



HELM HILL WINTER LEAGUE - Helm Race

2026



DIFFERENT STROKES
PAINTING & DECORATING LTD

U10 GIRLS						
NUMBER		NAME	CAT	CLUB	TIME	POSITION
0419	Pippa	Morphet	u10G	Helm Hill	0:10:53	1
0242	Harriet	Edwards	u10G	Dallam	0:11:04	2
0360	Martha	Goadby	u10G	Helm Hill	0:12:02	3
0624	Ayda	Taylor	u10G	Helm Hill	0:13:12	4
0352	Millie	Brood	u10G	Ambleside	0:13:47	5

U10 BOYS						
NUMBER		NAME	CAT	CLUB	TIME	POSITION
0241	Lewis	Edwards	u10B	Dallam	0:10:09	1
0808	George	Blackburn	u10B	Helm hill	0:10:42	2
0268	Teddy	France	u10B	Settle Harriers	0:10:43	3
0281	Harry	Brown	u10B	Settle Harriers	0:10:54	4
0772	Samuel	Reid	u10B	N/a	0:11:19	5
0615	Seve	Stephenson	u10B	Ambleside AC	0:12:11	6
0311	Gabriel	Parsons	u10B	Helm Hill	0:12:14	7
0068	George	Butler	u10B	Ambleside AC	0:12:46	8
0747	Harry	Wolfendale	u10B	Dallam RC	0:12:58	9

U12 GIRLS						
NUMBER		NAME	CAT	CLUB	TIME	POSITION
0073	Mila	Sillito	u12G	Helm Hill Runners	0:09:26	1
0494	Romy	Barron	u12G	Ambleside AC	0:10:06	2
0301	Elena	Procter	u12G	Helm Hill Runners	0:10:20	3
0792	Isla	Dalton	u12G	Helm Hill	0:10:26	4
0506	Lyra	Haslett	u12G	Helm Hill	0:10:34	5
0208	Teigan	Wilcock	u12G	Ambleside AC	0:11:02	6
0851	Jacy-kate	Jewitt	u12G	Furness Fell Runners	0:11:29	7
0614	Nieve	Stephenson	u12G	Ambleside AC	0:12:17	8
0154	Josie	Greenwood	u12G	Helm Hill	0:12:34	9
0538	Anna	Giddings	u12G	Keswick AC	0:13:08	10
0163	Mia	Kourkoulos	u12G	Settle Harriers	0:13:22	11
0731	Imogen	Darcy	u12G	Helm Hill	0:13:27	12
0857	Sophia	Savage	u12G	Dallam Running Club	0:13:34	13
0217	Emilia	Nunns	u12G	Helm Hill	0:13:50	14

U12 BOYS						
NUMBER		NAME	CAT	CLUB	TIME	POSITION
0771	Harrison	Reid	u12B	Kendal athletic club	0:09:13	1
0131	Freddie	Fretwell	u12B	Settle Harriers	0:09:22	2
0663	Jack	Taylor	u12B	Helm Hill	0:09:24	3
0269	Bobby	France	u12B	Settle Harriers	0:09:29	4
0341	Judah	Basham	u12B	Ambleside AC	0:09:54	5
0303	Nicolas	Martin	u12B	Helm Hill	0:09:56	6
0280	Freddie	Brown	u12B	Settle Harriers	0:10:03	7
0807	Thomas	Blackburn	u12B	Helm hill	0:10:11	8
0779	Harris	Hoyle	u12B	Helm Hill	0:10:22	9
0085	Finn	Rabone	u12B	Helm Hill	0:10:24	10
0074	Arlo	Sillito	u12B	Helm Hill Runners	0:10:28	11
0511	Charlie	Blackburn	u12B	Helme Hill Runners	0:10:48	12
0905	Francis	Coombe	u12B	Ambleside AC	0:10:50	13
0275	Zach	Young	u12B	Helm hill	0:11:09	14
0069	Lucas	Ridley	u12B	Helm	0:11:14	15
0664	Oliver	Taylor	u12B	Helm Hill	0:11:42	16
0083	Matt	Wild-Garcia	u12B	Ambleside AC	0:11:46	17
0907	Arthur	Love	u12B	Settle Harriers	0:12:32	18
0831	Samuel	Thomas	u12B	Helm Hill	0:12:51	19
0820	Lewis	McKim	u12B	Ambleside AC	0:13:06	20
0149	Toby	Lawton	u12B	Helm Hill	0:13:55	21

