



Supported By
Different Strokes
and
Pete Bland Sports



Whitestones - Results 23 January 2022

Senior Race

Position	First Name	Surname	Cat	Time	Club	Comments
1	Tim	Lamont	Man	28:11	Helm Hill	1st Man
2	Charlie	Allmond	MU21	28:18	Ambleside AC	2nd Man/1st MU21
3	Mark	Mcgoldrick	MV40	31:55	Wharfedale Harriers	3rd Man/1st MV40
4	Dylan	Cater	MU21	31:59	Helm Hill	
5	Brian	Pennington	MV40	32:07	Howgill Harriers	
6	Eric	Beaumont	MU21	32:19	KCAC	
7	Alfie	Thorpe	MU21	32:47	Ambleside AC	
8	Jack	Eyre	Man	33:16	Eden Runners	
9	Phil	Mather	Man	33:33	Lonsdale Fell Runners	
10	Javier	Simon	MV40	33:38	Helm hill	
11	Jethro	Whitfield	MV40	33:41	Wharfedale harriers	
12	Adam	Crowe	Man	33:43	Ambleside AC	
13	William	Laye	Man	34:05	Helm Hill	
14	Tom	Gibson	Man	34:17		
15	James	Baron	MV50	34:21	Helm Hill	1st MV50
16	Ben	Timbers	MV40	34:29	Keighley & Craven	
17	Sharon	Taylor	LV40	34:41	Helm Hill Runners	1st Lady/1st LV40
18	Scott	Rose	MV40	34:47		
19	Jacob	Dyer	MV50	34:50	Helm Hill	
20	Sam	Almond	MU21	34:51		
21	Alex	Holme	MU21	34:57	Helm Hill	
22	Justin	Tancrel	MV40	34:58	Helm Hill	
23	Mark	Brightwell	MV40	35:02	Helm Hill	
24	Ronnie	Haddow	MV50	35:05	Furness Fell Runners	
25	Andrew	Hebson	MV40	35:11	Helm Hill	
26	David	Pease	MV40	35:15	Barlick Fell Runners	
27	Jose	Concha	Man	35:17	Helm Hill	
28	Noah	Kidd	MU21	35:23	Leven Valley AC	
29	Paul	Crabtree	MV50	35:24	Bingley Harriers	
30	Andrew	Douglas	MV40	35:26	Helm Hill	
31	David	Goadby	Man	35:29	Helm Hill	
32	Harvey	Lord	MV40	35:30	Black Combe	
33	Matthew	Hoyle	Man	35:34		
34	Michael	Howard	MV40	35:36	Helm Hill	
35	Rod	Scott	MV40	35:37	Helm Hill Runners	
36	Christopher	Whitfield	MV40	36:01	Wharfedale Harriers	
37	Mike	Holcroft	Man	36:16	Helm Hill	
38	Kelli	Roberts	Lady	36:35	Helm Hill	2nd Lady
39	James	Bailey	MV40	36:41	Leven Valley AC	
40	Adam	Scott	MU21	36:42	Helm Hill Runners	
41	Peter	German	MV40	36:43	Helm Hill	
42	Clare	Mckeown	LV50	36:45	Border Harriers	3rd Lady/1st LV50
43	Colin	Houston	MV40	36:46	Helm Hill	
44	Bianca	Dyer	LV40	36:50	Helm Hill	

45	Rhiannon	Douglas	Lady	37:00	Border Harriers	
46	Lauren	Munro-Bennett	Lady	37:03	Ambleside AC	
47	David	Fort	MV40	37:09	Clayton-Le-Moors Harriers	
48	Jim	Andrews	MV50	37:48	Helm Hill	
49	Ian	Willis	MV40	37:49	Keighley & Craven	
50	Josh	Jardine	Man	38:34		
51	James	Todhunter	MV40	38:37	Helm Hill	
52	Sharon	Dixon	LV50	38:40	Glaxo Hoad Hill Harriers	
53	Alistair	Hearn	MV50	38:41	Helm Hill	
54	Simon	Wright	MV50	38:46	Bingley Harriers	
55	Alistair	Shawcross	MV40	38:48	Dallam	
56	Peter	Lawson	Man	38:49	Howgill Harriers	
57	Nick	Walker	MV40	39:05	Keighley & Craven AC	
58	Seren	Darrell	Man	39:21	Helm Hill	
59	Anthony	Emmet	MV40	39:37	Helm Hill	
60	Tom	Matthew	MV50	39:39	Bowland	
61	Michael	Toman	MV50	39:41	Accrington Road Runners	
62	Mark	Cropper	MV40	39:44	Helm Hill	
63	Neil	Robinson	MV40	39:46	COLT	
64	Matt	Davis	MV40	39:48	Howgill Harriers	
65	Emma	Kearsey	Lady	40:06	Helm Hill Runners	
66	Sarah	Gerrish	Lady	40:39	Helm Hill	
67	Graham	Beaumont	MV60	40:47	Dallam	1st MV60
68	Jenny	Lyon	LV40	40:56	Dallam	
69	Steve	King	MV50	41:00	Helm Hill Runners	
70	Angela	Brand-Barker	LV60	41:29	Helm Hill	1st LV60
71	Leah	Albion	Lady	41:30	Broughton Runners	
72	Colin	Briffett	MV50	41:32	Lonsdale Fell Runners	
73	Emily	Swarbrick	LU21	41:45	CFR	1st LU21
74	Catherine	Houston	LV40	41:59	Helm Hill	
75	Tim	Murray	MV60	42:01	Helm Hill Runners	
76	Ruth	Bell	Lady	42:02	Helm Hill	
77	Craig	Perkins	MV50	42:04	Bentham Beagles	
78	Emma	Shawcross	LV40	42:05		
79	Andy	Ward	MV40	42:19	Settle Harriers	
80	Rosie	Parkinson	Lady	42:39	Helm Hill	
81	Andy	Holden	MV50	43:02	Achille Ratti CC	
82	Brian	Thompson	MV60	44:10	Helm Hill Runners	
83	Charlotte	Seward	Lady	44:31		
84	Jess	Bagnall	LV40	44:46	Settle Harriers	
85	Ali	Welsh	MV60	45:08	Bowland Fellrunners	
86	Steve	Wathall	MV60	45:15	Black Combe Runners	
87	Katie	Milburn	Lady	45:33	Eden Runners	
88	Peter	Ellwood	MV50	45:51	Settle Harriers	
89	Victoria	Upton	Lady	45:59	Helm Hill Runners	
90	Leanne	Scott	LV40	46:01	Leven Valley	
91	Liz	Whitfield	LV40	46:17	Helm Hill Runners	
92	Emma	Watson	Lady	46:23	Wharfedale Harriers	
93	Rowan	Ranner	LV40	46:26	Helm Hill	
94	Jo	Cater	LV50	46:28	Helm Hill	
95	Andy	Monk	MV60	46:31	Howgill Harriers	
96	Richard	Cater	MV50	46:33	Helm Hill	
97	Vicky	Atkinson	LV40	46:48	Helm Hill	
98	Maria	Hearn	LV40	46:54	Helm Hill	
99	Colin	Valentine	MV60	47:12	Keswick AC	
100	Andy	Holme	MV50	47:15	Helm Hill	
101	Christopher	Moss	MV40	47:16		

