



HELM HILL WINTER LEAGUE - Scout Scar



U11 GIRLS						
NUMBER		NAME	CAT	CLUB	TIME	POSITION
0066	Lola	Hodgson	u11G	Ambleside AC	0:11:04	1
0582	Romy	Barron	u11G	Ambleside	0:11:11	2
0191	Isla	Dalton	u11G	Helm Hill	0:11:21	3
0355	Teigan	Wilcock	u11G	Ambleside AC	0:11:36	4
0143	Mila	Sillito	u11G	Helm Hill Runners	0:12:24	5
0745	India	Leigh	u11G	Helm Hill	0:12:33	6
0741	Hattie	Blunt	u11G		0:12:51	7
0565	Iris	Lodge	u11G	Settle Harriers	0:13:13	8
0210	Betty	Jacques	u11G	Unattached	0:13:27	9
0284	Sienna	Bousfield-Evans	u11G	Settle Harriers	0:13:30	10
0594	Harriet Lily	Coward	u11G	Ambleside AC	0:13:32	11
0536	Nieve	Stephenson	u11G	Ambleside AC	0:13:40	12
0382	Celeste	Whittington	u11G	Helme Hill	0:13:41	13
0213	Flo	Evans	u11G	Settle Harriers	0:13:44	14
0690	Amika Rose	Gregory	u11G	Helm Hill	0:13:54	15
0383	Jessie	Whittington	u11G	Helme Hill	0:14:56	16

U11 BOYS						
NUMBER		NAME	CAT	CLUB	TIME	POSITION
0474	Calum	McGoldrick	u11B	Settle Harriers	0:09:20	1
0458	Luca	Crawshaw	u11B	Bowland Fell Runners	0:10:05	2
0096	Sean	Wild -Garcia	u11B	Kendal athletics club	0:10:12	3
0328	Bobby	France	u11B	Settle Harriers	0:10:29	4
0653	Harry	Atkinson	u11B	Helm hill	0:10:48	5
0052	Danny	Nunns	u11B	Helm Hill	0:10:53	6
0334	Freddie	Brown	u11B	Settle Harriers	0:10:56	7
0475	Finlay	McGoldrick	u11B	Settle Harriers	0:11:03	8
0281	Olly	Fox	u11B	Settle Harriers	0:11:06	9
0171	Callum	Ainsworth	u11B	Helm Hill	0:11:18	10
0450	Fraser	Hall	u11B	Skyrack AC	0:11:22	11
0333	Haris	Riaz	u11B	Sedbergh School	0:11:55	12
0136	Jasper	Rose	u11B	Helm Hill	0:12:01	13
0141	Harry	Lowther	u11B	HELM HILL	0:13:25	14
0282	Seth	Parker	u11B	Settle Harriers	0:13:33	15
0018	Andrew	Skeldon	u11B	Settle Harriers	0:14:41	16

U13 GIRLS						
NUMBER		NAME	CAT	CLUB	TIME	POSITION
0415	Iris	Thwaites	u13G	Ambleside AC	0:10:25	1
0016	Charlotte	Richardson	u13G	Helm Hill	0:10:59	2
0615	Islay	Atkinson	u13G	None	0:11:08	3
0665	Rona	Houston	u13G	Helm Hill	0:11:14	4
0087	Silvie	Parsons	u13G	Helm Hill	0:11:27	5
0277	Tess	Reedy	u13G	Ambleside AC	0:11:33	6
0652	Jessica	Atkinson	u13G	Helm Hill	0:11:39	7
0094	Maia	Dacre	u13G	Helm Hill	0:12:04	8
0055	Elodie	Haslett	u13G	Helm Hill	0:12:05	9
0406	Lucy	Ward	u13G	Settle Harriers	0:12:16	10
0172	Jessica	Ainsworth	u13G	Helm Hill	0:13:29	11
0447	Tabetha	Pell	u13G	Ambleside AC	0:13:34	12
0123	Emily	Lawton	u13G	Helm hill	0:14:08	13

U13 BOYS						
NUMBER		NAME	CAT	CLUB	TIME	POSITION
0401	Jos	Jebb	u13B	Helm Hill Runners	0:09:06	1
0131	Charlie	Hodgson	u13B	Helm Hill	0:09:17	2
0393	Kit	Evans	u13B	Ambleside AC	0:09:19	3
0671	Ralph	Emsley	u13B	Bingley Harriers	0:09:38	4
0310	Harri	Tancrel	u13B	Helm Hill	0:09:42	5
0005	Rhys	Price	u13B	Darlington Harriers	0:09:44	6
0017	James	Skeldon	u13B	Settle Harriers	0:10:08	7
0183	Charlie	Potter	u13B	Helm Hill	0:10:14	8
0233	Ben	Mulvany	u13B	Helm Hill Runners	0:10:19	9
0112	Lawrie	Belshaw	u13B	Ambleside	0:10:26	10
0444	Jonty	Brodie	u13B	Helm Hill	0:10:38	11
0670	Philip	Bolland	u13B	Helm Hill	0:10:51	12
0212	Stanley	Evans	u13B	Settle Harriers	0:11:24	13
0573	Harry	Hearn	u13B	Helm	0:11:29	14
0521	Oliver	Shannon	u13B	Helm Hill	0:12:19	15
0235	Rhuari	Trott	u13B	Helm Hill	0:12:20	16
0337	Murray	Page	u13B	Helm Hill	0:13:07	17
0758	Kornel	Devlin	u13B		0:13:10	18
0187	Harry	Gould	u13B	Unattached	0:13:26	19

