



HELM HILL WINTER LEAGUE 2023 - Barbondale



U11 GIRLS						
NUMBER		NAME	CAT	CLUB	TIME	POSITION
0611	Bleu	Bailey	u11G	Staffordshire Moorlands AC	0:07:30	1
0110	Jesse	Pease	u11G	Howgill Harriers	0:08:42	2
0167	Lucy	Ward	u11G	Settle Harriers	0:09:09	3
0864	Lola	Hodgson	u11G	Ambleside	0:09:40	4
0200	Silvia	Parsons	u11G	Helm Hill	0:09:49	5
0250	Lana	Fosker	u11G	Bowland Fell Runners	0:09:55	6
0219	Sophie	Wright	u11G	Settle Harriers	0:10:14	7
0218	Megan	Wright	u11G	Settle Harriers	0:10:26	8
0049	Elodie	Haslett	u11G	Helm Hill	0:11:17	9
0280	Flo	Evans	u11G	Settle Harriers	0:11:48	10
0956	Harriet	Coward	u11G	Ambleside	0:12:12	11
0815	Maia	Dacre	u11G	Helm Hill	0:12:34	12

U11 BOYS						
NUMBER		NAME	CAT	CLUB	TIME	POSITION
0323	Jos	Jebb	u11B	Helm Hill Runners	0:06:08	1
0639	Calum	McGoldrick	u11B	Settle Harriers	0:07:24	2
0498	Jonty	Brodie	u11B	Helm Hill	0:07:43	3
0267	Dallas	Machell	u11B	Ambleside	0:07:50	4
0771	Charlie	Potter	u11B	Helm Hill Runners	0:08:10	5
0530	Rhys	Price	u11B	Darlington Harriers	0:08:12	6
0269	James	McAleese	u11B	Ambleside AC	0:08:15	7
0279	Stanley	Evans	u11B	Settle Harriers	0:08:41	8
0369	Peter	Butler	u11B	Ambleside AC	0:08:48	9
0964	Zach	Harris	u11B	Howgill Harriers	0:09:04	10
0974	Philip	Bolland	u11B	Helm Hill	0:09:20	11
0641	Finlay	McGoldrick	u11B	Settle Harriers	0:09:31	12
0600	Stanley	Atkinson	u11B	Helm Hil	0:09:38	13
0869	Haris	Riaz	u11B	Sedbergh School	0:09:48	14
0068	Danny	Nunns	u11B	Helm Hill	0:09:53	15
0958	Kornel	Devlin	u11B		0:09:57	16
0813	ROWAN	Griffiths	u11B	Furness Fell Runners	0:10:12	17
0919	Lewis	Bell	u11B		0:11:02	18
0893	Jasper	Rose	u11B		0:12:51	19

U13 GIRLS						
NUMBER		NAME	CAT	CLUB	TIME	POSITION
0322	Isla	Jebb	u13G	Helm Hill Runners	0:05:59	1
0642	Mia	McGoldrick	u13G	Settle Harriers	0:07:15	2
0851	Lua	Swami	u13G	Helm	0:09:42	3
0826	Freya	Hodgson-Jones	u13G	Ambleside	0:09:47	4

U13 BOYS						
NUMBER		NAME	CAT	CLUB	TIME	POSITION
0442	Joseph	Green	u13B	Ambleside AC	0:06:29	1
0840	Dougal	Houston	u13B	Helm Hill	0:06:54	2
0668	HARRI	TANCREL	u13B	Helm Hill	0:06:57	3
0142	Ghyll	Baker	u13B	Helm Hill Runners	0:07:41	4
0742	Rowan	Bradley	u13B	Ambleside	0:08:19	5
0041	Lewis	Dalton	u13B	Helm Hill	0:08:24	6
0246	Herbie	Marston	u13B	Helm Hill	0:08:28	7
0270	F	D	u13B	Ambleside AC	0:09:37	8
0207	Joss	Wood	u13B	Helm hill	0:10:58	9
0723	Rhuari	Trott	u13B	unattached	0:14:01	10

U15 GIRLS						
NUMBER		NAME	CAT	CLUB	TIME	POSITION
0321	Millie	Jebb	u15G	Helm Hill Runners	00:11:01	1
0606	Cara	Bradley	u15G	Ambleside AC	00:11:44	2
0126	Isla	Pearman	u15G	Helm Hill	00:12:13	3
0507	Lily	Slater	u15G	Ambleside	00:12:20	4
0509	Isabelle	Jebb	u15G	Bingley	00:12:51	5
0682	Rosie	Scott	u15G	Ambleside	00:12:54	6
0384	Holly	Fitch	u15G	Wharfedale Harriers	00:14:14	7
0291	Lydia	Benson	u15G	Settle Harriers	00:15:11	8