102	Wendy	Dodds	LV70	47:18	Dallam Running Club	1st LV70
103	Kit (Mary)	Saunders	LV40	47:31	Helm Hill	
104	Sarah	Welsh	LV40	47:33	Bowland Fell Runners	
105	Pam	Bagot	LV40	47:55	Settle	
106	Vicky	Kirkwood	LV50	47:56	Dallam	
107	Daniel	Rayson	MV50	48:18		
108	Paul	Johnson	Man	48:32		
109	Caren	Crabtree	FV40	48:51	Bingley Harriers	
110	David	Mainwaring	MV50	48:52		
111	Judith	Marshall	LV40	49:00	Settle harriers	
112	Kate	Brayshaw	LV40	49:01	Helm Hill	
113	John	Taylor	MV70	49:19	Bowland FR	1st MV70
114	Angela	Watson	FV40	49:23	Eden Runners	
115	Lynn	Whittaker	LV60	49:58	Wharfedale Harriers	
116	Sarah	Senior	LV50	50:04	Helm Hill	
117	Amanda	Burrow	LV40	50:09	Helm Hill	
118	Peter	Moseley	MV40	50:10	SROC	
119	Denise	Tunstall	LV50	50:22	Durham Fell Runners	
120	Esther	Lambert	Lady	50:43	Helm Hill	
121	Matt	Atkinson	MV40	50:51		
122	Fran	Connolly	LV40	51:12	Blackpool Wyre & Fylde AC	
123	Jo	Taylor	LV50	51:54	Bowland FR	
124	Paul	Corkill	MV40	52:25	Furness Fell Runners	
125	Benji	Grundy	MU21	52:26	Wharfedale Harriers	
126	David	Ellison	MV50	52:39	Dallam	
127	Vicki	Sherrington	LV50	54:31	Helm Hill	
128	Veronica	Waller	LV50	55:01	Dallam	
129	Anna	Stevens	LV50	56:41	Helm Hill	
130	Lorna	Hewitt	LV50	57:11	Dallam	
131	Cheryl	Rickwood	Lady	57:50	Blackpool Wyre & Fylde AC	
132	Katharine	Shrine	LV40	58:23		
133	Sian	Norman	LV40	58:45		
134	Trevor	Metcalfe	MV70	58:53	Wharfedale Harriers	
135	Sonja	Vietoris	LV60	58:58	Dallam Running Club	
136	Jennifer	Burtonwood	LV50	59:41	Blackpool Wyre & Fylde AC	
137	Alison	Almond	LV50	1:00:15		
138	Jill	Gates	LV60	1:02:22	Settle Harriers	
139	Miriam	Rosen	LV70	1:02:45	Lancaster & Morecambe AC	
140	Robert	Massey	MV70	1:12:12	Blackpool Wyre & Fylde AC	
DNF	Zach	Doherty	MU21	DNF	Dallam	

Under 17 Race

Position	First Name	Surname	Cat	Time	Club	Comments
1	Jess	Bailey	Girl	11:07	Leven Valley AC	1st Girl
2	Harry	Ewbank	Boy	11:07	Eden Runners	1st Boy
3	Amelie	Lane	Girl	11:07	Wharfedale Harriers	2nd Girl
4	Rowan	Ashworth	Boy	11:07	Ambleside AC	2nd Boy
5	Oliver	Oldham	Boy	11:07	Leven Valley AC	3rd Boy
6	Logan	Mccredie	Boy	11:07	Barlick Fell Runners	
7	Jamie	Waller	Boy	11:07	Lancaster & Morecambe AC	
8	Edward	Jermy	Boy	11:07		
9	Olivia	Swarbrick	Girl	11:07	CFR	3rd Girl
10	George	Campbell	Boy	11:07	Howgill Harrier	
11	Vicky	Woof	Girl	11:07	Howgill Harriers	
12	Connie-May	Scott	Girl	11:07	Helm Hill Runners	

