



Supported By
Different Strokes
and
Pete Bland Sports



Sallows - Results 20 February 2022

Senior Race

Position	First Name	Surname	Cat	Time	Club	Comments
1	Simon	Bailey	MV40	41:55	Staffordshire Moorlands	1st Man/1st MV40
2	Harry	Cooling	Man	42:34	Howgill Harriers	2nd Man
3	Jack	Ravenscroft	Man	43:17		3rd Man
4	Philip	Rutter	Man	43:21	Helm Hill	
5	Hannah	Russell	Lady	43:33	Helm Hill	1st Lady
6	Mark	Mcgoldrick	MV40	44:02	Wharfedale Harriers	
7	Sam	Burnstone	Man	44:29	Helm Hill	
8	David	Cope	Man	45:24	Howgill Harriers	
9	Brian	Pennington	MV40	46:15	Howgill Harriers	
10	Javier	Simon	MV40	46:24	Helm hill	
11	Paul	Reilly	MV40	46:33	Kenyan National Team	
12	Joe	Todd	MV40	47:13	Kendal AAC	
13	Andy	F	Man	47:27		
14	Phil	Mather	Man	47:31	Lonsdale Fell Runners	
15	Rod	Scott	MV40	47:40	Helm Hill Runners	
16	Ross	Bibby	Man	47:43	Helm Hill	
17	Ben	Oldham	MV40	47:45	Leven Valley AC	
18	Jethro	Whitfield	MV40	48:12	Wharfedale harriers	
19	Jack	Simpson	Man	48:15	Helm Hill	
20	William	Laye	Man	48:23	Helm Hill	
21	James	Baron	MV50	48:35	Helm Hill	1st MV50
22	Sharon	Taylor	LV40	48:39	Helm Hill Runners	2nd Lady/1st LV40
23	Padraig	Spillane	Man	49:31		
24	Mike	Holcroft	Man	50:00	Helm Hill	
25	Harvey	Lord	MV40	50:03	Black Combe	
26	David	Fort	MV40	50:48	Clayton-Le-Moors Harriers	
27	Ronnie	Haddow	MV50	50:54	Furness Fell Runners	
28	Andrew	Hebson	MV40	51:00	Helm Hill	
29	David	Kyriacou	Man	51:02	Leven Valley AC	
30	Darren	Fishwick	MV50	51:06	Chorley	
31	Andrew	Douglas	MV40	51:10	Helm Hill	
32	David	Goadby	Man	51:29	Helm Hill	
33	Ross	Butler	MV40	51:44	Keswick AC	
34	Tim	Pickering	Man	51:55	Helm Hill	
35	Adam	Oliver	MV40	52:19	Helm Hill	
36	Ian	Harrington	MV40	52:25	Helm Hill	
37	Justin	Tancrel	MV40	52:47	Helm Hill	
38	Will	Hall	Man	52:54	North Leeds Fell Runners	
39	Seren	Darrell	Man	53:00	Helm Hill	
40	Jos	Addison	Man	53:08	Helm Hill	
41	Peter	Lawson	Man	53:26	Howgill Harriers	
42	Tim	Lofthouse	MV50	53:44		
43	Bianca	Dyer	LV40	53:52	Helm Hill	3rd Lady
44	Will	Hall	MU21	54:07	KCAC	1st MU21