U15 GIRLS						
NUMBER		NAME	CAT	CLUB	TIME	POSITION
0473	Mia	McGoldrick	u15G	Settle Harriers	00:12:14	1
0004	Maisie	Oddy	u15G	Keighley and Craven	00:13:06	2
0775	Emmy	Ranner	u15G	Helm hill	00:13:26	3
0491	Isabelle	Jebb	u15G	Bingley harriers	00:13:42	4
0006	Lily	Slater	u15G	Ambleside AC	00:13:48	5
0049	Rosie	Speight	u15G	Helm Hill Runners	00:14:59	6
0331	Lydia	Benson	u15G	Settle Harriers	00:15:12	7
0562	Ava	Brierley	u15G	Ambleside AC	00:16:02	8

U15 BOYS						
NUMBER		NAME	CAT	CLUB	TIME	POSITION
0221	Joseph	Green	u15B	Ambleside AC	00:11:34	1
0232	Evan	Mulvany	u15B	Helm Hill Runners	00:11:53	2
0420	Edward	Shawcross	u15B	Ambleside AC	00:12:50	3
0492	Thomas	Jebb	u15B	Bingley harriers	00:12:56	4
0535	Dougal	Houston	u15B	Helm Hill	00:13:05	5
0301	Thomas	Iveson	u15B	Ambleside AC	00:13:36	6
0015	Aaron	Richardson	u15B	Helm Hill	00:14:14	7
0127	Carl	Sanderson	u15B	Settle Harriers	00:14:16	8
0437	Stan	Marston	u15B	Helm Hill	00:14:21	9
0612	Rowan	Bradley	u15B	Ambleside	00:14:38	10
0505	Wilf	Hudson	u15B	Chorley ATC	00:21:42	11

U17 GIRLS						
NUMBER		NAME	CAT	CLUB	TIME	POSITION
0403	Millie	Jebb	u17G	Helm Hill Runners	00:19:03	1
0316	Isla	Pearman	u17G	Helm hill	00:20:02	2
0570	Ellie	Todhunter	u17G	Helm Hill	00:20:24	3
0611	Cara	Bradley	u17G	Ambleside	00:20:26	4
0439	Holly	Fitch	u17G	Wharfedale Harriers	00:20:46	5
0008	Emily	MacPherson-Littler	u17G	Bowland Fell Runners	00:22:43	6
0462	Isabel	Sanderson	u17G	Helm Hill	00:24:14	7
0358	Bridget	Atkinson	u17G	Howgill Harriers	00:25:17	8

U17 BOYS						
NUMBER		NAME	CAT	CLUB	TIME	POSITION
0119	Jack	Sanderson	u17B	Settle Harriers	00:16:48	1
0215	Will	Brayshaw	u17B	Helm Hill	00:18:14	2
0294	Robbie	Watmough	u17B	Settle harriers	00:18:16	3
0309	Joseff	Tancrel	u17B	Helm Hill	00:18:29	4
0350	Joe	Hilborne	u17B	Helm Hill	00:19:09	5
0569	Ben	Todhunter	u17B	Helm Hill	00:19:16	6
0048	Alex	Speight	u17B	Helm Hill Runners	00:19:34	7
0117	Toby	Acland	u17B	Helm Hill Runners	00:20:28	8
0574	Thomas	Hearn	u17B	Helm	00:22:26	9
0713	Theo	Robinson	u17B	Howgill Harriers	00:22:57	10
0077	Zach	Thomas	u17B	Helm Hill	00:25:54	11

U21 WOMEN						
NUMBER		NAME	CAT	CLUB	TIME	POSITION
0121	Vicky	Woof	FU21	Howgill Harriers	0:45:39	1

U21 MEN						
NUMBER		NAME	CAT	CLUB	TIME	POSITION
0476	James	Bowen	MU21	Ambleside AC	0:29:25	1
0267	Sonny	Ashton fitch	MU21	settle harriers	0:30:22	2
0091	Oliver	Oldham	MU21	Leven Valley AC	0:33:00	3
0663	Edward	Jermy	MU21	Howgill Harriers	0:38:01	4
0605	George	Campbell	MU21	Howgill Harrier	0:38:19	5
0712	Isaac	Robinson	MU21	Howgill Harriers	0:39:38	6
0526	Zach	Doherty	MU21		0:40:39	7
0361	Benji	Grundy	MU21	Wharfedale Harriers	0:42:14	8
0448	Jude	Kirby	MU21		1:08:43	9