Under 15 Race

Position	First Name	Surname	Cat	Time	Club	Comments
1	Jack	Sanderson	Boy	07:34	Settle Harriers	1st Boy
2	Noah	Wadsworth	Boy	07:38	Helm Hill	2nd Boy
3	Archie	Peaker	Boy	07:48	Keighley & Craven	3rd Boy
4	Alfie	Addison	Boy	07:53	Helm Hill	
5	Millie	Jebb	Girl	08:28	Helm Hill Runners	1st Girl
6	Zeke	Sumner	Boy	08:30	Ambleside AC	
7	Joe	Hilborne	Boy	08:39		
8	Will	Brayshaw	Boy	08:40	Helm Hill	
9	Toby	Acland	Boy	08:41	Helm Hill	
10	Will	Pease	Boy	08:50	Barlick Fell Runners	
11	John	Williamson	Boy	09:02	Leven Valley AC	
12	Lucy	Bagot	Girl	09:08	Settle	2nd Girl
13	Milly	Timbers	Girl	09:24	Keighley & Craven	3rd Girl
14	Robbie	Watmough	Boy	09:26	Settle harriers	
15	Marina	Bailey	Girl	09:27	Leven Valley AC	
16	Ben	Todhunter	Boy	09:29	Dallam	
17	Tom	Ashworth	Boy	09:31	Ambleside AC	
18	Fraser	Dunn	Boy	09:33	Helm Hill Runners	
19	Mack	Bagnall	Boy	09:36	Settle Harriers	
20	Alex	Speight	Boy	09:37	Kendal AAC	
21	Isla	Pearman	Girl	10:02	Helm Hill	
22	Thomas	Hearn	Boy	10:03	Helm Hill	
23	Ellie	Todhunter	Girl	10:07	Dallam	
24	Isabel	Sanderson	Girl	10:21	Helm Hill	
25	Lily-Grace	Clayton	Girl	10:28	Wharfedale Harriers	
26	Eve	Briffett	Girl	10:42	Dallam Running Club	
27	Ellen	Douglas	Girl	10:47	Leven Valley	
28	Iona	Barrowdale-Smi	Girl	11:08	Leven Valley AC	
29	Betsy	Willis	Girl	11:13	Wharfedale Harriers	
30	Bridget	Atkinson	Girl	11:17	Howgill	
31	Charlie	Ellwood	Boy	11:31	Settle	
32	Isabella	Latty	Girl	11:33	Settle Harriers	
33	Hannah	Dyer	Girl	11:37	Helm Hill	
34	Eleanor	King	Girl	11:41	Helm Hill Runners	
35	Emily	Macpherson-Litt	Girl	11:46	Bowland FR	
36	Zach	Thomas	Boy	12:51		
DNF	Holly	Jenner	Girl	DNF	Kendal AAC	
DNF	Izzy	Wright	Girl	DNF	Keighley & Craven AC	

Under 13 Race

Position	First Name	Surname	Cat	Time	Club	Comments
1	Cooper	Wadsworth	Boy	06:28	Helm Hill	1st Boy
2	Evan	Mulvany	Boy	06:40	Helm Hill	2nd Boy
3	Riley	Scott	Boy	06:42	Leven Valley	3rd Boy
4	Sam	Oldham	Boy	06:00	Leven Valley AC	
5	Isla	Jebb	Girl	06:49	Helm Hill Runners	1st Girl
6	Joseph	Green	Boy	07:07	Ambleside AC	
7	Ben	Brummitt	Boy	07:09	Settle Harriers	
8	Dougal	Houston	Boy	07:14	Helm Hill	
9	Bella	Mccredie	Girl	07:31	Clayton-le-Moor Harriers	2nd Girl
10	Harry	Fife	Boy	07:35		
11	Oliver	Scott	Boy	07:35	Leven Valley	
12	Carl	Sanderson	Boy	07:42	Settle Harriers	
13	Ewan	Angus	Boy	07:46	Settle Harriers	
14	Mia	Mcgoldrick	Girl	07:46	Settle Harriers	3rd Girl
15	Arran	Goodall	Boy	07:47	Dallam	
16	Edward	Shawcross	Boy	07:47	Ambleside AC	
17	Alfie	Barden	Boy	07:48		
18	Francesca	Bagot	Girl	07:50	Settle	
19	Stan	Marston	Boy	07:59	Helm Hill	
20	Demitri	Kyriacou	Boy	08:03	Leven Valley AC	
21	Ghyll	Baker	Boy	08:06	Helm Hill Runners	
22	Holly	Nicholls	Girl	08:07	Wigan & District Harriers	
23	Joseph	Cook	Boy	08:12	Furness Fell Runners	
24	Sophie	Norman	Girl	08:28		
25	Katelyn	Douglas	Girl	08:33	Hoad Hill Harriers	
26	Lily	Slater	Girl	08:37	Ambleside AC	
27	Lua	Swami	Girl	08:39	Helm Hill	
28	William	Gornall	Boy	08:57		
29	Gus	Campbell	Boy	09:08	Howgill Harrier	
30	Eva	Roe	Girl	09:28	Helm Hill Runners	
31	Freddie	Crawford	Boy	09:42	Helm Hill	
32	Bethany	Swarbrick	Girl	09:48	CFR	
33	Evelyn	Rogerson	Girl	10:27	Helm Hill	

Under 11 Race

Position	First Name	Surname	Cat	Time	Club	Comments
1	Harri	Tancrel	Boy	07:03	Helm Hill	1st Boy
2	Jos	Jebb	Boy	07:15	Helm Hill Runners	2nd Boy
3	Noah	Cook	Boy	07:15	Furness Fell Runners	3rd Boy
4	Kit	Evans	Boy	07:16	Ambleside AC	
5	Herbie	Marston	Boy	07:45	Helm Hill	
6	Ben	Mulvany	Boy	08:04	Helm Hill	
7	Lewis	Dalton	Boy	08:38	Helm Hill	
8	Stanley	Evans	Boy	08:42	Settle Harriers	
9	Harry	Hearn	Boy	08:44	Helm Hill	
10	Lucy	Ward	Girl	08:51	Settle Harriers	1st Girl
11	Freya	Hodgson-Jones	Girl	08:55	Ambleside AC	2nd Girl
12	Maisie	Todhunter	Girl	09:05	Dallam	3rd Girl
13	Rona	Houston	Girl	09:07	Helm Hill	
14	Tess	Reedy	Girl	09:1	Ambleside AC	
15	Lana	Fosker	Girl	09:18		
16	Euan	Goodall	Boy	09:35	Dallam	
17	Alice	Briffett	Girl	09:50	Dallam Running Club	
18	Oliver	Shannon	Boy	09:58	Helm Hill Runners	
19	Jessica	Norman	Girl	10:09		
20	William	Evans	Boy	10:11	Settle Harriers	