45	Adam	Scott	MU21	54:10	Helm Hill Runners	
46	Ray	Gill	MV60	54:33	Helm Hill Runners	1st MV60
47	Luke	Appleyard	MV40	54:44	Wharfedale	
48	Sharon	Dixon	LV50	55:01	Glaxo Hoad Hill Harriers	1st LV50
49	Aashish	Lamchane	Man	55:03		
50	Antony	Scott	MV50	56:01	Watercrock Warriors	
51	Anthony	Emmet	MV40	56:06	Helm Hill	
52	Sean	Robinson	MV40	56:14	Howgill Harriers	
53	James	Todhunter	MV40	56:21	Helm Hill	
54	John	Bagge	MV60	57:06	Helm Hill	
55	Alice	Rea	Lady	58:18	Helm Hill	
56	Graham	Beaumont	MV60	58:34	Dallam	
57	Leah	Albion	Lady	59:05	Broughton Runners	
58	Sarah	Gerrish	Lady	59:10	Helm Hill	
59	Emma	Kearsey	Lady	59:13	Helm Hill Runners	
60	Steve	King	MV50	59:39	Helm Hill Runners	
61	Emma	Shawcross	LV40	59:51		
62	Steve	Wathall	MV60	1:00:10	Black Combe Runners	
63	Brian	Thompson	MV60	1:00:20	Helm Hill Runners	
64	Graham	Jordan	MV40	1:00:28	Middleton Harriers	
65	Alistair	Shawcross	MV40	1:00:32	Dallam	
66	Andy	Bennett	MV50	1:00:47	Helm Hill	
67	Caroline	Holden	LV50	1:01:07	Helm Hill	
68	Andy	Holden	MV50	1:01:22	Achille Ratti CC	
69	Dicky	Wilkinson	MV60	1:02:41	Dark Peak	
70	Tim	Roe	MV40	1:03:05	Helm Hill Runners	
71	Stefan	Bradley	MV40	1:03:50		
72	Oliver	Potts	MU21	1:03:53		
73	Dylan	Kenny	MU21	1:04:20		
74	David	Hunter	MV50	1:04:41	Helm Hill	
75	Peter	Ellwood	MV50	1:05:03	Settle Harriers	
76	Kit (Mary)	Saunders	LV40	1:05:08	Helm Hill	
77	Jonathan	Tombs	MV50	1:05:51	Eden Runners	
78	Rebecca	Cook	Lady	1:06:28	Furness Fell Runners	
79	Mike	Falgate	MV60	1:06:52		
80	John	Orrell	MV50	1:07:18	Blackburn Harriers	
81	Jim	Fisher	MV60	1:07:22	Howgill Harriers	
82	Liz	Whitfield	LV40	1:07:34	Helm Hill Runners	
83	Kate	Brayshaw	LV40	1:07:53	Helm Hill	
84	Andy	Ward	MV40	1:07:56	Settle Harriers	
85	Vicky	Atkinson	LV40	1:09:16	Helm Hill	
86	May	Crawford	LV40	1:09:39	Helm Hill	
87	Vicky	Kirkwood	LV50	1:10:09	Dallam	
88	Wendy	Dodds	LV70	1:11:04	Dallam Running Club	1st LV70
89	Esther	Lambert	Lady	1:11:06	Helm Hill	
90	Sarah	Senior	LV50	1:12:58	Helm Hill	
91	Denise	Tunstall	LV50	1:13:13	Durham Fell Runners	
92	Lynn	Whittaker	LV60	1:20:33	Wharfedale Harriers	1st LV60
93	Benji	Grundy	MU21	1:20:44	Wharfedale Harriers	
94	Iain	Crossley	MV60	1:21:14	Settle Harriers	
95	Janine	Jordan	LV40	1:27:10	Middleton Harriers	
96	Sonja	Vietoris	LV60	1:27:20	Dallam Running Club	
97	Katharine	Shrine	LV40	1:27:53		
98	Jill	Gates	LV60	1:27:59	Settle Harriers	
99	Rebecca	Bibby	Lady	1:28:39	Helm Hill	
100	Trevor	Metcalfe	MV70	1:29:29	Wharfedale Harriers	1st MV70
101	Patty	Davies	LV50	1:32:22	Helm Hill	

Under 17 Race

Position	First Name	Surname	Cat	Time	Club	Comments
1	Oliver	Oldham	Boy	21:49	Leven Valley AC	1st Boy
2	Oliver	Bailey	Boy	22:08	Staffordshire Moorlands	2nd Boy
3	Logan	Mccredie	Boy	22:41	Barlick Fell Runners	3rd Boy
4	Olivia	Aldham	Girl	24:21	Wharfedale Harriers	1st Girl
5	Edward	Jermy	Boy	25:16		
6	Sarah	Smith	Girl	25:25	Helm Hill	2nd Girl
7	Connie-Ma	Scott	Girl	31:56	Helm Hill Runners	3rd Girl

