



HELM HILL WINTER LEAGUE - Scout Scar

2026



		U10 GIRLS				
NUMBER		NAME	CAT	CLUB	TIME	POSITION
0242	Harriet	Edwards	u10G	Dallam	0:10:37	1
0419	Pippa	Morphet	u10G	Helm Hill	0:11:43	2
0369	Maggie	Meredith	u10G	Settle Harriers	0:12:30	3
0360	Martha	Goadby	u10G	Helm Hill	0:13:15	4
0624	Ayda	Taylor	u10G	Helm Hill	0:13:16	5
0154	Josie	Greenwood	u10G	Helm Hill	0:13:22	6
0612	Lottie	Taylor	u10G	Helm hill	0:13:38	7
0324	Beatrix	Mercer	u10G	Settle Harriers	0:13:45	8
0054	Aida	Zaboklicka	u10G	Furness Fell Runners	0:14:30	9
0157	Alice	Hodgson	u10G	Ambleside	0:14:58	10
0438	Eloise	Gibson	u10G	Helm Hill	0:17:00	11

		U10 BOYS				
NUMBER		NAME	CAT	CLUB	TIME	POSITION
0241	Lewis	Edwards	u10B	Dallam	0:10:42	1
0564	William	Doig	u10B	Helm hill	0:11:16	2
0144	Alfie	Torode-Cooke	u10B	Helm Hill	0:11:19	3
0268	Teddy	France	u10B	Settle Harriers	0:11:21	4
0497	Charlie	Gates	u10B	Settle Harriers	0:11:42	5
0281	Harry	Brown	u10B	Settle Harriers	0:11:51	6
0601	Thomas	Bell	u10B		0:11:57	7
0615	Seve	Stephenson	u10B	Ambleside AC	0:12:03	8
0068	George	Butler	u10B	Ambleside AC	0:12:26	9
0724	Nico	Thickett	u10B		0:12:38	10
0311	Gabriel	Parsons	u10B	Helm Hill	0:12:39	11
0639	Price	Elliott	u10B	Helm	0:12:41	12
0456	Joud	Riaz	u10B	Ambleside AC	0:12:45	13
0090	Fergus	Plant	u10B	Helm Hill Runners	0:14:33	14
0717	Ianto	Booth	u10B	Helm hill	0:14:59	15

		U12 GIRLS				
NUMBER		NAME	CAT	CLUB	TIME	POSITION
0073	Mila	Sillito	u12G	Helm Hill Runners	0:10:17	1
0506	Lyra	Haslett	u12G	Helm Hill	0:10:18	2
0301	Elena	Procter	u12G	Helm Hill Runners	0:10:22	3
0367	Harriet	Rooke	u12G	Black Combe Runners	0:10:58	4
0053	Maya	Zaboklicka	u12G	Furness Fell Runners	0:12:13	5
0616	Daisy	Boadle	u12G	Helm Hill	0:12:19	6
0706	Jessie	Whittington	u12G	Helm Hill	0:13:46	7
0572	May	Birkett	u12G	Ambleside	0:13:59	8
0614	Nieve	Stephenson	u12G	Ambleside AC	0:14:00	9
0673	Ava	Grandison	u12G	Helm Hill	0:14:42	10
0538	Anna	Giddings	u12G	Keswick AC	0:14:52	11
0695	Olivia	Clarke	u12G	Helm hill	0:15:27	12
0217	Emilia	Nunns	u12G	Helm Hill	0:15:33	13

		U12 BOYS				
NUMBER		NAME	CAT	CLUB	TIME	POSITION
0341	Judah	Basham	u12B	Ambleside AC	0:09:41	1
0131	Freddie	Fretwell	u12B	Settle Harriers	0:09:59	2
0269	Bobby	France	u12B	Settle Harriers	0:10:06	3
0161	Callum	Ainsworth	u12B	Helm Hill	0:10:13	4
0303	Nicolas	Martin	u12B	Helm Hill	0:10:35	5
0707	Monty	Ruscoe	u12B	Helm Hill	0:10:49	6
0663	Jack	Taylor	u12B	Helm Hill	0:11:00	7
0592	Toby	Davies	u12B	Kendal Athletics Club	0:11:01	8
0511	Charlie	Blackburn	u12B	Helme Hill Runners	0:11:03	9
0074	Arlo	Sillito	u12B	Helm Hill Runners	0:11:05	10
0280	Freddie	Brown	u12B	Settle Harriers	0:11:08	11
0069	Lucas	Ridley	u12B	Helm	0:11:13	12
0083	Matt	Wild-Garcia	u12B	Ambleside AC	0:11:32	13
0421	Donnie	Rowe	u12B	Settle Harriers	0:12:00	14
0655	Harry	Lowther	u12B	Helm hill	0:12:06	15
0453	Aidan	Lovett	u12B	Helm Hill	0:12:47	16
0260	Elliot	Lowrie	u12B	Helm Hill	0:12:50	17
0664	Oliver	Taylor	u12B	Helm Hill	0:12:58	18
0149	Toby	Lawton	u12B	Helm Hill	0:13:13	19

		U14 GIRLS				
NUMBER		NAME	CAT	CLUB	TIME	POSITION
0338	Martha	Hart	u14G	Settle Harriers	00:13:11	1
0562	Maia	Dacre	u14G	Helm Hill	00:13:30	2
0095	Isla	MacKinnon	u14G	Helm Hill	00:13:32	3
0197	Charlotte	Richardson	u14G	Helm Hill Runners	00:13:47	4
0688	Elsie	Duffy	u14G	Rossendale Harriers	00:14:12	5
0071	Rosa-Mae	Crompton	u14G	Ambleside AC	00:14:18	6
0128	Sophie	Wright	u14G	Settle Harriers	00:14:27	7
0285	Elouise	Shepherd	u14G	Settle Harriers	00:14:32	8
0047	Hattie	Blunt	u14G	Ambleside AC	00:14:34	9
0127	Megan	Wright	u14G	Settle Harriers	00:14:35	10
0544	Isla	Mason	u14G	Helm Hill	00:14:37	11
0505	Elodie	Haslett	u14G	Helm Hill	00:14:39	12
0343	Iris	Lodge	u14G	Settle harriers	00:15:42	13
0392	Matilda	Upton	u14G	Helm Hill	00:15:45	14
0389	Michalina	Bojdol	u14G	Ambleside AC	00:16:27	15
0677	Ayva	Williams	u14G	Helmhill	00:16:28	16
0058	Eleanor	Pinder	u14G	Ambleside	00:17:10	17
0362	Rowan	Fosker	u14G	Bowland Fell Runners	00:17:27	18
0404	Bessie	Lord	u14G		00:17:29	19
0153	Evie	Greenwood	u14G	Helm Hill	00:18:15	20
0705	Celeste	Whittington	u14G	Helm Hill	00:19:19	21

