



HELM HILL WINTER LEAGUE - Sedbergh

2026



DIFFERENT STROKES
PAINTING & DECORATING LTD

		U10 GIRLS				
NUMBER		NAME	CAT	CLUB	TIME	POSITION
0419	Pippa	Morphet	u10G	Helm Hill	0:12:06	1
0369	Maggie	Meredith	u10G	Settle Harriers	0:14:05	2
0324	Beatrix	Mercer	u10G	Settle Harriers	0:14:47	3

		U10 BOYS				
NUMBER		NAME	CAT	CLUB	TIME	POSITION
0808	George	Blackburn	u10B	Helm hill	0:11:43	1
0268	Teddy	France	u10B	Settle Harriers	0:12:15	2
0281	Harry	Brown	u10B	Settle Harriers	0:12:26	3
0772	Samuel	Reid	u10B	N/a	0:12:30	4
0747	Harry	Wolfendale	u10B	Dallam RC	0:13:32	5
0311	Gabriel	Parsons	u10B	Helm Hill	0:13:41	6
0456	Joud	Riaz	u10B	Ambleside AC	0:13:58	7

		U12 GIRLS				
NUMBER		NAME	CAT	CLUB	TIME	POSITION
0073	Mila	Sillito	u12G	Helm Hill Runners	0:10:29	1
0506	Lyra	Haslett	u12G	Helm Hill	0:10:54	2
0301	Elena	Procter	u12G	Helm Hill Runners	0:10:57	3
0040	Gabrielle	Murray	u12G	Furness Fell Runners	0:11:27	4
0851	Jacy-kate	Jewitt	u12G	Furness Fell Runners	0:12:55	5
0840	Pippa	Coke	u12G	Kendal	0:13:13	6
0175	Iona	Duncan	u12G	Helm Hill	0:13:28	7
0857	Sophia	Savage	u12G	Dallam Running Club	0:14:02	8
0673	Ava	Grandison	u12G	Helm Hill	0:14:09	9
0706	Jessie	Whittington	u12G	Helm Hill	0:14:25	10
0572	May	Birkett	u12G	Ambleside	0:14:32	11
0695	Olivia	Clarke	u12G	Helm hill	0:15:26	12
0163	Mia	Kourkoulos	u12G	Settle Harriers	0:15:33	13
0538	Anna	Giddings	u12G	Keswick AC	0:15:36	14

U12 BOYS						
NUMBER		NAME	CAT	CLUB	TIME	POSITION
0341	Judah	Basham	u12B	Ambleside AC	0:10:00	1
0269	Bobby	France	u12B	Settle Harriers	0:10:15	2
0303	Nicolas	Martin	u12B	Helm Hill	0:10:17	3
0771	Harrison	Reid	u12B	Kendal athletic club	0:10:20	4
0161	Callum	Ainsworth	u12B	Helm Hill	0:10:27	5
0131	Freddie	Fretwell	u12B	Settle Harriers	0:10:33	6
0280	Freddie	Brown	u12B	Settle Harriers	0:11:12	7
0074	Arlo	Sillito	u12B	Helm Hill Runners	0:11:16	8
0592	Toby	Davies	u12B	Kendal Athletics Club	0:11:20	9
0663	Jack	Taylor	u12B	Helm Hill	0:11:39	10
0664	Oliver	Taylor	u12B	Helm Hill	0:12:02	11
0069	Lucas	Ridley	u12B	Helm	0:12:11	12
0807	Thomas	Blackburn	u12B	Helm hill	0:12:21	13
0860	William	Robinson	u12B	Helm Hill	0:12:47	14
0083	Matt	Wild-Garcia	u12B	Ambleside AC	0:12:52	15
0453	Aidan	Lovett	u12B	Helm Hill	0:13:22	16
0149	Toby	Lawton	u12B	Helm Hill	0:14:12	17

		U14 GIRLS				
NUMBER		NAME	CAT	CLUB	TIME	POSITION
0197	Charlotte	Richardson	u14G	Helm Hill Runners	00:20:05	1
0137	Jocelyn	Hodgson	u14G	Settle Harriers	00:20:20	2
0300	Lola	Hodgson	u14G	Ambleside AC	00:20:41	3
0505	Elodie	Haslett	u14G	Helm Hill	00:22:17	4
0728	Cara	Colluney	u14G		00:23:06	5
0392	Matilda	Upton	u14G	Helm Hill	00:23:08	6
0343	Iris	Lodge	u14G	Settle harriers	00:24:47	7
0404	Bessie	Lord	u14G		00:26:12	8
0705	Celeste	Whittington	u14G	Helm Hill	00:27:18	9
0485	Ruby	Taylforth	u14G	Ambleside AC	00:29:47	10