Whitestones 2022 Category Results

ALL SENIOR MEN

Position	First Name	Surname	Cat	Time	Club	Comments
1	Tim	Lamont	Man	28:11	Helm Hill	1st Man
2	Charlie	Allmond	MU21	28:18	Ambleside AC	2nd Man/1st MU21
3	Mark	Mcgoldrick	MV40	31:55	Wharfedale Harriers	3rd Man/1st MV40
4	Dylan	Cater	MU21	31:59	Helm Hill	
5	Brian	Pennington	MV40	32:07	Howgill Harriers	
6	Eric	Beaumont	MU21	32:19	KCAC	
7	Alfie	Thorpe	MU21	32:47	Ambleside AC	
8	Jack	Eyre	Man	33:16	Eden Runners	
9	Phil	Mather	Man	33:33	Lonsdale Fell Runners	
10	Javier	Simon	MV40	33:38	Helm hill	
11	Jethro	Whitfield	MV40	33:41	Wharfedale harriers	
12	Adam	Crowe	Man	33:43	Ambleside AC	
13	William	Laye	Man	34:05	Helm Hill	
14	Tom	Gibson	Man	34:17		
15	James	Baron	MV50	34:21	Helm Hill	1st MV50
16	Ben	Timbers	MV40	34:29	Keighley & Craven	
17	Scott	Rose	MV40	34:47		
18	Jacob	Dyer	MV50	34:50	Helm Hill	
19	Sam	Almond	MU21	34:51		
20	Alex	Holme	MU21	34:57	Helm Hill	
21	Justin	Tancrel	MV40	34:58	Helm Hill	
22	Mark	Brightwell	MV40	35:02	Helm Hill	
23	Ronnie	Haddow	MV50	35:05	Furness Fell Runners	
24	Andrew	Hebson	MV40	35:11	Helm Hill	
25	David	Pease	MV40	35:15	Barlick Fell Runners	
26	Jose	Concha	Man	35:17	Helm Hill	
27	Noah	Kidd	MU21	35:23	Leven Valley AC	
28	Paul	Crabtree	MV50	35:24	Bingley Harriers	
29	Andrew	Douglas	MV40	35:26	Helm Hill	
30	David	Goadby	Man	35:29	Helm Hill	
31	Harvey	Lord	MV40	35:30	Black Combe	
32	Matthew	Hoyle	Man	35:34		
33	Michael	Howard	MV40	35:36	Helm Hill	
34	Rod	Scott	MV40	35:37	Helm Hill Runners	
35	Christopher	Whitfield	MV40	36:01	Wharfedale Harriers	
36	Mike	Holcroft	Man	36:16	Helm Hill	
37	James	Bailey	MV40	36:41	Leven Valley AC	
38	Adam	Scott	MU21	36:42	Helm Hill Runners	
39	Peter	German	MV40	36:43	Helm Hill	
40	Colin	Houston	MV40	36:46	Helm Hill	
41	David	Fort	MV40	37:09	Clayton-Le-Moors Harriers	
42	Jim	Andrews	MV50	37:48	Helm Hill	
43	Ian	Willis	MV40	37:49	Keighley & Craven	
44	Josh	Jardine	Man	38:34		
45	James	Todhunter	MV40	38:37	Helm Hill	
46	Alistair	Hearn	MV50	38:41	Helm Hill	
47	Simon	Wright	MV50	38:46	Bingley Harriers	
48	Alistair	Shawcross	MV40	38:48	Dallam	
49	Peter	Lawson	Man	38:49	Howgill Harriers	
50	Nick	Walker	MV40	39:05	Keighley & Craven AC	
51	Seren	Darrell	Man	39:21	Helm Hill	
52	Anthony	Emmet	MV40	39:37	Helm Hill	
53	Tom	Matthew	MV50	39:39	Bowland	

54	Michael	Toman	MV50	39:41	Accrington Road Runners	
55	Mark	Cropper	MV40	39:44	Helm Hill	
56	Neil	Robinson	MV40	39:46	COLT	
57	Matt	Davis	MV40	39:48	Howgill Harriers	
58	Graham	Beaumont	MV60	40:47	Dallam	1st MV60
59	Steve	King	MV50	41:00	Helm Hill Runners	
60	Colin	Briffett	MV50	41:32	Lonsdale Fell Runners	
61	Tim	Murray	MV60	42:01	Helm Hill Runners	
62	Craig	Perkins	MV50	42:04	Bentham Beagles	
63	Andy	Ward	MV40	42:19	Settle Harriers	
64	Andy	Holden	MV50	43:02	Achille Ratti CC	
65	Brian	Thompson	MV60	44:10	Helm Hill Runners	
66	Ali	Welsh	MV60	45:08	Bowland Fellrunners	
67	Steve	Wathall	MV60	45:15	Black Combe Runners	
68	Peter	Ellwood	MV50	45:51	Settle Harriers	
69	Andy	Monk	MV60	46:31	Howgill Harriers	
70	Richard	Cater	MV50	46:33	Helm Hill	
71	Colin	Valentine	MV60	47:12	Keswick AC	
72	Andy	Holme	MV50	47:15	Helm Hill	
73	Christopher	Moss	MV40	47:16		
74	Daniel	Rayson	MV50	48:18		
75	Paul	Johnson	Man	48:32		
76	David	Mainwaring	MV50	48:52		
77	John	Taylor	MV70	49:19	Bowland FR	1st MV70
78	Peter	Moseley	MV40	50:10	SROC	
79	Matt	Atkinson	MV40	50:51		
80	Paul	Corkill	MV40	52:25	Furness Fell Runners	
81	Benji	Grundy	MU21	52:26	Wharfedale Harriers	
82	David	Ellison	MV50	52:39	Dallam	
83	Trevor	Metcalfe	MV70	58:53	Wharfedale Harriers	
84	Robert	Massey	MV70	1:12:12	Blackpool Wyre & Fylde AC	
DNF	Zach	Doherty	MU21	DNF	Dallam	