		U14 BOYS				
NUMBER		NAME	CAT	CLUB	TIME	POSITION
0299	Ben	Ryan	u14B	Helm Hill	00:11:13	1
0332	Calum	McGoldrick	u14B	Settle Harriers	00:11:31	2
0417	Kit	Evans	u14B	Ambleside AC	00:11:43	3
0082	Sean	Wild-Garcia	u14B	Ambleside AC	00:12:15	4
0086	Peter	Butler	u14B	Ambleside AC	00:12:37	5
0327	Jonty	Brodie	u14B	Helm Hill	00:13:03	6
0278	Stanley	Evans	u14B	Settle Harriers	00:13:09	7
0012	Seb	Smith	u14B	U/A	00:13:21	8
0455	Haris	Riaz	u14B	Ambleside AC	00:13:24	9
0335	Finlay	McGoldrick	u14B	Settle Harriers	00:13:45	10
0567	Harlan	King	u14B	Helm hill	00:13:55	11
0563	Alfred	Heath	u14B	Helm	00:14:03	12
0216	Danny	Nunns	u14B	Helm Hill	00:14:07	13
0326	Charlie	Potter	u14B	Helm Hill	00:14:09	14
0353	Stan	Rushton	u14B	Helm Hill	00:14:11	15
0187	Rhys	Moffat	u14B	Helm Hill	00:14:21	16
0010	Shane	Williamson	u14B	Helm hill	00:15:14	17
0318	Fabian	Bulprich	u14B	Ambleside AC	00:15:39	18
0672	Kit	Grandison	u14B	Helm Hill	00:17:21	19
0593	Ethan	Davies	u14B	Kendal Athletics Club	00:19:00	20
0726	Rhys	Crowther	u14B	Ambleside ac	00:22:20	21

		U16 GIRLS				
NUMBER		NAME	CAT	CLUB	TIME	POSITION
0331	Mia	McGoldrick	u16G	Settle Harriers	00:18:21	1
0452	Beatrix	Soper	u16G	Sale Harriers	00:18:52	2
0647	Alice	Carr	u16G	Rossendale Harriers	00:19:24	3
0273	Lily	Neville	u16G	None	00:26:36	4
0637	Maisie	Todhunter	u16G	Helm Hill	00:26:43	5
0643	Sophie	Kitts	u16G	Furness fell runners	00:27:12	6
0046	Poppy	Bailey	u16G	Furness Fell Runners	00:27:41	7
0171	Violet	Benson	u16G	Helm hill	00:28:09	8
0689	Lyla	Duffy	u16G	Rossendale Harriers	00:29:12	9
0310	Silvia	Parsons	u16G	Helm Hill	00:31:53	10

		U16 BOYS				
NUMBER		NAME	CAT	CLUB	TIME	POSITION
0330	Charlie	Dobson	u16B	Rossendale Harriers	00:17:31	1
0014	Milo	Williams	u16B	Helm Hill	00:17:48	2
0052	Theo	Zaboklicki	u16B	Furness Fell Runners	00:18:03	3
0021	Lawrie	Belshaw	u16B	Ambleside AC	00:19:47	4
0678	Arthur	Wray	u16B	N/A	00:20:11	5
0685	Harry	Mason	u16B		00:21:24	6
0196	Aaron	Richardson	u16B	Helm Hill	00:23:24	7
0583	Joseph	Giddings	u16B	Keswick AC	00:26:12	8
0100	Fred	Miller	u16B	Settle Harriers Juniors	00:27:32	9
0101	Samuel	Evans	u16B	Settle Harriers	00:28:06	10
0548	Finn	Wilson	u16B	Ambleside AC	00:30:00	11
0120	Rhuari	Trott	u16B	Helm Hill	Missed Turn	12
0568	Max	Crompton	u16B	Helm	Missed Turn	13

		U18 GIRLS				
NUMBER		NAME	CAT	CLUB	TIME	POSITION
0337	Camilla	Hart	u18G	Settle Harriers	0:37:30	1
0207	Roisin	Jordan	u18G	Oldham and Royton Harriers	0:43:48	2

U18 BOYS						
NUMBER		NAME	CAT	CLUB	TIME	POSITION
0521	Evan	Mulvany	u18B	Helm Hill	0:29:51	1
0125	Edward	Shawcross	u18B	Ambleside	0:32:33	2
0555	Jonah	Hughes	u18B	Helm	0:32:37	3
0468	James	Jewell	u18B	Furness Fell Runners	0:34:31	4
0719	Oli	Andrews	u18B	Ambleside AC	0:35:30	5
0051	Noah	Zaboklicki	u18B	Furness Fell Runners	0:39:53	6
0122	Zach	Thomas	u18B	Helm Hill	0:40:59	7

		Senior's Race				
NUMBER		NAME	CAT	CLUB	TIME	POSITION
0595	James	Bowen	MSEN	St Mary's university	0:27:49	1
0715	Jack	Wright	MSEN	Ambleside AC	0:27:59	2
0480	William	Weatherill	MSEN	Ambleside AC	0:28:14	3
0483	Felix	Barker	MSEN	Ambleside AC	0:28:24	4
0699	Sam	Burnstone	MSEN	Helm Hill	0:28:33	5
0720	Laurence	Hill	MSEN	Helm Hill	0:28:53	6
0521	Evan	Mulvany	u18B	Helm Hill	0:29:51	7
0680	Mark	Addison	MSEN	U/A	0:29:59	8
0119	Robbie	Watmough	MU20	Settle harriers	0:30:03	9
0132	Matthew	Fretwell	MSEN	Settle Harriers	0:30:15	10
0302	Ben	Procter	MV40	Helm Hill Runners	0:30:19	11
0422	Richard	Kay	MV40	Helm Hill Runners	0:30:22	12
0230	Andrew	Grenfell	MV40	Rossendale Harriers	0:30:54	13
0323	Brian	Pennington	MV40	Howgill Harriers	0:31:02	14
0436	kieran	hodgson	MV50	Helm hill	0:31:08	15
0004	Craig	Taylor	MSEN	Kendal AAC	0:31:10	16
0174	Bruce	Duncan	MV40	Helm Hill	0:31:12	17
0634	Alistair	Hanna	MSEN	Howgill	0:31:14	18
0159	Michael	Ainsworth	MV40	Helm Hill	0:31:24	19
0432	Scott	Rose	MV40	Helm Hill Runners	0:31:29	20
0391	Paul	Upton	MV40	Helm Hill	0:31:34	21
0075	Seb	Sillito	MV40	Helm Hill Runners	0:31:45	22
0308	James	Parsons	MV40	Helm Hill	0:31:52	23
0034	Harry	Tierney	MSEN	Furness Fell Runners	0:32:06	24
0437	Tom	Gibson	MSEN	Helm Hill	0:32:13	25
0430	Alfie	Thorpe	MSEN	BCR	0:32:21	26
0473	Pete	Rigby	MV40	Helm Hill	0:32:23	27
0359	David	Goadby	MV40	Helm Hill	0:32:24	28
0125	Edward	Shawcross	u18B	Ambleside	0:32:33	29
0555	Jonah	Hughes	u18B	Helm	0:32:37	30

