



Supported by Different Strokes

Birkrigg Common - Results 4 February 2018

Senior Race							
Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	29	Jon	Rylance	MV40	21:32	Ambleside	1st Man/1st MV40
2	51	Tom	Addison	Man	21:50	Helm Hill	2nd Man
3	280	Harvey	Lord	Man	22:29	Black Combe	3rd Man
4	368	Harry	Shuell	Man	22:35	Ambleside	
5	185	Jacob	Aubrey	MU21	22:37	Helm Hill	1st MU21
6	310	Robert	Askew	MU21	22:46	Helm Hill	
7	143	Lewis	Bowness	MU21	22:51	Helm Hill	
8	402	Jos	Addison	Man	22:57	Helm Hill	
9	30	Brian	Pennington	MV40	23:00	Howgill Harriers	
10	87	Scott	Umpleby	MV50	23:20	Kendal AAC	1st MV50
11	284	Justin	Tancrel	MV40	23:24		
12	253	Jack	Simpson	Man	23:26	Helm Hill	
13	279	Richard	Wells	MV40	23:35	Howgill Harriers	
14	393	Matthew	Rooke	Man	23:45	Black Combe	
15	60	Garry	Beardwood	MV40	23:51	Helm Hill	
16	187	Peter	Lawson	Man	23:58		
17	47	Will	Acland	MV40	23:59	Helm Hill	
18	36	Joe	Todd	MV40	24:00	Kendal	
19	319	John	Murfin	MV40	24:04	Settle	
20	363	Simon	Whittaker	Man	24:07	Helm Hill	
21	1138	David	Goadby	Man	24:16	Helm Hill	
22	24	Craig	Burrow	MV40	24:17	Helm Hill	
23	394	Josh	Westwood	Man	24:18	Settle	
24	404	Bobby	Guardstorey	Man	24:18		
25	99	Phil	Mather	Man	24:29	Lonsdale	
26	10	Jake	Lowther	Man	24:34	Helm Hill	
27	207	Ross	Jenkin	Man	24:39	Howgill Harriers	
28	50	Rob	Harper	MV40	24:42	Ambleside	
29	399	Catherine	Slater	Lady	24:48	Helm Hill	1st Lady
30	45	James	Baron	MV50	24:52	Helm Hill	
31	23	Imogen	Burrow	LU21	24:56	Helm Hill	2nd Lady/1st LU21
32	183	Ben	Whitham	Man	24:58		
33	136	Declan	Bulmer	Man	25:05	Wharfedale	
34	71	Sean	Robinson	Man	25:07	Howgill Harriers	
35	379	Ben	Oldham	MV40	25:11	Hoad Hill Harriers	
36	366	Gavin	Lloyd	Man	25:22	Black Combe	
37	1190	Ben	Kirkman	MU21	25:34	Rosendale	
38	53	Steven	Middleton	MV40	25:43	Howgill Harriers	
39	77	Rob	Crawford	MV40	25:57	Howgill Harriers	
40	299	Karl	Robb	Man	26:13		
41	25	Tom	Matthew	MV40	26:19	Bowland	
42	192	Brian	Thompson	MV60	26:22	Helm Hill	1st MV60
43	145	Anthony	Bowness	MV40	26:29	Kendal AC	
44	79	Jake	Cooper	MU21	26:33	Leven Valley	
45	263	Tim	Pickering	Man	26:44	Helm Hill	
46	405	Chris	Turner	Man	26:48	Cumberland	
47	174	Alistair	Hearn	MV40	26:49	Helm Hill	
48	261	Emma	Johnston	Lady	26:51	Helm Hill	3rd Lady
49	42	Andy	Holden	MV50	26:53	Wharfedale	
50	122	Martin	Ramsay	MV50	26:54	Helm Hill	
51	362	Mark	Cropper	MV40	26:57	Helm Hill	
52	373	Tod	Coates	MV40	27:05	Ambleside	
53	142	Michael	Toman	MV50	27:07	Rosendale	

54	194	Dominic	Merchant	Man	27:09	Helm Hill	
55	98	Rowan	Wood	Man	27:13	Lonsdale	
56	237	James	Todhunter	Man	27:14	Helm Hill	
57	128	James	Coulthard	MV40	27:17	Howgill Harriers	
58	383	Amy	Freeman	Lady	27:19	Darwen Dashers	
59	86	Joey	Umpleby	MU21	27:22	Kendal AAC	
60	131	John	Robson	MV50	27:24	Helm Hill	
61	384	Stuart	McGurk	MV50	27:27	Kendal	
62	267	Carol	Evans	LV50	27:28	Settle	1st LV50
63	27	Jason	Edmondson	MV40	27:28	Ambleside	
64	223	Simon	Waller	MV40	27:38	Helm Hill	
65	13	Gareth	Davies	Man	27:44	Darwen Dashers	
66	392	Stephen	Peters	Man	27:49	Hoad Hill Harriers	
67	391	Richard	Wilkinson	MV50	27:53	Longeaton	
68	48	Bianca	Dyer	LV40	28:02	Helm Hill	1st LV40
69	88	Steven	Roberts	MV40	28:06	Kendal	
70	40	Jonny	Grisedale	MV40	28:23	Helm Hill	
71	346	Colin	Valentine	MV50	28:25	Keswick AC	
72	184	Roger	Aubrey	MV50	28:27	Helm Hill	
73	252	Rachel	Simpson	Lady	28:33	Helm hill	
74	343	Mick	Kirkman	MV50	28:44	Rosendale	
75	12	Tim	Murray	MV50	28:50	Helm Hill	
76	111	Mike	Walsh	MV60	28:52	Kendal AAC	
77	407	Jonny	Sloan	Man	28:54		
78	78	Peter	Bascombe	MV40	29:08	Bowness Badminton	
79	85	Ian	Hutchinson	MV50	29:33	Bowland Fell Runners	
80	150	Darren	Woodhams	MV40	29:38		
81	306	Caroline	Holden	LV50	29:40	Helm Hill	
82	401	Robert	Coupe	MV40	29:45		
83	63	Erica	Evans	Lady	29:47	Ambleside	
84	266	Andy	Evans	MV50	29:52	Settle	
85	75	Andy	Mingay	Man	29:56	Eden Runners	
86	106	Peter	Singleton	MV60	30:01	Blackpool	
87	322	Kate	Simpson	LV40	30:03	Helm Hill	
88	233	Joanne	Mcleod	LV50	30:05	Barrow & Furness striders	
89	14	Claire	Hardy	Lady	30:09	Darwen Dashers	
90	349	Bruce	Jardine	MV50	30:16		
91	376	Stephen	Hall	MV40	30:25		
92	378	Mike	Jowell	MV50	30:27	Black Combe	
93	390	David	Roper	MV50	30:28	Howgill Harriers	
94	396	Jim	Fisher	MV50	30:32	Howgill Harriers	
95	386	Emma	Broadbent	Lady	30:42		
96	377	Mark	Villiers	MV40	30:48		
97	34	Joanne	Pennington	LV40	30:55	Kendal AAC	
98	264	Anne Marie	Swallow	LV40	30:56		
99	397	Andrew	Hinde	MV60	31:05	Settle	
100	102	Jo	Taylor	LV50	31:28	Bowland	
101	201	Katie	Palmer	LV40	31:28	Helm Hill	
102	380	Jo	Appleby	LV40	31:30	Helm Hill	
103	179	Wendy	Dodds	LV60	31:32	Clayton Le Moors Harriers	1st LV60
104	141	Lorna	Askew	LV40	31:34	Helm Hill	
105	375	Peter	Bardsley	MV40	31:41	Bowland	
106	41	Lynn	Whittaker	LV50	31:43	Wharfedale	
107	382	Ronnie	Haddow	MV50	31:48	Leven Valley	
108	313	Vicky	Kirkwood	LV40	31:51	Dallam	
109	28	Niki	Rylance	LV40	32:08	Ambleside	
110	161	Libby	Dixon	LV40	32:10	Ambleside	
111	271	Amanda	Burrow	LV40	32:19	Helm Hill	
112	388	Sarah	Moon	LV40	32:25		
113	398	Gohiv	Rikka	Lady	32:26		
114	81	Meredith	Revill	LV40	32:40	Helm Hill	
115	64	Kate	Brayshaw	LV40	32:42	Helm Hill	