Under 15 Race

Position	First Name	Surname	Cat	Time	Club	Comments
1	Jack	Sanderson	Boy	10:28	Settle Harriers	1st Boy
2	Alfie	Addison	Boy	10:55	Helm Hill	2nd Boy
3	Josh	Todd	Boy	11:43	Ambleside AC	3rd Boy
4	Joseff	Tancrel	Boy	11:53	Helm Hill	
5	John	Williamson	Boy	12:00	Leven Valley AC	
6	Edison	Marsden	Boy	12:08	Bury	
7	Will	Brayshaw	Boy	12:17	Helm Hill	
8	Millie	Jebb	Girl	12:22	Helm Hill Runners	1st Girl
9	Alfie	Todd	Boy	12:37	Ambleside AC	
10	Harvey	Shaw	Boy	12:42	Ambleside AC	
11	Joe	Hilborne	Boy	12:43		
12	Toby	Acland	Boy	12:45	Helm Hill	
13	Isla	Pearman	Girl	13:02	Helm Hill	2nd Girl
14	Alex	Speight	Boy	13:04	Kendal AAC	
15	Lucy	Bagot	Girl	13:23	Settle	3rd Girl
16	Fraser	Dunn	Boy	13:28	Helm Hill Runners	
17	Cara	Bradley	Girl	13:32	Ambleside AC	
18	Ben	Todhunter	Boy	13:49	Dallam	
19	Lily-Grace	Clayton	Girl	14:49	Wharfedale Harriers	
20	Ellie	Todhunter	Girl	15:16	Dallam	
21	Bridget	Atkinson	Girl	15:18	Howgill	
22	Hannah	Dyer	Girl	15:35	Helm Hill	
23	Emily	Macpherson	Girl	16:09	Bowland FR	
24	Eleanor	King	Girl	16:25	Helm Hill Runners	

Under 13 Race

Position	First Name	Surname	Cat	Time	Club	Comments
1	Riley	Scott	Boy	09:33	Leven Valley	1st Boy
2	Sam	Oldham	Boy	09:45	Leven Valley AC	2nd Boy
3	Oscar	Timbers	Boy	10:00	Keighley & Craven	3rd Boy
4	Isla	Jebb	Girl	10:01	Helm Hill Runners	1st Girl
5	Magnus	Foxwell	Boy	10:06	Ambleside	
6	Joseph	Green	Boy	10:13	Ambleside AC	
7	Arran	Goodall	Boy	10:35	Dallam	
8	Bella	Mccredie	Girl	10:36	Clayton-le-Moor Harriers	2nd Girl
9	Demitri	Kyriacou	Boy	10:43	Leven Valley AC	
10	Ewan	Angus	Boy	10:53	Settle Harriers	
11	Carl	Sanderson	Boy	10:55	Settle Harriers	
12	Rowan	Bradley	Boy	11:07	Ambleside AC	
13	Oliver	Scott	Boy	11:09	Leven Valley	
14	Francesca	Bagot	Girl	11:12	Settle	3rd Girl
15	Fay	Thomas	Girl	11:13	Helm Hill	
16	Ghyll	Baker	Boy	11:14	Helm Hill Runners	
17	Mia	Mcgoldrick	Girl	11:21	Settle Harriers	
18	Holly	Nicholls	Girl	11:23	Wigan & District Harriers	
19	Rosie	Speight	Girl	12:15		
20	Ethan	Ward	Boy	12:32	Settle Harriers	
21	Lua	Swami	Girl	12:49	Helm Hill	
22	Joss	Wood	Boy	12:54	Helm Hill	
23	Isla	Douglas	Girl	13:08	Helm Hill	
24	Freddie	Crawford	Boy	13:30	Helm Hill	
25	Eva	Roe	Girl	14:39	Helm Hill Runners	

Under 11 Race

Position	First Name	Surname	Cat	Time	Club	Comments
1	Harri	Tancrel	Boy	09:47	Helm Hill	1st Boy
2	Noah	Cook	Boy	09:48	Furness Fell Runners	2nd Boy
3	Jos	Jebb	Boy	10:02	Helm Hill Runners	3rd Boy
4	Dallas	Machell	Boy	10:37	Ambleside	
5	Bleu	Bailey	Girl	10:58	Staffordshire Moorlands	1st Girl
6	Charlie	Butler	Boy	11:28	Keswick AC	
7	Kit	Evans	Boy	11:37	Ambleside AC	
8	Maisie	Todhunter	Girl	12:47	Dallam	2nd Girl
9	Freya	Hodgson-Jon	Girl	12:48	Ambleside AC	3rd Girl
10	Lucy	Ward	Girl	12:52	Settle Harriers	
11	Euan	Goodall	Boy	12:55	Dallam	
12	Kitty	Metcalfe	Girl	13:01		
13	Stanley	Evans	Boy	13:11	Settle Harriers	
14	Lana	Fosker	Girl	13:46		
15	Tess	Reedy	Girl	14:10	Ambleside AC	
16	Amelie	Angus	Girl	15:01	Settle Harriers	
17	Evie	Lofthouse	Girl	18:32		
18	Evie	Capstick	Girl	19:43	Helm Hill	