0011	Helen	Smith	FV40	Wharfedale Harriers	0:32:42	31
0016	Graham	Hayes	MV40	Independent	0:32:46	32
0225	Jack	Wilcock	MV40	St Orth	0:32:50	33
0136	William	Laye	MSEN	Howgill Harriers	0:32:56	34
0287	Harry	Cale	MSEN		0:33:01	35
0265	Ben	McGinley	MSEN	Helm Hill	0:33:13	36
0484	Matt	Lovesey	MV40	Helm Hill	0:33:24	37
0192	Glen	Goodwin	MV60	Accrington Road Runne	0:33:31	38
0682	Jos	Addison	MSEN	Helm hill	0:33:40	39
0365	Matthew	Rooke	MSEN	Black Combe Runners	0:33:43	40
0426	Richard	Greenfield	MV40	Black Combe Runners	0:33:51	41
0635	Ben	Todhunter	MU20	Helm Hill	0:33:56	42
0182	Sam	Clough	MSEN	Helm Hill	0:34:14	43
0686	Joe	Alderson	MSEN		0:34:25	44
0584	Joseph	Hawes	MV40	Ambleside AC	0:34:28	45
0468	James	Jewell	u18B	Furness Fell Runners	0:34:31	46
0500	Ross	Butler	MV40	Keswick AC	0:34:32	47
0472	Kelli	Roberts	FSEN	Helm Hill	0:34:36	48
0651	Matthew	Swallow	MV40		0:34:49	49
0525	Simon	Denny	MSEN	Bentham Beagles Runni	0:34:51	50
0518	Peter	Lawson	MV40	Howgill Harriers	0:34:52	51
0243	James	Edwards	MV50	Dallam	0:34:54	52
0380	Jack	Waterhouse	MSEN	Helm Hill	0:34:57	53
0135	Emily	Carpenter	FSEN	Preston Harriers	0:35:02	54
0272	Craig	Burrow	MV50	Helm Hill Runners	0:35:04	55
0405	Harvey	Lord	MV40	Black combe	0:35:06	56
0524	Niall	McDonald	MSEN	None	0:35:25	57
0656	Ian	Porter	MV50		0:35:28	58
0719	Oli	Andrews	u18B	Ambleside AC	0:35:30	59
0559	Sam	Crompton	MV40	No Club	0:35:31	60
0627	James	Todhunter	MV40	Helm Hill	0:35:32	61

0356	Alistair	Hearn	MV50	Helm Hill Runners	0:35:34	62
0442	Jack	Palmer	MSEN	None	0:35:38	63
0124	Alistair	Shawcross	MV50	Lonsdale	0:35:40	64
0691	Ian	Duffy	MV40	Rossendale Harriers	0:35:55	65
0186	Robert	Moffat	MSEN	Helm Hill	0:35:59	66
0477	Peter	German	MV40	Helm Hill	0:36:17	67
0698	David	Middlemas	MV50	North Leeds Fell Runners	0:36:19	68
0406	Carl	Crompton	MV50	Ambleside AC	0:36:23	69
0690	Tilly	Duffy	FU20	Rossendale Harriers	0:36:25	70
0081	Tom	Matthew	MV50	Bowland	0:36:27	71
0164	Claire	Kennedy	FSEN	Helm Hill Runners	0:36:33	72
0414	James	Findlay	MSEN		0:36:40	73
0198	Simon	Richardson	MV50	Helm Hill Runners	0:36:42	74
0594	David	Wilson	MV60	Bowland Fell Runners	0:36:45	75
0718	Jim	Andrews	MV60	Ambleside AC	0:37:06	76
0060	James	Cater	MV50	Helm Hill	0:37:23	77
0556	Daniel	Hughes	MV50	Helm	0:37:26	78
0337	Camilla	Hart	u18G	Settle Harriers	0:37:30	79
0654	Petra	Bateman	FSEN	4ZERO	0:37:34	80
0057	Gilbert	Crosby	MU20		0:37:36	81
0191	MICHAEL	TOMAN	MV60	ROSSENDALE HARRIES	0:37:38	82
0547	Simon	Humphries	MV50	U/A	0:37:40	83
0366	Rebecca	Rooke	FSEN	Black Combe Runners	0:37:43	84
0351	Ciel	Matthew	FSEN	Bowland	0:37:53	85
0618	John	Bagge	MV60	Helm Hill	0:37:58	86
0513	Matt	Foot	MSEN	Helm Hill	0:38:05	87
0679	Rhys	Morris	MSEN	FRA	0:38:09	88
0736	Will	Lovett	MV50	Helm Hill	0:38:11	89
0339	Sam	Hart	MV40	Settle Harriers	0:38:13	90
0283	Alexander	Robson	MSEN	Helm Hill Runners	0:38:21	91
0435	Ewen	Turner	MV40	n/a	0:38:24	92

0181	Jim	Bishop	MV50	Lonely Goat	0:38:38	93
0492	Chloe	Barron	FSEN	Ambleside AC	0:38:40	94
0118	Paul	Revell	MV60	Howgill Harriers	0:38:53	95
0589	Isaac	Robinson	MSEN	Howgill Harriers	0:39:03	96
0420	Fiona	Morphet	FSEN	Helm Hill	0:39:04	97
0015	Jennifer	Hayes	FU20	Settle Harriers	0:39:06	98
0457	Saleem	Riaz	MV50		0:39:09	99
0725	Gary	devereux	MV40		0:39:31	100
0598	Christopher	Reade	MV60	Bowland Fell Runners	0:39:35	101
0084	Emily	MacPherson-Littl	FU20	Bowland Fell Runners	0:39:38	102
0087	Michael	Green	MV40	Bentham Beagles	0:39:40	103
0530	Nick	Hewitt	MV70	Bowland Fell Runners	0:39:43	104
0476	Amy	Pearman	FV40	Kendal AAC	0:39:49	105
0459	shaun	jackson	MV50	altrincham	0:39:50	106
0541	Mark	Cropper	MV50	Helm Hill	0:39:51	107
0051	Noah	Zaboklicki	u18B	Furness Fell Runners	0:39:53	108
0317	Crina	Bulprich	FSEN	Ambleside AC	0:39:55	109
0190	Lisa	Parker	FV40	Rossendale Harriers	0:40:07	110
0665	Juliet	Sherrington	FSEN	Ambleside AC	0:40:10	111
0297	Ray	Gill	MV60	Helm Hill	0:40:12	112
0587	Sean	Robinson	MV40	Howgill Harriers	0:40:21	113
0516	Loren	Dawson	FSEN		0:40:24	114
0385	Ruth	Bell	FSEN	Helm Hill	0:40:28	115
0460	Matthew	Pixton	MV50		0:40:47	116
0542	Nick	Sebley	MV60	Black Combe Runners	0:40:49	117
0733	Oliver	Allsopp	MSEN	4ZERO	0:40:52	118
0122	Zach	Thomas	u18B	Helm Hill	0:40:59	119
0499	Nick	Kitching	MV50	N/A	0:41:08	120
0401	Jane	Reedy	FV40	Ambleside AC	0:41:15	121
0381	Jo	Wilkinson	FV50	Helm Hill	0:41:18	122
0716	Adam	Buxton	MU20		0:41:25	123