116	55	Barry	Scholes	MV60	32:54	Settle	
117	250	David	Cowperthwaite	MV50	33:03	N/A	
118	305	Steve	Taylor	MV60	33:07	Preston Harriers	
119	406	Michael	Lewis	Man	33:09		
120	395	Derek	Fryer	Man	33:20	LOC	
121	80	Georgia	Cooper	LU21	33:26	Leven Valley	
122	103	John	Taylor	MV60	33:28	Bowland	
123	403	John	Marissey	Man	33:29	Heaton	
124	245	Patty	Davies	LV50	33:31	Helm Hill	
125	37	Jo	Cater	Lady	33:32	Helm Hill	
126	118	Katy	Thompson	LV60	33:40	Clayton le Moors	
127	121	Gill	Ramsay	LV50	33:45	Helm Hill	
128	180	Grant	Remington	Man	33:50		
129	39	Joanne	Grisedale	LV40	33:55	Helm Hill	
130	132	Robin	Haywood	MV40	33:59	Howgill Harriers	
131	230	Ian	Peters	MV60	34:03	Glaxo	
132	334	Elizabeth	Adams	LV40	34:05	Helm Hill	
133	387	Bob	Muirhead	Man	34:07	Kendal Tri Club	
134	246	John	Hodgson	MV70	34:10	Dallam	1st MV70
135	173	Michael	McLoughlin	MV60	34:13	Preston Harriers	
136	400	Rosina	Merritt	Lady	34:14		
137	72	Zoe	Robinson	Lady	34:20	Howgill Harriers	
138	249	Elaine	Cowperthwaite	LV40	34:33	N/A	
139	372	Sarah	Folks	MV40	34:34	Ambleside	
140	151	Gordon	Thompson	MV50	34:37	Preston Harriers	
141	285	Vicky	Atkinson	LV40	34:45	Helm Hill	
142	385	Olga	Wiggins	Lady	35:05	Preston Harriers	
143	262	Lindsay	Harrod	LV50	35:07	Helm Hill	
144	82	Graham	Breeze	MV70	36:12	Wharfedale	
145	381	Veronica	Waller	LV40	36:19	Dallam	
146	68	Pam	Bagot	LV40	36:29	Settle	
147	3	May	Crawford	Lady	36:32	Helm Hill	
148	370	Tom	Barkas	MV60	36:41	LOC	
149	273	Trevor	Metcalfe	MV60	36:48	Wharfedale	
150	133	Gareth	Bradburn-Sims	MV40	36:54	Howgill Harriers	
151	155	Miriam	Rosen	LV60	37:02	Lancaster & Morecambe	
152	114	Peta	Rowand	LV40	37:10	Ambleside	
153	125	Mark	Birbeck	MV50	38:48	Achille Ratti	
154	7	Anna	Stevens	LV40	39:19	Helm hill	
155	93	Jill	Gates	LV50	39:24	Settle	
156	365	Brian	Carlisle	MV60	39:26	Askrigg	
157	389	Raj	Madhas	MV50	39:30	Wharfedale	
158	269	Claire	Green	LV50	39:36		
159	2	Wendy	Smith	LV40	40:06	Helm Hill	
160	374	Lynda	Hargreaves	LV50	40:40	Wharfedale	
161	371	Jo	Matthew	LV40	41:43		
162	198	Richard	Handford	MV60	43:08	Settle	
163	15	Denis	Wood	MV70	45:19	Borrowdale	
164	154	David	Rosen	MV60	45:39	Lancaster & Morecambe	

Under 17 Race

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	1081	Matthew	Knowles	Boy	12:51	Lancaster & Morecambe	1st Boy
2	1189	Eric	Beaumont	Boy	13:51	KCAC	2nd Boy
3	1133	Toby	Umpleby	Boy	14:05	Kendal AAC	3rd Boy
4	1038	Jacob	Smith	Boy	14:19	Kendal AAC	
5	1029	Chloe	Rylance	Girl	14:49	Ambleside	1st Girl
6	1018	Ben	Edmondson	Boy	15:18	Ambleside	
7	1182	Brodie	Weymouth	Boy	15:23		
8	1087	Josh	Roelants	Boy	15:41	Helm Hill	
9	1224	Luke	Broadbent	Boy	16:11		
10	1074	Maia	Doherty	Girl	16:29	Helm Hill	2nd Girl
11	1130	Harvey	Cooper	Boy	16:30	Leven Valley	
12	1120	Adam	Scott	Boy	16:30	Kendal	
13	1007	Vaughan	Samson	Boy	17:42	Helm Hill	
14	1073	Becky	Dyer	Girl	21:08	Helm Hill	3rd Girl
15	1034	Tyla	Crook	Girl	21:43	Helm Hill	
16	1101	Annabelle	Taylor	Girl	21:54	Helm Hill	
17	1134	Emily	Crossley	Girl	22:11	Settle	
18	1015	Simone	Rigby	Girl	23:03	Settle	