U15 BOYS						
NUMBER		NAME	CAT	CLUB	TIME	POSITION
0538	Zeke	Sumner	u15B	Ambleside AC	00:09:39	1
0078	Sam	Oldham	u15B	Leven Valley AC	00:09:49	2
0667	JOSEFF	TANCREL	u15B	Helm Hill	00:10:01	3
0044	Fraser	Dunn	u15B	Helm Hill Runners	00:11:22	4
0376	Evan	Mulvany	u15B	Helm Hill	00:11:28	5
0345	Oscar	Timbers	u15B	Keighley and Craven	00:12:05	6
0468	Thomas	Iveson	u15B	Ambleside	00:12:12	7
0932	Tom	Ashworth	u15B	Ambleside AC	00:12:50	8
0026	Edward	Shawcross	u15B	Ambleside	00:12:58	9
0292	Carl	Sanderson	u15B	Settle Harriers	00:13:12	10
0225	Zach	Thomas	u15B	Helm Hill	00:13:24	11
0247	Stan	Marston	u15B	Helm Hill	00:13:50	12
0380	Henry	Murray	u15B	Levens Valley	00:15:49	13

U17 GIRLS						
NUMBER		NAME	CAT	CLUB	TIME	POSITION
0021	Olivia	Aldham	u17G	Wharfedale Harriers	00:20:25	1
0406	Katie	Sandham	u17G	Ambleside AC	00:20:49	2
0191	Ellen	Douglas	u17G	Leven valley ac	00:21:56	3
0056	Lily-Grace	Clayton	u17G	Wharfedale Harriers	00:25:45	4
0085	Emily	MacPherson-Littler	u17G	Bowland Fell Runners	00:26:36	5
0022	Iona	Barrowdale-Smith	u17G	Leven Valley AC	00:27:38	6

U17 BOYS						
NUMBER		NAME	CAT	CLUB	TIME	POSITION
0931	Rowan	Ashworth	u17B	Ambleside AC	00:15:34	1
0610	Oliver	Bailey	u17B	Staffordshire Moorlands AC	00:16:12	2
0087	Oliver	Oldham	u17B	Leven Valley AC	00:16:23	3
0057	Max	Hazlehurst	u17B	Leven Valley AC	00:17:40	4
0340	Alex	Speight	u17B	Helm Hill Runners	00:18:53	5
0817	Jahryn	MAY	u17B	HELM HILL	00:19:07	6
0585	Edward	Jermy	u17B	Howgill Harriers	00:19:28	7
0258	Robbie	Watmough	u17B	Settle harriers	00:19:37	8

U21 WOMEN						
NUMBER		NAME	CAT	CLUB	TIME	POSITION
0055	Vicky	Woof	FU21	Howgill Harriers	0:33:00	1

U21 MEN						
NUMBER		NAME	CAT	CLUB	TIME	POSITION
0086	Harry	Ewbank	MU21	Eden Runners	0:25:34	1
0438	Isaac	Robinson	MU21	Howgill Harriers	0:30:36	2
0050	Benji	Grundy	MU21	Wharfedale Harriers	0:36:30	3

OVERALL WOMEN						
NUMBER		NAME	CAT	CLUB	TIME	POSITION
0490	Connie	Hurton	FSEN	Eden Runners	0:27:03	1
0103	Bianca	Dyer	FV40	Helm Hill Runners	0:27:41	2
0147	Alice	Rea	FSEN	Helm Hill	0:28:02	3
0456	Lisa	Parker	FV40	Rossendale Harriers	0:30:01	4
0467	Ruth	Bell	FSEN	Helm Hill	0:30:06	5
0375	Emma	Kearsey	FSEN	Helm Hill Runners	0:30:31	6
0474	Lorna	Askew	FV50	Helm Hill	0:30:37	7
0613	Kirstin	Bailey	FV50	Staffordshire Moorlands AC	0:31:06	8
0148	Deborah	Gowans	FV50	Todmorden Harriers	0:32:09	9
0121	Alison	Eagle	FV60	Wharfedale Harriers	0:32:36	10
0055	Vicky	Woof	FU21	Howgill Harriers	0:33:00	11
0243	Jess	Bagnall	FV40	Settle Harriers	0:33:10	12
0047	Charlotte	Seward	FSEN		0:33:20	13
0030	Wendy	Dodds	FV70	Dallam Running Club	0:34:16	14
0721	Rachael	Mellor	FV50	Howgill Harriers	0:34:19	15
0156	Kirsten	Angus	FV40	Settle Harriers	0:34:46	16
0400	Esther	Lambert	FSEN	Helm Hill	0:36:24	17
0164	Lucy	Spain	FSEN	Helm Hill	0:36:40	18
0281	Beth	Evans	FSEN		0:37:11	19
0101	Hannah	Waterhouse	FSEN		0:37:36	20
0895	Andrena	Ball	FSEN		0:37:45	21
0015	Lynn	Whittaker	FV60	Wharfedale Harriers	0:37:58	22
0781	Sarah	Batten	FSEN	Helm Hill	0:38:02	23
0679	Judith	Marshall	FV40	Settle harriers	0:39:17	24
0731	Debbie	Wilson	FV40	Howgill harriers	0:40:37	25
0844	Caroline	D'Arcy	FV50	Helm Hill	0:40:49	26
0048	Joanne	Haslett	FV40	Helm Hill	0:40:51	27
0810	Emma	Griffiths	FV40	Furness Fell Runners	0:41:27	28