0734	Paddy	Taylor	MSEN		0:41:26	124
0439	Josh	Murphy	MSEN	Leven Valley	0:41:37	125
0076	Sophie	Wallwin	FSEN	Helm Hill	0:41:47	126
0701	John Anthony	Bryers	MSEN		0:41:54	127
0290	Hannah	Hammonds	FSEN		0:41:58	128
0298	Liz	Whitfield	FV40	Helm Hill	0:42:00	129
0622	Rob	Dutfield	MV50		0:42:04	130
0461	Carol	Evans	FV60	Settle Harriers	0:42:06	131
0170	Andrew	Russell	MV60	Helm Hill	0:42:10	132
0313	David	Rex	MSEN		0:42:14	133
0096	Ewen	Mackinnon	MV40	Helm Hill	0:42:21	134
0304	Maria	Hearn	FV40	Helm Hill	0:42:23	135
0277	Beth	Evans	FV40	Settle Harriers	0:42:28	136
0270	Lisa	France	FSEN	Bentham Beagles Runni	0:42:38	137
0515	Esther	Lambert	FSEN	Helm Hill	0:42:40	138
0061	Caroline	White	FV40	Helm Hill	0:42:42	139
0610	Rosie	Taylor	FSEN	Helm hill	0:42:51	140
0534	Graham	Beaumont	MV60	Dallam Running Club	0:42:55	141
0141	Steve	King	MV50	Helm Hill Runners	0:42:58	142
0201	Andy	Stokes	MV70	Dallam	0:43:02	143
0412	Billy	Procter	MV60	Helm Hill	0:43:08	144
0183	Neil	Holdsworth	MV70		0:43:20	145
0659	Philippe	Jumeau	FV60	Lonsdale Fellrunners	0:43:27	146
0226	Natasha	Geere	FV50	Spensorough	0:43:33	147
0207	Roisin	Jordan	u18G	Oldham and Royton Har	0:43:48	148
0463	Peter	Jewell	MV50	Furness Fell Runners	0:43:54	149
0031	Colin	Howard	MV60	Furness fell runners	0:43:56	150
0072	Steve	Wathall	MV60	Ambleside AC	0:44:26	151
0271	Matthew	France	MSEN	Settle Harriers	0:44:34	152
0314	Tim	Field	MV60	Helm Hill Runners	0:44:41	153
0134	Vicky	Kirkwood	FV50	Helm Hill Runners	0:44:57	154

0240	Angela	Brand-Barker	FV60	Helm Hill	0:45:00	155
0382	David	Wilkinson	MV50	Helm Hill	0:45:02	156
0704	Jo	Wilcox	FV50	Helm hill	0:45:03	157
0296	Bertie	Goffe	MV40	Helm Hill	0:45:11	158
0179	vicki	sherrington	FV50	Helm Hill	0:45:28	159
0150	Liz	Lawton	FV40	Helm hill	0:45:35	160
0374	Richard	Simpson	MV60	u/a	0:45:41	161
0495	Eleanor	Knowles	FV50	Ambleside AC	0:45:44	162
0519	Jonathan	Tombs	MV50	Eden Runners	0:45:46	163
0393	Victoria	Upton	FV40	Helm Hill	0:45:48	164
0383	Mark	Charnley	MV50	Settle Harriers	0:46:01	165
0048	Helen	Blunt	FV40	Kendal AAC	0:46:03	166
0475	Mike	Calvert	MV60	Howgill harriers	0:46:19	167
0049	Lucy	Barrow	FV40	Furness Fell Runners	0:46:41	168
0666	Caroline	D'Arcy	FV50	Helm Hill	0:46:50	169
0200	Ranald	MacKay	MV50	Spectrum Striders	0:46:55	170
0602	Stephen	Libby	MV60	Eden Runners	0:46:59	171
0676	Jenna	Butler	FV40	Helm Hill	0:47:02	172
0531	Lucie	Kelly	FV40	Achilli Ratti	0:47:09	173
0375	Matthew	Balmer	MV40		0:47:15	174
0347	Rebecca	Atkinson	FV40		0:47:20	175
0714	Alice	Marsden	FSEN	N/A	0:47:25	176
0462	Libby	Dixon	FV40	Ambleside AC	0:47:31	177
0227	Stephen	Hunt	MV60		0:47:32	178
0017	Lynn	Whittaker	FV60	Wharfedale Harriers	0:47:44	179
0565	Laura	Hastings	FSEN	Helm Hill Runners	0:47:59	180
0386	John	Taylor	MV70	Bowland	0:48:26	181
0471	Paula	Bowen	FV50	Ambleside AC	0:48:56	182
0693	Tania	Milnes	FV40		0:49:00	183
0579	Daniel	Rayson	MV50		0:49:02	184
0288	Tom	Dorney	MV40		0:49:05	185

0700	Jim	Fisher	MV60	Howgill Harriers	0:49:07	186
0552	Fiona	Bond	FSEN		0:49:22	187
0573	Mary	Jenner	FV50		0:49:26	188
0140	Andy	Monk	MV70	Howgill Harriers	0:49:28	189
0588	Zoe	Robinson	FV40	Howgill Harriers	0:49:37	190
0121	Katharine	Shrine	FV50	Helm Hill	0:49:57	191
0649	Allan	Miller	MV60	U/a	0:50:18	192
0209	Jill	Libby	FV60	Eden Runners	0:50:23	193
0507	Joanne	Haslett	FV40	Helm Hill	0:50:30	194
0168	Anna	Murray	FV60	Barnet and District	0:50:53	195
0145	Vicky	Atkinson	FV50	Helm Hill	0:51:27	196
0479	Sarah	Senior	FV50	Border Reiver Runners	0:51:38	197
0199	Lyn	Richardson	FV50	Helm Hill Runners	0:51:47	198
0697	Marjolein	Thickett	FV40		0:52:03	199
0491	Jayne	Scott	FV50	Helm Hill	0:52:47	200
0387	Joanne	Taylor	FV60	Bowland	0:53:43	201
0080	Jo	Matthew	FV50	Bowland	0:53:51	202
0657	Katy	Thompson	FV70	Clayton	0:55:02	203
0325	Colin	Valentine	MV60	Keswick	0:55:28	204
0180	Lou	Bland	FV50	Helm Hill	0:55:39	205
0600	David	Downes	MV70	WCOC	0:58:22	206
0142	Jill	Gates	FV60	Settle Harriers	1:01:18	207
0429	Jane	Rousseau	FV50	BCR	1:02:26	208
0646	Selwyn	Wright	MV70	Ambleside	1:04:13	209
0205	Wendy	Dodds	FV70	Dallam Runner Club	1:06:02	210
0671	Patty	Davies	FV50	Black Combe Runners	1:06:05	211
0292	David	Rosen	MV70	Lancaster & Morecambe	1:07:39	212
0582	Sonja	Vietoris	FV60	Dallam RC	1:08:39	213
0482	Richard	Turner	MV70	None	1:08:40	214

		U20 WOMEN				
NUMBER		NAME	CAT	CLUB	TIME	POSITION
0690	Tilly	Duffy	FU20	Rossendale Harriers	0:36:25	1
0015	Jennifer	Hayes	FU20	Settle Harriers	0:39:06	2
0084	Emily	MacPherson-Littler	FU20	Bowland Fell Runners	0:39:38	3