U14 GIRLS						
NUMBER		NAME	CAT	CLUB	TIME	POSITION
0137	Jocelyn	Hodgson	u14G	Settle Harriers	00:15:09	1
0095	Isla	MacKinnon	u14G	Helm Hill	00:15:24	2
0197	Charlotte	Richardson	u14G	Helm Hill Runners	00:15:42	3
0300	Lola	Hodgson	u14G	Ambleside AC	00:15:59	4
0071	Rosa-Mae	Crompton	u14G	Ambleside AC	00:16:31	5
0128	Sophie	Wright	u14G	Settle Harriers	00:17:13	6
0362	Rowan	Fosker	u14G	Bowland Fell Runners	00:17:57	7
0728	Cara	Colluney	u14G		00:18:02	8
0392	Matilda	Upton	u14G	Helm Hill	00:18:13	9
0505	Elodie	Haslett	u14G	Helm Hill	00:18:39	10
0212	Betty	Jacques	u14G	Ambleside AC	00:18:42	11
0047	Hattie	Blunt	u14G	Ambleside AC	00:18:47	12
0153	Evie	Greenwood	u14G	Helm Hill	00:19:45	13
0058	Eleanor	Pinder	u14G	Ambleside	00:20:07	14
0729	Beatrice	Butlin-Garside	u14G	Ambleside AC	00:20:51	15
0389	Michalina	Bojdol	u14G	Ambleside AC	00:23:01	16
0485	Ruby	Taylforth	u14G	Ambleside AC	00:23:08	17
0885	Kiriana	Lucas	u14G	Helm Hill	00:29:52	18

U14 BOYS						
NUMBER		NAME	CAT	CLUB	TIME	POSITION
0111	Jos	Jebb	u14B	Helm Hill Runners	00:12:38	1
0299	Ben	Ryan	u14B	Helm Hill	00:12:46	2
0417	Kit	Evans	u14B	Ambleside AC	00:13:13	3
0012	Seb	Smith	u14B	Settle Harriers	00:14:17	4
0082	Sean	Wild-Garcia	u14B	Ambleside AC	00:14:28	5
0086	Peter	Butler	u14B	Ambleside AC	00:15:02	6
0010	Shane	Williamson	u14B	Helm hill	00:15:15	7
0027	Rhys	Price	u14B	Darlington Harriers	00:15:17	8
0108	James	McAleese	u14B	Ambleside AC	00:15:35	9
0327	Jonty	Brodie	u14B	Helm Hill	00:15:40	10
0278	Stanley	Evans	u14B	Settle Harriers	00:15:51	11
0216	Danny	Nunns	u14B	Helm Hill	00:16:15	12
0726	Rhys	Crowther	u14B	Ambleside ac	00:16:20	13
0778	Zach	Lucas	u14B	Helm Hill	00:16:32	14
0187	Rhys	Moffat	u14B	Helm Hill	00:16:37	15
0353	Stan	Rushton	u14B	Helm Hill	00:18:11	16
0821	Harry	Sharp	u14B	Ambleside	00:18:16	17
0563	Alfred	Heath	u14B	Helm	00:18:25	18
0318	Fabian	Bulprich	u14B	Ambleside AC	00:19:13	19
0593	Ethan	Davies	u14B	Kendal Athletics Club	00:29:49	20

U16 GIRLS						
NUMBER		NAME	CAT	CLUB	TIME	POSITION
0310	Silvia	Parsons	u16G	Helm Hill	00:24:49	1
0514	Freya	Hodgson-Jones	u16G	Ambleside AC	00:25:51	2
0273	Lily	Neville	u16G	None	00:27:11	3
0403	Tess	Reedy	u16G	Ambleside AC	Ran u14 course	4