Under 15 Race

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	1006	Ollie	Sanders	Boy	09:17	Helm Hill	1st Boy
2	1050	William	Hall	Boy	09:44	Calder Valley	2nd Boy
3	1179	Jack	Villiers	Boy	09:50	Barlick Fell Runners	3rd Boy
4	1037	Ben	Smith	Boy	09:56	Kendal AAC	
5	1212	James	Duffy	Boy	10:11	Calder Valley	
6	1049	Cameron	Coates	Boy	10:23	Ambleside	
7	1045	Dylan	Cater	Boy	10:38	Helm Hill	
8	1100	Joe	Clayton	Boy	10:45	Helm Hill	
9	1030	Sophie	Rylance	Girl	10:47	Ambleside	1st Girl
10	1017	Elodie	Malcolm	Girl	11:07	Helm Hill	2nd Girl
11	1040	John	Bardsley	Boy	11:09	Unattached	
12	1046	Joe	Ligema	Boy	11:19	Ambleside	
13	1028	Holly	Dobson	Girl	11:28	Ambleside	3rd Girl
14	1223	Vladimir	Wiggins	Boy	11:43	Preston Harriers	
15	1167	Alex	Matthew	Boy	11:59		
16	1098	Ella	Beardwood	Girl	12:08	Helm Hill	
17	1084	Jack	Collett	Boy	12:09	Lancaster & Morecambe	
18	1126	Freya	Richards	Girl	12:50	Helm Hill	
19	1213	Jonah	Maiden	Boy	14:34	Helm Hill	
20	1011	Maisie	Evans	Girl	14:42	Ambleside	
21	1051	Finley	Grisedale	Boy	15:03	Helm Hill	
22	1121	Benjamin	Grundy	Boy	16:13		

Under 13 Race

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	1025	Rowan	Ashworth	Boy	05:10	Ambleside	1st Boy
2	1166	Will	McNally	Boy	05:14	Leven Valley	2nd Boy
3	1211	Oliver	Smith	Boy	05:15	Helm Hill	3rd Boy
4	1165	Jack	Dixon	Boy	05:20	Ambleside	
5	1035	Sarah	Smith	Girl	05:25	Helm Hill	1st Girl
6	1145	Alfie	Addison	Boy	05:28	Helm Hill	
7	1135	Jamie	Waller	Boy	05:32		
8	1031	Caius	Pennington	Boy	05:32	Howgill Harriers	
9	1005	Richard	Goode-Smith	Boy	05:33	Ambleside	
10	1027	Tom	Ashworth	Boy	05:35	Ambleside	
11	1143	Matti	Ligema	Boy	05:36	Ambleside	
12	1210	Ben	Almond	Boy	05:44	Ambleside	
13	1156	Freddie	Dixon	Boy	05:45	Ambleside	
14	1127	Arran	Revill	Boy	05:46	Helm Hill	
15	1148	Jack	Sanderson	Boy	05:47	Settle	
16	1199	Oliver	Ball	Boy	05:49	Lancaster & Morecambe	
17	1044	Alfie	Todd	Boy	05:54		
18	1217	Oliver	Oldham	Boy	05:57	Hoad Hill Harriers	
19	1057	Toby	Acland	Boy	06:00	Helm Hill	
20	1069	Blake	Fleming	Boy	06:00	Hoad Hill Harriers	
21	1004	Luke	Campbell	Boy	06:01	Ambleside	
22	1115	Samuel	Jackson	Boy	06:02	Helm Hill	
23	1123	Isaac	Robinson	Boy	06:03	Howgill Harriers	
24	1116	Euan	Wells	Boy	06:04	Howgill Harriers	
25	1184	Joseff	Tancrel	Boy	06:05		
26	1022	Jamie	Graham	Boy	06:06	Ambleside	
27	1020	Jessica	Edmondson	Girl	06:07	Ambleside	2nd Girl
28	1078	Toby	Harper	Boy	06:12	Ambleside	
29	1099	Charlie	Clayton	Boy	06:15	Helm Hill	
30	1032	Aaron	Smith	Boy	06:16	Howgill Harriers	
31	1014	Martha	Rigby	Girl	06:17	Settle	3rd Girl
32	1103	Joel	Saunders	Boy	06:19	Helm Hill	
33	1093	Charlotte	Peart	Girl	06:21	Settle	
34	1077	Vicky	Woof	Girl	06:21	Howgill Harriers	
35	1153	Finlay	Aitken	Boy	06:22	Helm Hill	
36	1111	Jude	Evans	Boy	06:23	Ambleside	
37	1214	Eve	Haiden	Girl	06:26	Helm Hill	
38	1128	Matthew	Gornall	Boy	06:28	Ambleside	
39	1114	Will	Brayshaw	Boy	06:36	Helm Hill	
40	1206	Zeke	Sumner	Boy	06:41	Ambleside	
41	1118	Connie-May	Scott	Girl	06:44	Kendal	
42	1117	Lucy	Bagot	Girl	06:46	Settle	
43	1092	Madeleine	Martindale	Girl	06:49		
44	1095	Thomas	Hearn	Boy	06:50	Helm Hill	
45	1012	Emily	Peart	Girl	06:51	Lancaster & Morecambe	
46	1200	Harry	Ball	Boy	06:51	Lancaster & Morecambe	
47	1021	Ruby	Duxbury	Girl	06:56	Ambleside	
48	1215	John	Williamson	Boy	06:57	Leven Valley	
49	1086	Felix	Cooper	Boy	07:01	Hoadhill harriers	
50	1041	Oliver	Willoughby	Boy	07:01	Helm Hill	
51	1221	Jack	Moon	Boy	07:02	Helm Hill	
52	1195	Alaana	Coates	Girl	07:02	Ambleside	
53	1172	Arran	Goodall	Boy	07:06		
54	1183	Daisy	Lees	Girl	07:09	Ambleside	
55	1218	Jasmine	Bottomley	Girl	07:10	Helm Hill	
56	1168	Broadie	Revill	Boy	07:12	Helm Hill	
57	1024	Rory	Knowles	Boy	07:16	Ambleside	
58	1105	Sophie	Goodall	Girl	07:18		
59	1146	Ella	Stamp	Girl	07:19	Dallam	
60	1125	Theo	Robinson	Boy	07:20	Howgill Harriers	

61	1016	Cate	Matthew	Girl	07:21		
62	1216	Ellie	Todhunter	Girl	07:22		
63	1109	Poppy	Scott	Girl	07:33		
64	1144	Lauren	Evans	Girl	07:37	Settle	
65	1196	William	Hargreaves	Boy	07:39	Ambleside	
66	1094	Sophie	Hearn	Girl	07:40		
67	1124	Tess	Evans	Girl	07:41	Ambleside	
68	1071	Hannah	Dyer	Girl	07:54	Helm Hill	
69	1219	Florrie	Haddow	Girl	08:01	Leven Valley	
70	1070	Seren	Green	Girl	08:08	Ambleside	
71	1055	Megan	Harris	Girl	08:11	Helm Hill	
72	1065	Eleanor	King	Girl	08:12	Helm Hill	
73	1096	Alicia	Crawford	Girl	08:14	Helm Hill	
74	1220	Evie	Corkill	Girl	11:13	Leven Valley	

