:51	Unattached	
29	514	Rory	Knowles	Boy	09:58	Ambleside	
30	589	Oliver	Park	Boy	10:03	Helm Hill	
31	628	Paddy	Wood	Boy	10:07	Ambleside	
32	780	Toby	Alland	Boy	10:30	Unattached	
33	638	Finley	Grisedale	Boy	10:41	Helm Hill	
34	788	Jamie	Graham	Boy	10:42	Ambleside	
35	552	Bobby	Wilkin	Boy	10:44	Ambleside	
36	558	Oscar	Wulf	Boy	10:53	Settle	
37	597	Theo	Robinson	Boy	11:01	Howgill Harriers	
38	542	Benjamin	Grundy	Boy	12:34	Unattached	
DNF	522	Cal	McVey	Boy	DNF	Ambleside	

UNDER 13 GIRLS

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	678	Olesia	Winder	Girl	07:53	Leven Valley	1st Girl
2	520	Clara	Samson	Girl	08:07	Helm Hill	2nd Girl
3	526	Sarah	Smith	Girl	08:30	Helm Hill	3rd Girl
4	518	Elodie	Malcolm	Girl	08:33	Helm Hill	
5	550	Elise	Tallon	Girl	08:35	Helm Hill	
6	573	Bethan	Saunders	Girl	09:07	Leven Valley	
7	556	Maisie	Evans	Girl	09:20	Ambleside	
8	613	Vicky	Woof	Girl	09:30	Howgill Harriers	
9	534	Martha	Rigby	Girl	09:33	Settle	
10	667	Evie	Taylor	Girl	09:44	Rossendale	
11	557	Joss	Evans	Girl	09:48	Ambleside	
12	601	Connie	Maye-Scott	Girl	11:12	Unattached	
13	708	Lizzy	Cowin	Girl	11:24	Unattached	
14	740	Noa	Calman	Girl	11:27	Ambleside	
15	661	Lauren	Evans	Girl	11:31	Settle	
16	629	Seren	Green	Girl	11:40	Ambleside	
17	630	Maddison	Parrington	Girl	12:03	Barlick	
18	548	Cate	Matthew	Girl	12:18	Lancaster & Morecambe	
19	506	Alicia	Crawford	Girl	12:32	Helm Hill	
20	608	Betsy	Willis	Girl	13:27	Wharfedale	
DNF	787	Sarah	Dixon	Girl	DNF	Ambleside	