		U20 MEN				
NUMBER		NAME	CAT	CLUB	TIME	POSITION
0119	Robbie	Watmough	MU20	Settle harriers	0:30:03	1
0635	Ben	Todhunter	MU20	Helm Hill	0:33:56	2
0057	Gilbert	Crosby	MU20		0:37:36	3
0716	Adam	Buxton	MU20		0:41:25	4

		OVERALL WOMEN				
NUMBER		NAME	CAT	CLUB	TIME	POSITION
0011	Helen	Smith	FV40	Wharfedale Harriers	0:32:42	1
0472	Kelli	Roberts	FSEN	Helm Hill	0:34:36	2
0135	Emily	Carpenter	FSEN	Preston Harriers	0:35:02	3
0690	Tilly	Duffy	FU20	Rossendale Harriers	0:36:25	4
0164	Claire	Kennedy	FSEN	Helm Hill Runners	0:36:33	5
0337	Camilla	Hart	u18G	Settle Harriers	0:37:30	6
0654	Petra	Bateman	FSEN	4ZERO	0:37:34	7
0366	Rebecca	Rooke	FSEN	Black Combe Runners	0:37:43	8
0351	Ciel	Matthew	FSEN	Bowland	0:37:53	9
0492	Chloe	Barron	FSEN	Ambleside AC	0:38:40	10
0420	Fiona	Morphet	FSEN	Helm Hill	0:39:04	11
0015	Jennifer	Hayes	FU20	Settle Harriers	0:39:06	12
0084	Emily	MacPherson-Littler	FU20	Bowland Fell Runners	0:39:38	13
0476	Amy	Pearman	FV40	Kendal AAC	0:39:49	14
0317	Crina	Bulprich	FSEN	Ambleside AC	0:39:55	15
0190	Lisa	Parker	FV40	Rossendale Harriers	0:40:07	16
0665	Juliet	Sherrington	FSEN	Ambleside AC	0:40:10	17
0516	Loren	Dawson	FSEN		0:40:24	18
0385	Ruth	Bell	FSEN	Helm Hill	0:40:28	19
0401	Jane	Reedy	FV40	Ambleside AC	0:41:15	20
0381	Jo	Wilkinson	FV50	Helm Hill	0:41:18	21
0076	Sophie	Wallwin	FSEN	Helm Hill	0:41:47	22
0290	Hannah	Hammonds	FSEN		0:41:58	23
0298	Liz	Whitfield	FV40	Helm Hill	0:42:00	24
0461	Carol	Evans	FV60	Settle Harriers	0:42:06	25
0304	Maria	Hearn	FV40	Helm Hill	0:42:23	26
0277	Beth	Evans	FV40	Settle Harriers	0:42:28	27
0270	Lisa	France	FSEN	enthams Beagles Running Club	0:42:38	28
0515	Esther	Lambert	FSEN	Helm Hill	0:42:40	29
0061	Caroline	White	FV40	Helm Hill	0:42:42	30

0610	Rosie	Taylor	FSEN	Helm hill	0:42:51	31
0659	Philippe	Jumeau	FV60	Lonsdale Fellrunners	0:43:27	32
0226	Natasha	Geere	FV50	Spenborough	0:43:33	33
0207	Roisin	Jordan	u18G	Oldham and Royton Harriers	0:43:48	34
0134	Vicky	Kirkwood	FV50	Helm Hill Runners	0:44:57	35
0240	Angela	Brand-Barker	FV60	Helm Hill	0:45:00	36
0704	Jo	Wilcox	FV50	Helm hill	0:45:03	37
0179	vicki	sherrington	FV50	Helm Hill	0:45:28	38
0150	Liz	Lawton	FV40	Helm hill	0:45:35	39
0495	Eleanor	Knowles	FV50	Ambleside AC	0:45:44	40
0393	Victoria	Upton	FV40	Helm Hill	0:45:48	41
0048	Helen	Blunt	FV40	Kendal AAC	0:46:03	42
0049	Lucy	Barrow	FV40	Furness Fell Runners	0:46:41	43
0666	Caroline	D'Arcy	FV50	Helm Hill	0:46:50	44
0676	Jenna	Butler	FV40	Helm Hill	0:47:02	45
0531	Lucie	Kelly	FV40	Achilli Ratti	0:47:09	46
0347	Rebecca	Atkinson	FV40		0:47:20	47
0714	Alice	Marsden	FSEN	N/A	0:47:25	48
0462	Libby	Dixon	FV40	Ambleside AC	0:47:31	49
0017	Lynn	Whittaker	FV60	Wharfedale Harriers	0:47:44	50
0565	Laura	Hastings	FSEN	Helm Hill Runners	0:47:59	51
0471	Paula	Bowen	FV50	Ambleside AC	0:48:56	52
0693	Tania	Milnes	FV40		0:49:00	53
0552	Fiona	Bond	FSEN		0:49:22	54
0573	Mary	Jenner	FV50		0:49:26	55
0588	Zoe	Robinson	FV40	Howgill Harriers	0:49:37	56
0121	Katharine	Shrine	FV50	Helm Hill	0:49:57	57
0209	Jill	Libby	FV60	Eden Runners	0:50:23	58
0507	Joanne	Haslett	FV40	Helm Hill	0:50:30	59
0168	Anna	Murray	FV60	Barnet and District	0:50:53	60
0145	Vicky	Atkinson	FV50	Helm Hill	0:51:27	61

0479	Sarah	Senior	FV50	Border Reiver Runners	0:51:38	62
0199	Lyn	Richardson	FV50	Helm Hill Runners	0:51:47	63
0697	Marjolein	Thickett	FV40		0:52:03	64
0491	Jayne	Scott	FV50	Helm Hill	0:52:47	65
0387	Joanne	Taylor	FV60	Bowland	0:53:43	66
0080	Jo	Matthew	FV50	Bowland	0:53:51	67
0657	Katy	Thompson	FV70	Clayton	0:55:02	68
0180	Lou	Bland	FV50	Helm Hill	0:55:39	69
0142	Jill	Gates	FV60	Settle Harriers	1:01:18	70
0429	Jane	Rousseau	FV50	BCR	1:02:26	71
0205	Wendy	Dodds	FV70	Dallam Runner Club	1:06:02	72
0671	Patty	Davies	FV50	Black Combe Runners	1:06:05	73
0582	Sonja	Vietoris	FV60	Dallam RC	1:08:39	74