U16 BOYS						
NUMBER		NAME	CAT	CLUB	TIME	POSITION
0014	Milo	Williams	u16B	Helm Hill	00:20:09	1
0021	Lawrie	Belshaw	u16B	Ambleside AC	00:20:17	2
0223	George	Bromley	u16B	Settle Harriers	00:23:10	3
0025	Joss	Wood	u16B	Helm Hill Runners	00:24:00	4
0568	Max	Crompton	u16B	Helm	00:24:45	5
0583	Joseph	Giddings	u16B	Keswick AC	00:25:43	6
0100	Fred	Miller	u16B	Settle Harriers Juniors	00:26:54	7
0101	Samuel	Evans	u16B	Settle Harriers	00:27:54	8
0548	Finn	Wilson	u16B	Ambleside AC	00:30:21	9
0678	Arthur	Wray	u16B	N/A	Ran u14 course	10

U18 GIRLS						
NUMBER		NAME	CAT	CLUB	TIME	POSITION
0904	Emmy	Ranner	u18G	Helm hill	0:49:10	1
0784	Cara	Bradley	u18G	Ambleside	0:52:00	2
0554	Rosie	Scott	u18G	Ambleside and Leven Valley	0:52:04	3

U18 BOYS						
NUMBER		NAME	CAT	CLUB	TIME	POSITION
0555	Jonah	Hughes	u18B	Helm	0:41:09	1
0094	Sam	Oldham	u18B	Leven Valley AC	0:41:39	2
0550	Oliver	Scott	u18B	Leven Valley	0:42:21	3
0125	Edward	Shawcross	u18B	Ambleside	0:42:29	4
0039	Henry	Murray	u18B	Furness Fell Runners	0:42:52	5
0551	Riley	Scott	u18B	Leven valley	0:44:15	6
0468	James	Jewell	u18B	Furness Fell Runners	0:45:54	7
0355	Thomas	Iveson	u18B	Ambleside AC	0:46:26	8
0122	Zach	Thomas	u18B	Helm Hill	0:54:12	9

U20 WOMEN						
NUMBER		NAME	CAT	CLUB	TIME	POSITION
0015	Jennifer	Hayes	FU20	Settle Harriers	0:46:18	1

U20 MEN						
NUMBER		NAME	CAT	CLUB	TIME	POSITION
0119	Robbie	Watmough	MU20	Settle harriers	0:39:46	1
0357	Toby	Acland	MU20	Helm Hill Runners	0:43:11	2

Seniors' Race						
NUMBER		NAME	CAT	CLUB	TIME	POSITION
0480	William	Weatherill	MSEN	Ambleside AC	0:38:03	1
0422	Richard	Kay	MV40	Helm Hill Runner	0:38:46	2
0483	Felix	Barker	MSEN	Ambleside AC	0:39:28	3
0119	Robbie	Watmough	MU20	Settle Harriers	0:39:46	4
0159	Michael	Ainsworth	MV40	Helm Hill	0:40:15	5
0075	Seb	Sillito	MV40	Helm Hill Runner	0:40:38	6
0481	Jonathan	Coney	MSEN	Helm Hill	0:40:53	7
0555	Jonah	Hughes	u18B	Helm	0:41:09	8
0791	Thomas	Marshall	MSEN	U/A	0:41:15	9
0359	David	Goadby	MV40	Helm Hill	0:41:38	10
0094	Sam	Oldham	u18B	Leven Valley AC	0:41:39	11
0253	Michael	Kearney	MV40	Helm Hill	0:41:44	12
0899	Ross	Bibby	MV40	Helm Hill	0:41:45	13
0550	Oliver	Scott	u18B	Leven Valley	0:42:21	14
0125	Edward	Shawcross	u18B	Ambleside	0:42:29	15
0016	Graham	Hayes	MV40	Independent	0:42:44	16
0039	Henry	Murray	u18B	Wess Fell Runners	0:42:52	17
0357	Toby	Acland	MU20	Helm Hill Runner	0:43:11	18
0011	Helen	Smith	FV40	Wess Fell Harriers	0:43:17	19
0832	Jack	Simpson	MV40	Ambleside	0:44:01	20
0551	Riley	Scott	u18B	Leven valley	0:44:15	21
0407	Justin	Tancred	MV50	Helm Hill	0:44:31	22
0405	Harvey	Lord	MV40	Black combe	0:45:08	23
0320	Laurentiu	Bulprich	MSEN	Ambleside AC	0:45:10	24
0500	Ross	Butler	MV40	Keswick AC	0:45:21	25
0556	Daniel	Hughes	MV50	Helm	0:45:52	26
0468	James	Jewell	u18B	Wess Fell Runners	0:45:54	27
0015	Jennifer	Hayes	FU20	Settle Harriers	0:46:18	28