Sallows 2022 Category Results

ALL SENIOR MEN

Position	First Name	Surname	Cat	Time	Club	Comments
1	Simon	Bailey	MV40	41:55	Staffordshire Moorlands	1st Man/1st MV40
2	Harry	Cooling	Man	42:34	Howgill Harriers	2nd Man
3	Jack	Ravenscroft	Man	43:17		3rd Man
4	Philip	Rutter	Man	43:21	Helm Hill	
5	Mark	Mcgoldrick	MV40	44:02	Wharfedale Harriers	
6	Sam	Burnstone	Man	44:29	Helm Hill	
7	David	Cope	Man	45:24	Howgill Harriers	
8	Brian	Pennington	MV40	46:15	Howgill Harriers	
9	Javier	Simon	MV40	46:24	Helm hill	
10	Paul	Reilly	MV40	46:33	Kenyan National Team	
11	Joe	Todd	MV40	47:13	Kendal AAC	
12	Andy	F	Man	47:27		
13	Phil	Mather	Man	47:31	Lonsdale Fell Runners	
14	Rod	Scott	MV40	47:40	Helm Hill Runners	
15	Ross	Bibby	Man	47:43	Helm Hill	
16	Ben	Oldham	MV40	47:45	Leven Valley AC	
17	Jethro	Whitfield	MV40	48:12	Wharfedale harriers	
18	Jack	Simpson	Man	48:15	Helm Hill	
19	William	Laye	Man	48:23	Helm Hill	
20	James	Baron	MV50	48:35	Helm Hill	1st MV50
21	Padraig	Spillane	Man	49:31		
22	Mike	Holcroft	Man	50:00	Helm Hill	
23	Harvey	Lord	MV40	50:03	Black Combe	
24	David	Fort	MV40	50:48	Clayton-Le-Moors Harriers	
25	Ronnie	Haddow	MV50	50:54	Furness Fell Runners	
26	Andrew	Hebson	MV40	51:00	Helm Hill	
27	David	Kyriacou	Man	51:02	Leven Valley AC	
28	Darren	Fishwick	MV50	51:06	Chorley	
29	Andrew	Douglas	MV40	51:10	Helm Hill	
30	David	Goadby	Man	51:29	Helm Hill	
31	Ross	Butler	MV40	51:44	Keswick AC	
32	Tim	Pickering	Man	51:55	Helm Hill	
33	Adam	Oliver	MV40	52:19	Helm Hill	
34	Ian	Harrington	MV40	52:25	Helm Hill	
35	Justin	Tancrel	MV40	52:47	Helm Hill	
36	Will	Hall	Man	52:54	North Leeds Fell Runners	
37	Seren	Darrell	Man	53:00	Helm Hill	
38	Jos	Addison	Man	53:08	Helm Hill	
39	Peter	Lawson	Man	53:26	Howgill Harriers	
40	Tim	Lofthouse	MV50	53:44		
41	Will	Hall	MU21	54:07	KCAC	1st MU21
42	Adam	Scott	MU21	54:10	Helm Hill Runners	
43	Ray	Gill	MV60	54:33	Helm Hill Runners	1st MV60
44	Luke	Appleyard	MV40	54:44	Wharfedale	
45	Aashish	Lamchane	Man	55:03		
46	Antony	Scott	MV50	56:01	Watercrock Warriors	
47	Anthony	Emmet	MV40	56:06	Helm Hill	
48	Sean	Robinson	MV40	56:14	Howgill Harriers	
49	James	Todhunter	MV40	56:21	Helm Hill	
50	John	Bagge	MV60	57:06	Helm Hill	
51	Graham	Beaumont	MV60	58:34	Dallam	
52	Steve	King	MV50	59:39	Helm Hill Runners	
53	Steve	Wathall	MV60	1:00:10	Black Combe Runners	

54	Brian	Thompson	MV60	1:00:20	Helm Hill Runners	
55	Graham	Jordan	MV40	1:00:28	Middleton Harriers	
56	Alistair	Shawcross	MV40	1:00:32	Dallam	
57	Andy	Bennett	MV50	1:00:47	Helm Hill	
58	Andy	Holden	MV50	1:01:22	Achille Ratti CC	
59	Dicky	Wilkinson	MV60	1:02:41	Dark Peak	
60	Tim	Roe	MV40	1:03:05	Helm Hill Runners	
61	Stefan	Bradley	MV40	1:03:50		
62	Oliver	Potts	MU21	1:03:53		
63	Dylan	Kenny	MU21	1:04:20		
64	David	Hunter	MV50	1:04:41	Helm Hill	
65	Peter	Ellwood	MV50	1:05:03	Settle Harriers	
66	Jonathan	Tombs	MV50	1:05:51	Eden Runners	
67	Mike	Falgate	MV60	1:06:52		
68	John	Orrell	MV50	1:07:18	Blackburn Harriers	
69	Jim	Fisher	MV60	1:07:22	Howgill Harriers	
70	Andy	Ward	MV40	1:07:56	Settle Harriers	
71	Benji	Grundy	MU21	1:20:44	Wharfedale Harriers	
72	Iain	Crossley	MV60	1:21:14	Settle Harriers	
73	Trevor	Metcalfe	MV70	1:29:29	Wharfedale Harriers	1st MV70