		OVERALL MEN				
NUMBER		NAME	CAT	CLUB	TIME	POSITION
0595	James	Bowen	MSEN	St Mary's university	0:27:49	1
0715	Jack	Wright	MSEN	Ambleside AC	0:27:59	2
0480	William	Weatherill	MSEN	Ambleside AC	0:28:14	3
0483	Felix	Barker	MSEN	Ambleside AC	0:28:24	4
0699	Sam	Burnstone	MSEN	Helm Hill	0:28:33	5
0720	Laurence	Hill	MSEN	Helm Hill	0:28:53	6
0521	Evan	Mulvany	u18B	Helm Hill	0:29:51	7
0680	Mark	Addison	MSEN	U/A	0:29:59	8
0119	Robbie	Watmough	MU20	Settle harriers	0:30:03	9
0132	Matthew	Fretwell	MSEN	Settle Harriers	0:30:15	10
0302	Ben	Procter	MV40	Helm Hill Runners	0:30:19	11
0422	Richard	Kay	MV40	Helm Hill Runners	0:30:22	12
0230	Andrew	Grenfell	MV40	Rossendale Harriers	0:30:54	13
0323	Brian	Pennington	MV40	Howgill Harriers	0:31:02	14
0436	kieran	hodgson	MV50	Helm hill	0:31:08	15
0004	Craig	Taylor	MSEN	Kendal AAC	0:31:10	16
0174	Bruce	Duncan	MV40	Helm Hill	0:31:12	17
0634	Alistair	Hanna	MSEN	Howgill	0:31:14	18
0159	Michael	Ainsworth	MV40	Helm Hill	0:31:24	19
0432	Scott	Rose	MV40	Helm Hill Runners	0:31:29	20
0391	Paul	Upton	MV40	Helm Hill	0:31:34	21
0075	Seb	Sillito	MV40	Helm Hill Runners	0:31:45	22
0308	James	Parsons	MV40	Helm Hill	0:31:52	23
0034	Harry	Tierney	MSEN	Furness Fell Runners	0:32:06	24
0437	Tom	Gibson	MSEN	Helm Hill	0:32:13	25
0430	Alfie	Thorpe	MSEN	BCR	0:32:21	26
0473	Pete	Rigby	MV40	Helm Hill	0:32:23	27
0359	David	Goadby	MV40	Helm Hill	0:32:24	28
0125	Edward	Shawcross	u18B	Ambleside	0:32:33	29
0555	Jonah	Hughes	u18B	Helm	0:32:37	30

0016	Graham	Hayes	MV40	Independent	0:32:46	31
0225	Jack	Wilcock	MV40	St Orth	0:32:50	32
0136	William	Laye	MSEN	Howgill Harriers	0:32:56	33
0287	Harry	Cale	MSEN		0:33:01	34
0265	Ben	McGinley	MSEN	Helm Hill	0:33:13	35
0484	Matt	Lovesey	MV40	Helm Hill	0:33:24	36
0192	Glen	Goodwin	MV60	Accrington Road Runners	0:33:31	37
0682	Jos	Addison	MSEN	Helm hill	0:33:40	38
0365	Matthew	Rooke	MSEN	Black Combe Runners	0:33:43	39
0426	Richard	Greenfield	MV40	Black Combe Runners	0:33:51	40
0635	Ben	Todhunter	MU20	Helm Hill	0:33:56	41
0182	Sam	Clough	MSEN	Helm Hill	0:34:14	42
0686	Joe	Alderson	MSEN		0:34:25	43
0584	Joseph	Hawes	MV40	Ambleside AC	0:34:28	44
0468	James	Jewell	u18B	Furness Fell Runners	0:34:31	45
0500	Ross	Butler	MV40	Keswick AC	0:34:32	46
0651	Matthew	Swallow	MV40		0:34:49	47
0525	Simon	Denny	MSEN	Bentham Beagles Running Club	0:34:51	48
0518	Peter	Lawson	MV40	Howgill Harriers	0:34:52	49
0243	James	Edwards	MV50	Dallam	0:34:54	50
0380	Jack	Waterhouse	MSEN	Helm Hill	0:34:57	51
0272	Craig	Burrow	MV50	Helm Hill Runners	0:35:04	52
0405	Harvey	Lord	MV40	Black combe	0:35:06	53
0524	Niall	McDonald	MSEN	None	0:35:25	54
0656	Ian	Porter	MV50		0:35:28	55
0719	Oli	Andrews	u18B	Ambleside AC	0:35:30	56
0559	Sam	Crompton	MV40	No Club	0:35:31	57
0627	James	Todhunter	MV40	Helm Hill	0:35:32	58
0356	Alistair	Hearn	MV50	Helm Hill Runners	0:35:34	59
0442	Jack	Palmer	MSEN	None	0:35:38	60
0124	Alistair	Shawcross	MV50	Lonsdale	0:35:40	61

0691	Ian	Duffy	MV40	Rossendale Harriers	0:35:55	62
0186	Robert	Moffat	MSEN	Helm Hill	0:35:59	63
0477	Peter	German	MV40	Helm Hill	0:36:17	64
0698	David	Middlemas	MV50	North Leeds Fell Runners	0:36:19	65
0406	Carl	Crompton	MV50	Ambleside AC	0:36:23	66
0081	Tom	Matthew	MV50	Bowland	0:36:27	67
0414	James	Findlay	MSEN		0:36:40	68
0198	Simon	Richardson	MV50	Helm Hill Runners	0:36:42	69
0594	David	Wilson	MV60	Bowland Fell Runners	0:36:45	70
0718	Jim	Andrews	MV60	Ambleside AC	0:37:06	71
0060	James	Cater	MV50	Helm Hill	0:37:23	72
0556	Daniel	Hughes	MV50	Helm	0:37:26	73
0057	Gilbert	Crosby	MU20		0:37:36	74
0191	MICHAEL	TOMAN	MV60	ROSSENDALE HARRIERS	0:37:38	75
0547	Simon	Humphries	MV50	U/A	0:37:40	76
0618	John	Bagge	MV60	Helm Hill	0:37:58	77
0513	Matt	Foot	MSEN	Helm Hill	0:38:05	78
0679	Rhys	Morris	MSEN	FRA	0:38:09	79
0736	Will	Lovett	MV50	Helm Hill	0:38:11	80
0339	Sam	Hart	MV40	Settle Harriers	0:38:13	81
0283	Alexander	Robson	MSEN	Helm Hill Runners	0:38:21	82
0435	Ewen	Turner	MV40	n/a	0:38:24	83
0181	Jim	Bishop	MV50	Lonely Goat	0:38:38	84
0118	Paul	Revell	MV60	Howgill Harriers	0:38:53	85
0589	Isaac	Robinson	MSEN	Howgill Harriers	0:39:03	86
0457	Saleem	Riaz	MV50		0:39:09	87
0725	Gary	devereux	MV40		0:39:31	88
0598	Christophe	Reade	MV60	Bowland Fell Runners	0:39:35	89
0087	Michael	Green	MV40	Bentham Beagles	0:39:40	90
0530	Nick	Hewitt	MV70	Bowland Fell Runners	0:39:43	91
0459	shaun	jackson	MV50	altrincham	0:39:50	92