U14 BOYS						
NUMBER		NAME	CAT	CLUB	TIME	POSITION
0231	Arthur	Grenfell	u14B	Settle Harriers	00:17:46	1
0326	Charlie	Potter	u14B	Helm Hill	00:17:53	2
0082	Sean	Wild-Garcia	u14B	Ambleside AC	00:18:36	3
0496	Ethan	Douthwaite	u14B	Helm Hill	00:19:41	4
0278	Stanley	Evans	u14B	Settle Harriers	00:20:56	5
0778	Zach	Lucas	u14B	Helm Hill	00:20:59	6
0187	Rhys	Moffat	u14B	Helm Hill	00:21:08	7
0010	Shane	Williamson	u14B	Helm hill	00:21:31	8
0455	Haris	Riaz	u14B	Ambleside AC	00:22:04	9
0353	Stan	Rushton	u14B	Helm Hill	00:23:29	10
0593	Ethan	Davies	u14B	Kendal Athletics Club	00:29:41	11

		U16 GIRLS				
NUMBER		NAME	CAT	CLUB	TIME	POSITION
0254	Imogen	Moore	u16G	Leven Valley	00:19:43	1
0310	Silvia	Parsons	u16G	Helm Hill	00:20:38	2
0273	Lily	Neville	u16G	None	00:23:05	3
0046	Poppy	Bailey	u16G	Furness Fell Runners	00:26:49	4

		U16 BOYS				
NUMBER		NAME	CAT	CLUB	TIME	POSITION
0014	Milo	Williams	u16B	Helm Hill	00:17:22	1
0223	George	Bromley	u16B	Settle Harriers	00:19:14	2
0025	Joss	Wood	u16B	Helm Hill Runners	00:19:59	3
0067	James	Skeldon	u16B	Settle Harriers	00:21:04	4
0100	Fred	Miller	u16B	Settle Harriers Juniors	00:23:20	5
0101	Samuel	Evans	u16B	Settle Harriers	00:24:37	6

		U18 GIRLS				
NUMBER		NAME	CAT	CLUB	TIME	POSITION
#N/A						#N/A

		U18 BOYS				
NUMBER		NAME	CAT	CLUB	TIME	POSITION
0521	Evan	Mulvany	u18B	Helm Hill	0:27:44	1
0746	Zeke	Sumner	u18B	Ambleside AC	0:27:58	2
0550	Oliver	Scott	u18B	Leven Valley	0:29:38	3
0039	Henry	Murray	u18B	Furness Fell Runners	0:31:37	4
0468	James	Jewell	u18B	Furness Fell Runners	0:31:45	5
0551	Riley	Scott	u18B	Leven valley	0:33:38	6

		U20 WOMEN				
NUMBER		NAME	CAT	CLUB	TIME	POSITION
0015	Jennifer	Hayes	FU20	Settle Harriers	0:35:13	1
0486	Lucy	Bagot	FU20	Settle Harriers	0:38:24	2

		U20 MEN				
NUMBER		NAME	CAT	CLUB	TIME	POSITION
0119	Robbie	Watmough	MU20	Settle harriers	0:27:30	1
0233	Alex	Speight	MU20	Helm Hill	0:29:29	2
0357	Toby	Acland	MU20	Helm Hill Runners	0:29:47	3