MEN

Position	First Name	Surname	Cat	Time	Club	Comments
1	Harry	Cooling	Man	42:34	Howgill Harriers	2nd Man
2	Jack	Ravenscroft	Man	43:17		3rd Man
3	Philip	Rutter	Man	43:21	Helm Hill	
4	Sam	Burnstone	Man	44:29	Helm Hill	
5	David	Cope	Man	45:24	Howgill Harriers	
6	Andy	F	Man	47:27		
7	Phil	Mather	Man	47:31	Lonsdale Fell Runners	
8	Ross	Bibby	Man	47:43	Helm Hill	
9	Jack	Simpson	Man	48:15	Helm Hill	
10	William	Laye	Man	48:23	Helm Hill	
11	Padraig	Spillane	Man	49:31		
12	Mike	Holcroft	Man	50:00	Helm Hill	
13	David	Kyriacou	Man	51:02	Leven Valley AC	
14	David	Goadby	Man	51:29	Helm Hill	
15	Tim	Pickering	Man	51:55	Helm Hill	
16	Will	Hall	Man	52:54	North Leeds Fell Runners	
17	Seren	Darrell	Man	53:00	Helm Hill	
18	Jos	Addison	Man	53:08	Helm Hill	
19	Peter	Lawson	Man	53:26	Howgill Harriers	
20	Will	Hall	MU21	54:07	KCAC	1st MU21
21	Adam	Scott	MU21	54:10	Helm Hill Runners	
22	Aashish	Lamchane	Man	55:03		
23	Oliver	Potts	MU21	1:03:53		
24	Dylan	Kenny	MU21	1:04:20		
25	Benji	Grundy	MU21	1:20:44	Wharfedale Harriers	

MEN UNDER 21

Position	First Name	Surname	Cat	Time	Club	Comments
1	Will	Hall	MU21	54:07	KCAC	1st MU21
2	Adam	Scott	MU21	54:10	Helm Hill Runners	
3	Oliver	Potts	MU21	1:03:53		
4	Dylan	Kenny	MU21	1:04:20		
5	Benji	Grundy	MU21	1:20:44	Wharfedale Harriers	

MEN - VET 40

Position	First Name	Surname	Cat	Time	Club	Comments
1	Simon	Bailey	MV40	41:55	Staffordshire Moorlands	1st Man/1st MV40
2	Mark	Mcgoldrick	MV40	44:02	Wharfedale Harriers	
3	Brian	Pennington	MV40	46:15	Howgill Harriers	
4	Javier	Simon	MV40	46:24	Helm hill	
5	Paul	Reilly	MV40	46:33	Kenyan National Team	
6	Joe	Todd	MV40	47:13	Kendal AAC	
7	Rod	Scott	MV40	47:40	Helm Hill Runners	
8	Ben	Oldham	MV40	47:45	Leven Valley AC	
9	Jethro	Whitfield	MV40	48:12	Wharfedale harriers	
10	Harvey	Lord	MV40	50:03	Black Combe	
11	David	Fort	MV40	50:48	Clayton-Le-Moors Harriers	
12	Andrew	Hebson	MV40	51:00	Helm Hill	
13	Andrew	Douglas	MV40	51:10	Helm Hill	
14	Ross	Butler	MV40	51:44	Keswick AC	
15	Adam	Oliver	MV40	52:19	Helm Hill	
16	Ian	Harrington	MV40	52:25	Helm Hill	
17	Justin	Tancred	MV40	52:47	Helm Hill	
18	Luke	Appleyard	MV40	54:44	Wharfedale	
19	Anthony	Emmet	MV40	56:06	Helm Hill	
20	Sean	Robinson	MV40	56:14	Howgill Harriers	
21	James	Todhunter	MV40	56:21	Helm Hill	
22	Graham	Jordan	MV40	1:00:28	Middleton Harriers	
23	Alistair	Shawcross	MV40	1:00:32	Dallam	
24	Tim	Roe	MV40	1:03:05	Helm Hill Runners	
25	Stefan	Bradley	MV40	1:03:50		
26	Andy	Ward	MV40	1:07:56	Settle Harriers	