MEN

Position	First Name	Surname	Cat	Time	Club	Comments
1	Tim	Lamont	Man	28:11	Helm Hill	1st Man
2	Charlie	Allmond	MU21	28:18	Ambleside AC	2nd Man/1st MU21
3	Dylan	Cater	MU21	31:59	Helm Hill	
4	Eric	Beaumont	MU21	32:19	KCAC	
5	Alfie	Thorpe	MU21	32:47	Ambleside AC	
6	Jack	Eyre	Man	33:16	Eden Runners	
7	Phil	Mather	Man	33:33	Lonsdale Fell Runners	
8	Adam	Crowe	Man	33:43	Ambleside AC	
9	William	Laye	Man	34:05	Helm Hill	
10	Tom	Gibson	Man	34:17		
11	Sam	Almond	MU21	34:51		
12	Alex	Holme	MU21	34:57	Helm Hill	
13	Jose	Concha	Man	35:17	Helm Hill	
14	Noah	Kidd	MU21	35:23	Leven Valley AC	
15	David	Goadby	Man	35:29	Helm Hill	
16	Matthew	Hoyle	Man	35:34		
17	Mike	Holcroft	Man	36:16	Helm Hill	
18	Adam	Scott	MU21	36:42	Helm Hill Runners	
19	Josh	Jardine	Man	38:34		
20	Peter	Lawson	Man	38:49	Howgill Harriers	
21	Seren	Darrell	Man	39:21	Helm Hill	
22	Paul	Johnson	Man	48:32		
23	Benji	Grundy	MU21	52:26	Wharfedale Harriers	
DNF	Zach	Doherty	MU21	DNF	Dallam	

MEN UNDER 21

Position	First Name	Surname	Cat	Time	Club	Comments
1	Charlie	Allmond	MU21	28:18	Ambleside AC	2nd Man/1st MU21
2	Dylan	Cater	MU21	31:59	Helm Hill	
3	Eric	Beaumont	MU21	32:19	KCAC	
4	Alfie	Thorpe	MU21	32:47	Ambleside AC	
5	Sam	Almond	MU21	34:51		
6	Alex	Holme	MU21	34:57	Helm Hill	
7	Noah	Kidd	MU21	35:23	Leven Valley AC	
8	Adam	Scott	MU21	36:42	Helm Hill Runners	
9	Benji	Grundy	MU21	52:26	Wharfedale Harriers	
DNF	Zach	Doherty	MU21	DNF	Dallam	

MEN - VET 40

Position	First Name	Surname	Cat	Time	Club	Comments
1	Mark	Mcgoldrick	MV40	31:55	Wharfedale Harriers	3rd Man/1st MV40
2	Brian	Pennington	MV40	32:07	Howgill Harriers	
3	Javier	Simon	MV40	33:38	Helm hill	
4	Jethro	Whitfield	MV40	33:41	Wharfedale harriers	
5	Ben	Timbers	MV40	34:29	Keighley & Craven	
6	Scott	Rose	MV40	34:47		
7	Justin	Tancrel	MV40	34:58	Helm Hill	
8	Mark	Brightwell	MV40	35:02	Helm Hill	
9	Andrew	Hebson	MV40	35:11	Helm Hill	
10	David	Pease	MV40	35:15	Barlick Fell Runners	
11	Andrew	Douglas	MV40	35:26	Helm Hill	
12	Harvey	Lord	MV40	35:30	Black Combe	
13	Michael	Howard	MV40	35:36	Helm Hill	
14	Rod	Scott	MV40	35:37	Helm Hill Runners	
15	Christopher	Whitfield	MV40	36:01	Wharfedale Harriers	
16	James	Bailey	MV40	36:41	Leven Valley AC	
17	Peter	German	MV40	36:43	Helm Hill	
18	Colin	Houston	MV40	36:46	Helm Hill	
19	David	Fort	MV40	37:09	Clayton-Le-Moors Harriers	
20	Ian	Willis	MV40	37:49	Keighley & Craven	
21	James	Todhunter	MV40	38:37	Helm Hill	
22	Alistair	Shawcross	MV40	38:48	Dallam	
23	Nick	Walker	MV40	39:05	Keighley & Craven AC	
24	Anthony	Emmet	MV40	39:37	Helm Hill	
25	Mark	Cropper	MV40	39:44	Helm Hill	
26	Neil	Robinson	MV40	39:46	COLT	
27	Matt	Davis	MV40	39:48	Howgill Harriers	
28	Andy	Ward	MV40	42:19	Settle Harriers	
29	Christopher	Moss	MV40	47:16		
30	Peter	Moseley	MV40	50:10	SROC	
31	Matt	Atkinson	MV40	50:51		
32	Paul	Corkill	MV40	52:25	Furness Fell Runners	

MEN - VET 50

Position	First Name	Surname	Cat	Time	Club	Comments
1	James	Baron	MV50	34:21	Helm Hill	1st MV50
2	Jacob	Dyer	MV50	34:50	Helm Hill	
3	Ronnie	Haddow	MV50	35:05	Furness Fell Runners	
4	Paul	Crabtree	MV50	35:24	Bingley Harriers	
5	Jim	Andrews	MV50	37:48	Helm Hill	
6	Alistair	Hearn	MV50	38:41	Helm Hill	
7	Simon	Wright	MV50	38:46	Bingley Harriers	
8	Tom	Matthew	MV50	39:39	Bowland	
9	Michael	Toman	MV50	39:41	Accrington Road Runners	
10	Steve	King	MV50	41:00	Helm Hill Runners	
11	Colin	Briffett	MV50	41:32	Lonsdale Fell Runners	
12	Craig	Perkins	MV50	42:04	Bentham Beagles	
13	Andy	Holden	MV50	43:02	Achille Ratti CC	
14	Peter	Ellwood	MV50	45:51	Settle Harriers	
15	Richard	Cater	MV50	46:33	Helm Hill	
16	Andy	Holme	MV50	47:15	Helm Hill	
17	Daniel	Rayson	MV50	48:18		
18	David	Mainwaring	MV50	48:52		
19	David	Ellison	MV50	52:39	Dallam	