Birkrigg Common 2018 Category Results

ALL SENIOR MEN

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	29	Jon	Rylance	MV40	21:32	Ambleside	1st Man/1st MV40
2	51	Tom	Addison	Man	21:50	Helm Hill	2nd Man
3	280	Harvey	Lord	Man	22:29	Black Combe	3rd Man
4	368	Harry	Shuell	Man	22:35	Ambleside	
5	185	Jacob	Aubrey	MU21	22:37	Helm Hill	1st MU21
6	310	Robert	Askew	MU21	22:46	Helm Hill	
7	143	Lewis	Bowness	MU21	22:51	Helm Hill	
8	402	Jos	Addison	Man	22:57	Helm Hill	
9	30	Brian	Pennington	MV40	23:00	Howgill Harriers	
10	87	Scott	Umpleby	MV50	23:20	Kendal AAC	1st MV50
11	284	Justin	Tancrel	MV40	23:24		
12	253	Jack	Simpson	Man	23:26	Helm Hill	
13	279	Richard	Wells	MV40	23:35	Howgill Harriers	
14	393	Matthew	Rooke	Man	23:45	Black Combe	
15	60	Garry	Beardwood	MV40	23:51	Helm Hill	
16	187	Peter	Lawson	Man	23:58		
17	47	Will	Acland	MV40	23:59	Helm Hill	
18	36	Joe	Todd	MV40	24:00	Kendal	
19	319	John	Murfin	MV40	24:04	Settle	
20	363	Simon	Whittaker	Man	24:07	Helm Hill	
21	1138	David	Goadby	Man	24:16	Helm Hill	
22	24	Craig	Burrow	MV40	24:17	Helm Hill	
23	394	Josh	Westwood	Man	24:18	Settle	
24	404	Bobby	Guardstorey	Man	24:18		
25	99	Phil	Mather	Man	24:29	Lonsdale	
26	10	Jake	Lowther	Man	24:34	Helm Hill	
27	207	Ross	Jenkin	Man	24:39	Howgill Harriers	
28	50	Rob	Harper	MV40	24:42	Ambleside	
29	45	James	Baron	MV50	24:52	Helm Hill	
30	183	Ben	Whitham	Man	24:58		
31	136	Declan	Bulmer	Man	25:05	Wharfedale	
32	71	Sean	Robinson	Man	25:07	Howgill Harriers	
33	379	Ben	Oldham	MV40	25:11	Hoad Hill Harriers	
34	366	Gavin	Lloyd	Man	25:22	Black Combe	
35	1190	Ben	Kirkman	MU21	25:34	Rosendale	
36	53	Steven	Middleton	MV40	25:43	Howgill Harriers	
37	77	Rob	Crawford	MV40	25:57	Howgill Harriers	
38	299	Karl	Robb	Man	26:13		
39	25	Tom	Matthew	MV40	26:19	Bowland	
40	192	Brian	Thompson	MV60	26:22	Helm Hill	1st MV60
41	145	Anthony	Bowness	MV40	26:29	Kendal AC	
42	79	Jake	Cooper	MU21	26:33	Leven Valley	
43	263	Tim	Pickering	Man	26:44	Helm Hill	
44	405	Chris	Turner	Man	26:48	Cumberland	
45	174	Alistair	Hearn	MV40	26:49	Helm Hill	
46	42	Andy	Holden	MV50	26:53	Wharfedale	
47	122	Martin	Ramsay	MV50	26:54	Helm Hill	
48	362	Mark	Cropper	MV40	26:57	Helm Hill	
49	373	Tod	Coates	MV40	27:05	Ambleside	
50	142	Michael	Toman	MV50	27:07	Rosendale	
51	194	Dominic	Merchant	Man	27:09	Helm Hill	
52	98	Rowan	Wood	Man	27:13	Lonsdale	
53	237	James	Todhunter	Man	27:14	Helm Hill	
54	128	James	Coulthard	MV40	27:17	Howgill Harriers	
55	86	Joey	Umpleby	MU21	27:22	Kendal AAC	
56	131	John	Robson	MV50	27:24	Helm Hill	
57	384	Stuart	McGurk	MV50	27:27	Kendal	
58	27	Jason	Edmondson	MV40	27:28	Ambleside	

59	223	Simon	Waller	MV40	27:38	Helm Hill	
60	13	Gareth	Davies	Man	27:44	Darwen Dashers	
61	392	Stephen	Peters	Man	27:49	Hoad Hill Harriers	
62	391	Richard	Wilkinson	MV50	27:53	Longeaton	
63	88	Steven	Roberts	MV40	28:06	Kendal	
64	40	Jonny	Grisedale	MV40	28:23	Helm Hill	
65	346	Colin	Valentine	MV50	28:25	Keswick AC	
66	184	Roger	Aubrey	MV50	28:27	Helm Hill	
67	343	Mick	Kirkman	MV50	28:44	Rosendale	
68	12	Tim	Murray	MV50	28:50	Helm Hill	
69	111	Mike	Walsh	MV60	28:52	Kendal AAC	
70	407	Jonny	Sloan	Man	28:54		
71	78	Peter	Bascombe	MV40	29:08	Bowness Badminton	
72	85	Ian	Hutchinson	MV50	29:33	Bowland Fell Runners	
73	150	Darren	Woodhams	MV40	29:38		
74	401	Robert	Coupe	MV40	29:45		
75	266	Andy	Evans	MV50	29:52	Settle	
76	75	Andy	Mingay	Man	29:56	Eden Runners	
77	106	Peter	Singleton	MV60	30:01	Blackpool	
78	349	Bruce	Jardine	MV50	30:16		
79	376	Stephen	Hall	MV40	30:25		
80	378	Mike	Jowell	MV50	30:27	Black Combe	
81	390	David	Roper	MV50	30:28	Howgill Harriers	
82	396	Jim	Fisher	MV50	30:32	Howgill Harriers	
83	377	Mark	Villiers	MV40	30:48		
84	397	Andrew	Hinde	MV60	31:05	Settle	
85	375	Peter	Bardsley	MV40	31:41	Bowland	
86	382	Ronnie	Haddow	MV50	31:48	Leven Valley	
87	55	Barry	Scholes	MV60	32:54	Settle	
88	250	David	Cowperthwaite	MV50	33:03	N/A	
89	305	Steve	Taylor	MV60	33:07	Preston Harriers	
90	406	Michael	Lewis	Man	33:09		
91	395	Derek	Fryer	Man	33:20	LOC	
92	103	John	Taylor	MV60	33:28	Bowland	
93	403	John	Marissey	Man	33:29	Heaton	
94	180	Grant	Remington	Man	33:50		
95	132	Robin	Haywood	MV40	33:59	Howgill Harriers	
96	230	Ian	Peters	MV60	34:03	Glaxo	
97	387	Bob	Muirhead	Man	34:07	Kendal Tri Club	
98	246	John	Hodgson	MV70	34:10	Dallam	1st MV70
99	173	Michael	McLoughlin	MV60	34:13	Preston Harriers	
100	372	Sarah	Folks	MV40	34:34	Ambleside	
101	151	Gordon	Thompson	MV50	34:37	Preston Harriers	
102	82	Graham	Breeze	MV70	36:12	Wharfedale	
103	370	Tom	Barkas	MV60	36:41	LOC	
104	273	Trevor	Metcalfe	MV60	36:48	Wharfedale	
105	133	Gareth	Bradburn-Sims	MV40	36:54	Howgill Harriers	
106	125	Mark	Birbeck	MV50	38:48	Achille Ratti	
107	365	Brian	Carlisle	MV60	39:26	Askrigg	
108	389	Raj	Madhas	MV50	39:30	Wharfedale	
109	198	Richard	Handford	MV60	43:08	Settle	
110	15	Denis	Wood	MV70	45:19	Borrowdale	
111	154	David	Rosen	MV60	45:39	Lancaster & Morecambe	