		Seniors' Race				
NUMBER		NAME	CAT	CLUB	TIME	POSITION
0699	Sam	Burnstone	MSEN	Helm Hill	0:26:47	1
0855	Alasdair	Russell	MSEN	Kendal AC	0:26:53	2
0119	Robbie	Watmough	MU20	Settle harriers	0:27:30	3
0521	Evan	Mulvany	u18B	Helm Hill	0:27:44	4
0746	Zeke	Sumner	u18B	Ambleside AC	0:27:58	5
0302	Ben	Procter	MV40	Helm Hill Runners	0:28:03	6
0159	Michael	Ainsworth	MV40	Helm Hill	0:29:08	7
0762	Phil	Mather	MV40	Lonsdale Fell Runners	0:29:12	8
0034	Harry	Tierney	MSEN	Furness Fell Runners	0:29:14	9
0233	Alex	Speight	MU20	Helm Hill	0:29:29	10
0550	Oliver	Scott	u18B	Leven Valley	0:29:38	11
0391	Paul	Upton	MV40	Helm Hill	0:29:43	12
0357	Toby	Acland	MU20	Helm Hill Runners	0:29:47	13
0437	Tom	Gibson	MSEN	Helm Hill	0:29:50	14
0075	Seb	Sillito	MV40	Helm Hill Runners	0:29:58	15
0253	Michael	Kearney	MV40	Helm Hill	0:30:46	16
0016	Graham	Hayes	MV40	Independent	0:30:51	17
0380	Jack	Waterhouse	MSEN	Helm Hill	0:31:07	18
0136	William	Laye	MSEN	Howgill Harriers	0:31:27	19
0510	Jacob	Dyer	MV50	Helm Hill Runners	0:31:30	20
0518	Peter	Lawson	MV40	Howgill Harriers	0:31:34	21
0039	Henry	Murray	u18B	Furness Fell Runners	0:31:37	22
0468	James	Jewell	u18B	Furness Fell Runners	0:31:45	23
0225	Jack	Wilcock	MV40	St Orth	0:31:51	24
0584	Joseph	Hawes	MV40	Ambleside AC	0:32:05	25
0407	Justin	Tancred	MV50	Helm Hill	0:32:10	26
0182	Sam	Clough	MSEN	Helm Hill	0:32:19	27
0525	Simon	Denny	MSEN	Bentham Beagles Running Club	0:32:52	28

0787	Ben	Wilson	MSEN	Bowland	0:33:24	29
0594	David	Wilson	MV60	Bowland Fell Runners	0:33:26	30
0551	Riley	Scott	u18B	Leven valley	0:33:38	31
0405	Harvey	Lord	MV40	Black combe	0:33:40	32
0148	David	Griffin	MV60	Helm Hill	0:33:55	33
0529	David	Murphy	MV50	Bentham Beagles	0:33:56	34
0581	Tom	Batty	MSEN	Bentham beagles	0:33:58	35
0060	James	Cater	MV50	Helm Hill	0:34:50	36
0513	Matt	Foot	MSEN	Helm Hill	0:35:10	37
0015	Jennifer	Hayes	FU20	Settle Harriers	0:35:13	38
0232	Chris	Speight	MV60	Helm Hill	0:35:26	39
0198	Simon	Richardson	MV50	Helm Hill Runners	0:35:32	40
0191	MICHAEL	TOMAN	MV60	ROSSENDALE HARRIERS	0:35:37	41
0769	Rob	McGurk	MSEN		0:35:40	42
0246	Gavin	Slack	MV40	NA	0:35:44	43
0420	Fiona	Morphet	FSEN	Helm Hill	0:36:06	44
0546	Thomas	Findlay	MSEN	Helm Hill	0:36:24	45
0530	Nick	Hewitt	MV70	Bowland Fell Runners	0:36:41	46
0118	Paul	Revell	MV60	Howgill Harriers	0:36:55	47
0782	Angela	Tarlton	FV50	Bentham Beagles	0:37:11	48
0541	Mark	Cropper	MV50	Helm Hill	0:37:17	49
0412	Billy	Procter	MV60	Helm Hill	0:37:27	50
0190	Lisa	Parker	FV40	Rossendale Harriers	0:37:32	51
0297	Ray	Gill	MV60	Helm Hill	0:37:52	52
0499	Nick	Kitching	MV50	N/A	0:38:06	53
0486	Lucy	Bagot	FU20	Settle Harriers	0:38:24	54
0173	Mike	Falgate	MV60	Helm Hill	0:38:28	55
0534	Graham	Beaumont	MV60	Dallam Running Club	0:38:36	56
0463	Peter	Jewell	MV50	Furness Fell Runners	0:38:54	57
0277	Beth	Evans	FV40	Settle Harriers	0:39:57	58