OVERALL WOMEN						
NUMBER		NAME	CAT	CLUB	TIME	POSITION
0315	Lizzy	Allison	FSEN	Settle Harriers	0:31:44	1
0714	Rhiannon	Douglas	FSEN	Border harriers	0:34:05	2
0643	Imogen	Burrow	FSEN	Helm Hill	0:34:09	3
0155	Rosie	Parkinson	FSEN	Helm Hill Runners	0:35:16	4
0364	Emma	Kearsey	FSEN	Helm Hill Runners	0:35:38	5
0305	Janie	Oates	FSEN	Helm Hill	0:37:12	6
0243	Bianca	Dyer	FV50	Helm Hill	0:37:28	7
0335	Rhiannon	Page	FV40	Lonsdale Fell Runners	0:37:47	8
0568	Lucie-Eller	Todhunter	FV40	Helm Hill	0:38:28	9
0735	Laura	Latimer	FSEN		0:38:31	10
0566	Charlotte	Williamson	FSEN	Helm Hill	0:38:33	11
0169	Hannah	Barber	FSEN	Helm Hill	0:38:46	12
0343	Claire	Kennedy	FSEN		0:38:51	13
0686	Jenny	Lyon	FV40	Dallam RC	0:38:57	14
0312	Karen	Bridge	FV50	Eden Runners	0:39:13	15
0457	Rebecca	Crawshaw	FV40	BOWLAND FELL Runners	0:39:17	16
0656	Steph	Jones	FV40	Ambleside ac	0:39:34	17
0667	Catherine	Houston	FV40	Helm Hill	0:39:41	18
0598	Jenny	Rice	FSEN	Helm Hill Runners	0:39:51	19
0304	Charlotte	Jones	FSEN	Helm Hill	0:40:01	20
0513	Anna	Oakes-Monger	FSEN		0:40:09	21
0275	Jane	Reedy	FV40	Ambleside AC	0:40:55	22
0616	Amy	Pearman	FV40	Helm Hill	0:41:02	23
0489	Lucy	Varney	FV50	Unattached	0:41:19	24
0497	Gemma	Lane	FSEN	Eden	0:41:22	25
0010	Jo	Cater	FV50	Helm Hill	0:41:55	26
0205	Suzanne	Budgett	FV60	Horwich RMI Harriers	0:41:58	27
0374	Jayne	Rigby	FV40	Helm hill	0:42:10	28

0572	Maria	Hearn	FV40	Helm	0:42:12	29
0595	Rowan	Ranner	FV40	Helm hill	0:43:31	30
0339	Megan	James	FSEN	Eden Runners	0:43:54	31
0211	Beth	Evans	FSEN	Settle Harriers	0:44:02	32
0596	Jane	Latham	FV50	Non	0:44:37	33
0392	Lauren	Davies	FSEN	Helm hill	0:44:58	34
0469	Hayley	Barker	FV40	None	0:45:03	35
0363	Esther	Lambert	FSEN	Helm Hill	0:45:06	36
0121	Vicky	Woof	FU21	Howgill Harriers	0:45:39	37
0377	Fliss	Milner	FV60	Helm Hill	0:45:59	38
0325	Louisa	Rodriguez	FV40	Eden Runners	0:46:21	39
0657	Caroline	D'Arcy	FV50	Helm Hill	0:46:26	40
0120	Helen	Blunt	FV40		0:46:29	41
0397	Lynn	Whittaker	FV60	Wharfedale Harriers	0:46:41	42
0122	Liz	Lawton	FV40	Helm Hill	0:46:45	43
0365	Vicki	Sherrington	FV50	Helm Hill	0:47:11	44
0709	Zoe	Robinson	FV40	Howgill Harrier	0:47:15	45
0511	Vicky	Kirkwood	FV50	Dallam	0:47:28	46
0118	Mia	O'Callaghan	FSEN		0:47:30	47
0468	Libby	Dixon	FV40	Ambleside AC	0:47:40	48
0645	Ruth	Webster	FV50	Non	0:47:43	49
0443	Paula	Bowen	FV50	Ambleside AC	0:47:50	50
0356	Rebecca	Atkinson	FV40	Howgill Harriers	0:48:06	51
0139	Jane	Morgan	FV60	Helm Hill	0:48:22	52
0581	Jo	Shelmerdine	FSEN	Ambleside AC	0:48:36	53
0456	Denise	Tunstall	FV50	Durham Fell Runners	0:48:46	54
0533	Debbie	Thompson	FV60	Eden runners	0:48:58	55
0388	Sarah	Senior	FV50	Helm Hill	0:49:19	56
0216	Jo	Matthew	FV40	Bowland	0:49:43	57
0704	Kate	Morley	FSEN		0:49:53	58