0355	Thomas	Iveson	u18B	Ambleside AC	0:46:26	29
0525	Simon	Denny	MSEN	Beagles Runni	0:46:29	30
0581	Tom	Batty	MSEN	entham beagles	0:46:35	31
0060	James	Cater	MV50	Helm Hill	0:46:37	32
0148	David	Griffin	MV60	Helm Hill	0:47:32	33
0124	Alistair	Shawcross	MV50	Lonsdale	0:47:42	34
0618	John	Bagge	MV60	Helm Hill	0:48:12	35
0232	Chris	Speight	MV60	Helm Hill	0:48:23	36
0769	Rob	McGurk	MSEN		0:49:00	37
0904	Emmy	Ranner	u18G	Helm hill	0:49:10	38
0665	Juliet	Sherrington	FSEN	Ambleside AC	0:49:38	39
0877	Pete	Greenwood	MSEN	Helm Hill	0:50:20	40
0587	Sean	Robinson	MV40	owgill Harrier	0:50:28	41
0560	Simon	Thompson	MV40	Keswick AC	0:50:46	42
0420	Fiona	Morphet	FSEN	Helm Hill	0:51:01	43
0784	Cara	Bradley	u18G	Ambleside	0:52:00	44
0554	Rosie	Scott	u18G	Ambleside and L	0:52:04	45
0317	Crina	Bulprich	FSEN	Ambleside AC	0:52:12	46
0782	Angela	Tarlton	FV50	Bentham Beagles	0:52:19	47
0513	Matt	Foot	MSEN	Helm Hill	0:52:20	48
0541	Mark	Cropper	MV50	Helm Hill	0:53:02	49
0412	Billy	Procter	MV60	Helm Hill	0:53:14	50
0499	Nick	Kitching	MV50	N/A	0:53:18	51
0381	Jo	Wilkinson	FV50	Helm Hill	0:53:55	52
0122	Zach	Thomas	u18B	Helm Hill	0:54:12	53
0297	Ray	Gill	MV60	Helm Hill	0:54:40	54
0277	Beth	Evans	FV40	Settle Harriers	0:54:44	55
0463	Peter	Jewell	MV50	ness Fell Runn	0:54:47	56
0783	Samantha	Taylor	FV50		0:55:14	57
0298	Liz	Whitfield	FV40	Helm Hill	0:55:53	58

0375	Matthew	Balmer	MV40		0:57:26	59
0076	Sophie	Wallwin	FSEN	Helm Hill	0:58:18	60
0226	Natasha	Geere	FV50	Spensorough	0:58:36	61
0898	Clifford	Featherstone	MV70	ham City Harri	0:58:41	62
0179	vicki	sherrington	FV50	Helm Hill	0:59:22	63
0145	Vicky	Atkinson	FV50	Helm Hill	1:01:23	64
0519	Jonathan	Tombs	MV50	Eden Runners	1:01:28	65
0017	Lynn	Whittaker	FV60	arfedale Harrie	1:01:30	66
0613	Hazel	Clark	FV40	Helm Hill	1:01:39	67
0565	Laura	Hastings	FSEN	elm Hill Runner	1:02:19	68
0386	John	Taylor	MV70	Bowland	1:03:29	69
0325	Colin	Valentine	MV60	Keswick	1:04:17	70
0227	Stephen	Hunt	MV60		1:04:56	71
0371	Emily	Crossley	FSEN	ettle Harriers	1:05:15	72
0649	Allan	Miller	MV60	U/a	1:05:59	73
0121	Katharine	Shrine	FV50	Helm Hill	1:10:39	74
0903	Julia	Rolfe	FV60	. Annes Road Run	1:11:46	75
0507	Joanne	Haslett	FV40	Helm Hill	1:12:39	76
0591	Denise	Tunstall	FV60	ham Fell Runne	1:14:19	77
0582	Sonja	Vietoris	FV60	Dallam RC	1:14:45	78
0429	Jane	Rousseau	FV50	BCR	1:16:59	79
0142	Jill	Gates	FV60	Settle Harriers	1:20:50	80
0292	David	Rosen	MV70	ster & Morecam	1:25:54	81