0515	Esther	Lambert	FSEN	Helm Hill	0:40:08	59
0013	Geoff	Watson	MV50	Durham City Harriers	0:40:24	60
0375	Matthew	Balmer	MV40		0:40:32	61
0141	Steve	King	MV50	Helm Hill Runners	0:40:38	62
0783	Samantha	Taylor	FV50		0:41:00	63
0760	Chloe	Howell	FSEN	City of Lancaster Triathlom	0:41:11	64
0519	Jonathan	Tombs	MV50	Eden Runners	0:41:32	65
0393	Victoria	Upton	FV40	Helm Hill	0:41:35	66
0226	Natasha	Geere	FV50	Spenborough	0:41:47	67
0475	Mike	Calvert	MV60	Howgill harriers	0:42:06	68
0240	Angela	Brand-Barker	FV60	Helm Hill	0:42:14	69
0017	Lynn	Whittaker	FV60	Wharfedale Harriers	0:42:39	70
0565	Laura	Hastings	FSEN	Helm Hill Runners	0:43:08	71
0140	Andy	Monk	MV70	Howgill Harriers	0:44:50	72
0145	Vicky	Atkinson	FV50	Helm Hill	0:45:54	73
0700	Jim	Fisher	MV60	Howgill Harriers	0:45:56	74
0507	Joanne	Haslett	FV40	Helm Hill	0:46:07	75
0859	Nick	Slade	MV50	Unattached	0:46:25	76
0861	Isla	Batty	FSEN		0:46:41	77
0325	Colin	Valentine	MV60	Keswick	0:47:33	78
0649	Allan	Miller	MV60	U/a	0:47:54	79
0032	Jasmin	Howard	FSEN	Furness fell runners	0:50:59	80
0591	Denise	Tunstall	FV60	Durham Fell Runners	0:56:04	81

		OVERALL WOMEN				
NUMBER		NAME	CAT	CLUB	TIME	POSITION
0015	Jennifer	Hayes	FU20	Settle Harriers	0:35:13	1
0420	Fiona	Morphet	FSEN	Helm Hill	0:36:06	2
0782	Angela	Tarlton	FV50	Bentham Beagles	0:37:11	3
0190	Lisa	Parker	FV40	Rossendale Harriers	0:37:32	4
0486	Lucy	Bagot	FU20	Settle Harriers	0:38:24	5
0277	Beth	Evans	FV40	Settle Harriers	0:39:57	6
0515	Esther	Lambert	FSEN	Helm Hill	0:40:08	7
0783	Samantha	Taylor	FV50		0:41:00	8
0760	Chloe	Howell	FSEN	City of Lancaster Triathlome	0:41:11	9
0393	Victoria	Upton	FV40	Helm Hill	0:41:35	10
0226	Natasha	Geere	FV50	Spenborough	0:41:47	11
0240	Angela	Brand-Barker	FV60	Helm Hill	0:42:14	12
0017	Lynn	Whittaker	FV60	Wharfedale Harriers	0:42:39	13
0565	Laura	Hastings	FSEN	Helm Hill Runners	0:43:08	14
0145	Vicky	Atkinson	FV50	Helm Hill	0:45:54	15
0507	Joanne	Haslett	FV40	Helm Hill	0:46:07	16
0861	Isla	Batty	FSEN		0:46:41	17
0032	Jasmin	Howard	FSEN	Furness fell runners	0:50:59	18
0591	Denise	Tunstall	FV60	Durham Fell Runners	0:56:04	19