MEN - VET 50

Position	First Name	Surname	Cat	Time	Club	Comments
1	James	Baron	MV50	48:35	Helm Hill	1st MV50
2	Ronnie	Haddow	MV50	50:54	Furness Fell Runners	
3	Darren	Fishwick	MV50	51:06	Chorley	
4	Tim	Lofthouse	MV50	53:44		
5	Antony	Scott	MV50	56:01	Watercrock Warriors	
6	Steve	King	MV50	59:39	Helm Hill Runners	
7	Andy	Bennett	MV50	1:00:47	Helm Hill	
8	Andy	Holden	MV50	1:01:22	Achille Ratti CC	
9	David	Hunter	MV50	1:04:41	Helm Hill	
10	Peter	Ellwood	MV50	1:05:03	Settle Harriers	
11	Jonathan	Tombs	MV50	1:05:51	Eden Runners	
12	John	Orrell	MV50	1:07:18	Blackburn Harriers	

MEN - VET 60

Position	First Name	Surname	Cat	Time	Club	Comments
1	Ray	Gill	MV60	54:33	Helm Hill Runners	1st MV60
2	John	Bagge	MV60	57:06	Helm Hill	
3	Graham	Beaumont	MV60	58:34	Dallam	
4	Steve	Wathall	MV60	1:00:10	Black Combe Runners	
5	Brian	Thompson	MV60	1:00:20	Helm Hill Runners	
6	Dicky	Wilkinson	MV60	1:02:41	Dark Peak	
7	Mike	Falgate	MV60	1:06:52		
8	Jim	Fisher	MV60	1:07:22	Howgill Harriers	
9	Iain	Crossley	MV60	1:21:14	Settle Harriers	

MEN - VET 70

Position	First Name	Surname	Cat	Time	Club	Comments
1	Trevor	Metcalfe	MV70	1:29:29	Wharfedale Harriers	1st MV70

ALL SENIOR LADIES

Position	First Name	Surname	Cat	Time	Club	Comments
1	Hannah	Russell	Lady	43:33	Helm Hill	1st Lady
2	Sharon	Taylor	LV40	48:39	Helm Hill Runners	2nd Lady/1st LV40
3	Bianca	Dyer	LV40	53:52	Helm Hill	3rd Lady
4	Sharon	Dixon	LV50	55:01	Glaxo Hoad Hill Harriers	1st LV50
5	Alice	Rea	Lady	58:18	Helm Hill	
6	Leah	Albion	Lady	59:05	Broughton Runners	
7	Sarah	Gerrish	Lady	59:10	Helm Hill	
8	Emma	Kearsey	Lady	59:13	Helm Hill Runners	
9	Emma	Shawcross	LV40	59:51		
10	Caroline	Holden	LV50	1:01:07	Helm Hill	
11	Kit (Mary)	Saunders	LV40	1:05:08	Helm Hill	
12	Rebecca	Cook	Lady	1:06:28	Furness Fell Runners	
13	Liz	Whitfield	LV40	1:07:34	Helm Hill Runners	
14	Kate	Brayshaw	LV40	1:07:53	Helm Hill	
15	Vicky	Atkinson	LV40	1:09:16	Helm Hill	
16	May	Crawford	LV40	1:09:39	Helm Hill	
17	Vicky	Kirkwood	LV50	1:10:09	Dallam	
18	Wendy	Dodds	LV70	1:11:04	Dallam Running Club	1st LV70
19	Esther	Lambert	Lady	1:11:06	Helm Hill	
20	Sarah	Senior	LV50	1:12:58	Helm Hill	
21	Denise	Tunstall	LV50	1:13:13	Durham Fell Runners	
22	Lynn	Whittaker	LV60	1:20:33	Wharfedale Harriers	1st LV60
23	Janine	Jordan	LV40	1:27:10	Middleton Harriers	
24	Sonja	Vietoris	LV60	1:27:20	Dallam Running Club	
25	Katharine	Shrine	LV40	1:27:53		
26	Jill	Gates	LV60	1:27:59	Settle Harriers	
27	Rebecca	Bibby	Lady	1:28:39	Helm Hill	
28	Patty	Davies	LV50	1:32:22	Helm Hill	