OVERALL WOMEN						
NUMBER		NAME	CAT	CLUB	TIME	POSITION
0011	Helen	Smith	FV40	Wharfedale Harriers	0:43:17	1
0015	Jennifer	Hayes	FU20	Settle Harriers	0:46:18	2
0904	Emmy	Ranner	u18G	Helm hill	0:49:10	3
0665	Juliet	Sherrington	FSEN	Ambleside AC	0:49:38	4
0420	Fiona	Morphet	FSEN	Helm Hill	0:51:01	5
0784	Cara	Bradley	u18G	Ambleside	0:52:00	6
0554	Rosie	Scott	u18G	Ambleside and Leven Valley	0:52:04	7
0317	Crina	Bulprich	FSEN	Ambleside AC	0:52:12	8
0782	Angela	Tarlton	FV50	Bentham Beagles	0:52:19	9
0381	Jo	Wilkinson	FV50	Helm Hill	0:53:55	10
0277	Beth	Evans	FV40	Settle Harriers	0:54:44	11
0783	Samantha	Taylor	FV50		0:55:14	12
0298	Liz	Whitfield	FV40	Helm Hill	0:55:53	13
0076	Sophie	Wallwin	FSEN	Helm Hill	0:58:18	14
0226	Natasha	Geere	FV50	Spensborough	0:58:36	15
0179	vicki	sherrington	FV50	Helm Hill	0:59:22	16
0145	Vicky	Atkinson	FV50	Helm Hill	1:01:23	17
0017	Lynn	Whittaker	FV60	Wharfedale Harriers	1:01:30	18
0613	Hazel	Clark	FV40	Helm Hill	1:01:39	19
0565	Laura	Hastings	FSEN	Helm Hill Runners	1:02:19	20
0371	Emily	Crossley	FSEN	Settle Harriers	1:05:15	21
0121	Katharine	Shrine	FV50	Helm Hill	1:10:39	22
0903	Julia	Rolfe	FV60	Ham St. Annes Road Runners C	1:11:46	23
0507	Joanne	Haslett	FV40	Helm Hill	1:12:39	24
0591	Denise	Tunstall	FV60	Durham Fell Runners	1:14:19	25
0582	Sonja	Vietoris	FV60	Dallam RC	1:14:45	26
0429	Jane	Rousseau	FV50	BCR	1:16:59	27
0142	Jill	Gates	FV60	Settle Harriers	1:20:50	28