MEN - VET 60

Position	First Name	Surname	Cat	Time	Club	Comments
1	Graham	Beaumont	MV60	40:47	Dallam	1st MV60
2	Tim	Murray	MV60	42:01	Helm Hill Runners	
3	Brian	Thompson	MV60	44:10	Helm Hill Runners	
4	Ali	Welsh	MV60	45:08	Bowland Fellrunners	
5	Steve	Wathall	MV60	45:15	Black Combe Runners	
6	Andy	Monk	MV60	46:31	Howgill Harriers	
7	Colin	Valentine	MV60	47:12	Keswick AC	

MEN - VET 70

Position	First Name	Surname	Cat	Time	Club	Comments
1	John	Taylor	MV70	49:19	Bowland FR	1st MV70
2	Trevor	Metcalfe	MV70	58:53	Wharfedale Harriers	
3	Robert	Massey	MV70	1:12:12	Blackpool Wyre & Fylde AC	

ALL SENIOR LADIES

Position	First Name	Surname	Cat	Time	Club	Comments
1	Sharon	Taylor	LV40	34:41	Helm Hill Runners	1st Lady/1st LV40
2	Kelli	Roberts	Lady	36:35	Helm Hill	2nd Lady
3	Clare	Mckeown	LV50	36:45	Border Harriers	3rd Lady/1st LV50
4	Bianca	Dyer	LV40	36:50	Helm Hill	
5	Rhiannon	Douglas	Lady	37:00	Border Harriers	
6	Lauren	Munro-Bennett	Lady	37:03	Ambleside AC	
7	Sharon	Dixon	LV50	38:40	Glaxo Hoad Hill Harriers	
8	Emma	Kearsey	Lady	40:06	Helm Hill Runners	
9	Sarah	Gerrish	Lady	40:39	Helm Hill	
10	Jenny	Lyon	LV40	40:56	Dallam	
11	Angela	Brand-Barker	LV60	41:29	Helm Hill	1st LV60
12	Leah	Albion	Lady	41:30	Broughton Runners	
13	Emily	Swarbrick	LU21	41:45	CFR	1st LU21
14	Catherine	Houston	LV40	41:59	Helm Hill	
15	Ruth	Bell	Lady	42:02	Helm Hill	
16	Emma	Shawcross	LV40	42:05		
17	Rosie	Parkinson	Lady	42:39	Helm Hill	
18	Charlotte	Seward	Lady	44:31		
19	Jess	Bagnall	LV40	44:46	Settle Harriers	
20	Katie	Milburn	Lady	45:33	Eden Runners	
21	Victoria	Upton	Lady	45:59	Helm Hill Runners	
22	Leanne	Scott	LV40	46:01	Leven Valley	
23	Liz	Whitfield	LV40	46:17	Helm Hill Runners	
24	Emma	Watson	Lady	46:23	Wharfedale Harriers	
25	Rowan	Ranner	LV40	46:26	Helm Hill	
26	Jo	Cater	LV50	46:28	Helm Hill	
27	Vicky	Atkinson	LV40	46:48	Helm Hill	
28	Maria	Hearn	LV40	46:54	Helm Hill	
29	Wendy	Dodds	LV70	47:18	Dallam Running Club	1st LV70
30	Kit (Mary)	Saunders	LV40	47:31	Helm Hill	
31	Sarah	Welsh	LV40	47:33	Bowland Fell Runners	
32	Pam	Bagot	LV40	47:55	Settle	
33	Vicky	Kirkwood	LV50	47:56	Dallam	
34	Judith	Marshall	LV40	49:00	Settle harriers	
35	Kate	Brayshaw	LV40	49:01	Helm Hill	
36	Lynn	Whittaker	LV60	49:58	Wharfedale Harriers	
37	Sarah	Senior	LV50	50:04	Helm Hill	
38	Amanda	Burrow	LV40	50:09	Helm Hill	
39	Denise	Tunstall	LV50	50:22	Durham Fell Runners	
40	Esther	Lambert	Lady	50:43	Helm Hill	
41	Fran	Connolly	LV40	51:12	Blackpool Wyre & Fylde AC	
42	Jo	Taylor	LV50	51:54	Bowland FR	
43	Vicki	Sherrington	LV50	54:31	Helm Hill	
44	Veronica	Waller	LV50	55:01	Dallam	
45	Anna	Stevens	LV50	56:41	Helm Hill	
46	Lorna	Hewitt	LV50	57:11	Dallam	
47	Cheryl	Rickwood	Lady	57:50	Blackpool Wyre & Fylde AC	
48	Katharine	Shrine	LV40	58:23		
49	Sian	Norman	LV40	58:45		
50	Sonja	Vietoris	LV60	58:58	Dallam Running Club	
51	Jennifer	Burtonwood	LV50	59:41	Blackpool Wyre & Fylde AC	
52	Alison	Almond	LV50	1:00:15		
53	Jill	Gates	LV60	1:02:22	Settle Harriers	
54	Miriam	Rosen	LV70	1:02:45	Lancaster & Morecambe AC	

LADIES

Position	First Name	Surname	Cat	Time	Club	Comments
1	Kelli	Roberts	Lady	36:35	Helm Hill	2nd Lady
2	Rhiannon	Douglas	Lady	37:00	Border Harriers	
3	Lauren	Munro-Bennett	Lady	37:03	Ambleside AC	
4	Emma	Kearsey	Lady	40:06	Helm Hill Runners	
5	Sarah	Gerrish	Lady	40:39	Helm Hill	
6	Leah	Albion	Lady	41:30	Broughton Runners	
7	Emily	Swarbrick	LU21	41:45	CFR	1st LU21
8	Ruth	Bell	Lady	42:02	Helm Hill	
9	Rosie	Parkinson	Lady	42:39	Helm Hill	
10	Charlotte	Seward	Lady	44:31		
11	Katie	Milburn	Lady	45:33	Eden Runners	
12	Victoria	Upton	Lady	45:59	Helm Hill Runners	
13	Emma	Watson	Lady	46:23	Wharfedale Harriers	
14	Esther	Lambert	Lady	50:43	Helm Hill	
15	Cheryl	Rickwood	Lady	57:50	Blackpool Wyre & Fylde AC	