0772	Karen	Fyles	FV50	Howgill Harriers	0:50:32	59
0115	Louise	Dunn	FV60	Helm Hill	0:50:50	60
0370	Jo	Taylor	FV60	Bowland FR	0:50:54	61
0154	Thao	Nunns	FSEN	Helm Hill	0:51:03	62
0527	Jill	Libby	FV60	Eden Runners	0:51:31	63
0075	Katharine	Shrine	FV40	Helm Hill	0:51:38	64
0124	Lou	Bland	FV50	Helm Hill	0:51:45	65
0440	Laura	Nield	FV40	Allithwaite Running Club	0:51:55	66
0609	Dawn	Bradley	FV40		0:52:16	67
0590	Katy	Thompson	FV70	Clayton le Moors Harriers	0:52:25	68
0679	Anna	Stevens	FV50	Helm Hill	0:52:48	69
0228	Marian	de Silver	FV60	Dallam Running Club	0:53:04	70
0715	Veronica	Waller	FV50	Dallam	0:53:35	71
0706	Sonja	Vietoris	FV60	Dallam Running Club	0:54:36	72
0308	Alison	Tancrel	FV50	Helm Hill	0:54:49	73
0223	Jayne	Scott	FV50	Helm Hill	0:55:04	74
0441	Anna	Denby	FV40	Allithwaite running club	0:55:13	75
0432	Angela	Burley	FV60	Helm Hill	0:56:35	76
0023	Sonia	Woods	FV50	Bowland Fell Runners	0:56:45	77
0409	Hannah	Woodhead	FSEN	Allithwaite Running Club	0:57:16	78
0098	Liz	Whitfield	FV40	Helm Hill	1:10:07	79

OVERALL MEN						
NUMBER		NAME	CAT	CLUB	TIME	POSITION
0272	Matthew	Knowles	MSEN	Lancaster & Morecambe	0:26:41	1
0065	Sam	Burnstone	MSEN	Helm Hill	0:28:30	2
0314	Rupert	Allison	MSEN	Dark Peak Fell Runners	0:28:45	3
0271	Robert	Sparks	MSEN	Fife AC	0:28:50	4
0303	Laurence	Hill	MSEN	Helm Hill Runners	0:28:58	5
0552	Felix	Barker	MSEN	Ambleside AC	0:29:21	6
0476	James	Bowen	MU21	Ambleside AC	0:29:25	7
0038	Barney	Plummer	MSEN	Helm Hill	0:29:28	8
0633	Ross	Bibby	MV40	Helm Hill	0:29:55	9
0429	Jack	Holman	MSEN	Ambleside AC	0:30:06	10
0306	Rhys	Findlay-Robinson	MSEN	Dark Peak	0:30:11	11
0588	Michael	Barron	MSEN	Ambleside	0:30:15	12
0267	Sonny	Ashton fitch	MU21	settle harriers	0:30:22	13
0776	Ifan	Oldfield	MSEN	Wrexham AAC	0:30:31	14
0639	Phil	Mather	MV40	Lonsdale Fell Runners	0:30:35	15
0278	Andy	Fidrmuc	MSEN		0:30:42	16
0650	Tom	Gibson	MSEN	N/A	0:30:46	17
0629	Gary	Gregory	MV40	Helm hill	0:30:53	18
0548	Callum	Lambert	MSEN	Unattached	0:31:08	19
0085	James	Parsons	MV40	Helm Hill	0:31:11	20
0506	Jethro	Whitfield	MV40		0:31:14	21
0428	Craig	Taylor	MSEN	Kendal AAC	0:31:23	22
0743	Olivier	Jumeau	MSEN		0:31:39	23
0276	Matt	Reedy	MV40	Ambleside AC	0:31:41	24
0142	Seb	Sillito	MV40	Helm Hill Runners	0:31:52	25
0529	James	Byrne	MV40	Ambleside AC	0:31:55	26
0672	David	Goadby	MSEN	Helm Hill	0:32:04	27
0678	Craig	Blakey	MSEN	Bowland Fell Runners	0:32:19	28

0627	Paul	Upton	MV40	Helm Hill	0:32:23	29
0045	Jack	Waterhouse	MSEN	Helm Hill	0:32:27	30
0246	Ross	Butler	MV40	Keswick AC	0:32:29	31
0512	Joe	Rigby	MV40	Unattached	0:32:34	32
0414	John	Evason	MV40	Black Combe Runners	0:32:36	33
0530	Craig	Burrow	MV50	Helm Hill Runners	0:32:38	34
0244	Jacob	Dyer	MV50	Helm Hill	0:32:43	35
0342	Scott	Morley	MSEN	Eden Runners	0:32:45	36
0307	Justin	Tancrel	MV40	Helm Hill	0:32:53	37
0185	Matthew	Lovesey	MV40	Helm Hill Runners	0:32:56	38
0091	Oliver	Oldham	MU21	Leven Valley AC	0:33:00	39
0446	James	Pell	MSEN	Helm Hill	0:33:10	40
0725	Alistair	Hanna	MSEN	Howgill Harrier	0:33:13	41
0701	Patrick	Hanna	MSEN	Howgill Harriers	0:33:16	42
0666	Peter	Rigby	MSEN	Helm hill	0:33:34	43
0658	Jack	Wilcock	MSEN	St Orth	0:33:40	44
0478	David	Yates	MV40		0:33:51	45
0727	Colin	Houston	MV40	Helm Hill	0:33:56	46
0125	David	Griffin	MV60	Helm Hill Runners	0:34:12	47
0759	Steve	Devlin	MV40	Swaledale runners	0:34:34	48
0680	Martin	Barnes	MSEN	Helm hill	0:34:38	49
0157	Andrew	Douglas	MV40	Helm Hill	0:34:50	50
0705	Chris	Snell	MV40	Rosendale Harriers	0:34:54	51
0630	Adam	Oliver	MV40	Helm Hill	0:35:02	52
0411	Johnny	Dodgin	MV40		0:35:06	53
0349	Luke	Appleyard	MV40	Wharfedale	0:35:14	54
0515	Sean	Prendiville	MV40		0:35:20	55
0734	James	Cater	MV50	Helm Hill	0:35:23	56
0664	Steve	Sanders	MV50	Penistone Footpath Runners	0:35:27	57
0313	Simon	Thompson	MV40	Keswick AC	0:35:30	58