OVERALL MEN						
NUMBER		NAME	CAT	CLUB	TIME	POSITION
0480	William	Weatherill	MSEN	Ambleside AC	0:38:03	1
0422	Richard	Kay	MV40	Helm Hill Runners	0:38:46	2
0483	Felix	Barker	MSEN	Ambleside AC	0:39:28	3
0119	Robbie	Watmough	MU20	Settle harriers	0:39:46	4
0159	Michael	Ainsworth	MV40	Helm Hill	0:40:15	5
0075	Seb	Sillito	MV40	Helm Hill Runners	0:40:38	6
0481	Jonathan	Coney	MSEN	Helm Hill	0:40:53	7
0555	Jonah	Hughes	u18B	Helm	0:41:09	8
0791	Thomas	Marshall	MSEN	U/A	0:41:15	9
0359	David	Goadby	MV40	Helm Hill	0:41:38	10
0094	Sam	Oldham	u18B	Leven Valley AC	0:41:39	11
0253	Michael	Kearney	MV40	Helm Hill	0:41:44	12
0899	Ross	Bibby	MV40	Hem Hill	0:41:45	13
0550	Oliver	Scott	u18B	Leven Valley	0:42:21	14
0125	Edward	Shawcross	u18B	Ambleside	0:42:29	15
0016	Graham	Hayes	MV40	Independent	0:42:44	16
0039	Henry	Murray	u18B	Furness Fell Runners	0:42:52	17
0357	Toby	Acland	MU20	Helm Hill Runners	0:43:11	18
0832	Jack	Simpson	MV40	Ambleside	0:44:01	19
0551	Riley	Scott	u18B	Leven valley	0:44:15	20
0407	Justin	Tancrel	MV50	Helm Hill	0:44:31	21
0405	Harvey	Lord	MV40	Black combe	0:45:08	22
0320	Laurentiu	Bulprich	MSEN	Ambleside AC	0:45:10	23
0500	Ross	Butler	MV40	Keswick AC	0:45:21	24
0556	Daniel	Hughes	MV50	Helm	0:45:52	25
0468	James	Jewell	u18B	Furness Fell Runners	0:45:54	26
0355	Thomas	Iveson	u18B	Ambleside AC	0:46:26	27
0525	Simon	Denny	MSEN	Bentham Beagles Running Club	0:46:29	28

0581	Tom	Batty	MSEN	Bentham beagles	0:46:35	29
0060	James	Cater	MV50	Helm Hill	0:46:37	30
0148	David	Griffin	MV60	Helm Hill	0:47:32	31
0124	Alistair	Shawcross	MV50	Lonsdale	0:47:42	32
0618	John	Bagge	MV60	Helm Hill	0:48:12	33
0232	Chris	Speight	MV60	Helm Hill	0:48:23	34
0769	Rob	McGurk	MSEN		0:49:00	35
0877	Pete	Greenwood	MSEN	Helm Hill	0:50:20	36
0587	Sean	Robinson	MV40	Howgill Harriers	0:50:28	37
0560	Simon	Thompson	MV40	Keswick AC	0:50:46	38
0513	Matt	Foot	MSEN	Helm Hill	0:52:20	39
0541	Mark	Cropper	MV50	Helm Hill	0:53:02	40
0412	Billy	Procter	MV60	Helm Hill	0:53:14	41
0499	Nick	Kitching	MV50	N/A	0:53:18	42
0122	Zach	Thomas	u18B	Helm Hill	0:54:12	43
0297	Ray	Gill	MV60	Helm Hill	0:54:40	44
0463	Peter	Jewell	MV50	Furness Fell Runners	0:54:47	45
0375	Matthew	Balmer	MV40		0:57:26	46
0898	Clifford	Featherstone	MV70	Durham City Harriers	0:58:41	47
0519	Jonathan	Tombs	MV50	Eden Runners	1:01:28	48
0386	John	Taylor	MV70	Bowland	1:03:29	49
0325	Colin	Valentine	MV60	Keswick	1:04:17	50
0227	Stephen	Hunt	MV60		1:04:56	51
0649	Allan	Miller	MV60	U/a	1:05:59	52
0292	David	Rosen	MV70	Lancaster & Morecambe AC	1:25:54	53

FV40 WOMEN						
NUMBER		NAME	CAT	CLUB	TIME	POSITION
0011	Helen	Smith	FV40	Wharfedale Harriers	0:43:17	1
0277	Beth	Evans	FV40	Settle Harriers	0:54:44	2
0298	Liz	Whitfield	FV40	Helm Hill	0:55:53	3
0613	Hazel	Clark	FV40	Helm Hill	1:01:39	4
0507	Joanne	Haslett	FV40	Helm Hill	1:12:39	5