0088	Colleen	Oldham	FV40	Leven Valley AC	0:42:27	29
0626	Ruth	Webster	FV50	non	0:43:45	30
0177	Sonia	Woods	FV50	Bowland Fell Runners	0:44:02	31
0016	Jill	Gates	FV60	Settle Harriers	0:44:06	32
0687	Veronica	Waller	FV50	Dallam	0:45:03	33
0763	Marian	de Silver	FV60	Dallam	0:45:39	34
0224	Katharine	Shrine	FV40	Helm Hill	0:46:01	35
0199	Elena	Parsons	FSEN	Helm Hill	0:46:11	36
0528	Sonja	Vietoris	FV60	Dallam Running	0:46:21	37
0141	Anna	Baker	FV40	Helm Hill Runners	0:50:02	38

OVERALL MEN						
NUMBER		NAME	CAT	CLUB	TIME	POSITION
0612	Simon	Bailey	MV40	Staffordshire Moorlands AC	0:21:21	1
0259	Steve	Jacques	MV40	Ambleside	0:22:15	2
0098	Sam	Burnstone	MSEN	Helm Hill	0:22:18	3
0264	Lewis	Bowness	MSEN	Helm Hill	0:22:24	4
0042	Alastair	Dunn	MV50	Helm Hill Runners	0:22:32	5
0061	Jack	Eyre	MSEN	Eden Runners	0:22:34	6
0165	Padraig	Spillane	MSEN	Helm Hill	0:23:22	7
0997	Barney	Plummer	MSEN	Helm Hill	0:23:28	8
0209	Jos	Addison	MSEN	Helm Hill	0:23:34	9
0112	Jack	Waterhouse	MSEN	Helm Hill	0:23:41	10
0009	Andy	F	MSEN	Unaffiliated	0:24:26	11
0338	Ben	Timbers	MV40	Keighley and Craven	0:24:38	12
0038	Javier	Simon	MV40	Helm hill	0:24:51	13
0275	derek	hurton	MV50	Eden Runners	0:24:56	14
0891	Scott	Rose	MV40		0:24:59	15
0277	Scott	Morley	MSEN	Eden Runners	0:25:02	16
0308	James	Pell	MSEN	Helm Hill	0:25:10	17
0089	Ben	Oldham	MV40	Leven Valley AC	0:25:12	18
0086	Harry	Ewbank	MU21	Eden Runners	0:25:34	19
0638	Sam	Harrison	MSEN	Bowland Fell Runners	0:25:46	20
0211	Nigel	Wood	MV40	Helmhill	0:26:03	21
0104	Jacob	Dyer	MV50	Helm Hill Runners	0:26:20	22
0190	Ben	Wilson	MSEN	Bowland	0:26:25	23
0039	Rory	Addison	MSEN	Helm Hill	0:26:52	24
0230	Billy	Procter	MV60	Helm Hill	0:27:26	25
0263	joe	blackett	MV50	darkpeakfellrunners	0:27:38	26
0178	David	Wilson	MV50	Bowland	0:28:00	27
0236	Alistair	Hearn	MV50	Helm Hill	0:28:07	28