0747	Mike	Berners-Lee	MV50	Helm Hill	0:35:32	59
0702	Timothy	Cowin	MV50	Helm hill	0:35:36	60
0543	Rob	Critchlow	MV40		0:35:44	61
0258	John	Douglas	MV50	Allithwaite Running Club	0:35:55	62
0711	Jim	Turner	MV40	Bowland	0:36:02	63
0064	Matthew	Swallow	MSEN		0:36:08	64
0600	James	Edwards	MV40	Dallam	0:36:12	65
0161	Peter	German	MV40	Helm Hill	0:36:14	66
0777	Neil	Robinson	MV50	COLT	0:36:18	67
0158	Simon	Holliday	MSEN	Helm hill	0:36:22	68
0159	Christophe	Hemsley	MSEN	Helm Hill	0:36:24	69
0421	Alistair	Shawcross	MV40	Dallam	0:36:28	70
0575	Alistair	Hearn	MV50	Helm	0:36:33	71
0773	Rhys	Morris	MSEN	N/A	0:36:38	72
0206	Paul	Revell	MV60	FRA	0:36:47	73
0661	Edward	Latham	MV40	N/A	0:36:50	74
0044	Anthony	Emmet	MV40	Helm Hill Runners	0:36:56	75
0614	Paul	Atkinson	MV40	None	0:37:01	76
0733	Jack	Palmer	MSEN		0:37:03	77
0229	Nick	Lewthwaite	MV50	Ambleside	0:37:06	78
0340	John	Embrey	MV60	SROC	0:37:10	79
0710	Sean	Robinson	MV40	Howgill Harriers	0:37:15	80
0514	Peter	Lawson	MSEN	Howgill Harriers	0:37:17	81
0152	William	Coupe	MV60	Helm Hill	0:37:25	82
0217	Tom	Matthew	MV50	Bowland	0:37:34	83
0054	Ray	Gill	MV60	Helm Hill	0:37:44	84
0348	Joe	Blackett	MV60	DarkPeakFellRunners	0:37:53	85
0663	Edward	Jermy	MU21	Howgill Harriers	0:38:01	86
0599	Paul	Trott	MV50	Helm Hill	0:38:05	87
0047	Chris	Speight	MV60	Helm Hill Runners	0:38:17	88

0605	George	Campbell	MU21	Howgill Harrier	0:38:19	89
0197	Ian	Stanford	MSEN		0:38:25	90
0053	Brian	Thompson	MV60	Helm Hill	0:38:38	91
0522	Tom	Willox	MSEN	Helm Hill	0:38:40	92
0544	Edmund	Taylor	MV40		0:38:54	93
0311	Joe	Curran	MV60	Accrington Road Runners	0:39:01	94
0490	Rebecca	Hare	MSEN	Ambleside	0:39:10	95
0677	Shaun	Jackson	MV50	Altrincham	0:39:19	96
0659	Ian	Hewitt	MV40	Eden Runners	0:39:24	97
0712	Isaac	Robinson	MU21	Howgill Harriers	0:39:38	98
0682	Nigel	Braithwaite	MV50	Eden runners	0:39:44	99
0082	Matt	Davis	MV40	Howgill Harriers	0:39:53	100
0520	Jonathan	Tombs	MV50	Eden Runners	0:39:57	101
0551	Jamie	Jephcott	MV50	Eden Runners	0:40:14	102
0674	Nick	Kitching	MV50	None	0:40:28	103
0742	Philippe	Jumeau	MV60	Lonsdale	0:40:32	104
0201	Mike	Falgate	MV60	Helm Hill	0:40:37	105
0526	Zach	Doherty	MU21		0:40:39	106
0597	Dan	Webber	MSEN		0:40:41	107
0532	Graham	Beaumont	MV60	Dallam	0:40:59	108
0220	Chris	Green	MV40	Ambleside AC	0:41:13	109
0579	Andy	Stokes	MV70	Dallam	0:41:24	110
0509	Neil	Holdsworth	MV60	Kendal AAC	0:41:30	111
0576	Daniel	Brereton	MV40		0:41:34	112
0608	Stefan	Bradley	MV40		0:41:37	113
0067	Simon	Thomas	MV40	Eden Runners	0:41:39	114
0771	Robert	Crawford	MV40	Howgill Harriers	0:42:00	115
0070	Chris	Pope	MV40	Bowland Fell Runners	0:42:02	116
0361	Benji	Grundy	MU21	Wharfedale Harriers	0:42:14	117
0676	Craig	Partridge	MV50	Altrincham	0:42:16	118