		OVERALL MEN				
NUMBER		NAME	CAT	CLUB	TIME	POSITION
0699	Sam	Burnstone	MSEN	Helm Hill	0:26:47	1
0855	Alasdair	Russell	MSEN	Kendal AC	0:26:53	2
0119	Robbie	Watmough	MU20	Settle harriers	0:27:30	3
0521	Evan	Mulvany	u18B	Helm Hill	0:27:44	4
0746	Zeke	Sumner	u18B	Ambleside AC	0:27:58	5
0302	Ben	Procter	MV40	Helm Hill Runners	0:28:03	6
0159	Michael	Ainsworth	MV40	Helm Hill	0:29:08	7
0762	Phil	Mather	MV40	Lonsdale Fell Runners	0:29:12	8
0034	Harry	Tierney	MSEN	Furness Fell Runners	0:29:14	9
0233	Alex	Speight	MU20	Helm Hill	0:29:29	10
0550	Oliver	Scott	u18B	Leven Valley	0:29:38	11
0391	Paul	Upton	MV40	Helm Hill	0:29:43	12
0357	Toby	Acland	MU20	Helm Hill Runners	0:29:47	13
0437	Tom	Gibson	MSEN	Helm Hill	0:29:50	14
0075	Seb	Sillito	MV40	Helm Hill Runners	0:29:58	15
0253	Michael	Kearney	MV40	Helm Hill	0:30:46	16
0016	Graham	Hayes	MV40	Independent	0:30:51	17
0380	Jack	Waterhouse	MSEN	Helm Hill	0:31:07	18
0136	William	Laye	MSEN	Howgill Harriers	0:31:27	19
0510	Jacob	Dyer	MV50	Helm Hill Runners	0:31:30	20
0518	Peter	Lawson	MV40	Howgill Harriers	0:31:34	21
0039	Henry	Murray	u18B	Furness Fell Runners	0:31:37	22
0468	James	Jewell	u18B	Furness Fell Runners	0:31:45	23
0225	Jack	Wilcock	MV40	St Orth	0:31:51	24
0584	Joseph	Hawes	MV40	Ambleside AC	0:32:05	25
0407	Justin	Tancred	MV50	Helm Hill	0:32:10	26
0182	Sam	Clough	MSEN	Helm Hill	0:32:19	27
0525	Simon	Denny	MSEN	Bentham Beagles Running Club	0:32:52	28

0787	Ben	Wilson	MSEN	Bowland	0:33:24	29
0594	David	Wilson	MV60	Bowland Fell Runners	0:33:26	30
0551	Riley	Scott	u18B	Leven valley	0:33:38	31
0405	Harvey	Lord	MV40	Black combe	0:33:40	32
0148	David	Griffin	MV60	Helm Hill	0:33:55	33
0529	David	Murphy	MV50	Bentham Beagles	0:33:56	34
0581	Tom	Batty	MSEN	Bentham beagles	0:33:58	35
0060	James	Cater	MV50	Helm Hill	0:34:50	36
0513	Matt	Foot	MSEN	Helm Hill	0:35:10	37
0232	Chris	Speight	MV60	Helm Hill	0:35:26	38
0198	Simon	Richardson	MV50	Helm Hill Runners	0:35:32	39
0191	MICHAEL	TOMAN	MV60	ROSSENDALE HARRIERS	0:35:37	40
0769	Rob	McGurk	MSEN		0:35:40	41
0246	Gavin	Slack	MV40	NA	0:35:44	42
0546	Thomas	Findlay	MSEN	Helm Hill	0:36:24	43
0530	Nick	Hewitt	MV70	Bowland Fell Runners	0:36:41	44
0118	Paul	Revell	MV60	Howgill Harriers	0:36:55	45
0541	Mark	Cropper	MV50	Helm Hill	0:37:17	46
0412	Billy	Procter	MV60	Helm Hill	0:37:27	47
0297	Ray	Gill	MV60	Helm Hill	0:37:52	48
0499	Nick	Kitching	MV50	N/A	0:38:06	49
0173	Mike	Falgate	MV60	Helm Hill	0:38:28	50
0534	Graham	Beaumont	MV60	Dallam Running Club	0:38:36	51
0463	Peter	Jewell	MV50	Furness Fell Runners	0:38:54	52
0013	Geoff	Watson	MV50	Durham City Harriers	0:40:24	53
0375	Matthew	Balmer	MV40		0:40:32	54
0141	Steve	King	MV50	Helm Hill Runners	0:40:38	55
0519	Jonathan	Tombs	MV50	Eden Runners	0:41:32	56
0475	Mike	Calvert	MV60	Howgill harriers	0:42:06	57
0140	Andy	Monk	MV70	Howgill Harriers	0:44:50	58

0700	Jim	Fisher	MV60	Howgill Harriers	0:45:56	59
0859	Nick	Slade	MV50	Unattached	0:46:25	60
0325	Colin	Valentine	MV60	Keswick	0:47:33	61
0649	Allan	Miller	MV60	U/a	0:47:54	62

		FV40 WOMEN				
NUMBER		NAME	CAT	CLUB	TIME	POSITION
0190	Lisa	Parker	FV40	Rossendale Harriers	0:37:32	1
0277	Beth	Evans	FV40	Settle Harriers	0:39:57	2
0393	Victoria	Upton	FV40	Helm Hill	0:41:35	3
0507	Joanne	Haslett	FV40	Helm Hill	0:46:07	4