MEN

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	51	Tom	Addison	Man	21:50	Helm Hill	2nd Man
2	280	Harvey	Lord	Man	22:29	Black Combe	3rd Man
3	368	Harry	Shuell	Man	22:35	Ambleside	
4	185	Jacob	Aubrey	MU21	22:37	Helm Hill	1st MU21
5	310	Robert	Askew	MU21	22:46	Helm Hill	
6	143	Lewis	Bowness	MU21	22:51	Helm Hill	
7	402	Jos	Addison	Man	22:57	Helm Hill	
8	253	Jack	Simpson	Man	23:26	Helm Hill	
9	393	Matthew	Rooke	Man	23:45	Black Combe	
10	187	Peter	Lawson	Man	23:58		
11	363	Simon	Whittaker	Man	24:07	Helm Hill	
12	1138	David	Goadby	Man	24:16	Helm Hill	
13	394	Josh	Westwood	Man	24:18	Settle	
14	404	Bobby	Guardstorey	Man	24:18		
15	99	Phil	Mather	Man	24:29	Lonsdale	
16	10	Jake	Lowther	Man	24:34	Helm Hill	
17	207	Ross	Jenkin	Man	24:39	Howgill Harriers	
18	183	Ben	Whitham	Man	24:58		
19	136	Declan	Bulmer	Man	25:05	Wharfedale	
20	71	Sean	Robinson	Man	25:07	Howgill Harriers	
21	366	Gavin	Lloyd	Man	25:22	Black Combe	
22	1190	Ben	Kirkman	MU21	25:34	Rosendale	
23	299	Karl	Robb	Man	26:13		
24	79	Jake	Cooper	MU21	26:33	Leven Valley	
25	263	Tim	Pickering	Man	26:44	Helm Hill	
26	405	Chris	Turner	Man	26:48	Cumberland	
27	194	Dominic	Merchant	Man	27:09	Helm Hill	
28	98	Rowan	Wood	Man	27:13	Lonsdale	
29	237	James	Todhunter	Man	27:14	Helm Hill	
30	86	Joey	Umpleby	MU21	27:22	Kendal AAC	
31	13	Gareth	Davies	Man	27:44	Darwen Dashers	
32	392	Stephen	Peters	Man	27:49	Hoad Hill Harriers	
33	407	Jonny	Sloan	Man	28:54		
34	75	Andy	Mingay	Man	29:56	Eden Runners	
35	406	Michael	Lewis	Man	33:09		
36	395	Derek	Fryer	Man	33:20	LOC	
37	403	John	Marissey	Man	33:29	Heaton	
38	180	Grant	Remington	Man	33:50		
39	387	Bob	Muirhead	Man	34:07	Kendal Tri Club	

MEN UNDER 21

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	185	Jacob	Aubrey	MU21	22:37	Helm Hill	1st MU21
2	310	Robert	Askew	MU21	22:46	Helm Hill	
3	143	Lewis	Bowness	MU21	22:51	Helm Hill	
4	1190	Ben	Kirkman	MU21	25:34	Rossendale	
5	79	Jake	Cooper	MU21	26:33	Leven Valley	
6	86	Joey	Umpleby	MU21	27:22	Kendal AAC	

MEN - VET 40

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	29	Jon	Rylance	MV40	21:32	Ambleside	1st Man/1st MV40
2	30	Brian	Pennington	MV40	23:00	Howgill Harriers	
3	284	Justin	Tancrel	MV40	23:24		
4	279	Richard	Wells	MV40	23:35	Howgill Harriers	
5	60	Garry	Beardwood	MV40	23:51	Helm Hill	
6	47	Will	Acland	MV40	23:59	Helm Hill	
7	36	Joe	Todd	MV40	24:00	Kendal	
8	319	John	Murfin	MV40	24:04	Settle	
9	24	Craig	Burrow	MV40	24:17	Helm Hill	
10	50	Rob	Harper	MV40	24:42	Ambleside	
11	379	Ben	Oldham	MV40	25:11	Hoad Hill Harriers	
12	53	Steven	Middleton	MV40	25:43	Howgill Harriers	
13	77	Rob	Crawford	MV40	25:57	Howgill Harriers	
14	25	Tom	Matthew	MV40	26:19	Bowland	
15	145	Anthony	Bowness	MV40	26:29	Kendal AC	
16	174	Alistair	Hearn	MV40	26:49	Helm Hill	
17	362	Mark	Cropper	MV40	26:57	Helm Hill	
18	373	Tod	Coates	MV40	27:05	Ambleside	
19	128	James	Coulthard	MV40	27:17	Howgill Harriers	
20	27	Jason	Edmondson	MV40	27:28	Ambleside	
21	223	Simon	Waller	MV40	27:38	Helm Hill	
22	88	Steven	Roberts	MV40	28:06	Kendal	
23	40	Jonny	Grisedale	MV40	28:23	Helm Hill	
24	78	Peter	Bascombe	MV40	29:08	Bowness Badminton	
25	150	Darren	Woodhams	MV40	29:38		
26	401	Robert	Coupe	MV40	29:45		
27	376	Stephen	Hall	MV40	30:25		
28	377	Mark	Villiers	MV40	30:48		
29	375	Peter	Bardsley	MV40	31:41	Bowland	
30	132	Robin	Haywood	MV40	33:59	Howgill Harriers	
31	372	Sarah	Folks	MV40	34:34	Ambleside	
32	133	Gareth	Bradburn-Sims	MV40	36:54	Howgill Harriers	