MV40 MEN						
NUMBER		NAME	CAT	CLUB	TIME	POSITION
0422	Richard	Kay	MV40	Helm Hill Runners	0:38:46	1
0159	Michael	Ainsworth	MV40	Helm Hill	0:40:15	2
0075	Seb	Sillito	MV40	Helm Hill Runners	0:40:38	3
0359	David	Goadby	MV40	Helm Hill	0:41:38	4
0253	Michael	Kearney	MV40	Helm Hill	0:41:44	5
0899	Ross	Bibby	MV40	Hem Hill	0:41:45	6
0016	Graham	Hayes	MV40	Independent	0:42:44	7
0832	Jack	Simpson	MV40	Ambleside	0:44:01	8
0405	Harvey	Lord	MV40	Black combe	0:45:08	9
0500	Ross	Butler	MV40	Keswick AC	0:45:21	10
0587	Sean	Robinson	MV40	Howgill Harriers	0:50:28	11
0560	Simon	Thompson	MV40	Keswick AC	0:50:46	12
0375	Matthew	Balmer	MV40		0:57:26	13

FV50 WOMEN						
NUMBER		NAME	CAT	CLUB	TIME	POSITION
0782	Angela	Tarlton	FV50	Bentham Beagles	0:52:19	1
0381	Jo	Wilkinson	FV50	Helm Hill	0:53:55	2
0783	Samantha	Taylor	FV50		0:55:14	3
0226	Natasha	Geere	FV50	Spensorough	0:58:36	4
0179	vicki	sherrington	FV50	Helm Hill	0:59:22	5
0145	Vicky	Atkinson	FV50	Helm Hill	1:01:23	6
0121	Katharine	Shrine	FV50	Helm Hill	1:10:39	7
0429	Jane	Rousseau	FV50	BCR	1:16:59	8

MV50 MEN						
NUMBER		NAME	CAT	CLUB	TIME	POSITION
0407	Justin	Tancred	MV50	Helm Hill	0:44:31	1
0556	Daniel	Hughes	MV50	Helm	0:45:52	2
0060	James	Cater	MV50	Helm Hill	0:46:37	3
0124	Alistair	Shawcross	MV50	Lonsdale	0:47:42	4
0541	Mark	Cropper	MV50	Helm Hill	0:53:02	5
0499	Nick	Kitching	MV50	N/A	0:53:18	6
0463	Peter	Jewell	MV50	Furness Fell Runners	0:54:47	7
0519	Jonathan	Tombs	MV50	Eden Runners	1:01:28	8

FV60 WOMEN						
NUMBER		NAME	CAT	CLUB	TIME	POSITION
0017	Lynn	Whittaker	FV60	Wharfedale Harriers	1:01:30	1
0903	Julia	Rolfe	FV60	tham St. Annes Road Runners Cl	1:11:46	2
0591	Denise	Tunstall	FV60	Durham Fell Runners	1:14:19	3
0582	Sonja	Vietoris	FV60	Dallam RC	1:14:45	4
0142	Jill	Gates	FV60	Settle Harriers	1:20:50	5

MV60 MEN						
NUMBER		NAME	CAT	CLUB	TIME	POSITION
0148	David	Griffin	MV60	Helm Hill	0:47:32	1
0618	John	Bagge	MV60	Helm Hill	0:48:12	2
0232	Chris	Speight	MV60	Helm Hill	0:48:23	3
0412	Billy	Procter	MV60	Helm Hill	0:53:14	4
0297	Ray	Gill	MV60	Helm Hill	0:54:40	5
0325	Colin	Valentine	MV60	Keswick	1:04:17	6
0227	Stephen	Hunt	MV60		1:04:56	7
0649	Allan	Miller	MV60	U/a	1:05:59	8

FV70 WOMEN						
NUMBER		NAME	CAT	CLUB	TIME	POSITION
#N/A						#N/A

MV70 MEN						
NUMBER		NAME	CAT	CLUB	TIME	POSITION
0898	Clifford	Featherstone	MV70	Durham City Harriers	0:58:41	1
0386	John	Taylor	MV70	Bowland	1:03:29	2
0292	David	Rosen	MV70	Lancaster & Morecambe AC	1:25:54	3