0088	Alex	Heron	MV60	Eden Runners	0:42:18	119
0128	Tim	Field	MV50	Helm Hill Runners	0:42:22	120
0234	Stuart	Bell	MV60	Kendal AAC	0:42:24	121
0195	Tony	Murray	MV40	Leven Valley	0:42:30	122
0524	David	Roper	MV60	Howgill Harriers	0:42:35	123
0286	Chris	Moore	MV40	Leven Valley AC	0:42:39	124
0196	Stuart	Lockton	MV60	Helm Hill Runners	0:42:45	125
0375	Philip	Rigby	MV60	Helm hill	0:42:59	126
0547	Ben	Lane	MSEN		0:43:01	127
0226	Chris	Heaton	MV40	Lakeland Orienteering Club	0:43:20	128
0607	Tom	Swindells	MV40		0:43:43	129
0413	Mark	Charnley	MV50	Settle Harriers	0:43:48	130
0093	James	Robinson	MV40		0:43:57	131
0378	Adrian	Nicholls	MV50		0:44:04	132
0001	David	Appleyard	MV60	Helm Hill	0:44:22	133
0261	William	Buckton	MSEN	Skipton AC	0:44:28	134
0624	Max	Nicholson	MSEN		0:44:43	135
0050	Colin	Valentine	MV60	Keswick	0:45:49	136
0417	Pete	Ellwood	MV50	Settle Harriers	0:46:06	137
0649	daniel	rayson	MV50	none	0:46:30	138
0241	Rudolf	Maciejkowicz	MV70	Kendal AAC	0:46:33	139
0739	Allan	Miller	MV60	N/a	0:46:35	140
0208	Mark	Cottam	MSEN	None	0:46:37	141
0623	Armstrong	John	MV70	Ambleside	0:47:44	142
0369	John	Taylor	MV70	Bowland FR	0:48:09	143
0687	Charles	Hallett	MSEN	Swinton Running Club	0:50:35	144
0613	Phil	Hilborne	MV50		0:50:38	145
0496	Graham	Schofield	MV70	horley Athletic and Tri Clu	0:53:15	146
0399	Andrew	Biddle	MV70	Wharfedale	0:53:52	147
0696	Bruce	Barnes	MV60	Lancaster Runners	0:56:19	148

0080	Pete	Mcdermott	MV70	Preston Harriers	1:00:45	149
0445	Phil	Kirby	MV70	Coniston	1:08:41	150
0448	Jude	Kirby	MU21		1:08:43	151
0366	David	Rosen	MV70	Lancaster & Morecambe AC	1:10:04	152

FV40 WOMEN						
NUMBER		NAME	CAT	CLUB	TIME	POSITION
0335	Rhiannon	Page	FV40	Lonsdale Fell Runners	0:37:47	1
0568	Lucie-Ellen	Todhunter	FV40	Helm Hill	0:38:28	2
0686	Jenny	Lyon	FV40	Dallam RC	0:38:57	3
0457	Rebecca	Crawshaw	FV40	BOWLAND FELL Runners	0:39:17	4
0656	Steph	Jones	FV40	Ambleside ac	0:39:34	5
0667	Catherine	Houston	FV40	Helm Hill	0:39:41	6
0275	Jane	Reedy	FV40	Ambleside AC	0:40:55	7
0616	Amy	Pearman	FV40	Helm Hill	0:41:02	8
0374	Jayne	Rigby	FV40	Helm hill	0:42:10	9
0572	Maria	Hearn	FV40	Helm	0:42:12	10
0595	Rowan	Ranner	FV40	Helm hill	0:43:31	11
0469	Hayley	Barker	FV40	None	0:45:03	12
0325	Louisa	Rodriguez	FV40	Eden Runners	0:46:21	13
0120	Helen	Blunt	FV40		0:46:29	14
0122	Liz	Lawton	FV40	Helm Hill	0:46:45	15
0709	Zoe	Robinson	FV40	Howgill Harrier	0:47:15	16
0468	Libby	Dixon	FV40	Ambleside AC	0:47:40	17
0356	Rebecca	Atkinson	FV40	Howgill Harriers	0:48:06	18
0216	Jo	Matthew	FV40	Bowland	0:49:43	19
0075	Katharine	Shrine	FV40	Helm Hill	0:51:38	20
0440	Laura	Nield	FV40	Allithwaite Running Club	0:51:55	21
0609	Dawn	Bradley	FV40		0:52:16	22
0441	Anna	Denby	FV40	Allithwaite running club	0:55:13	23
0098	Liz	Whitfield	FV40	Helm Hill	1:10:07	24