0541	Mark	Cropper	MV50	Helm Hill	0:39:51	93
0051	Noah	Zaboklicki	u18B	Furness Fell Runners	0:39:53	94
0297	Ray	Gill	MV60	Helm Hill	0:40:12	95
0587	Sean	Robinson	MV40	Howgill Harriers	0:40:21	96
0460	Matthew	Pixton	MV50		0:40:47	97
0542	Nick	Sebley	MV60	Black Combe Runners	0:40:49	98
0733	Oliver	Allsopp	MSEN	4ZERO	0:40:52	99
0122	Zach	Thomas	u18B	Helm Hill	0:40:59	100
0499	Nick	Kitching	MV50	N/A	0:41:08	101
0716	Adam	Buxton	MU20		0:41:25	102
0734	Paddy	Taylor	MSEN		0:41:26	103
0439	Josh	Murphy	MSEN	Leven Valley	0:41:37	104
0701	John Anth	Bryers	MSEN		0:41:54	105
0622	Rob	Dutfield	MV50		0:42:04	106
0170	Andrew	Russell	MV60	Helm Hill	0:42:10	107
0313	David	Rex	MSEN		0:42:14	108
0096	Ewen	Mackinnon	MV40	Helm Hill	0:42:21	109
0534	Graham	Beaumont	MV60	Dallam Running Club	0:42:55	110
0141	Steve	King	MV50	Helm Hill Runners	0:42:58	111
0201	Andy	Stokes	MV70	Dallam	0:43:02	112
0412	Billy	Procter	MV60	Helm Hill	0:43:08	113
0183	Neil	Holdsworth	MV70		0:43:20	114
0463	Peter	Jewell	MV50	Furness Fell Runners	0:43:54	115
0031	Colin	Howard	MV60	Furness fell runners	0:43:56	116
0072	Steve	Wathall	MV60	Ambleside AC	0:44:26	117
0271	Matthew	France	MSEN	Settle Harriers	0:44:34	118
0314	Tim	Field	MV60	Helm Hill Runners	0:44:41	119
0382	David	Wilkinson	MV50	Helm Hill	0:45:02	120
0296	Bertie	Goffe	MV40	Helm Hill	0:45:11	121
0374	Richard	Simpson	MV60	u/a	0:45:41	122
0519	Jonathan	Tombs	MV50	Eden Runners	0:45:46	123

0383	Mark	Charnley	MV50	Settle Harriers	0:46:01	124
0475	Mike	Calvert	MV60	Howgill harriers	0:46:19	125
0200	Ranald	MacKay	MV50	Spectrum Striders	0:46:55	126
0602	Stephen	Libby	MV60	Eden Runners	0:46:59	127
0375	Matthew	Balmer	MV40		0:47:15	128
0227	Stephen	Hunt	MV60		0:47:32	129
0386	John	Taylor	MV70	Bowland	0:48:26	130
0579	Daniel	Rayson	MV50		0:49:02	131
0288	Tom	Dorney	MV40		0:49:05	132
0700	Jim	Fisher	MV60	Howgill Harriers	0:49:07	133
0140	Andy	Monk	MV70	Howgill Harriers	0:49:28	134
0649	Allan	Miller	MV60	U/a	0:50:18	135
0325	Colin	Valentine	MV60	Keswick	0:55:28	136
0600	David	Downes	MV70	WCOC	0:58:22	137
0646	Selwyn	Wright	MV70	Ambleside	1:04:13	138
0292	David	Rosen	MV70	Lancaster & Morecambe AC	1:07:39	139
0482	Richard	Turner	MV70	None	1:08:40	140

		FV40 WOMEN				
NUMBER		NAME	CAT	CLUB	TIME	POSITION
0011	Helen	Smith	FV40	Wharfedale Harriers	0:32:42	1
0476	Amy	Pearman	FV40	Kendal AAC	0:39:49	2
0190	Lisa	Parker	FV40	Rossendale Harriers	0:40:07	3
0401	Jane	Reedy	FV40	Ambleside AC	0:41:15	4
0298	Liz	Whitfield	FV40	Helm Hill	0:42:00	5
0304	Maria	Hearn	FV40	Helm Hill	0:42:23	6
0277	Beth	Evans	FV40	Settle Harriers	0:42:28	7
0061	Caroline	White	FV40	Helm Hill	0:42:42	8
0150	Liz	Lawton	FV40	Helm hill	0:45:35	9
0393	Victoria	Upton	FV40	Helm Hill	0:45:48	10
0048	Helen	Blunt	FV40	Kendal AAC	0:46:03	11
0049	Lucy	Barrow	FV40	Furness Fell Runners	0:46:41	12
0676	Jenna	Butler	FV40	Helm Hill	0:47:02	13
0531	Lucie	Kelly	FV40	Achilli Ratti	0:47:09	14
0347	Rebecca	Atkinson	FV40		0:47:20	15
0462	Libby	Dixon	FV40	Ambleside AC	0:47:31	16
0693	Tania	Milnes	FV40		0:49:00	17
0588	Zoe	Robinson	FV40	Howgill Harriers	0:49:37	18
0507	Joanne	Haslett	FV40	Helm Hill	0:50:30	19
0697	Marjolein	Thickett	FV40		0:52:03	20

		FV40 MEN				
NUMBER		NAME	CAT	CLUB	TIME	POSITION
0302	Ben	Procter	MV40	Helm Hill Runners	0:30:19	1
0422	Richard	Kay	MV40	Helm Hill Runners	0:30:22	2
0230	Andrew	Grenfell	MV40	Rossendale Harriers	0:30:54	3
0323	Brian	Pennington	MV40	Howgill Harriers	0:31:02	4
0174	Bruce	Duncan	MV40	Helm Hill	0:31:12	5
0159	Michael	Ainsworth	MV40	Helm Hill	0:31:24	6
0432	Scott	Rose	MV40	Helm Hill Runners	0:31:29	7
0391	Paul	Upton	MV40	Helm Hill	0:31:34	8
0075	Seb	Sillito	MV40	Helm Hill Runners	0:31:45	9
0308	James	Parsons	MV40	Helm Hill	0:31:52	10
0473	Pete	Rigby	MV40	Helm Hill	0:32:23	11
0359	David	Goadby	MV40	Helm Hill	0:32:24	12
0016	Graham	Hayes	MV40	Independent	0:32:46	13
0225	Jack	Wilcock	MV40	St Orth	0:32:50	14
0484	Matt	Lovesey	MV40	Helm Hill	0:33:24	15
0426	Richard	Greenfield	MV40	Black Combe Runners	0:33:51	16
0584	Joseph	Hawes	MV40	Ambleside AC	0:34:28	17
0500	Ross	Butler	MV40	Keswick AC	0:34:32	18
0651	Matthew	Swallow	MV40		0:34:49	19
0518	Peter	Lawson	MV40	Howgill Harriers	0:34:52	20
0405	Harvey	Lord	MV40	Black combe	0:35:06	21
0559	Sam	Crompton	MV40	No Club	0:35:31	22
0627	James	Todhunter	MV40	Helm Hill	0:35:32	23
0691	Ian	Duffy	MV40	Rossendale Harriers	0:35:55	24
0477	Peter	German	MV40	Helm Hill	0:36:17	25
0339	Sam	Hart	MV40	Settle Harriers	0:38:13	26
0435	Ewen	Turner	MV40	n/a	0:38:24	27
0725	Gary	devereux	MV40		0:39:31	28
0087	Michael	Green	MV40	Bentham Beagles	0:39:40	29
0587	Sean	Robinson	MV40	Howgill Harriers	0:40:21	30

0096	Ewen	Mackinnon	MV40	Helm Hill	0:42:21	31
0296	Bertie	Goffe	MV40	Helm Hill	0:45:11	32
0375	Matthew	Balmer	MV40		0:47:15	33
0288	Tom	Dorney	MV40		0:49:05	34