0957	Steven	Devlun	MV40		0:28:26	29
0124	Matthew	Pearman	MV40	Helm Hill	0:28:39	30
0457	Michael	Toman	MV50	Rossendale Harriers	0:28:47	31
0993	Stephen	Potter	MV40	Unaffiliated	0:28:54	32
0166	Graham	Schofield	MV60	Horwich RMI Harriers	0:29:00	33
0025	Alistair	Shawcross	MV40	Dallam	0:29:02	34
0040	David	Griffin	MV60	Helm Hill Runners	0:29:06	35
0773	Seren	Darrell	MSEN	Helm Hill	0:29:09	36
0521	Peter	Lawson	MSEN	Howgill Harriers	0:29:25	37
0437	Sean	Robinson	MV40	Howgill Harriers	0:29:30	38
0617	ANDY	HOLDEN	MV50	Achille Ratti CC	0:29:34	39
0856	Henry	James	MSEN	Helm Hill	0:29:46	40
0018	Paul	Revell	MV60		0:29:49	41
0767	Billy	Stephens	MSEN	Helm Hill	0:29:59	42
0777	Matthew	Swallow	MSEN		0:30:13	43
0438	Isaac	Robinson	MU21	Howgill Harriers	0:30:36	44
1005	Tom	Hynes	MSEN		0:30:45	45
0245	Peter	Marston	MV40	Helm Hill	0:30:53	46
0150	Brian	Hickey	MV60	Cheshire Hill Racers	0:31:20	47
0182	Mark	Cropper	MV40	Helm Hill	0:31:26	48
0937	Jack	Taylor	MSEN		0:31:31	49
0094	Ray	Gill	MV60	Helm Hill	0:31:40	50
0116	Stuart	Lockton	MV50	Helm Hill	0:31:52	51
0311	Andrew	Russell	MV50	Helm Hill	0:32:42	52
0240	Andy	Ward	MV40	Settle Harriers	0:33:04	53
0584	Colin	Valentine	MV60	Keswick	0:33:23	54
0188	Alistair	Welsh	MV60	Bowland Fell Runners	0:33:25	55
0387	Chris	Evans	MV50	Ambleside AC	0:33:39	56
0326	Jonathan	Tombs	MV50	Eden Runners	0:33:43	57
0747	Stefan	Bradley	MV40	Unattached	0:33:54	58

0659	Allan	Miller	MV60		0:34:23	59
1009	Mick	bray	MV50	Vegan runners	0:34:37	60
1007	Mark	Pannone	MV50	Eden Runners	0:34:41	61
0368	Peter	Ellwood	MV50	Settle Harriers	0:35:38	62
0050	Benji	Grundy	MU21	Wharfedale Harriers	0:36:30	63
0363	John	Taylor	MV70	Bowland FR	0:36:44	64
0962	Ian	Wilson	MV50	Helm Hill	0:37:14	65
1010	Toby	Campbell	MV50	Unattached	0:38:12	66
0716	david	downes	MV60	WCOC	0:38:44	67
0132	Phil	Davies	MV50	Preston Harriers	0:38:57	68
0256	Andy	Connor	MV50	Ambleside	0:43:59	69
1008	Mark	Bennett	MV40	Wharfedale Harriers	0:44:04	70

FV40 WOMEN						
NUMBER		NAME	CAT	CLUB	TIME	POSITION
0103	Bianca	Dyer	FV40	Helm Hill Runners	0:27:41	1
0456	Lisa	Parker	FV40	Rosendale Harriers	0:30:01	2
0243	Jess	Bagnall	FV40	Settle Harriers	0:33:10	3
0156	Kirsten	Angus	FV40	Settle Harriers	0:34:46	4
0679	Judith	Marshall	FV40	Settle harriers	0:39:17	5
0731	Debbie	Wilson	FV40	Howgill harriers	0:40:37	6
0048	Joanne	Haslett	FV40	Helm Hill	0:40:51	7
0810	Emma	Griffiths	FV40	Furness Fell Runners	0:41:27	8
0088	Colleen	Oldham	FV40	Leven Valley AC	0:42:27	9
0224	Katharine	Shrine	FV40	Helm Hill	0:46:01	10
0141	Anna	Baker	FV40	Helm Hill Runners	0:50:02	11

MV40 MEN						
NUMBER		NAME	CAT	CLUB	TIME	POSITION
0612	Simon	Bailey	MV40	Staffordshire Moorlands AC	0:21:21	1
0259	Steve	Jacques	MV40	Ambleside	0:22:15	2
0338	Ben	Timbers	MV40	Keighley and Craven	0:24:38	3
0038	Javier	Simon	MV40	Helm hill	0:24:51	4
0891	Scott	Rose	MV40		0:24:59	5
0089	Ben	Oldham	MV40	Leven Valley AC	0:25:12	6
0211	Nigel	Wood	MV40	Helmhill	0:26:03	7
0957	Steven	Devlun	MV40		0:28:26	8
0124	Matthew	Pearman	MV40	Helm Hill	0:28:39	9
0993	Stephen	Potter	MV40	Unaffiliated	0:28:54	10
0025	Alistair	Shawcross	MV40	Dallam	0:29:02	11
0437	Sean	Robinson	MV40	Howgill Harriers	0:29:30	12
0245	Peter	Marston	MV40	Helm Hill	0:30:53	13
0182	Mark	Cropper	MV40	Helm Hill	0:31:26	14
0240	Andy	Ward	MV40	Settle Harriers	0:33:04	15
0747	Stefan	Bradley	MV40	Unattached	0:33:54	16
1008	Mark	Bennett	MV40	Wharfedale Harriers	0:44:04	17