FV40 MEN						
NUMBER		NAME	CAT	CLUB	TIME	POSITION
0633	Ross	Bibby	MV40	Helm Hill	0:29:55	1
0639	Phil	Mather	MV40	Lonsdale Fell Runners	0:30:35	2
0629	Gary	Gregory	MV40	Helm hill	0:30:53	3
0085	James	Parsons	MV40	Helm Hill	0:31:11	4
0506	Jethro	Whitfield	MV40		0:31:14	5
0276	Matt	Reedy	MV40	Ambleside AC	0:31:41	6
0142	Seb	Sillito	MV40	Helm Hill Runners	0:31:52	7
0529	James	Byrne	MV40	Ambleside AC	0:31:55	8
0627	Paul	Upton	MV40	Helm Hill	0:32:23	9
0246	Ross	Butler	MV40	Keswick AC	0:32:29	10
0512	Joe	Rigby	MV40	Unattached	0:32:34	11
0414	John	Evason	MV40	Black Combe Runners	0:32:36	12
0307	Justin	Tancred	MV40	Helm Hill	0:32:53	13
0185	Matthew	Lovesey	MV40	Helm Hill Runners	0:32:56	14
0478	David	Yates	MV40		0:33:51	15
0727	Colin	Houston	MV40	Helm Hill	0:33:56	16
0759	Steve	Devlin	MV40	Swaledale runners	0:34:34	17
0157	Andrew	Douglas	MV40	Helm Hill	0:34:50	18
0705	Chris	Snell	MV40	Rosendale Harriers	0:34:54	19
0630	Adam	Oliver	MV40	Helm Hill	0:35:02	20
0411	Johnny	Dodgin	MV40		0:35:06	21
0349	Luke	Appleyard	MV40	Wharfedale	0:35:14	22
0515	Sean	Prendiville	MV40		0:35:20	23
0313	Simon	Thompson	MV40	Keswick AC	0:35:30	24
0543	Rob	Critchlow	MV40		0:35:44	25
0711	Jim	Turner	MV40	Bowland	0:36:02	26
0600	James	Edwards	MV40	Dallam	0:36:12	27
0161	Peter	German	MV40	Helm Hill	0:36:14	28

0421	Alistair	Shawcross	MV40	Dallam	0:36:28	29
0661	Edward	Latham	MV40	N/A	0:36:50	30
0044	Anthony	Emmet	MV40	Helm Hill Runners	0:36:56	31
0614	Paul	Atkinson	MV40	None	0:37:01	32
0710	Sean	Robinson	MV40	Howgill Harriers	0:37:15	33
0544	Edmund	Taylor	MV40		0:38:54	34
0659	Ian	Hewitt	MV40	Eden Runners	0:39:24	35
0082	Matt	Davis	MV40	Howgill Harriers	0:39:53	36
0220	Chris	Green	MV40	Ambleside AC	0:41:13	37
0576	Daniel	Brereton	MV40		0:41:34	38
0608	Stefan	Bradley	MV40		0:41:37	39
0067	Simon	Thomas	MV40	Eden Runners	0:41:39	40
0771	Robert	Crawford	MV40	Howgill Harriers	0:42:00	41
0070	Chris	Pope	MV40	Bowland Fell Runners	0:42:02	42
0195	Tony	Murray	MV40	Leven Valley	0:42:30	43
0286	Chris	Moore	MV40	Leven Valley AC	0:42:39	44
0226	Chris	Heaton	MV40	Lakeland Orienteering Club	0:43:20	45
0607	Tom	Swindells	MV40		0:43:43	46
0093	James	Robinson	MV40		0:43:57	47

FV50 WOMEN						
NUMBER		NAME	CAT	CLUB	TIME	POSITION
0243	Bianca	Dyer	FV50	Helm Hill	0:37:28	1
0312	Karen	Bridge	FV50	Eden Runners	0:39:13	2
0489	Lucy	Varney	FV50	Unattached	0:41:19	3
0010	Jo	Cater	FV50	Helm Hill	0:41:55	4
0596	Jane	Latham	FV50	Non	0:44:37	5
0657	Caroline	D'Arcy	FV50	Helm Hill	0:46:26	6
0365	Vicki	Sherrington	FV50	Helm Hill	0:47:11	7
0511	Vicky	Kirkwood	FV50	Dallam	0:47:28	8
0645	Ruth	Webster	FV50	Non	0:47:43	9
0443	Paula	Bowen	FV50	Ambleside AC	0:47:50	10
0456	Denise	Tunstall	FV50	Durham Fell Runners	0:48:46	11
0388	Sarah	Senior	FV50	Helm Hill	0:49:19	12
0772	Karen	Fyles	FV50	Howgill Harriers	0:50:32	13
0124	Lou	Bland	FV50	Helm Hill	0:51:45	14
0679	Anna	Stevens	FV50	Helm Hill	0:52:48	15
0715	Veronica	Waller	FV50	Dallam	0:53:35	16
0308	Alison	Tancred	FV50	Helm Hill	0:54:49	17
0223	Jayne	Scott	FV50	Helm Hill	0:55:04	18
0023	Sonia	Woods	FV50	Bowland Fell Runners	0:56:45	19