LADIES

Position	First Name	Surname	Cat	Time	Club	Comments
1	Hannah	Russell	Lady	43:33	Helm Hill	1st Lady
2	Alice	Rea	Lady	58:18	Helm Hill	
3	Leah	Albion	Lady	59:05	Broughton Runners	
4	Sarah	Gerrish	Lady	59:10	Helm Hill	
5	Emma	Kearsey	Lady	59:13	Helm Hill Runners	
6	Rebecca	Cook	Lady	1:06:28	Furness Fell Runners	
7	Esther	Lambert	Lady	1:11:06	Helm Hill	
8	Rebecca	Bibby	Lady	1:28:39	Helm Hill	

LADIES UNDER 21						
Position	First Name	Surname	Cat	Time	Club	Comments

Position	First Name	Surname	Cat	Time	Club	Comments
----------	------------	---------	-----	------	------	----------

NO LADIES UNDER 21 ENTERED

LADIES - VET 40

Position	First Name	Surname	Cat	Time	Club	Comments
1	Sharon	Taylor	LV40	48:39	Helm Hill Runners	2nd Lady/1st LV40
2	Bianca	Dyer	LV40	53:52	Helm Hill	3rd Lady
3	Emma	Shawcross	LV40	59:51		
4	Kit (Mary)	Saunders	LV40	1:05:08	Helm Hill	
5	Liz	Whitfield	LV40	1:07:34	Helm Hill Runners	
6	Kate	Brayshaw	LV40	1:07:53	Helm Hill	
7	Vicky	Atkinson	LV40	1:09:16	Helm Hill	
8	May	Crawford	LV40	1:09:39	Helm Hill	
9	Janine	Jordan	LV40	1:27:10	Middleton Harriers	
10	Katharine	Shrine	LV40	1:27:53		

LADIES - VET 50

Position	First Name	Surname	Cat	Time	Club	Comments
1	Sharon	Dixon	LV50	55:01	Glaxo Hoad Hill Harriers	1st LV50
2	Caroline	Holden	LV50	1:01:07	Helm Hill	
3	Vicky	Kirkwood	LV50	1:10:09	Dallam	
4	Sarah	Senior	LV50	1:12:58	Helm Hill	
5	Denise	Tunstall	LV50	1:13:13	Durham Fell Runners	
6	Patty	Davies	LV50	1:32:22	Helm Hill	

LADIES - VET 60

Position	First Name	Surname	Cat	Time	Club	Comments
1	Lynn	Whittaker	LV60	1:20:33	Wharfedale Harriers	1st LV60
2	Sonja	Vietoris	LV60	1:27:20	Dallam Running Club	
3	Jill	Gates	LV60	1:27:59	Settle Harriers	

LADIES - VET 70

Position	First Name	Surname	Cat	Time	Club	Comments
1	Wendy	Dodds	LV70	1:11:04	Dallam Running Club	1st LV70

UNDER 17 BOYS

Position	First Name	Surname	Cat	Time	Club	Comments
1	Oliver	Oldham	Boy	21:49	Leven Valley AC	1st Boy
2	Oliver	Bailey	Boy	22:08	Staffordshire Moorlands	2nd Boy
3	Logan	Mccredie	Boy	22:41	Barlick Fell Runners	3rd Boy
4	Edward	Jermy	Boy	25:16		

UNDER 17 GIRLS

Position	First Name	Surname	Cat	Time	Club	Comments
1	Olivia	Aldham	Girl	24:21	Wharfedale Harriers	1st Girl
2	Sarah	Smith	Girl	25:25	Helm Hill	2nd Girl
3	Connie-Ma	Scott	Girl	31:56	Helm Hill Runners	3rd Girl

UNDER 15 BOYS

Position	First Name	Surname	Cat	Time	Club	Comments
1	Jack	Sanderson	Boy	10:28	Settle Harriers	1st Boy
2	Alfie	Addison	Boy	10:55	Helm Hill	2nd Boy
3	Josh	Todd	Boy	11:43	Ambleside AC	3rd Boy
4	Joseff	Tancrel	Boy	11:53	Helm Hill	
5	John	Williamson	Boy	12:00	Leven Valley AC	
6	Edison	Marsden	Boy	12:08	Bury	
7	Will	Brayshaw	Boy	12:17	Helm Hill	
8	Alfie	Todd	Boy	12:37	Ambleside AC	
9	Harvey	Shaw	Boy	12:42	Ambleside AC	
10	Joe	Hilborne	Boy	12:43		
11	Toby	Acland	Boy	12:45	Helm Hill	
12	Alex	Speight	Boy	13:04	Kendal AAC	
13	Fraser	Dunn	Boy	13:28	Helm Hill Runners	
14	Ben	Todhunter	Boy	13:49	Dallam	