LADIES UNDER 21

Position	First Name	Surname	Cat	Time	Club	Comments
1	Emily	Swarbrick	LU21	41:45	CFR	1st LU21

LADIES - VET 40

Position	First Name	Surname	Cat	Time	Club	Comments
1	Sharon	Taylor	LV40	34:41	Helm Hill Runners	1st Lady/1st LV40
2	Bianca	Dyer	LV40	36:50	Helm Hill	
3	Jenny	Lyon	LV40	40:56	Dallam	
4	Catherine	Houston	LV40	41:59	Helm Hill	
5	Emma	Shawcross	LV40	42:05		
6	Jess	Bagnall	LV40	44:46	Settle Harriers	
7	Leanne	Scott	LV40	46:01	Leven Valley	
8	Liz	Whitfield	LV40	46:17	Helm Hill Runners	
9	Rowan	Ranner	LV40	46:26	Helm Hill	
10	Vicky	Atkinson	LV40	46:48	Helm Hill	
11	Maria	Hearn	LV40	46:54	Helm Hill	
12	Kit (Mary)	Saunders	LV40	47:31	Helm Hill	
13	Sarah	Welsh	LV40	47:33	Bowland Fell Runners	
14	Pam	Bagot	LV40	47:55	Settle	
15	Judith	Marshall	LV40	49:00	Settle harriers	
16	Kate	Brayshaw	LV40	49:01	Helm Hill	
17	Amanda	Burrow	LV40	50:09	Helm Hill	
18	Fran	Connolly	LV40	51:12	Blackpool Wyre & Fylde AC	
19	Katharine	Shrine	LV40	58:23		
20	Sian	Norman	LV40	58:45		

LADIES - VET 50

Position	First Name	Surname	Cat	Time	Club	Comments
1	Clare	Mckeown	LV50	36:45	Border Harriers	3rd Lady/1st LV50
2	Sharon	Dixon	LV50	38:40	Glaxo Hoad Hill Harriers	
3	Jo	Cater	LV50	46:28	Helm Hill	
4	Vicky	Kirkwood	LV50	47:56	Dallam	
5	Sarah	Senior	LV50	50:04	Helm Hill	
6	Denise	Tunstall	LV50	50:22	Durham Fell Runners	
7	Jo	Taylor	LV50	51:54	Bowland FR	
8	Vicki	Sherrington	LV50	54:31	Helm Hill	
9	Veronica	Waller	LV50	55:01	Dallam	
10	Anna	Stevens	LV50	56:41	Helm Hill	
11	Lorna	Hewitt	LV50	57:11	Dallam	
12	Jennifer	Burtonwood	LV50	59:41	Blackpool Wyre & Fylde AC	
13	Alison	Almond	LV50	1:00:15		

LADIES - VET 60

Position	First Name	Surname	Cat	Time	Club	Comments
1	Angela	Brand-Barker	LV60	41:29	Helm Hill	1st LV60
2	Lynn	Whittaker	LV60	49:58	Wharfedale Harriers	
3	Sonja	Vietoris	LV60	58:58	Dallam Running Club	
4	Jill	Gates	LV60	1:02:22	Settle Harriers	

LADIES - VET 70

Position	First Name	Surname	Cat	Time	Club	Comments
1	Wendy	Dodds	LV70	47:18	Dallam Running Club	1st LV70
2	Miriam	Rosen	LV70	1:02:45	Lancaster & Morecambe AC	

UNDER 17 BOYS

Position	First Name	Surname	Cat	Time	Club	Comments
1	Harry	Ewbank	Boy	11:07	Eden Runners	1st Boy
2	Rowan	Ashworth	Boy	11:07	Ambleside AC	2nd Boy
3	Oliver	Oldham	Boy	11:07	Leven Valley AC	3rd Boy
4	Logan	Mccredie	Boy	11:07	Barlick Fell Runners	
5	Jamie	Waller	Boy	11:07	Lancaster & Morecambe AC	
6	Edward	Jermy	Boy	11:07		
7	George	Campbell	Boy	11:07	Howgill Harrier	

UNDER 17 GIRLS

Position	First Name	Surname	Cat	Time	Club	Comments
1	Jess	Bailey	Girl	11:07	Leven Valley AC	1st Girl
2	Amelie	Lane	Girl	11:07	Wharfedale Harriers	2nd Girl
3	Olivia	Swarbrick	Girl	11:07	CFR	3rd Girl
4	Vicky	Woof	Girl	11:07	Howgill Harriers	
5	Connie-May	Scott	Girl	11:07	Helm Hill Runners	

UNDER 15 BOYS

Position	First Name	Surname	Cat	Time	Club	Comments
1	Jack	Sanderson	Boy	07:34	Settle Harriers	1st Boy
2	Noah	Wadsworth	Boy	07:38	Helm Hill	2nd Boy
3	Archie	Peaker	Boy	07:48	Keighley & Craven	3rd Boy
4	Alfie	Addison	Boy	07:53	Helm Hill	
5	Zeke	Sumner	Boy	08:30	Ambleside AC	
6	Joe	Hilborne	Boy	08:39		
7	Will	Brayshaw	Boy	08:40	Helm Hill	
8	Toby	Acland	Boy	08:41	Helm Hill	
9	Will	Pease	Boy	08:50	Barlick Fell Runners	
10	John	Williamson	Boy	09:02	Leven Valley AC	
11	Robbie	Watmough	Boy	09:26	Settle harriers	
12	Ben	Todhunter	Boy	09:29	Dallam	
13	Tom	Ashworth	Boy	09:31	Ambleside AC	
14	Fraser	Dunn	Boy	09:33	Helm Hill Runners	
15	Mack	Bagnall	Boy	09:36	Settle Harriers	
16	Alex	Speight	Boy	09:37	Kendal AAC	
17	Thomas	Hearn	Boy	10:03	Helm Hill	
18	Charlie	Ellwood	Boy	11:31	Settle	
19	Zach	Thomas	Boy	12:51		