MEN - VET 50

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	87	Scott	Umpleby	MV50	23:20	Kendal AAC	1st MV50
2	45	James	Baron	MV50	24:52	Helm Hill	
3	42	Andy	Holden	MV50	26:53	Wharfedale	
4	122	Martin	Ramsay	MV50	26:54	Helm Hill	
5	142	Michael	Toman	MV50	27:07	Rossendale	
6	131	John	Robson	MV50	27:24	Helm Hill	
7	384	Stuart	McGurk	MV50	27:27	Kendal	
8	391	Richard	Wilkinson	MV50	27:53	Longeaton	
9	346	Colin	Valentine	MV50	28:25	Keswick AC	
10	184	Roger	Aubrey	MV50	28:27	Helm Hill	
11	343	Mick	Kirkman	MV50	28:44	Rossendale	
12	12	Tim	Murray	MV50	28:50	Helm Hill	
13	85	Ian	Hutchinson	MV50	29:33	Bowland Fell Runners	
14	266	Andy	Evans	MV50	29:52	Settle	
15	349	Bruce	Jardine	MV50	30:16		
16	378	Mike	Jowell	MV50	30:27	Black Combe	
17	390	David	Roper	MV50	30:28	Howgill Harriers	
18	396	Jim	Fisher	MV50	30:32	Howgill Harriers	
19	382	Ronnie	Haddow	MV50	31:48	Leven Valley	
20	250	David	Cowperthwaite	MV50	33:03	N/A	
21	151	Gordon	Thompson	MV50	34:37	Preston Harriers	
22	125	Mark	Birbeck	MV50	38:48	Achille Ratti	
23	389	Raj	Madhas	MV50	39:30	Wharfedale	

MEN - VET 60

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	192	Brian	Thompson	MV60	26:22	Helm Hill	1st MV60
2	111	Mike	Walsh	MV60	28:52	Kendal AAC	
3	106	Peter	Singleton	MV60	30:01	Blackpool	
4	397	Andrew	Hinde	MV60	31:05	Settle	
5	55	Barry	Scholes	MV60	32:54	Settle	
6	305	Steve	Taylor	MV60	33:07	Preston Harriers	
7	103	John	Taylor	MV60	33:28	Bowland	
8	230	Ian	Peters	MV60	34:03	Glaxo	
9	173	Michael	McLoughlin	MV60	34:13	Preston Harriers	
10	370	Tom	Barkas	MV60	36:41	LOC	
11	273	Trevor	Metcalfe	MV60	36:48	Wharfedale	
12	365	Brian	Carlisle	MV60	39:26	Askrigg	
13	198	Richard	Handford	MV60	43:08	Settle	
14	154	David	Rosen	MV60	45:39	Lancaster & Morecambe	

MEN - VET 70

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	246	John	Hodgson	MV70	34:10	Dallam	1st MV70
2	82	Graham	Breeze	MV70	36:12	Wharfedale	
3	15	Denis	Wood	MV70	45:19	Borrowdale	

ALL SENIOR LADIES

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	399	Catherine	Slater	Lady	24:48	Helm Hill	1st Lady
2	23	Imogen	Burrow	LU21	24:56	Helm Hill	2nd Lady/1st LU21
3	261	Emma	Johnston	Lady	26:51	Helm Hill	3rd Lady
4	383	Amy	Freeman	Lady	27:19	Darwen Dashers	
5	267	Carol	Evans	LV50	27:28	Settle	1st LV50
6	48	Bianca	Dyer	LV40	28:02	Helm Hill	1st LV40
7	252	Rachel	Simpson	Lady	28:33	Helm hill	
8	306	Caroline	Holden	LV50	29:40	Helm Hill	
9	63	Erica	Evans	Lady	29:47	Ambleside	
10	322	Kate	Simpson	LV40	30:03	Helm Hill	
11	233	Joanne	McLeod	LV50	30:05	Barrow & Furness striders	
12	14	Claire	Hardy	Lady	30:09	Darwen Dashers	
13	386	Emma	Broadbent	Lady	30:42		
14	34	Joanne	Pennington	LV40	30:55	Kendal AAC	
15	264	Anne Marie	Swallow	LV40	30:56		
16	102	Jo	Taylor	LV50	31:28	Bowland	
17	201	Katie	Palmer	LV40	31:28	Helm Hill	
18	380	Jo	Appleby	LV40	31:30	Helm Hill	
19	179	Wendy	Dodds	LV60	31:32	Clayton Le Moors Harriers	1st LV60
20	141	Lorna	Askew	LV40	31:34	Helm Hill	
21	41	Lynn	Whittaker	LV50	31:43	Wharfedale	
22	313	Vicky	Kirkwood	LV40	31:51	Dallam	
23	28	Niki	Rylance	LV40	32:08	Ambleside	
24	161	Libby	Dixon	LV40	32:10	Ambleside	
25	271	Amanda	Burrow	LV40	32:19	Helm Hill	
26	388	Sarah	Moon	LV40	32:25		
27	398	Gohiv	Rikka	Lady	32:26		
28	81	Meredith	Revill	LV40	32:40	Helm Hill	
29	64	Kate	Brayshaw	LV40	32:42	Helm Hill	
30	80	Georgia	Cooper	LU21	33:26	Leven Valley	
31	245	Patty	Davies	LV50	33:31	Helm Hill	
32	37	Jo	Cater	Lady	33:32	Helm Hill	
33	118	Katy	Thompson	LV60	33:40	Clayton le Moors	
34	121	Gill	Ramsay	LV50	33:45	Helm Hill	
35	39	Joanne	Grisedale	LV40	33:55	Helm Hill	
36	334	Elizabeth	Adams	LV40	34:05	Helm Hill	
37	400	Rosina	Merritt	Lady	34:14		
38	72	Zoe	Robinson	Lady	34:20	Howgill Harriers	
39	249	Elaine	Cowperthwaite	LV40	34:33	N/A	
40	285	Vicky	Atkinson	LV40	34:45	Helm Hill	
41	385	Olga	Wiggins	Lady	35:05	Preston Harriers	
42	262	Lindsay	Harrod	LV50	35:07	Helm Hill	
43	381	Veronica	Waller	LV40	36:19	Dallam	
44	68	Pam	Bagot	LV40	36:29	Settle	
45	3	May	Crawford	Lady	36:32	Helm Hill	
46	155	Miriam	Rosen	LV60	37:02	Lancaster & Morecambe	
47	114	Peta	Rowand	LV40	37:10	Ambleside	
48	7	Anna	Stevens	LV40	39:19	Helm hill	
49	93	Jill	Gates	LV50	39:24	Settle	
50	269	Claire	Green	LV50	39:36		
51	2	Wendy	Smith	LV40	40:06	Helm Hill	
52	374	Lynda	Hargreaves	LV50	40:40	Wharfedale	
53	371	Jo	Matthew	LV40	41:43		