UNDER 15 GIRLS

Position	First Name	Surname	Cat	Time	Club	Comments
1	Millie	Jebb	Girl	12:22	Helm Hill Runners	1st Girl
2	Isla	Pearman	Girl	13:02	Helm Hill	2nd Girl
3	Lucy	Bagot	Girl	13:23	Settle	3rd Girl
4	Cara	Bradley	Girl	13:32	Ambleside AC	
5	Lily-Grace	Clayton	Girl	14:49	Wharfedale Harriers	
6	Ellie	Todhunter	Girl	15:16	Dallam	
7	Bridget	Atkinson	Girl	15:18	Howgill	
8	Hannah	Dyer	Girl	15:35	Helm Hill	
9	Emily	Macpherson	Girl	16:09	Bowland FR	
10	Eleanor	King	Girl	16:25	Helm Hill Runners	

UNDER 13 BOYS

Position	First Name	Surname	Cat	Time	Club	Comments
1	Riley	Scott	Boy	09:33	Leven Valley	1st Boy
2	Sam	Oldham	Boy	09:45	Leven Valley AC	2nd Boy
3	Oscar	Timbers	Boy	10:00	Keighley & Craven	3rd Boy
4	Magnus	Foxwell	Boy	10:06	Ambleside	
5	Joseph	Green	Boy	10:13	Ambleside AC	
6	Arran	Goodall	Boy	10:35	Dallam	
7	Demitri	Kyriacou	Boy	10:43	Leven Valley AC	
8	Ewan	Angus	Boy	10:53	Settle Harriers	
9	Carl	Sanderson	Boy	10:55	Settle Harriers	
10	Rowan	Bradley	Boy	11:07	Ambleside AC	
11	Oliver	Scott	Boy	11:09	Leven Valley	
12	Ghyll	Baker	Boy	11:14	Helm Hill Runners	
13	Ethan	Ward	Boy	12:32	Settle Harriers	
14	Joss	Wood	Boy	12:54	Helm Hill	
15	Freddie	Crawford	Boy	13:30	Helm Hill	

UNDER 13 GIRLS

Position	First Name	Surname	Cat	Time	Club	Comments
1	Isla	Jebb	Girl	10:01	Helm Hill Runners	1st Girl
2	Bella	Mccredie	Girl	10:36	Clayton-le-Moor Harriers	2nd Girl
3	Francesca	Bagot	Girl	11:12	Settle	3rd Girl
4	Fay	Thomas	Girl	11:13	Helm Hill	
5	Mia	Mcgoldrick	Girl	11:21	Settle Harriers	
6	Holly	Nicholls	Girl	11:23	Wigan & District Harriers	
7	Rosie	Speight	Girl	12:15		
8	Lua	Swami	Girl	12:49	Helm Hill	
9	Isla	Douglas	Girl	13:08	Helm Hill	
10	Eva	Roe	Girl	14:39	Helm Hill Runners	

UNDER 11 BOYS

Position	First Name	Surname	Cat	Time	Club	Comments
1	Harri	Tancrel	Boy	09:47	Helm Hill	1st Boy
2	Noah	Cook	Boy	09:48	Furness Fell Runners	2nd Boy
3	Jos	Jebb	Boy	10:02	Helm Hill Runners	3rd Boy
4	Dallas	Machell	Boy	10:37	Ambleside	
5	Charlie	Butler	Boy	11:28	Keswick AC	
6	Kit	Evans	Boy	11:37	Ambleside AC	
7	Euan	Goodall	Boy	12:55	Dallam	
8	Stanley	Evans	Boy	13:11	Settle Harriers	

UNDER 11 GIRLS

Position	First Name	Surname	Cat	Time	Club	Comments
1	Bleu	Bailey	Girl	10:58	Staffordshire Moorlands	1st Girl
2	Maisie	Todhunter	Girl	12:47	Dallam	2nd Girl
3	Freya	Hodgson-Jon	Girl	12:48	Ambleside AC	3rd Girl
4	Lucy	Ward	Girl	12:52	Settle Harriers	
5	Kitty	Metcalfe	Girl	13:01		
6	Lana	Fosker	Girl	13:46		
7	Tess	Reedy	Girl	14:10	Ambleside AC	
8	Amelie	Angus	Girl	15:01	Settle Harriers	
9	Evie	Lofthouse	Girl	18:32		
10	Evie	Capstick	Girl	19:43	Helm Hill	