UNDER 15 GIRLS

Position	First Name	Surname	Cat	Time	Club	Comments
1	Millie	Jebb	Girl	08:28	Helm Hill Runners	1st Girl
2	Lucy	Bagot	Girl	09:08	Settle	2nd Girl
3	Milly	Timbers	Girl	09:24	Keighley & Craven	3rd Girl
4	Marina	Bailey	Girl	09:27	Leven Valley AC	
5	Isla	Pearman	Girl	10:02	Helm Hill	
6	Ellie	Todhunter	Girl	10:07	Dallam	
7	Isabel	Sanderson	Girl	10:21	Helm Hill	
8	Lily-Grace	Clayton	Girl	10:28	Wharfedale Harriers	
9	Eve	Briffett	Girl	10:42	Dallam Running Club	
10	Ellen	Douglas	Girl	10:47	Leven Valley	
11	Iona	Barrowdale-Smi	Girl	11:08	Leven Valley AC	
12	Betsy	Willis	Girl	11:13	Wharfedale Harriers	
13	Bridget	Atkinson	Girl	11:17	Howgill	
14	Isabella	Latty	Girl	11:33	Settle Harriers	
15	Hannah	Dyer	Girl	11:37	Helm Hill	
16	Eleanor	King	Girl	11:41	Helm Hill Runners	
17	Emily	Macpherson-Litt	Girl	11:46	Bowland FR	
DNF	Holly	Jenner	Girl	DNF	Kendal AAC	
DNF	Izzy	Wright	Girl	DNF	Keighley & Craven AC	

UNDER 13 BOYS

Position	First Name	Surname	Cat	Time	Club	Comments
1	Cooper	Wadsworth	Boy	06:28	Helm Hill	1st Boy
2	Evan	Mulvany	Boy	06:40	Helm Hill	2nd Boy
3	Riley	Scott	Boy	06:42	Leven Valley	3rd Boy
4	Sam	Oldham	Boy	06:00	Leven Valley AC	
5	Joseph	Green	Boy	07:07	Ambleside AC	
6	Ben	Brummitt	Boy	07:09	Settle Harriers	
7	Dougal	Houston	Boy	07:14	Helm Hill	
8	Harry	Fife	Boy	07:35		
9	Oliver	Scott	Boy	07:35	Leven Valley	
10	Carl	Sanderson	Boy	07:42	Settle Harriers	
11	Ewan	Angus	Boy	07:46	Settle Harriers	
12	Arran	Goodall	Boy	07:47	Dallam	
13	Edward	Shawcross	Boy	07:47	Ambleside AC	
14	Alfie	Barden	Boy	07:48		
15	Stan	Marston	Boy	07:59	Helm Hill	
16	Demitri	Kyriacou	Boy	08:03	Leven Valley AC	
17	Ghyll	Baker	Boy	08:06	Helm Hill Runners	
18	Joseph	Cook	Boy	08:12	Furness Fell Runners	
19	William	Gornall	Boy	08:57		
20	Gus	Campbell	Boy	09:08	Howgill Harrier	
21	Freddie	Crawford	Boy	09:42	Helm Hill	

UNDER 13 GIRLS

Position	First Name	Surname	Cat	Time	Club	Comments
1	Isla	Jebb	Girl	06:49	Helm Hill Runners	1st Girl
2	Bella	Mccredie	Girl	07:31	Clayton-le-Moor Harriers	2nd Girl
3	Mia	Mcgoldrick	Girl	07:46	Settle Harriers	3rd Girl
4	Francesca	Bagot	Girl	07:50	Settle	
5	Holly	Nicholls	Girl	08:07	Wigan & District Harriers	
6	Sophie	Norman	Girl	08:28		
7	Katelyn	Douglas	Girl	08:33	Hoad Hill Harriers	
8	Lily	Slater	Girl	08:37	Ambleside AC	
9	Lua	Swami	Girl	08:39	Helm Hill	
10	Eva	Roe	Girl	09:28	Helm Hill Runners	
11	Bethany	Swarbrick	Girl	09:48	CFR	
12	Evelyn	Rogerson	Girl	10:27	Helm Hill	

UNDER 11 BOYS

Position	First Name	Surname	Cat	Time	Club	Comments
1	Harri	Tancred	Boy	07:03	Helm Hill	1st Boy
2	Jos	Jebb	Boy	07:15	Helm Hill Runners	2nd Boy
3	Noah	Cook	Boy	07:15	Furness Fell Runners	3rd Boy
4	Kit	Evans	Boy	07:16	Ambleside AC	
5	Herbie	Marston	Boy	07:45	Helm Hill	
6	Ben	Mulvany	Boy	08:04	Helm Hill	
7	Lewis	Dalton	Boy	08:38	Helm Hill	
8	Stanley	Evans	Boy	08:42	Settle Harriers	
9	Harry	Hearn	Boy	08:44	Helm Hill	
10	Euan	Goodall	Boy	09:35	Dallam	
11	Oliver	Shannon	Boy	09:58	Helm Hill Runners	
12	William	Evans	Boy	10:11	Settle Harriers	

UNDER 11 GIRLS

Position	First Name	Surname	Cat	Time	Club	Comments
1	Lucy	Ward	Girl	08:51	Settle Harriers	1st Girl
2	Freya	Hodgson-Jones	Girl	08:55	Ambleside AC	2nd Girl
3	Maisie	Todhunter	Girl	09:05	Dallam	3rd Girl
4	Rona	Houston	Girl	09:07	Helm Hill	
5	Tess	Reedy	Girl	09:1	Ambleside AC	
6	Lana	Fosker	Girl	09:18		
7	Alice	Briffett	Girl	09:50	Dallam Running Club	
8	Jessica	Norman	Girl	10:09		