LADIES

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	399	Catherine	Slater	Lady	24:48	Helm Hill	1st Lady
2	23	Imogen	Burrow	LU21	24:56	Helm Hill	2nd Lady/1st LU21
3	261	Emma	Johnston	Lady	26:51	Helm Hill	3rd Lady
4	383	Amy	Freeman	Lady	27:19	Darwen Dashers	
5	252	Rachel	Simpson	Lady	28:33	Helm hill	
6	63	Erica	Evans	Lady	29:47	Ambleside	
7	14	Claire	Hardy	Lady	30:09	Darwen Dashers	
8	386	Emma	Broadbent	Lady	30:42		
9	398	Gohiv	Rikka	Lady	32:26		
10	80	Georgia	Cooper	LU21	33:26	Leven Valley	
11	37	Jo	Cater	Lady	33:32	Helm Hill	
12	400	Rosina	Merritt	Lady	34:14		
13	72	Zoe	Robinson	Lady	34:20	Howgill Harriers	
14	385	Olga	Wiggins	Lady	35:05	Preston Harriers	
15	3	May	Crawford	Lady	36:32	Helm Hill	

LADIES UNDER 21

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	23	Imogen	Burrow	LU21	24:56	Helm Hill	2nd Lady/1st LU21
2	80	Georgia	Cooper	LU21	33:26	Leven Valley	

LADIES - VET 40

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	48	Bianca	Dyer	LV40	28:02	Helm Hill	1st LV40
2	322	Kate	Simpson	LV40	30:03	Helm Hill	
3	34	Joanne	Pennington	LV40	30:55	Kendal AAC	
4	264	Anne Marie	Swallow	LV40	30:56		
5	201	Katie	Palmer	LV40	31:28	Helm Hill	
6	380	Jo	Appleby	LV40	31:30	Helm Hill	
7	141	Lorna	Askew	LV40	31:34	Helm Hill	
8	313	Vicky	Kirkwood	LV40	31:51	Dallam	
9	28	Niki	Rylance	LV40	32:08	Ambleside	
10	161	Libby	Dixon	LV40	32:10	Ambleside	
11	271	Amanda	Burrow	LV40	32:19	Helm Hill	
12	388	Sarah	Moon	LV40	32:25		
13	81	Meredith	Revill	LV40	32:40	Helm Hill	
14	64	Kate	Brayshaw	LV40	32:42	Helm Hill	
15	39	Joanne	Grisedale	LV40	33:55	Helm Hill	
16	334	Elizabeth	Adams	LV40	34:05	Helm Hill	
17	249	Elaine	Cowperthwaite	LV40	34:33	N/A	
18	285	Vicky	Atkinson	LV40	34:45	Helm Hill	
19	381	Veronica	Waller	LV40	36:19	Dallam	
20	68	Pam	Bagot	LV40	36:29	Settle	
21	114	Peta	Rowand	LV40	37:10	Ambleside	
22	7	Anna	Stevens	LV40	39:19	Helm hill	
23	2	Wendy	Smith	LV40	40:06	Helm Hill	
24	371	Jo	Matthew	LV40	41:43		

LADIES - VET 50

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	267	Carol	Evans	LV50	27:28	Settle	1st LV50
2	306	Caroline	Holden	LV50	29:40	Helm Hill	
3	233	Joanne	Mcleod	LV50	30:05	Barrow & Furness striders	
4	102	Jo	Taylor	LV50	31:28	Bowland	
5	41	Lynn	Whittaker	LV50	31:43	Wharfedale	
6	245	Patty	Davies	LV50	33:31	Helm Hill	
7	121	Gill	Ramsay	LV50	33:45	Helm Hill	
8	262	Lindsay	Harrod	LV50	35:07	Helm Hill	
9	93	Jill	Gates	LV50	39:24	Settle	
10	269	Claire	Green	LV50	39:36		
11	374	Lynda	Hargreaves	LV50	40:40	Wharfedale	

LADIES - VET 60

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	179	Wendy	Dodds	LV60	31:32	Clayton Le Moors Harriers	1st LV60
2	118	Katy	Thompson	LV60	33:40	Clayton le Moors	
3	155	Miriam	Rosen	LV60	37:02	Lancaster & Morecambe	

UNDER 17 BOYS

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	1081	Matthew	Knowles	Boy	12:51	Lancaster & Morecambe	1st Boy
2	1189	Eric	Beaumont	Boy	13:51	KCAC	2nd Boy
3	1133	Toby	Umpleby	Boy	14:05	Kendal AAC	3rd Boy
4	1038	Jacob	Smith	Boy	14:19	Kendal AAC	
5	1018	Ben	Edmondson	Boy	15:18	Ambleside	
6	1182	Brodie	Weymouth	Boy	15:23		
7	1087	Josh	Roelants	Boy	15:41	Helm Hill	
8	1224	Luke	Broadbent	Boy	16:11		
9	1130	Harvey	Cooper	Boy	16:30	Leven Valley	
10	1120	Adam	Scott	Boy	16:30	Kendal	
11	1007	Vaughan	Samson	Boy	17:42	Helm Hill	

UNDER 17 GIRLS

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	1029	Chloe	Rylance	Girl	14:49	Ambleside	1st Girl
2	1074	Maia	Doherty	Girl	16:29	Helm Hill	2nd Girl
3	1073	Becky	Dyer	Girl	21:08	Helm Hill	3rd Girl
4	1034	Tyla	Crook	Girl	21:43	Helm Hill	
5	1101	Annabelle	Taylor	Girl	21:54	Helm Hill	
6	1134	Emily	Crossley	Girl	22:11	Settle	
7	1015	Simone	Rigby	Girl	23:03	Settle	