FV50 WOMEN						
NUMBER		NAME	CAT	CLUB	TIME	POSITION
0474	Lorna	Askew	FV50	Helm Hill	0:30:37	1
0613	Kirstin	Bailey	FV50	Staffordshire Moorlands AC	0:31:06	2
0148	Deborah	Gowans	FV50	Todmorden Harriers	0:32:09	3
0721	Rachael	Mellor	FV50	Howgill Harriers	0:34:19	4
0844	Caroline	D'Arcy	FV50	Helm Hill	0:40:49	5
0626	Ruth	Webster	FV50	non	0:43:45	6
0177	Sonia	Woods	FV50	Bowland Fell Runners	0:44:02	7
0687	Veronica	Waller	FV50	Dallam	0:45:03	8

MV50 MEN						
NUMBER		NAME	CAT	CLUB	TIME	POSITION
0042	Alastair	Dunn	MV50	Helm Hill Runners	0:22:32	1
0275	derek	hurton	MV50	Eden Runners	0:24:56	2
0104	Jacob	Dyer	MV50	Helm Hill Runners	0:26:20	3
0263	joe	blackett	MV50	darkpeakfellrunners	0:27:38	4
0178	David	Wilson	MV50	Bowland	0:28:00	5
0236	Alistair	Hearn	MV50	Helm Hill	0:28:07	6
0457	Michael	Toman	MV50	Rosendale Harriers	0:28:47	7
0617	ANDY	HOLDEN	MV50	Achille Ratti CC	0:29:34	8
0116	Stuart	Lockton	MV50	Helm Hill	0:31:52	9
0311	Andrew	Russell	MV50	Helm Hill	0:32:42	10
0387	Chris	Evans	MV50	Ambleside AC	0:33:39	11
0326	Jonathan	Tombs	MV50	Eden Runners	0:33:43	12
1009	Mick	bray	MV50	Vegan runners	0:34:37	13
1007	Mark	Pannone	MV50	Eden Runners	0:34:41	14
0368	Peter	Ellwood	MV50	Settle Harriers	0:35:38	15
0962	Ian	Wilson	MV50	Helm Hill	0:37:14	16
1010	Toby	Campbell	MV50	Unattached	0:38:12	17
0132	Phil	Davies	MV50	Preston Harriers	0:38:57	18
0256	Andy	Connor	MV50	Ambleside	0:43:59	19

FV60 WOMEN						
NUMBER		NAME	CAT	CLUB	TIME	POSITION
0121	Alison	Eagle	FV60	Wharfedale Harriers	0:32:36	1
0015	Lynn	Whittaker	FV60	Wharfedale Harriers	0:37:58	2
0016	Jill	Gates	FV60	Settle Harriers	0:44:06	3
0763	Marian	de Silver	FV60	Dallam	0:45:39	4
0528	Sonja	Vietoris	FV60	Dallam Running	0:46:21	5

MV60 MEN						
NUMBER		NAME	CAT	CLUB	TIME	POSITION
0230	Billy	Procter	MV60	Helm Hill	0:27:26	1
0166	Graham	Schofield	MV60	Horwich RMI Harriers	0:29:00	2
0040	David	Griffin	MV60	Helm Hill Runners	0:29:06	3
0018	Paul	Revell	MV60		0:29:49	4
0150	Brian	Hickey	MV60	Cheshire Hill Racers	0:31:20	5
0094	Ray	Gill	MV60	Helm Hill	0:31:40	6
0584	Colin	Valentine	MV60	Keswick	0:33:23	7
0188	Alistair	Welsh	MV60	Bowland Fell Runners	0:33:25	8
0659	Allan	Miller	MV60		0:34:23	9
0716	david	downes	MV60	WCOC	0:38:44	10

FV70 WOMEN						
NUMBER		NAME	CAT	CLUB	TIME	POSITION
0030	Wendy	Dodds	FV70	Dallam Running Club	0:34:16	1

MV70 MEN						
NUMBER		NAME	CAT	CLUB	TIME	POSITION
0363	John	Taylor	MV70	Bowland FR	0:36:44	1