		MV40 MEN				
NUMBER		NAME	CAT	CLUB	TIME	POSITION
0302	Ben	Procter	MV40	Helm Hill Runners	0:28:03	1
0159	Michael	Ainsworth	MV40	Helm Hill	0:29:08	2
0762	Phil	Mather	MV40	Lonsdale Fell Runners	0:29:12	3
0391	Paul	Upton	MV40	Helm Hill	0:29:43	4
0075	Seb	Sillito	MV40	Helm Hill Runners	0:29:58	5
0253	Michael	Kearney	MV40	Helm Hill	0:30:46	6
0016	Graham	Hayes	MV40	Independent	0:30:51	7
0518	Peter	Lawson	MV40	Howgill Harriers	0:31:34	8
0225	Jack	Wilcock	MV40	St Orth	0:31:51	9
0584	Joseph	Hawes	MV40	Ambleside AC	0:32:05	10
0405	Harvey	Lord	MV40	Black combe	0:33:40	11
0246	Gavin	Slack	MV40	NA	0:35:44	12
0375	Matthew	Balmer	MV40		0:40:32	13

		FV50 WOMEN				
NUMBER		NAME	CAT	CLUB	TIME	POSITION
0782	Angela	Tarlton	FV50	Bentham Beagles	0:37:11	1
0783	Samantha	Taylor	FV50		0:41:00	2
0226	Natasha	Geere	FV50	Spenborough	0:41:47	3
0145	Vicky	Atkinson	FV50	Helm Hill	0:45:54	4

		MV50 MEN				
NUMBER		NAME	CAT	CLUB	TIME	POSITION
0510	Jacob	Dyer	MV50	Helm Hill Runners	0:31:30	1
0407	Justin	Tancrel	MV50	Helm Hill	0:32:10	2
0529	David	Murphy	MV50	Bentham Beagles	0:33:56	3
0060	James	Cater	MV50	Helm Hill	0:34:50	4
0198	Simon	Richardson	MV50	Helm Hill Runners	0:35:32	5
0541	Mark	Cropper	MV50	Helm Hill	0:37:17	6
0499	Nick	Kitching	MV50	N/A	0:38:06	7
0463	Peter	Jewell	MV50	Furness Fell Runners	0:38:54	8
0013	Geoff	Watson	MV50	Durham City Harriers	0:40:24	9
0141	Steve	King	MV50	Helm Hill Runners	0:40:38	10
0519	Jonathan	Tombs	MV50	Eden Runners	0:41:32	11
0859	Nick	Slade	MV50	Unattached	0:46:25	12

		FV60 WOMEN				
NUMBER		NAME	CAT	CLUB	TIME	POSITION
0240	Angela	Brand-Barker	FV60	Helm Hill	0:42:14	1
0017	Lynn	Whittaker	FV60	Wharfedale Harriers	0:42:39	2
0591	Denise	Tunstall	FV60	Durham Fell Runners	0:56:04	3

		MV60 MEN				
NUMBER		NAME	CAT	CLUB	TIME	POSITION
0594	David	Wilson	MV60	Bowland Fell Runners	0:33:26	1
0148	David	Griffin	MV60	Helm Hill	0:33:55	2
0232	Chris	Speight	MV60	Helm Hill	0:35:26	3
0191	MICHAEL	TOMAN	MV60	ROSSENDALE HARRIERS	0:35:37	4
0118	Paul	Revell	MV60	Howgill Harriers	0:36:55	5
0412	Billy	Procter	MV60	Helm Hill	0:37:27	6
0297	Ray	Gill	MV60	Helm Hill	0:37:52	7
0173	Mike	Falgate	MV60	Helm Hill	0:38:28	8
0534	Graham	Beaumont	MV60	Dallam Running Club	0:38:36	9
0475	Mike	Calvert	MV60	Howgill harriers	0:42:06	10
0700	Jim	Fisher	MV60	Howgill Harriers	0:45:56	11
0325	Colin	Valentine	MV60	Keswick	0:47:33	12
0649	Allan	Miller	MV60	U/a	0:47:54	13

		FV70 WOMEN				
NUMBER		NAME	CAT	CLUB	TIME	POSITION
#N/A						#N/A

		MV70 MEN				
NUMBER		NAME	CAT	CLUB	TIME	POSITION
0530	Nick	Hewitt	MV70	Bowland Fell Runners	0:36:41	1
0140	Andy	Monk	MV70	Howgill Harriers	0:44:50	2