		FV50 WOMEN				
NUMBER		NAME	CAT	CLUB	TIME	POSITION
0381	Jo	Wilkinson	FV50	Helm Hill	0:41:18	1
0226	Natasha	Geere	FV50	Spenborough	0:43:33	2
0134	Vicky	Kirkwood	FV50	Helm Hill Runners	0:44:57	3
0704	Jo	Wilcox	FV50	Helm hill	0:45:03	4
0179	vicki	sherrington	FV50	Helm Hill	0:45:28	5
0495	Eleanor	Knowles	FV50	Ambleside AC	0:45:44	6
0666	Caroline	D'Arcy	FV50	Helm Hill	0:46:50	7
0471	Paula	Bowen	FV50	Ambleside AC	0:48:56	8
0573	Mary	Jenner	FV50		0:49:26	9
0121	Katharine	Shrine	FV50	Helm Hill	0:49:57	10
0145	Vicky	Atkinson	FV50	Helm Hill	0:51:27	11
0479	Sarah	Senior	FV50	Border Reiver Runners	0:51:38	12
0199	Lyn	Richardson	FV50	Helm Hill Runners	0:51:47	13
0491	Jayne	Scott	FV50	Helm Hill	0:52:47	14
0080	Jo	Matthew	FV50	Bowland	0:53:51	15
0180	Lou	Bland	FV50	Helm Hill	0:55:39	16
0429	Jane	Rousseau	FV50	BCR	1:02:26	17
0671	Patty	Davies	FV50	Black Combe Runners	1:06:05	18

		MV50 MEN				
NUMBER		NAME	CAT	CLUB	TIME	POSITION
0436	kieran	hodgson	MV50	Helm hill	0:31:08	1
0243	James	Edwards	MV50	Dallam	0:34:54	2
0272	Craig	Burrow	MV50	Helm Hill Runners	0:35:04	3
0656	Ian	Porter	MV50		0:35:28	4
0356	Alistair	Hearn	MV50	Helm Hill Runners	0:35:34	5
0124	Alistair	Shawcross	MV50	Lonsdale	0:35:40	6
0698	David	Middlemas	MV50	North Leeds Fell Runners	0:36:19	7
0406	Carl	Crompton	MV50	Ambleside AC	0:36:23	8
0081	Tom	Matthew	MV50	Bowland	0:36:27	9
0198	Simon	Richardson	MV50	Helm Hill Runners	0:36:42	10
0060	James	Cater	MV50	Helm Hill	0:37:23	11
0556	Daniel	Hughes	MV50	Helm	0:37:26	12
0547	Simon	Humphries	MV50	U/A	0:37:40	13
0736	Will	Lovett	MV50	Helm Hill	0:38:11	14
0181	Jim	Bishop	MV50	Lonely Goat	0:38:38	15
0457	Saleem	Riaz	MV50		0:39:09	16
0459	shaun	jackson	MV50	altrincham	0:39:50	17
0541	Mark	Cropper	MV50	Helm Hill	0:39:51	18
0460	Matthew	Pixton	MV50		0:40:47	19
0499	Nick	Kitching	MV50	N/A	0:41:08	20
0622	Rob	Dutfield	MV50		0:42:04	21
0141	Steve	King	MV50	Helm Hill Runners	0:42:58	22
0463	Peter	Jewell	MV50	Furness Fell Runners	0:43:54	23
0382	David	Wilkinson	MV50	Helm Hill	0:45:02	24
0519	Jonathan	Tombs	MV50	Eden Runners	0:45:46	25
0383	Mark	Charnley	MV50	Settle Harriers	0:46:01	26
0200	Ranald	MacKay	MV50	Spectrum Striders	0:46:55	27
0579	Daniel	Rayson	MV50		0:49:02	28

		FV60 WOMEN				
NUMBER		NAME	CAT	CLUB	TIME	POSITION
0461	Carol	Evans	FV60	Settle Harriers	0:42:06	1
0659	Philippe	Jumeau	FV60	Lonsdale Fellrunners	0:43:27	2
0240	Angela	Brand-Barker	FV60	Helm Hill	0:45:00	3
0017	Lynn	Whittaker	FV60	Wharfedale Harriers	0:47:44	4
0209	Jill	Libby	FV60	Eden Runners	0:50:23	5
0168	Anna	Murray	FV60	Barnet and District	0:50:53	6
0387	Joanne	Taylor	FV60	Bowland	0:53:43	7
0142	Jill	Gates	FV60	Settle Harriers	1:01:18	8
0582	Sonja	Vietoris	FV60	Dallam RC	1:08:39	9

		MV60 MEN				
NUMBER		NAME	CAT	CLUB	TIME	POSITION
0192	Glen	Goodwin	MV60	Accrington Road Runners	0:33:31	1
0594	David	Wilson	MV60	Bowland Fell Runners	0:36:45	2
0718	Jim	Andrews	MV60	Ambleside AC	0:37:06	3
0191	MICHAEL	TOMAN	MV60	ROSSENDALE HARRIERS	0:37:38	4
0618	John	Bagge	MV60	Helm Hill	0:37:58	5
0118	Paul	Revell	MV60	Howgill Harriers	0:38:53	6
0598	Christopher	Reade	MV60	Bowland Fell Runners	0:39:35	7
0297	Ray	Gill	MV60	Helm Hill	0:40:12	8
0542	Nick	Sebley	MV60	Black Combe Runners	0:40:49	9
0170	Andrew	Russell	MV60	Helm Hill	0:42:10	10
0534	Graham	Beaumont	MV60	Dallam Running Club	0:42:55	11
0412	Billy	Procter	MV60	Helm Hill	0:43:08	12
0031	Colin	Howard	MV60	Furness fell runners	0:43:56	13
0072	Steve	Wathall	MV60	Ambleside AC	0:44:26	14
0314	Tim	Field	MV60	Helm Hill Runners	0:44:41	15
0374	Richard	Simpson	MV60	u/a	0:45:41	16
0475	Mike	Calvert	MV60	Howgill harriers	0:46:19	17
0602	Stephen	Libby	MV60	Eden Runners	0:46:59	18
0227	Stephen	Hunt	MV60		0:47:32	19
0700	Jim	Fisher	MV60	Howgill Harriers	0:49:07	20
0649	Allan	Miller	MV60	U/a	0:50:18	21
0325	Colin	Valentine	MV60	Keswick	0:55:28	22

		FV70 WOMEN				
NUMBER		NAME	CAT	CLUB	TIME	POSITION
0657	Katy	Thompson	FV70	Clayton	0:55:02	1
0205	Wendy	Dodds	FV70	Dallam Runner Club	1:06:02	2

		MV70 MEN				
NUMBER		NAME	CAT	CLUB	TIME	POSITION
0530	Nick	Hewitt	MV70	Bowland Fell Runners	0:39:43	1
0201	Andy	Stokes	MV70	Dallam	0:43:02	2
0183	Neil	Holdsworth	MV70		0:43:20	3
0386	John	Taylor	MV70	Bowland	0:48:26	4
0140	Andy	Monk	MV70	Howgill Harriers	0:49:28	5
0600	David	Downes	MV70	WCOC	0:58:22	6
0646	Selwyn	Wright	MV70	Ambleside	1:04:13	7
0292	David	Rosen	MV70	Lancaster & Morecambe AC	1:07:39	8
0482	Richard	Turner	MV70	None	1:08:40	9