MV50 MEN						
NUMBER		NAME	CAT	CLUB	TIME	POSITION
0530	Craig	Burrow	MV50	Helm Hill Runners	0:32:38	1
0244	Jacob	Dyer	MV50	Helm Hill	0:32:43	2
0734	James	Cater	MV50	Helm Hill	0:35:23	3
0664	Steve	Sanders	MV50	Penistone Footpath Runners	0:35:27	4
0747	Mike	Berners-Lee	MV50	Helm Hill	0:35:32	5
0702	Timothy	Cowin	MV50	Helm hill	0:35:36	6
0258	John	Douglas	MV50	Allithwaite Running Club	0:35:55	7
0777	Neil	Robinson	MV50	COLT	0:36:18	8
0575	Alistair	Hearn	MV50	Helm	0:36:33	9
0229	Nick	Lewthwaite	MV50	Ambleside	0:37:06	10
0217	Tom	Matthew	MV50	Bowland	0:37:34	11
0599	Paul	Trott	MV50	Helm Hill	0:38:05	12
0677	Shaun	Jackson	MV50	Altrincham	0:39:19	13
0682	Nigel	Braithwaite	MV50	Eden runners	0:39:44	14
0520	Jonathan	Tombs	MV50	Eden Runners	0:39:57	15
0551	Jamie	Jephcott	MV50	Eden Runners	0:40:14	16
0674	Nick	Kitching	MV50	None	0:40:28	17
0676	Craig	Partridge	MV50	Altrincham	0:42:16	18
0128	Tim	Field	MV50	Helm Hill Runners	0:42:22	19
0413	Mark	Charnley	MV50	Settle Harriers	0:43:48	20
0378	Adrian	Nicholls	MV50		0:44:04	21
0417	Pete	Ellwood	MV50	Settle Harriers	0:46:06	22
0649	daniel	rayson	MV50	none	0:46:30	23
0613	Phil	Hilborne	MV50		0:50:38	24

FV60 WOMEN						
NUMBER		NAME	CAT	CLUB	TIME	POSITION
0205	Suzanne	Budgett	FV60	Horwich RMI Harriers	0:41:58	1
0377	Fliss	Milner	FV60	Helm Hill	0:45:59	2
0397	Lynn	Whittaker	FV60	Wharfedale Harriers	0:46:41	3
0139	Jane	Morgan	FV60	Helm Hill	0:48:22	4
0533	Debbie	Thompson	FV60	Eden runners	0:48:58	5
0115	Louise	Dunn	FV60	Helm Hill	0:50:50	6
0370	Jo	Taylor	FV60	Bowland FR	0:50:54	7
0527	Jill	Libby	FV60	Eden Runners	0:51:31	8
0228	Marian	de Silver	FV60	Dallam Running Club	0:53:04	9
0706	Sonja	Vietoris	FV60	Dallam Running Club	0:54:36	10
0432	Angela	Burley	FV60	Helm Hill	0:56:35	11

MV60 MEN						
NUMBER		NAME	CAT	CLUB	TIME	POSITION
0125	David	Griffin	MV60	Helm Hill Runners	0:34:12	1
0206	Paul	Revell	MV60	FRA	0:36:47	2
0340	John	Embrey	MV60	SROC	0:37:10	3
0152	William	Coupe	MV60	Helm Hill	0:37:25	4
0054	Ray	Gill	MV60	Helm Hill	0:37:44	5
0348	Joe	Blackett	MV60	DarkPeakFellRunners	0:37:53	6
0047	Chris	Speight	MV60	Helm Hill Runners	0:38:17	7
0053	Brian	Thompson	MV60	Helm Hill	0:38:38	8
0311	Joe	Curran	MV60	Accrington Road Runners	0:39:01	9
0742	Philippe	Jumeau	MV60	Lonsdale	0:40:32	10
0201	Mike	Falgate	MV60	Helm Hill	0:40:37	11
0532	Graham	Beaumont	MV60	Dallam	0:40:59	12
0509	Neil	Holdsworth	MV60	Kendal AAC	0:41:30	13
0088	Alex	Heron	MV60	Eden Runners	0:42:18	14
0234	Stuart	Bell	MV60	Kendal AAC	0:42:24	15
0524	David	Roper	MV60	Howgill Harriers	0:42:35	16
0196	Stuart	Lockton	MV60	Helm Hill Runners	0:42:45	17
0375	Philip	Rigby	MV60	Helm hill	0:42:59	18
0001	David	Appleyard	MV60	Helm Hill	0:44:22	19
0050	Colin	Valentine	MV60	Keswick	0:45:49	20
0739	Allan	Miller	MV60	N/a	0:46:35	21
0696	Bruce	Barnes	MV60	Lancaster Runners	0:56:19	22

FV70 WOMEN						
NUMBER		NAME	CAT	CLUB	TIME	POSITION
0590	Katy	Thompson	FV70	Clayton le Moors Harriers	0:52:25	1

MV70 MEN						
NUMBER		NAME	CAT	CLUB	TIME	POSITION
0579	Andy	Stokes	MV70	Dallam	0:41:24	1
0241	Rudolf	Maciejkowicz	MV70	Kendal AAC	0:46:33	2
0623	Armstrong	John	MV70	Ambleside	0:47:44	3
0369	John	Taylor	MV70	Bowland FR	0:48:09	4
0496	Graham	Schofield	MV70	Chorley Athletic and Tri Club	0:53:15	5
0399	Andrew	Biddle	MV70	Wharfedale	0:53:52	6
0080	Pete	Mcdermott	MV70	Preston Harriers	1:00:45	7
0445	Phil	Kirby	MV70	Coniston	1:08:41	8
0366	David	Rosen	MV70	Lancaster & Morecambe AC	1:10:04	9