UNDER 15 BOYS

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	1006	Ollie	Sanders	Boy	09:17	Helm Hill	1st Boy
2	1050	William	Hall	Boy	09:44	Calder Valley	2nd Boy
3	1179	Jack	Villiers	Boy	09:50	Barlick Fell Runners	3rd Boy
4	1037	Ben	Smith	Boy	09:56	Kendal AAC	
5	1212	James	Dufty	Boy	10:11	Calder Valley	
6	1049	Cameron	Coates	Boy	10:23	Ambleside	
7	1045	Dylan	Cater	Boy	10:38	Helm Hill	
8	1100	Joe	Clayton	Boy	10:45	Helm Hill	
9	1040	John	Bardsley	Boy	11:09	Unattached	
10	1046	Joe	Ligema	Boy	11:19	Ambleside	
11	1223	Vladimir	Wiggins	Boy	11:43	Preston Harriers	
12	1167	Alex	Matthew	Boy	11:59		
13	1084	Jack	Collett	Boy	12:09	Lancaster & Morecambe	
14	1213	Jonah	Maiden	Boy	14:34	Helm Hill	
15	1051	Finley	Grisedale	Boy	15:03	Helm Hill	
16	1121	Benjamin	Grundy	Boy	16:13		

UNDER 15 GIRLS

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	1030	Sophie	Rylance	Girl	10:47	Ambleside	1st Girl
2	1017	Elodie	Malcolm	Girl	11:07	Helm Hill	2nd Girl
3	1028	Holly	Dobson	Girl	11:28	Ambleside	3rd Girl
4	1098	Ella	Beardwood	Girl	12:08	Helm Hill	
5	1126	Freya	Richards	Girl	12:50	Helm Hill	
6	1011	Maisie	Evans	Girl	14:42	Ambleside	

UNDER 13 BOYS

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	1025	Rowan	Ashworth	Boy	05:10	Ambleside	1st Boy
2	1166	Will	McNally	Boy	05:14	Leven Valley	2nd Boy
3	1211	Oliver	Smith	Boy	05:15	Helm Hill	3rd Boy
4	1165	Jack	Dixon	Boy	05:20	Ambleside	
5	1145	Alfie	Addison	Boy	05:28	Helm Hill	
6	1135	Jamie	Waller	Boy	05:32		
7	1031	Caius	Pennington	Boy	05:32	Howgill Harriers	
8	1005	Richard	Goode-Smith	Boy	05:33	Ambleside	
9	1027	Tom	Ashworth	Boy	05:35	Ambleside	
10	1143	Matti	Ligema	Boy	05:36	Ambleside	
11	1210	Ben	Almond	Boy	05:44	Ambleside	
12	1156	Freddie	Dixon	Boy	05:45	Ambleside	
13	1127	Arran	Revill	Boy	05:46	Helm Hill	
14	1148	Jack	Sanderson	Boy	05:47	Settle	
15	1199	Oliver	Ball	Boy	05:49	Lancaster & Morecambe	
16	1044	Alfie	Todd	Boy	05:54		
17	1217	Oliver	Oldham	Boy	05:57	Hoad Hill Harriers	
18	1057	Toby	Acland	Boy	06:00	Helm Hill	
19	1069	Blake	Fleming	Boy	06:00	Hoad Hill Harriers	
20	1004	Luke	Campbell	Boy	06:01	Ambleside	
21	1115	Samuel	Jackson	Boy	06:02	Helm Hill	
22	1123	Isaac	Robinson	Boy	06:03	Howgill Harriers	
23	1116	Euan	Wells	Boy	06:04	Howgill Harriers	
24	1184	Joseff	Tancrel	Boy	06:05		
25	1022	Jamie	Graham	Boy	06:06	Ambleside	
26	1078	Toby	Harper	Boy	06:12	Ambleside	
27	1099	Charlie	Clayton	Boy	06:15	Helm Hill	
28	1032	Aaron	Smith	Boy	06:16	Howgill Harriers	
29	1103	Joel	Saunders	Boy	06:19	Helm Hill	
30	1153	Finlay	Aitken	Boy	06:22	Helm Hill	
31	1111	Jude	Evans	Boy	06:23	Ambleside	
32	1128	Matthew	Gornall	Boy	06:28	Ambleside	
33	1114	Will	Brayshaw	Boy	06:36	Helm Hill	
34	1206	Zeke	Sumner	Boy	06:41	Ambleside	
35	1095	Thomas	Hearn	Boy	06:50	Helm Hill	
36	1200	Harry	Ball	Boy	06:51	Lancaster & Morecambe	
37	1215	John	Williamson	Boy	06:57	Leven Valley	
38	1086	Felix	Cooper	Boy	07:01	Hoadhill harriers	
39	1041	Oliver	Willoughby	Boy	07:01	Helm Hill	
40	1221	Jack	Moon	Boy	07:02	Helm Hill	
41	1172	Arran	Goodall	Boy	07:06		
42	1168	Broadie	Revill	Boy	07:12	Helm Hill	
43	1024	Rory	Knowles	Boy	07:16	Ambleside	
44	1125	Theo	Robinson	Boy	07:20	Howgill Harriers	
45	1196	William	Hargreaves	Boy	07:39	Ambleside	

UNDER 13 GIRLS

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	1035	Sarah	Smith	Girl	05:25	Helm Hill	1st Girl
2	1020	Jessica	Edmondson	Girl	06:07	Ambleside	2nd Girl
3	1014	Martha	Rigby	Girl	06:17	Settle	3rd Girl
4	1093	Charlotte	Peart	Girl	06:21	Settle	
5	1077	Vicky	Woof	Girl	06:21	Howgill Harriers	
6	1214	Eve	Haiden	Girl	06:26	Helm Hill	
7	1118	Connie-May	Scott	Girl	06:44	Kendal	
8	1117	Lucy	Bagot	Girl	06:46	Settle	
9	1092	Madeleine	Martindale	Girl	06:49		
10	1012	Emily	Peart	Girl	06:51	Lancaster & Morecambe	
11	1021	Ruby	Duxbury	Girl	06:56	Ambleside	
12	1195	Alaana	Coates	Girl	07:02	Ambleside	
13	1183	Daisy	Lees	Girl	07:09	Ambleside	
14	1218	Jasmine	Bottomley	Girl	07:10	Helm Hill	
15	1105	Sophie	Goodall	Girl	07:18		
16	1146	Ella	Stamp	Girl	07:19	Dallam	
17	1016	Cate	Matthew	Girl	07:21		
18	1216	Ellie	Todhunter	Girl	07:22		
19	1109	Poppy	Scott	Girl	07:33		
20	1144	Lauren	Evans	Girl	07:37	Settle	
21	1094	Sophie	Hearn	Girl	07:40		
22	1124	Tess	Evans	Girl	07:41	Ambleside	
23	1071	Hannah	Dyer	Girl	07:54	Helm Hill	
24	1219	Florrie	Haddow	Girl	08:01	Leven Valley	
25	1070	Seren	Green	Girl	08:08	Ambleside	
26	1055	Megan	Harris	Girl	08:11	Helm Hill	
27	1065	Eleanor	King	Girl	08:12	Helm Hill	
28	1096	Alicia	Crawford	Girl	08:14	Helm Hill	
29	1220	Evie	Corkill	Girl	11:13	Leven Valley	